



Fee Schedule as at April 2025	
Counselling Service Description	Fee/Hour
Initial parent/caregiver or Family Therapy Intake Session Session includes 70 minutes of face-to-face and 20 minutes non-contact (for case notes and other documentation).	\$200.00
Child Session Session includes 45 minutes of face-to-face contact and 15 minutes non-contact (for reset of space, case notes, and other documentation).	\$165.00
Parent/caregiver Only (Individual) Session Session includes 50 minutes of face-to-face contact and 10 minutes non-contact (for case notes and other documentation).	\$165.00
Family Therapy (Parent-child or Family) Session Session includes 50 minutes of face-to-face contact and 10 minutes non-contact (for case notes and other documentation).	\$180.00
Couples Session Session includes 50 minutes of face-to-face contact and 10 minutes non-contact (for case notes and other documentation).	\$180.00
Parent Consultation (Parent Progress and/or Consultation Sessions) Session includes 50 minutes of face-to-face contact and 10 minutes non-contact (for case notes and other documentation).	\$165.00
Filial Family Play Therapy (Group)	TBC
Additional Service Description	Fee/Hour
Outreach observations or stakeholder meetings (excluding travel costs).	\$120
Report Writing (including but not limited to NDIS report, reports for external agencies, summary letters). Reports are provided by the counsellor on request only and are not charged as a recurring item.	\$120



Travel (As discussed in consultation with individual client cases).	TBC
For agency funded services (including NDIS), please contact Inner Wisdom directly to discuss a service agreement.	TBC