

Martin County JOURNAL

Year 13, Issue 5

WEDNESDAY, FEBRUARY 2, 2022

Eight pages

Deadline is Friday to run for office in Martin County

The following Martin County offices are on the ballot this year. The filings for the offices are as of Friday, January 18. Deadline to file to run for an office is February 4, 2022, at noon. (If upcoming winter storms prevent the courthouse from being open on Friday, the deadline will be moved to Monday, February 7 at noon.) You can pick up necessary paperwork at the clerk's office in the courthouse.

For more info, contact the clerk's office at 812-247-3651.

County Assessor - Carolyn McGuire (R)

County Clerk - Julie Fithian (R)

County Council District 1 - Jordan Dant (R)

County Council District 2 - Jim Hamby (R)

County Council District 3 - Monty Gregory (R); Richard Summers (D)

County Council District 4 - Andrew Beaver (R)

County Commissioner District 2 - Paul George (D)

Circuit Court Judge - Isha E. Wright-Ryan (R)

County Prosecutor - Aureola S. Vincz (R)

County Sheriff - Josh Greene (R)

Perry Township Trustee - Brenda J. Smith (D); Jason Hennette (D)

Halbert Township Trustee - Exzelia Montgomery (R)

Mitcheltree Township Trustee - Tammy Jo Gore (D)

Center Township Trustee - Ann Stewart (R)

Rutherford Township Trustee - Terry Street (R)

Lost River Township Trustee - Mildred C. Brown (R)

Perry Township Board - Julie Green (D), Anthony J. "Tony" Dant (D); Brandi Hennette (D)

Halbert Township Board - Kimberly Albright (R), Stephanie (Stevie) J. Horton (R) & Travis Montgomery (R)

Mitcheltree Township Board - Becky Sellers (R)

Center Township Board - Norma Baker (R); Matthew Sullivan (R)

Rutherford Township Board - Virgil Scott Street (D)

Lost River Township Board - Keith Emmons (R)

Shoals Town Council (3 members) - Cary D. Albright (R), Roger Lee Abel (R), Rick Gibbs (R) & Walter Holt (D), Cecil L. Ragsdale (D), Micky Hawkins Crew (D)

Shoals Clerk/Treasurer - No filings to date

Crane Town Council (3 members) - Ronald Barker (R), Charles Parcels Jr. (R) & Henry Lauders (R)

Crane Clerk/Treasurer - Linda Wiloughby (R)

Democrat Precinct Committeemen (only on ballot if there is a contest) - Larry Fellers (D) - Perry 1

Democrat and Republican State Convention Delegates (only on ballot if there is a contest) - Gerald Montgomery (R), Dale E. Brown (R), Stephen A. Deckard (D), Audra P. Deckard (D)

The 2022 Primary Election will be held Tuesday, May 3, 2022. The General Election will be held Tuesday, November 8.

County's jobless rate down to 0.9 percent for December

Martin County's jobless rate dropped to 0.9 percent in December, down from 1.5 percent the month before. The county had the eighth lowest jobless rate in the state for December, tied with 11 other counties. In December, the county had 5,351 residents in the workforce and just 49 of them were unemployed. In November, there were 5,344 residents able to work and 81 of them without jobs.

In December of 2020, Martin County's jobless rate 3.2 percent with 5,506 residents in the workforce and 174 of them without work.

Daviess County's unemployment rate moved from 1.4 percent in November to 0.8 percent in December. The county had the second lowest jobless rate in the state for December, tied with five other counties. In December, the county had 16,486 residents in the workforce and 140 of them were unemployed. In November, there were 16,406 residents able to work and 228 residents without jobs. In December of 2020, Daviess County's unemployment rate was 2.5 percent with 16,800 residents able to work and 417 of them jobless.

Dubois County's jobless rate moved from 1.3 percent in November to 0.8 percent in December. The county too ranked second in the state for lowest jobless rate for December, tied with five other counties. In December, the county had 21,954 residents in the workforce and 170 of them were unemployed. In November, there were 21,843 residents able to work

INDOT prepares for major winter storm statewide

The Indiana Department of Transportation is preparing for a major winter storm expected to impact all regions of the state over the next few days.

The National Weather Service (NWS) has issued winter storm warnings for areas north of I-70 from 7 a.m. Wednesday morning to 1 a.m. Friday morning and winter storm watches are in effect for central and southern parts of Indiana.

NWS is calling for significant snowfall and the potential for ice accumulation across the state during this winter storm.

INDOT will be at a full call with nearly 1,000 trucks treating and plowing highways across the state beginning overnight Tuesday into Wednesday morning. Trucks will remain out in full force for the duration of the winter storm and afterward to continue cleanup efforts.

Road conditions across the state will be challenging as the storm moves through. INDOT's goal is to keep highways passable during the storm, but motorists that must travel should expect to encounter snow and ice covered roads, blowing and drifting, and whiteout conditions.

INDOT urges motorists to stay off the roads and avoid unnecessary travel to allow plow truck drivers room to work safely and so they may complete their routes as quickly as possible.

If you do have to travel, slow down, increase following distance, don't crowd plow trucks, give yourself extra time, and travel with an emergency kit. Monitor real-time travel conditions at trafficwise.org and be sure to check in.gov/dhs/traveladvisory for travel advisories in your area.

and 289 of them without jobs. In December of 2020, Dubois County's jobless rate was 3.1 percent with 22,759 residents in the workforce and 707 of them without work.

Greene County's jobless rate dipped to 1.4 percent in December, down from 2.1 percent the month before. The county had the 15th highest jobless rate in the state for December, tied with 13 other counties. In December, the county had 13,305 residents in the workforce and 181 of them were unemployed. In November, there were 13,472 residents able to work and 287 of them were without jobs. In December of 2020, Greene County's unemployment rate was 4 percent with 13,296 residents in the workforce and 538 of them without work.

The top ten spots with the lowest jobless rate in the state for December were LaGrange County at 0.7 percent, Union, Hamilton, Dubois, Daviess, Boone and Adams counties at 0.8 percent; and Whitley, Wells, Steuben, Ohio, Martin, Marshall, Johnson, Hendricks, Gibson, Elkhart, DeKalb and Benton counties at 0.9 percent.

The top ten spots in the state with the highest jobless rate for December were Lake County at 2.5 percent, Howard County at 2.4 percent, Fayette County at 2 percent, LaPorte County at 1.9 percent, Miami County at 1.8 percent, Vigo County at 1.7 percent, and Marion, Starke, Orange, Sullivan, and Vermillion counties at 1.6 percent.

Indiana's unemployment rate fell from 3.0 percent in November to 2.7 percent in December—a record low for the state dating back to 1976, according to the Indiana Department of Workforce Development (DWD).

In addition, private sector employment jumped by 10,900 over the last month and

has now increased for six of the last seven months. This has resulted in a gain of 82,400 jobs year-over-year. Total private employment now stands at 2,705,500—35,000 below the December 2019 peak of 2,740,500.

"With a 2.7 percent unemployment rate and more than 150,000 job postings statewide, there are now more employment and economic opportunities available than there have been in several decades," DWD Commissioner Fred Payne said. "We will continue to offer Hoosier job seekers the proper skills training to secure the job of their choice, and Hoosier employers the tools to find workers to fit their needs."

By comparison, the national unemployment rate dropped from 4.2 percent in November to 3.9 percent in December.

Learn more about how unemployment rates are calculated here: <https://www.hoosierdata.in.gov/infographics/employment-status.asp>.

Indiana's labor force had a net decrease of 8,774 over the previous month, due to an increase of 3,836 employed residents and a decrease of 12,610 unemployed residents.

Indiana's total labor force, which includes both Hoosiers employed and those seeking employment, stands at 3.31 million. The state's labor force participation rate of 62.4 percent remains above the national rate of 61.9 percent.

The monthly increase in jobs can primarily be attributed to:

- Construction (+3,000)
- Leisure and Hospitality (2,300)
- Professional & Business Services (2,000)
- Private Education & Health Services (1,900)
- Trade, Transportation & Utilities (1,600)



Rox Robotix on to State

-Photo provided

Jug Rox Robotix qualified for the Indiana State Championship on January 29 at the Indiana FTC Columbus South League Championship. The Rox had a record of 11 wins and four losses and ranked 5th out of 22 teams at the championship after match play. The Jug Rox teamed up with I.C.E. Robotics, of Bloomington, and were undefeated in the final rounds, making them the winning alliance at the championship. The Jug Rox also won the Connect Award for their efforts in helping the community understand FIRST, the FIRST Tech Challenge, and the team itself. Now the team will move on to the Indiana State Championship on March 12 at Crawfordsville Sr High School. The team offers thanks to their many sponsors and to the community for their support. Shown above, in the front row, are Alexis Rush, Lydia Cook, Hanna Cook, Ashur Dishman and Skylar Smith. In the second row are Luke Troutman, Isaiah Roush, Rator Hoffman, Malachi McNabb, Austin Rasico, and Justin Peterson. Jug Rox Robotix are coached by Dean Troutman and Jennifer Mauntel. They are assisted by Lorna Troutman, Edward Cook and Alan Cook.



Health Forward

Helping you with your health

By Donna Charles, LPN, CHW & Cynthia Gillespie, CMA, CHW

Five Great Ways to Boost Heart Health

Did you know that every day your heart pumps the equivalent of about 2,000 gallons of blood through your body? If you counted the times your heart beats during a 24-hour period, you might be surprised when you counted over 100,000 times!

Until we experience a problem or condition, we often don't pay much attention to our circulatory systems. That's one of the reasons why every time you come to a doctor's office you often have your blood pressure and heart rate checked right off the bat – those are critical vital signs.

Taking personal charge and making good choices can boost heart health and help prevent or improve conditions.

Where's a good place to start?

Eat fresh

Our first point is a big one: regularly include heart-healthy foods in what you eat. In southern Indiana, many people grab a bag of chips or a sweetened soft drink for a meal. On occasion that may be a treat, but over time it can cause problems. Eating a variety of fresh fruits and vegetables is a great place to boost heart health.

Sometimes we may have time constraints or wonder how we can eat fresh. Many great online resources exist that provide step-by-step instructions on how to buy and prepare fresh food that is both heart-healthy and tasty!

A suggested tip: if you shop for food at local convenience stores, try to shop in the outer aisles where you may find fresh vegetables and fruit. Boxed dried food and many canned meals (including soups) often contain high amounts of salt, which can elevate blood pressure.

The second point is related. Many of us could stand to lose a few pounds, especially when extra weight puts additional stress on our hearts and circulatory systems. Take a look at the DASH (Dietary Approaches to Stop Hypertension) diet standards for recommended grains, vegetables, fruits, lean meats and more.

Take a regular walk

Third, find the time and a way to simply get moving. Go bowling or take a walk. Try to get in 20-30 minutes of light exercise – whatever you like – a week. If you exercise regularly, your heart will appreciate it – and you'll likely lose weight and might even sleep better – all good bonuses

for good health.

Fourth, here's a tough one, but one where there is a lot of support: stop smoking (or at least reduce how many times you smoke). And don't give up – Mark Twain once joked: "Giving up smoking is the easiest thing in the world – I know because I've done it thousands of times." Did you know that when you quit smoking, your body experiences immediate benefits – lower diabetes risks, better blood pressure, healthier hearts, and lower cancer risk? Keep trying!

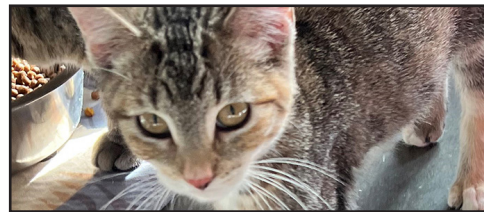
Find a partner to help

Fifth, and this is especially important – find a good medical partner to help you. Your physician or provider can give you essential information that can extend and literally save your life. For example, technology now allows patients to use remote blood pressure monitors or cuffs. When they come to a doctor's office, some people experience what is called "white coat syndrome" (so named because of the white cloth coats sometimes worn by doctors). When they come to the office, for whatever reason their blood pressure goes up, which may not reflect a full view. Accordingly, a remote wireless blood pressure monitor can help your doctor or provider get a better understanding of your blood pressure over time – and provide effective treatment. A good partner will work together with you to create a plan to promote health that is right for you and then walk with you – you don't have to go it alone.

Take charge of your health, find a good medical partner and reap the benefits of a healthy heart!

ANIMAL SHELTER

Pet of the Week



AMY is a female tiger stripe/calico kitten, around 3 months old. She is very sweet and playful. Adoption fee is \$45. The Martin County Humane Society Animal Shelter has more than 20 cats to choose from. For more info or to apply to adopt, visit www.humane-societyofmartincounty.org.

Human Trafficking Awareness Month

As January comes to a close, Prosecutor Aureola S. Vincz wants to take a moment to recognize Human Trafficking Awareness Month and bring attention to this very real issue that can occur in every county in Indiana.

Human trafficking is a form of modern-day slavery. It is usually thought of as something that only happens in big metropolitan areas, but, in reality, human trafficking can and does happen all around Indiana. Like many crimes, this one has become more prevalent over the past few years, especially considering the pandemic. With more young people dealing with economic and home life hardships, it can become easier to get trapped into being trafficked. According to the National Human Trafficking Hotline there were 10,583 reported cases in 2020, the last year data was available. But experts believe the actual number of human trafficking victims and cases is much higher than this metric. This is due, in part, because some human trafficking victims don't believe they are victims.

Trafficking takes on two main forms. The vast majority of cases (72 percent) are sex trafficking cases but labor trafficking also occurs. Those most vulnerable to sex trafficking in the United States are youth in the welfare or juvenile justice system, homeless youth or runaways. These victims are typically trafficked by someone they know. It is rare for trafficking victims to be randomly kidnapped and forced into trafficking.

According to experts, here are some warning signs for potential trafficking when it comes to juveniles and young adults: unexplained absences, skipping

school, expensive gifts that would be out of budget like designer handbags, spending a lot of time with an older person who is relatively new in their life, and having more than one phone.

As your prosecutor, Vincz wants to raise awareness about the signs of trafficking and assure you that her office is doing everything in their power to prosecute these cases if and when they come to light.

If you see something suspicious, call the National Human Trafficking Hotline at 888-373-7888 or local law enforcement. "SEE SOMETHING SAY SOMETHING."

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CLASSIFIED ADS

HELP WANTED

Martin County Part-Time Human Resource Generalist

Manages HR related responsibilities including but not limited to onboarding, policies, procedures and insurance administration. Monitoring federal, state and local legal requirements and legislation. Must be proficient in Microsoft applications and prior human resource experience is preferred.

Email resume to: babel@martincounty.in.gov

812-247-3731

Equal Opportunity Employer

Shoals Varsity Volleyball Coach

Post Date: January 21, 2022

Position: Varsity Volleyball Coach

Location: Shoals High School

Job Expectations/Qualifications: Our volleyball coach will be able to do the following tasks:

1. Be knowledgeable on all aspects of volleyball as a sport.
2. Create an environment of positivity and support for our athletes and our programs.
3. Plan and set up all aspects of practices and meet management.
4. Maintain an inventory of all equipment, warm-ups, and uniforms for practice and competition.
5. Schedule practices and create and distribute expectations for the team.
6. Work fundraising events through the Athletic Department.
7. Communicate with parents/guardians about expectations, consequences, and other important information.
8. Communicate with Athletic Directors about results, team management, and goals for team improvement.
9. Model professional behavior both with the team and within the community.
10. Uphold and know all rules and regulations of the IHSA, NFHS, and Blue Chip Conference in regards to volleyball.

Compensation: Stipend position

Apply To: Bryson Abel & Danielle Cornett- Athletic Directors; Shoals Community Schools, 7900 US HWY 50, Shoals, IN-47581; (812)-247-2090, athletics@shoals.k12.in.us. Include Letter of Interest, Resume and Non-Certified Application

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OBITUARIES

FRANCIS MATTHEWS

Francis M. Matthews passed away at 4:44 a.m. Wednesday, January 26, 2022, at his home. A resident of Loogootee, he was 96.



FRANCIS MATTHEWS

He was born October 4, 1925, in Montgomery; son of the late John and Elizabeth (Daily) Matthews.

Frank married Alice Ash on November 23, 1950, and she preceded him in death on December 19, 2012. He was a United States Navy veteran and served in the South Pacific during World War II. After his deployment, Frank worked at NSWC Crane for nearly 33 years. He was a member of St. John the Evangelist Catholic Church, Knights of Columbus – Council 732 and the American Legion – Post 120.

Frank loved to play ping pong and cards. He enjoyed fishing, watching Loogootee Lions basketball, the St. Louis Cardinals, and the Indianapolis Colts. While his health allowed, he loved volunteering at St. Vincent De Paul in Loogootee.

Grant awarded to Daviess Community Hospital to provide free mammograms

Daviess Community Hospital Foundation has been awarded \$5,000 in grant funds to provide breast cancer screening and diagnostic services to area women for 2022. The program for lower-income, medically underserved women, age 40+ that reside in Daviess, Martin and Pike counties in Indiana will be administered by the Radiology Services Department at Daviess Community Hospital. The funds are awarded through the Indiana Breast Cancer Awareness Trust Grant Program.

Funds have been designated for the delivery of breast cancer screening and diagnostic services. The goal is to increase the number of low-income, medically

underserved women receiving mammo-

grams at Daviess Community Hospital, then to increase the follow-through rate of those patients who are called back for diagnostic mammograms.

Lower-income women age 40+ who reside in Daviess, Martin, and Pike counties are encouraged to contact the Radiology Services Department at Daviess Community Hospital for more information about the application process and guidelines. The Indiana Breast Cancer Awareness Trust, Inc. receives funds through the sale of breast cancer awareness specialty license plates. For more information visit www.BreastCancerPlate.org.

He was preceded in death by his wife, Alice Matthews; parents, John and Elizabeth Matthews; and siblings, Joseph Matthews, Jerome Matthews, Mary Strange and Agnes Matthews.

He is survived by five daughters, Mary Rose (Mike) Mangin, Nancy (Bob) Spaulding, Linda (Mark) Wickman, Brenda (John) Mathias and Donna (Jim) Ader, all of Loogootee; four sons, Mike (Katie) Matthews of Bloomfield, Tony Matthews of Jasper, Jim (Janet) Matthews of Loogootee, and David (Kelly) Matthews of Loogootee; 20 grandchildren and 32 great-grandchildren; and one sister, Marcella Smith of Indianapolis.

A Mass of Christian Burial was celebrated by Very Rev. J. Kenneth Walker on Friday, January 28, at St. John the Evangelist Catholic Church in Loogootee. Burial followed in St. John Catholic Cemetery.

In lieu of flowers, memorial contributions can be to St. John Catholic Cemetery or St. Vincent De Paul. Condolences may be made online at www.blakefuneralhomes.com.

Blake Funeral Home in Loogootee is honored to serve the family of Francis M. Matthews.

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Martin County Sheriff's Department log

MONDAY, JANUARY 24

8:08 a.m. - Received a report of a stranded vehicle in Shoals. Major Keller responded.

8:08 a.m. - Received a report of a car-deer accident west of Shoals. Chief Deputy Greene and ISP Master Trooper Lents responded.

12:00 p.m. - Sergeant Gibson assisted a motorist in Shoals with a vehicle identification check.

12:22 p.m. - Received a request for an ambulance in Loogootee. ISP Trooper Beaver, Loogootee Assistant Chief McBeth and Martin County Ambulance responded. The patient was transported to Daviess Community Hospital.

3:00 p.m. - Received a request for a welfare check in Shoals. Sergeant Gibson and Corporal Wells responded.

11:04 p.m. - Received a report of a burglar alarm in Loogootee. Loogootee Police were notified.

TUESDAY, JANUARY 25

7:00 a.m. - Received a report of a burglar alarm in Loogootee. Captain Reed responded.

10:30 a.m. - Deputy Shaw took one inmate to court.

10:55 a.m. - Received a report of a missing person in Loogootee. All Martin County Law Enforcement were notified.

12:07 p.m. - Major Keller assisted a motorist in Loogootee with a vehicle identification check.

1:22 p.m. - Received a report of possible stolen vehicle in Crane. ISP Trooper Beaver was notified.

1:53 p.m. - Deputy Shaw took two inmates to court.

3:38 p.m. - Received a request for an ambulance in Shoals. Shoals Fire Department, Sergeant Gibson, and Martin County Ambulance responded. The patient was transported to IU Health in Bedford.

7:32 p.m. - Received a report of a domestic dispute north of Shoals. Loogootee Officer Seymour responded.

WEDNESDAY, JANUARY 26

9:29 a.m. - Received an accidental 911 call.

2:33 p.m. - Deputy Shaw took one inmate to court.

3:11 p.m. - Received a report of a reckless driver east of Shoals. All Martin County Law Enforcement were notified.

3:15 p.m. - Deputy Shaw took two inmates to court.

3:28 p.m. - Deputy Shaw took one inmate to court.

4:44 p.m. - Town Marshal Eckert assisted a motorist in Shoals with a vehicle

unlock.

5:30 p.m. - Received a report of an accident south of Loogootee. ISP Trooper Nolan responded.

6:20 p.m. - Received a report of a suspicious vehicle in Loogootee. Loogootee Police were notified.

11:49 p.m. - Received a request for a lift assist north of Loogootee. Martin County Ambulance responded.

THURSDAY, JANUARY 27

2:40 a.m. - Received a report of a theft west of Shoals. Captain Reed was notified.

4:09 a.m. - Received a report of a burglar alarm in Crane. Loogootee Officer Sims responded.

6:59 a.m. - Received a request for a vehicle unlock in Loogootee. Captain Reed responded.

8:32 a.m. - Received a 911 call from an elderly gentleman reporting his vehicle is broken down on US Hwy 150. Call transferred to Orange County.

9:20 a.m. - Received a request for an ambulance near Shoals. Shoals Fire Department and Martin County EMS responded and transported one patient to Jasper Memorial Hospital.

1:57 p.m. - Received a 911 call requesting an ambulance in Loogootee. Martin County EMS responded, and no one was transported.

3:00 p.m. - Received an animal complaint near Shoals. Animal Control Deputy Hughett responded.

4:35 p.m. - Received a 911 call requesting an ambulance east of Shoals. Martin County EMS and Shoals Fire Department responded. No one was transported.

7:41 p.m. - Received a 911 call requesting a welfare check. Shoals Town Marshal Eckert and Deputy Flanagan responded.

9:09 p.m. - Received a call reporting a vehicle off the roadway west of Shoals. Deputy Flanagan, Deputy Hawkins, and Martin County Civil Defense responded.

FRIDAY, JANUARY 28

5:30 a.m. - Received a 911 call reporting an accident southeast of Shoals. Deputy Hawkins and Big Johns Towing responded.

9:55 a.m. - Received an animal complaint near Shoals. Chief Deputy Greene responded.

2:50 p.m. - Received a report of a vehicle stuck off the roadway north of Shoals. Chief Deputy Greene responded.

3:23 p.m. - Received a report of a vehicle slide off southeast of Shoals. Deputy Flanagan and Shoals Fire Department responded.

3:25 p.m. - Received a report of a slide off southeast of Shoals. Deputy Flanagan responded.

10:15 p.m. - Received a report of a broken-down vehicle near Shoals. Deputy Hawkins responded.

11:19 p.m. - Received a 911 call requesting an ambulance in Loogootee. Martin County EMS responded but did not transport.

SATURDAY, JANUARY 29

12:41 a.m. - Received a request for a lift assist near Shoals. Shoals Fire Department and Deputy Hawkins responded.

2:32 a.m. - Received a 911 call requesting an ambulance in Shoals. Deputy Hawkins and Martin County EMS responded. No one was transported.

4:33 a.m. - Received a 911 call requesting an ambulance north of Loogootee. Deputy Hawkins and Martin County Ambulance responded. One patient transported to IU Health Bedford.

6:13 a.m. - Received a 911 call requesting an ambulance in Loogootee. Martin County EMS responded, and no one was transported.

7:14 a.m. - Received a 911 call requesting an ambulance north of Loogootee. Martin County EMS responded and transported one patient to Jasper Memorial Hospital.

7:24 a.m. - Received a 911 call requesting an ambulance in Loogootee. Daviess County EMS responded and did not transport.

10:55 a.m. - Received a report of a medical alarm in Loogootee. Martin County EMS responded, and no one was transported.

11:49 a.m. - Received a 911 call reporting a reckless semi driver. Deputy Flanagan responded.

12:45 p.m. - Received a request for an ambulance in Loogootee. Martin County EMS responded, and no one was transported.

12:52 p.m. - Received a 911 call requesting an ambulance in Loogootee. Martin County Ambulance responded and transported one patient to Jasper Memorial Hospital.

2:45 p.m. - Received a report of possible theft in Shoals. Deputy Flanagan responded.

2:46 p.m. - Received a 911 call reporting possible theft. Deputy Flanagan responded.

5:17 p.m. - Received a request for a vehicle unlock near Loogootee. Deputy Flanagan responded.

5:38 p.m. - Received a request for a

vehicle unlock near Loogootee. Deputy Flanagan responded.

8:33 p.m. - Received a 911 call reporting a possible drunk driver southeast of Shoals. Deputy Hawkins responded.

10:18 p.m. - Received a report of a reckless driver west of Shoals. Deputy Hawkins and Loogootee Officer Seymour responded.

SUNDAY, JANUARY 30

9:28 a.m. - Received a report of vandalism in Loogootee. Corporal Wells responded.

9:37 a.m. - Received a request for an ambulance south of Loogootee. Loogootee Fire Department First Responders, and Martin County EMS responded. One patient was transported to Jasper Memorial Hospital.

11:50 a.m. - Received a report of a stranded vehicle on US Highway 50, just east of Shoals. Indiana State Police Trooper Beaver responded.

11:54 a.m. - Received a request for an ambulance in Shoals. Shoals Fire Department First Responders and Martin County EMS responded. One patient was transported to Jasper Memorial Hospital.

12:10 p.m. - Received a request for an ambulance in Loogootee. Loogootee Fire Department First responders and Martin County EMS responded. No one was transported.

1:29 p.m. - Received a report of a missing animal. Animal Control Deputy Hughett responded.

4:22 p.m. - Received a 911 call requesting medical assistance southeast of Shoals. Martin County Ambulance responded, and no one was transported.

ARRESTS

TUESDAY, JANUARY 25

8:15 p.m. - Devin Dewberry, 27, of Louisville, Kentucky, was arrested by Sergeant Gibson and charged with operating while intoxicated and operating while intoxicated- refusal. He is being held on a \$6,000 10 % bond.

WEDNESDAY, JANUARY 26

4:28 p.m. - Troy Arvin, 47, of Loogootee, was arrested by Sergeant Gibson on a Martin County warrant. He is being held on a \$648.02 bond.

7:56 p.m. - Trenton Chastain, 33, of Bloomington, was arrested by Major Keller on a Martin County warrant and is being held without bond.

SUNDAY, JANUARY 30

12:10 a.m. - Logan Plano, 18, of Linton, was arrested by Deputy Hawkins on a Martin County warrant.

MALE CAT NEUTER SPECIAL \$25*



Through February 2022 Only! Male Cats Only!
Clinic only does surgeries on Wednesdays
Once spots are full for February, the special will end

**Does not include cost of rabies vaccine (\$15) if your cat is not current*

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Loogootee Police log

MONDAY, JANUARY 24

12:23 p.m. - Assistant Chief McBeth assisted the Martin County Ambulance Service with a medical call on Northeast Third Street.

11:05 p.m. - Officer Seymour responded to an alarm at a local business.

TUESDAY, JANUARY 25

10:27 a.m. - Assistant Chief McBeth assisted in locating a family member after a domestic dispute.

5:59 p.m. - Assistant Chief McBeth assisted a stranded motorist that was a traffic hazard on East Broadway Street.

7:35 p.m. - Officer Seymour responded to a domestic dispute on Witt Road.

7:57 p.m. - Officer Seymour assisted the Martin County Sheriff's Department with a traffic stop.

WEDNESDAY, JANUARY 26

6:16 p.m. - Officer Sims responded to a report of a possible impaired driver on Walker Street.

THURSDAY, JANUARY 27

11:53 a.m. - Chief Means and Assistant Chief McBeth assisted with children locked in a vehicle at a local business.

1:49 p.m. - First responders were dispatched to a medical call on East Broadway Street.

8:13 p.m. - Officer Sims responded to

a report of erratic driving on West Washington Street.

8:45 p.m. - Officer Sims assisted the Martin County Sheriff's Department with traffic control at an accident on Brickyard Road.

SATURDAY, JANUARY 29

4:33 a.m. - First responders were dispatched to a medical call on East 950 North.

7:14 a.m. - First responders were dispatched to a medical call on Bramble Road.

3:20 p.m. - A local business reported a theft.

6:58 p.m. - Caller reported a possible impaired driver nearing Loogootee on US 231 South.

10:18 p.m. - Officer Seymour responded to a report of a possible impaired driver on West Broadway Street.

SUNDAY, JANUARY 30

12:24 a.m. - Officer Seymour responded to a report of a possible domestic dispute on Lincoln Avenue.

9:37 a.m. - First responders were dispatched to a medical call on Love Cemetery Road.

12:10 p.m. - First responders were dispatched to a medical call on Pleasant View Lane.

Martin County real estate transfers

Lisa A. Golay, of Jefferson County, Kentucky to **John Harder**, of Martin County, Indiana, a part of the southwest quarter of the northwest quarter of Section 36 and a part of the southeast quarter of the northeast quarter of Section 35, both being in Township 3 North, Range 4 West, Center Township, Martin County, Indiana, containing 17.25 acres, more or less.

Richard L. Asbell and Margaret C. Asbell and David L. Asbell, of Martin County, Indiana to **Billy L. Terry and Donna M. Terry**, of Martin County, Indiana, a part of the northeast quarter of the southeast quarter of Section 14, being in Township 2 North, Range 3 West, Halbert Township, Martin County, Indiana, containing 0.055 acres, more or less.

Richard L. Asbell and Margaret C. Asbell and David L. Asbell, of Martin County, Indiana to **Richard L. Asbell and Margaret C. Asbell and David L. Asbell and Joey Asbell**, of Martin County, Indiana, a part of the northeast quarter of the southeast quarter of Section 14, Township 2 North, Range 3 West, Halbert Township, Martin County, Indiana, containing 10 acres, more or less, except a section containing 0.055 acres, more or less.

Zackary W. Brown and Ericka D. Brown, of Martin County, Indiana to **Chad D. Cundiff and Kimberly Cundiff**, of Martin County, Indiana, a part of the east fractional Section 19, Township 3 North, Range 3 West, Halbert Township, Martin County, Indiana, containing 2.854 acres, more or less. More commonly known as Lot 26, Sawmill Ridge Section II.

Billy L. Terry and Donna M. Terry, of Martin County, Indiana to **David L. Asbell and Alisha R. Asbell**, of Martin County, Indiana, a part of the southeast quarter of the northeast quarter of Section 14 being in Township 2 North, Range 3 West, Halbert Township, Martin County, Indiana, containing 0.055 acres, more or less.

Robin K. Hart, of Martin County, Indiana to **The Robin K. Hart Revocable Trust**, a part of the southeast quarter of the southeast quarter of Section 24, Township 3 North, Range 5 West, more commonly known as 410 S. Kentucky Avenue, Loogootee IN 47553.

Bonnie L. Newton, f/k/a Bonnie L. Johnson, of Martin County, Indiana to **Bonnie L. Newton**, of Martin County,

Indiana, Lot Number 7 in Block "D" to the Loogootee Land Company's Addition to the Town, now City of Loogootee, Indiana.

Donna Kaye Williams, of Martin County, Indiana to **Kaycee Truelove and Bryan Truelove**, of Martin County, Indiana, a portion of Lots 33 and 34 in Keck's Addition to the Town of Loogootee, containing 0.24 acres.

Jimmy R. Hamby, Jr. and Robin Hamby, of Martin County, Indiana to **Lloyd R. Gordon and Frances Ruth Gordon**, of Martin County, Indiana, .57 acres, more or less, in Section 24, Township 3 North, Range 5 West.

Jason L. Jones, of Martin County, Indiana to **Jase Properties, LLC**, of Martin County, Indiana, a part of the east half of the northeast quarter of Section 30, Township 3 North, Range 3 West, Martin County, Indiana, containing 0.3719 of an acre, more or less.

Lisa A. Golay, of Jefferson County, Kentucky to **Acorn Ridge Outdoor Group, LLC**, of Lawrence County, Indiana, the southwest quarter of the northwest quarter of Section 36, Township 3 North, Range 4 West, containing 40 acres, more or less, except sections containing .75 of an acre and 10.218 acres, more or less.

National Day of Action during Teen Dating Violence Awareness Month

Annually, nearly 1.5 million high school students nationwide experience physical abuse from a dating partner, and we need your support to help prevent and end teen dating violence! Tuesday, February 8, is #WearOrangeDay, and Middle Way House is inviting the community to wear orange to show their support for survivors of teen dating violence and bring awareness to teen dating violence in our community.

Be sure to post a selfie with you, your friends, and/or co-workers on social media wearing orange and use the hashtag #WearOrangeDay and tag Middle Way House, @MiddleWayHouse, on Facebook, Instagram, and/or Twitter!

If you or someone you know is experiencing violence, Middle Way House is here for you on their confidential 24/7 help & crisis line, (812) 336-0846, and confidential help & crisis live chat, <https://www.resourceconnect.com/mw/chat>. You are not alone, and you deserve to live a life free of violence.

COURT NEWS

Persons listed on criminals charges are innocent until proven guilty in a court of law.

CRIMINAL COURT

New Charges Filed

December 29

Logan R. Plano, intimidation, a Level 6 Felony.

December 30

Silas A. Bauer, operating a vehicle while intoxicated endangering a person, a Class A Misdemeanor; operating a vehicle with an ACE of .15 or more, a Class A Misdemeanor; minor consuming alcohol, a Class C Misdemeanor.

January 4

Braxton James Blevins, disorderly conduct, a Class B Misdemeanor; minor consuming alcohol, a Class C Misdemeanor.

Aden C. Almedina, operating a vehicle while intoxicated endangering a person, a Class A Misdemeanor; operating a vehicle with a schedule I or II controlled substance or its metabolite in the body, a Class C Misdemeanor; possession of marijuana, a Class B Misdemeanor.

January 10

Dylan V. Bruner, operating a vehicle while intoxicated endangering a person, a Class A Misdemeanor; operating a vehicle with a schedule I or II controlled substance or its metabolite in the body, a Class C Misdemeanor.

January 12

Jerry R. Holt, possession of methamphetamine, a Level 6 Felony; public intoxication, a Class B Misdemeanor.

January 17

Corey Ethan Garrett Martin, violation of rule adopted by director, a Class B Misdemeanor.

Trenton C. Chastain, arson, a Level 4 Felony.

January 18

Ian W. Long, operating a vehicle with an ACE of .15 or more, a Class A Misdemeanor; operating a vehicle while intoxicated endangering a person, a Class A Misdemeanor; minor consuming alcohol, a Class C Misdemeanor.

Zachary R. Frame, possession of methamphetamine, a Level 6 Felony; possession of marijuana, a Class B Misdemeanor; possession of paraphernalia, a Class C Misdemeanor; driving while suspended, a Class A Misdemeanor; operating a motor vehicle without ever receiving a license (prior), a Class A Misdemeanor.

January 19

Adam D. Tedrow, possession of marijuana, a Level 6 Felony; possession of marijuana, a Class A Misdemeanor; criminal trespass, a Class A Misdemeanor.

January 20

Sydney Diana Wanmer, driving while suspended, a Class A Misdemeanor.

Ryan M. Terry, dealing in methamphetamine, a Level 5 Felony; possession of methamphetamine, a Level 6 Felony; maintaining a common nuisance -controlled substances, a Level 6 Felony.

January 24

Lisa L. Korte-Frame, possession of methamphetamine, a Level 6 Felony; possession of marijuana, a Class B Misdemeanor.

January 25

Caleb H. Truelove, domestic battery, a Level 6 Felony; possession of methamphetamine, a Level 6 Felony; possession of a controlled substance, a Class A Misdemeanor; criminal mischief, a Class A Misdemeanor.

CRIMINAL JUDGMENTS AND SENTENCING

January 19

Cameron H. Brown, convicted of driving while suspended, a Class A Misdemeanor. Sentenced to serve 6 days with 0 days suspended and credit for 3 actual days previously served plus 3 Class A credit days.

CRIMINAL CHARGES DISMISSED

January 19

Cameron H. Brown, possession of marijuana, a Class B Misdemeanor, dismissed.

January 20

Johnathon C. Allstott, possession of methamphetamine, a Level 6 Felony, dismissed.

January 21

Travis Grishaw, battery, a Class B Misdemeanor, dismissed.

January 24

Troy W. Arvin, theft, a Level 6 Felony, dismissed; residential entry, a Level 6 Felony, dismissed.

Belinda Smith-Rose, two counts of possession of paraphernalia, Class C Misdemeanors, dismissed.

CIVIL COURT

New Suits Filed

January 19

Capital One Bank vs. Stephanie Myers, civil collection.

January 21

LVNV Funding, LLC vs. Dawn Allen, civil collection.

January 24

Charlotte A. Browder vs. Rory A. Browder, petition for dissolution of marriage.

January 25

Joshua T. Hurst vs. Joanna M. Hurst, petition for dissolution of marriage.

Michelle Fuhrman vs. Ryan Fuhrman, petition for dissolution of marriage.

Crystal C. Trambaugh vs. Thomas R. Moffitt, civil plenary.

CIVIL COURT DISMISSED

January 19

Velocity Investments, LLC vs. Glenda Barber, civil collection, dismissed.

January 21

Slm Private Credit Student Loan Trust vs. Edward Sims, civil collection, dismissed.

January 24

Joshua W. Mullis vs. Elizabeth P. Mullis, petition for dissolution of marriage, dismissed.

SMALL CLAIMS COURT

New Suits Filed

January 21

Hoosier Accounts Service vs. William E. Isaacs, complaint.

Hoosier Accounts Service vs. James H. McGuire, complaint.

Hoosier Accounts Service vs. Crystal L. Fultz, complaint.

Hoosier Accounts Service vs. Jarrod M. Johnson, complaint.

Hoosier Accounts Service vs. Gary B. Campbell, complaint.

Hoosier Accounts Service vs. Trina M. Hopkins, complaint.

Hoosier Accounts Service vs. Matthew T. Hudson, complaint.

SMALL CLAIMS JUDGMENTS

January 26

Judgment in favor of the plaintiff Hoosier Accounts Service and against the defendant Lisa A. Jones, in the amount of \$8,418.98.

Martin County JOURNAL

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CALENDAR OF EVENTS

Free community meal
The Loogootee Christian Church, at 206 Sherman Street, is having their monthly free meal for the community to be held Thursday, February 3 from 6-8 p.m. at the church. This month's meal will be a turkey dinner with all the fixings. The community is invited.

Aluminum can drive
Daviness County Right to Life will have an aluminum can drive on Saturday, February 5 from 9 a.m.-1 p.m. at Tractor Supply in Washington. This is an aluminum can drive only. Newspapers are no longer accepted. The Martin County Right to Life is still accepting newspapers/aluminum cans on February 5 at the Martin County Recycling Center, east of Loogootee.

ARPA Board meeting
The Martin County ARPA (American Recovery Plan Act) Board will meet Thursday, February 3, at 2 p.m. in the commissioners' room of the Martin County Courthouse in Shoals. The meeting is open to the public.

St. Vincent Food Pantry
The St. Vincent de Paul Food Pantry, on Park Street in Loogootee, is open the fourth Thursday of the month except November and December when they are open the third Thursday. The hours are 8 a.m.-noon and 1-4 p.m.

LUMC Food Pantry
The Loogootee United Methodist Church Food Pantry is open every Thursday (except the fourth Thursday) from 11 a.m.-1 p.m.

Mental Health Task Force
The Martin County Mental Health Task Force meets on the second Wednesday of the month from 1-2 p.m. at the Community Learning Center on the Martin County Fairgrounds.

Celebrate Recovery meetings

Celebrate Recovery meetings will be held every Tuesday at 6:30 p.m. at Redemption Church in Loogootee. This is a Christ-centered recovery program and anyone is welcome to attend.

Local recovery meetings
Wednesdays-Alcoholic Anonymous, Martin County Community Corrections Building at 8 p.m.; Thursdays-Narcotics Anonymous, Redemption Church Loogootee at 8 p.m.; Fridays-Alcoholic Anonymous, Loogootee Municipal Building Loogootee at 8 p.m.

Free lunch for kids
New Beginnings Community Church will be offering a free lunch to all school age children every Saturday. Lunches can be picked up at the fellowship hall of the church, located at 105 Wood St, Loogootee no later than 10:30 a.m. Deliveries will begin between 10:30 and 11 a.m. Saturdays.

SOAR Tutoring
Need Skills? SOAR tutors can help! Free and confidential. Call or text Karen at 812-709-1618 to learn more. Located in the Martin County Community Learning Center Improve Your Skills, Improve Your Life!

Solid waste board
The Martin County Solid Waste Board holds their monthly meetings on the second Wednesday of each month at noon at the recycling center located at 500 Industrial Park Drive in Loogootee. The meetings are open to the public and anyone is invited to attend.

Soil and Water meetings
The Martin County SWCD meets the third Monday of the month at the SWCD office located at Martin County Learning Center. Office hours are 8 a.m. to 4 p.m. weekdays except Thursdays when it is closed. Visit www.martinswcd.com or call at 295-3149.

More Neat Stuff



By Ann Ackerman



THOUGHTS

*Not to brag or anything, but I can forget what I'm doing while I'm doing it.

*I can't dance to save my life, but when I step in dog poop, I can moonwalk better than Michael Jackson.

*Question to clerk in bakery: What do you have with no fat and sugar?

Answer: Napkins

*Yesterday: Fixed hair and makeup. Saw no one.

Today: Looked like Jack Nicholson from the Shining. Saw all the people I know. All of them.

Thanks to Jamie Cropp Bell for the following:

I'm a 50-year-old teacher (6th grade). Here are some of the things my students have said to me:

*"Wait, your name and address were really in a phone book? That's like stalking!"

*"I feel so sorry for you not having Google to look things up." (Yeah, I had to go to the library.)

*"Your whole family shared ONE phone?!" (Yes. Everyone did)

*"What does a busy signal sound like?" (I had to play it for them)

*"Would you please bring your tape recorder to school?" (I did)

*"Can you moonwalk?" (I can and I did).

*"Did you ever use a typewriter?" (Yes, and even took a typing class in high school)

*"If you didn't have a microwave, how did you heat up your food?"

*"Why were phones stuck to the wall? What if you didn't want your family to hear what you were saying?" (You whispered or dragged the phone cord into a closet)

*"I thought phone books were only used to put on chairs so you could sit up higher." (Sigh...)

*EVERY song they hear me play: "Is that singer still alive?" (My gosh most of them are only in their 50's!)

*My favorite: "Mrs. Tullier - Can you play the song 'I'm a Comedian?'" I ask him to sing it. He started singing, "I'm a I'm a I'm a I'm a I'm a comeeediaannnn." (He didn't know Boy George was singing "Karma Chameleon." I had to stop what I was doing and play the song for him...)

*"They had a separate section in restaurants for people to smoke?!"

*"What did you do if you were lying down and wanted to change the tv channel?" (I had to get up and walk to the tv...)

*I mentioned having to charge my cell phone by plugging in to the "cigarette lighter." The kids freaked out at that, so I had to explain that cars used to have cigarette lighters and ashtrays inside.

*I mentioned how we used to love to leave the classroom to "clap erasers." This led to a lot of questions as to why I would want to clap erasers together.

*"Why did girls have really big hair in the 80's? Did it hurt to hold all the hair up?"

*"How did you watch cartoons if you didn't have cable?" (Saturday mornings with Looney Tunes)

*"My grandma said that y'all used to sniff the worksheets that your teachers gave you!" (Ah yes...the purple ink from a mimeograph copy)

*I think my students assume I was never young and was born as a 50-year-old.

Make someone smile today!

Attorney General invites Hoosiers to visit IndianaUnclaimed.gov as part of national event

Acknowledging February 1 as National Unclaimed Property Day, Attorney General Todd Rokita on Tuesday invited Hoosiers to visit IndianaUnclaimed.gov or text CLAIM to 46220 to see if they have any money waiting.

"My office is committed to serving Hoosiers and protecting their individual liberty," Attorney General Rokita said. "Holding unclaimed property and making sure it gets back to the rightful owners is just one way we carry out this larger mission."

While all states administer unclaimed property programs, Indiana is the only one where the attorney general oversees this function.

Last year, Attorney General Rokita's Unclaimed Property Division returned over \$48 million to Hoosiers.

Here's how to make sure your property doesn't go unclaimed:

- Keep a record of all bank accounts.
- Record all stock certificates and be sure to cash all dividends received.
- Record all utility deposits, including telephone, cable, and electricity deposits.
- Cash all checks promptly.

The origins of unclaimed property include closed bank accounts, court deposits, insurance, utility companies, old paychecks, closed estates, or from stock and securities.

The only tangible items received by

the Unclaimed Property Division are the contents of dormant safe deposit boxes. After three years, the division typically liquidates those items through such means as eBay auctions.

Once unclaimed property is in its custody, the Unclaimed Property Division conducts an aggressive outreach effort to locate the rightful owners or heirs. It pursues rightful owners through mailings, social media, advertisements, and local media coverage.

Individuals and/or businesses have 25 years in which to claim money once it is reported to the Unclaimed Property Division. They simply must supply proof of rightful ownership.

So be sure to check IndianaUnclaimed.gov or text CLAIM to 46220 to search your name, family, or business.

In addition to the website, you also may contact the Unclaimed Property Division at 1-866-462-5246 or updmail@atg.in.gov.

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In the Garden

By Ralph Purkhiser

Purdue University Master Gardener

As we continue our look at the National Garden Bureau's flower recognitions, we find that in the annual flower category, 2022 is the Year of Verbena. A true annual is a plant which grows from seed, flowers and sets new seed all in the same growing season. Some verbenas species qualify as true annuals. However, other species are really tender perennials, but most are hardy only in zone 10 or above, so they are treated as annuals when grown in Indiana. I have had a few very hardy cultivars return after mild winters, but that is a rare occasion.

Verbena is also known as vervain, especially in Europe, but there are other genera that also have been called vervains. The herb, lemon verbena, is not a true verbena either, so the names can get a little confusing.

Verbenas bear flowers with five petals in tight clusters. The petals occur in shades of purple, pink and white, with bi-color flowers quite common. They begin flowering in late spring or early summer and continue until frost. Dead-heading spent blooms will keep the flowers coming better, as it prevents the plant from making seeds and completing the life cycle for an annual. If a plant gets a little leggy late in the season, cutting back the whole plant by a third will stimulate new growth and new flowers.

Most verbenas are trailing plants and are often used in hanging baskets. However, the latest breeding efforts have pro-

Registration open for Healthy Minds, Healthy Lives Mental Health workshops

Untreated or ignored stress and mental health issues in rural areas impact quality of life, economic development and lives of farmers, the agriculture workforce and rural families. To raise awareness and help reduce the stigma surrounding mental health in the agriculture industry the Healthy Minds, Healthy Lives program was created by the Indiana Rural Health Association. Twenty-three free, one-day insightful workshops with subject matter experts will be conducted in 2022. The workshops will begin February 10, 2022, in Mount Vernon. The series of workshops will continue in 22 other rural sites around Indiana through July.

"Our rural communities are the backbone of our Indiana economy, and we can make them even stronger by supporting mental health and reducing stressors at home and in our communities," said Lt. Gov. Suzanne Crouch, Secretary of Agriculture. "These workshops will give our farmers the resources to help their neighbors and their family members who may be struggling."

The workshops aim to discuss the mental landscape in Indiana, highlight local resources, discuss telehealth options and contain information about the Purdue Farm Stress Program. The Indiana Rural Health Association will also present a training for the Question, Persuade and Refer (QPR) program.

"We all know that farming is one of the most dangerous professions, and it is sadly also one of the most mentally taxing ones as well," said Bruce Kettler, director of the Indiana State Department of Agriculture. "Our department was honored to be awarded this grant from USDA and we believe using these funds in partnership with the Indiana Rural Health Association and Purdue Extension will greatly impact thousands of Hoosiers, and work to decrease the stigmas around mental health in agriculture."

duced some bush varieties that work better as landscape fillers. Since they flower freely for months, they are a wonderful addition to perennial borders to ensure there are flowers all summer. Those clusters of flowers are veritable nectar factories, so verbenas are natural plants to include in pollinator gardens. That also makes them a good choice to use as fillers in the vegetable garden, where they will attract pollinators needed for food production.

Verbena is actually easy to grow. At least six hours of sun each day is needed for the best flowering. Verbena needs moist soil, will not tolerate soggy conditions. Some compost or a slow-release fertilizer mixed in at planting time will generally be all the fertilization needed for the season. Some of the older varieties are susceptible to powdery mildew, but the newer hybrids are resistant. About the only insect pest that bothers verbenas are spider mites. A good blast with the water hose will usually dislodge them. If further treatment is necessary, use a horticultural soap.

Verbena is easy to grow from seed, but vegetatively-produced starts are readily available in most garden centers in the spring. With a couple of six-packs of assorted verbenas, you will have a garden full of flowers and bees in no time at all. Be sure to take part in the Year of Verbena this up-coming growing season.

The free workshops through the Healthy Minds, Healthy Lives program are open to the farming community, including agribusinesses and related service industries, the faith community, local leaders and families.

"The suicide rates among farmers are six times higher than the national average," said Kathy Walker, Indiana Rural Health Association (IRHA) program director for Healthy Minds - Healthy Lives. "Financial stress is always present, pressure to never lose the family farm is great, the work is physically and mentally stressful with long hours, social isolation and lack of confiding relationships."

Each one-day workshop is limited to 35 people, so individuals interested in participating are encouraged to register early.

Stigma and other issues that discourage people from seeking help can result in higher suicide attempts and other mental health issues. These issues often are higher - even double - than in urban areas. Depression, suicide and other mental health struggles often rise during the seasonal times of planting and harvesting when stress levels are also higher.

These workshops are part of a partnership with the Indiana Rural Health Association, Purdue Extension and the Indiana State Department of Agriculture (ISDA). ISDA received a \$500,000 grant from the National Institute for Food and Agriculture's Farm and Ranch Stress Assistance Network in October of 2021.

The list of current workshops is below along with the county and city of each. To register for a workshop visit indianaruralhealth.org. Registration opens 30 days prior to each event.

February 10 - Posey County, Mt. Vernon

February 23 - Owen County, Spencer
February 24 - Boone County, Lebanon
March 9 - Hancock County, Greenfield
(See 'WORKSHOPS' on page 8)



Grazing Bites

By Victor Shelton

NRCS State Agronomist/Grazing Specialist

February is quite often a good month to catch up on work, at least it is for me. I'm finally used to the cold by now and unless it's snowing or some other form of frozen precipitation, or too windy, I'm probably going to be outside working on something. The wind is the main deterrent for me, and my dog sidekick will agree. An uncle of mine used to say, "Wind can ruin the best of any day," and he was right - it can make any day dustier, colder or it can just be annoying.

In February, the ground "usually" isn't frozen that deep, if at all, and therefore makes it a good time to build or repair fence. Posts drive into the ground quite nicely and you don't have to fight as much vegetation putting up wire.

I find this to be a good time to spend checking fence lines, trimming limbs back as needed and finishing sawing up any trees or limbs that fell during summer storms. That seems to be a job that never quite gets finished. I also find that it is a good time, if I can force myself to do it, to cut and remove any woody and or briars from fence rows. Doing so makes it a lot easier to gain control over them once the growing season is here. If the dead growth is removed, it is a lot easier to tackle any new shoots later.

It is also the time frame for frost-seeding clover onto fields that need it. If you paid attention during the last season, you should know what fields are lacking sufficient legume. I like to see at least thirty percent of the stand being legumes. Legumes, such as clover, increase the quality of a pasture and can also fix nitrogen to help the grass component of the pasture. When fertilizer is expensive, you want as much natural nitrogen produced as possible.

Red and white clover both are fairly easy to frost-seed this time of year and generally that is the least expensive way to enhance legumes in the pasture. It is basically the process of broadcasting the legume seed onto the soil's surface during the winter dormant months. I usually say the ideal time is somewhere between Christmas and Valentine's Day, but it's usually a little bit longer than that.

Occasionally in the southern portion of the state we are a little more limited with the most ideal conditions to really "frost" seed - that is not the case this year. Frost seeding relies on the freezing-thawing action of the soil, which is honeycombing of the soil's surface with ice crystals. This causes the soil's surface to expand and contract, thus allowing the small seed to find a route into the ground. It is important that the seed have good seed-to-soil contact.

When I really have my choosing, I'll wait until there is a light snow on the ground and then do the sowing. The snow serves two good purposes. One, it helps "catch" the seed and transport it to the ground and two, it serves as a great marker for the tractor or ATV.

It is best to plan ahead if you decide to frost-seed. You may have wanted to graze the pasture down a little shorter than normal to reduce competition and help that seed find its way to the soil easier. If the field is being stockpiled, you can either wait until after it is grazed or broadcast it just prior to grazing and let the seed be "hoofed" in. If there is too much cover then it makes it hard for the seed to reach the soil and also makes it less likely to thrive.

I usually recommend slightly higher seeding rates for frost seeding than for conventional seeding. White clovers can be seeded at 1-1.5 lbs. per acre, remembering that it is a much smaller seed than red clover and will be around longer. You can get it on too thick and yes, I know, it's hard to seed that small amount! I've found that mixing it with another seed as a carrier is good. A little Coke or any soda pop (whichever you might have on hand, but not diet in any case) mixed in with it to get a little sticking action going also re-

ally helps. You can also mix the seed in with fertilizer or some pelletized lime, but spread immediately - don't let it sit, especially with much nitrogen. Red clover should be seeded at 6-8 lbs. per acre; birdsfoot trefoil at 5 lbs. per acre and common lespedeza with hulled seed at 10 lbs. per acre.

All legumes should be inoculated with the appropriate inoculants (rhizobia) for that species to insure proper bacteria, good germination and growth. Coated seed, when available, can solve lots of problems including seed size, the inoculants and it can even help the pH for the seedling. Coated seed should be used the same year that it is purchased, mainly due to the inoculant - it has a shorter storage life.

I think the main points for a successful frost seeding of legumes are grazing the pasture down before seeding to lower the amount of litter and spring competition, seeding during freezing and thawing conditions to help move the seed down into the soil, and then keeping the grass growth under control during early spring to give the seedlings plenty of sun and a fighting chance to survive.

If you do plan to do any frost-seeding or any seeding in the next few months, it might be a good idea to check with your seed dealer and get your order in. Several species are in short supply and prices have increased in a lot of cases also. Multiple bad production years in a row out west where most of it is grown, coupled with inflation, higher packaging expenses and more costly shipping are the main reasons. Knowing exactly where you need to add more legumes and only adding where needed this year may be important to your pocketbook.

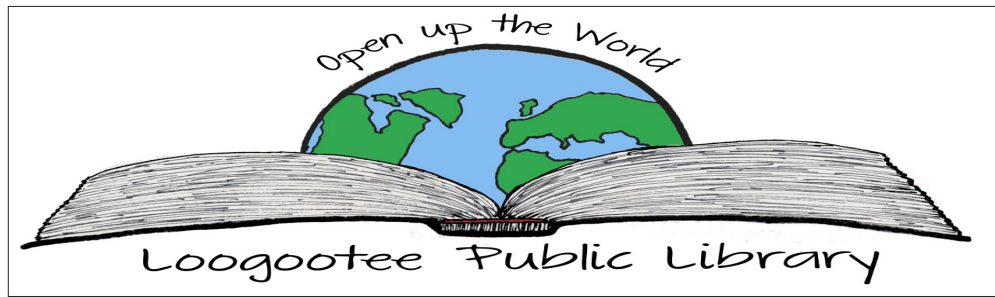
February is one of my biggest reading months of the year. Now don't get me wrong, I read a little almost every day, but some months just lend themselves as being more primed for reading than others. I tend to spend more time reading during the winter months and can easily find myself losing track of time. There are usually several books and magazines covering the small table by my easy chair which I find to be the best way to keep up to date with all the latest in grazing management. I can stay awake a long time reading, but I can't stay awake more than ten minutes into a TV show and often hear my wife say, "you awake?" I do believe it is only the subject matter.

The way we now receive information and news has sprinted fast ahead into almost instant information right at our fingertips. The biggest problem with this growing and huge amount of accessible information is, "what can you believe?" I find myself spending time explaining why something that was found on the internet somewhere else in the country or world, won't work here. Just because it was successful in New Zealand, doesn't mean it will work the same here! You must consider soils, climate and a host of other things.

Social media can be "interesting" to read, but it is harder to decipher or separate out fluff or bovine dung from the truth. If something is printed in a book or magazine it is at least a little more likely to be trusted, but not always. I generally read material from well-known authors that I know have done the walk or the research. If it is backed with a white paper, it is generally more persuasive and believable. Though I do read quite a few of those research papers, a book based on that information is usually a better read and certainly more relaxing.

I always encourage producers to keep learning - reading, observing, and asking why to both positive and negative things. Inquisitive minds want to know - just always remember to verify the source and take it all with a grain of salt!

Remember, it's not about maximizing a grazing event, but maximizing a grazing season! Keep on grazing!



BY DARLA WAGLER
 Librarian, Loogootee Public Library

Carolyn's Book Club will meet on February 15 at 6:00 pm and the book selection is "Just Mercy" by Bryan Stevenson. New patrons are welcome just let Carolyn know if you need a copy of the book.

WORKSHOPS

(Continued from page 7)

- March 10 - Tipton County, Tipton
 - March 16 - Kosciusko County, Leeburg
 - March 17 - Fulton County, Rochester
 - April 6 - LaPorte County, LaPorte
 - April 8 - Jasper County, Rensselaer
 - April 20 - White County, Walcott
 - April 21 - Warren County, Williamsport
 - May 4 - Montgomery County, Crawfordsville
 - May 5 - Johnson County, Whiteland
 - May 18 - Putnam County, Greencastle
 - May 19 - Sullivan County, Sullivan
 - June 8 - Daviess County, Washington
 - June 9 - Dubois County, Ireland
 - June 22 - Washington County, Salem
 - June 23 - Scott County, Scottsburg
 - July 6 - Ripley County, Osgood
 - July 7 - Randolph County - Winchester
 - July 20 - Huntington County, Huntington
 - July 21 - DeKalb County, Auburn
- For additional information about the Healthy Minds - Healthy Lives QPR workshops, please contact Kathy Walker by email at kwalker@indianarha.org.

Friends of Loogootee Library Has decided to cancel the Soup-To-Go fundraiser on February 11 because of Martin County remaining in the red.

February 7 at 1 p.m. is the monthly meeting of Friends of Loogootee Library (FOLL). If you support the library and would like to join this talented group, you are invited to attend the meeting.

February 7 is the Yoga for Seniors class from 9 a.m.-10 a.m. Instructor is ShyAnn Hibbs.

New Books:

Mystery Fiction: "A Thousand Steps" by T. Jefferson Parker, "The Horsewoman" by James Patterson.

Fiction: "Lightning in a Mirror" by Jayne Ann Krentz.

Inspirational Fiction: "To Disguise the Truth" by Jen Turano and "The Prince and the Prodigal" by Jill Eileen Smith.

Nonfiction: "The Power of Thank You" by Joyce Meyer.

DVDs: "The Addams Family 2".

The library inclement weather policy states that if Loogootee School is closed then we are as well. Staff will notify WWBL and WAMW radio stations plus post on Facebook.

Library hours: Monday 10-7, Tuesday 10-5, Closed on Wednesday, Thursday 10-7, Friday 10-5, and Saturday 9-1. The library phone number is 812-295-3713 and check out the website www.loogootee.lib.in.us or like us on Facebook. The library has free Wi-Fi service available for patrons.

It's time to enter the Historic Preservation Photo Contest

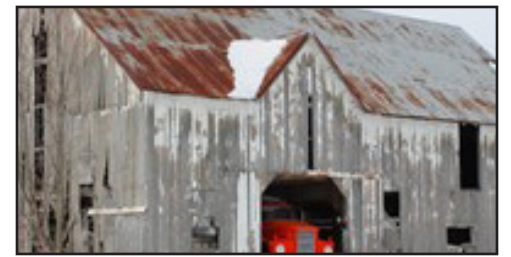
Get out your cameras and head for your favorite historic destination. The annual Historic Preservation Month photo contest, sponsored by the DNR Division of Historic Preservation & Archaeology (DHPA), is underway.

The subject of entry photos must be in Indiana, be at least 50 years old, and be something that was designed/built by people. It can be a building that's been restored to perfection or one that needs some love. The idea is to show the value of historic preservation. Photos of exclusively natural elements are not eligible.

The complete rules and guidelines and the required entry form are at: on.IN.gov/preservation-month.

The photos should be JPEG files (less than 10MB). Each photo and the required entry form should be emailed to abrand@dnr.IN.gov as attachments. Photographers can submit up to three photos, but can submit only one photo and entry form per respective email.

Follow the DNR Instagram account (@Indianadnr) May 1-7, when the DHPA will be doing a takeover for a week and featuring selected photos and contest winners. The contest deadline is Friday, April 1.



Hunter Education Course

An Indiana Hunter Education Course will be held Thursday, March 3 from 6-9:30 p.m. and Saturday, March 5 from 8 a.m.-4:30 p.m. at the Shoals High School Cafeteria. The course will teach about wildlife conservation, hunter ethics, firearms safety, shotguns, rifles, archery and more. All instruction will be done by Indiana Conservation Officers and certified Indiana Volunteer Hunter Education Instructors. Hunter Education certification is required for all persons born after December 31, 1986 who wish to purchase an Indiana hunting license. The course is being sponsored by West Boggs Park and Shoals High School. For more information, contact Tony Mann or Kendrick Fuhrman at 812-837-9536. For online registration, visit www.indianahuntereducation.com. There is no charge for the course.

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