

Lunch Menu

Sep.2~6

1	Monday	Tuesday	Wednesday	Thursday	Friday
Western Food	Bacon & Potato Wedges 培根薯角	Mashed Potato With Gravy 肉汁土豆泥	Hot Dog 热狗	Fried Chicken Steak 炸鸡柳	Cheese Pizza 奶酪披萨
Asian Food	Tasy Sauce & Pork Slivers 京酱肉丝	Roast Chicken Legs 烤鸡腿	Stewed sauerkraut With Pork Chop 排骨炖酸菜	Stir-Fried Beet & He Fen 牛肉炒河粉	Stir-Fried Mutton & Onion 元葱炒羊肉
Vegetable Dishes	Stir-Fried Cauliflower 干煸菜花 Stir-Fried Celery 炒芹菜	Stir-Fried Cowpea 素炒豇豆丁 Stir-Fried Zucchini 炒角瓜	Stir-Fried Lettuce & Sauce 豆豉油麦菜 Stir-Fried Dou Fu 溜豆腐	Stir-Fried Cabbage Mustard 清炒芥兰 Stir-Fried Cabbage 爆炒大头菜	Stir-Fried Rape 清炒油菜 Mixed Spinach With Vermicelli 红绿灯
Cookie	Cookie 甜点	Cookie 甜点	Fried Shrimp chips 虾片	Cookie 甜点	French Fries 薯条
Soup	Vegetable Soup 素烩汤	Mutton Winter Melon Soup 羊肉冬瓜汤	Shroom & Chicken Broth 鸡骨菌汤	Bushroom & Beef Broth 牛骨萝卜汤	Pea Soup 银耳红枣羹

Lunch Menu

Sep.9~12

2	Monday	Tuesday	Wednesday	Thursday	Friday
Western Food	French Stewed Beef 法式炖牛腩	Spaghetti 意大利面(牛肉酱)	Pasta&Beef Casserole &Black Pepper Sauce 黑胡椒牛肉螺蛳粉	Baked Chicken & Potato&Cheese 奶酪鸡肉烤锅	0
Asian Food	Stir-Fried Egg & Noodles 蛋炒面	Beijing Roast Duck 烤鸭	Braised Pork Chop 红烧排骨	Sweet & Sour Pork Steak 糖醋肉段	0
Vegetable Dishes	Stir-Fried Broccoli 清炒西兰菜花 Stir-Fried Cabbage & Vermicelli 大头菜炒粉	Stewed Potatos & Beans 土豆炖芸豆 Stir-Fried Zucchini 炒角瓜	Stir-Fried Lettuce & Sauce 豆豉油麦菜 Stir-Fried Celery 炒芹菜	Stir-Fried Cauliflower 干煸菜花 Stewed Dofu & Chinese Cabbage 白菜炖豆腐	0
Cookie	Cookie 甜点	Cookie 甜点	Cookie 甜点	Cookie 甜点	0
Soup	Sydney Soup 雪梨汤	utton Winter Melon S 羊肉冬瓜汤	Carrot & Beef Broth 牛骨萝卜汤	Vegetable Soup 素烩汤	Shroom & Chicken B. 0

Lunch Menu

Sep.16~20

3	Monday	Tuesday	Wednesday	Thursday	Friday
Western Food	Mexican Beef Balls 墨西哥牛肉丸	Egg & Ham Sandwich 鸡蛋火腿三明治	Lasagna 千层面 (牛肉酱)	Fried Pork Steak 炸猪排	Fruit Pizza 水果披萨
Asian Food	Yu Xiang Pork Slivers 鱼香肉丝	Stewed Beef With Ternip 白萝卜炖牛肉	Pork Balls With Chinese Cabbage 小白菜串丸子	Grilled Lamb & Cumin 孜然羊肉	Stir-Fried Sauce Chicken Legs 酱鸡腿
Vegetable Dishes	Stewed Potatoes & Beans 土豆炖芸豆	Stir-Fried Vegetable & Garlic 蒜蓉茼蒿	Stir-Fried Cabbage Mustard 清炒芥兰	Stir-Fried Sauce & Lettuce 耗油油麦菜	Stir-Fried Rape 炒油菜
	Stir-Fried Eggplant 烧茄子	Stir-Fried Pleurotus eryngii 炒杏鲍菇	Stir-Fried Celery & Potatoes 芹菜炒土豆丝	Stir-Fried Potato Pepper & Celery 炒三丝	Mixed Spinach With Vermicelli 拌菠菜粉丝
Cookie	Cookie 甜点	Popcorn 爆米花	Cookie 甜点	Cookie 甜点	French Fries 薯条
Soup	Seaweed Soup 紫菜汤	Cream & Broccoli 奶油西兰花汤	Fish Soup 鱼骨汤	Baby Cabbage & Dof 猪骨小白菜豆腐汤	Corn Soup 玉米汤

Lunch Menu

Sep.23~27

4	Monday	Tuesday	Wednesday	Thursday	Friday
Western Food	Fried Chicken Steak 炸鸡排	Beef Hamburger 牛肉汉堡	Chili 墨西哥辣味牛肉(微)	Fried Macaroni With Pork 肉炒通心粉	Chicken Subway 鸡肉赛百味
Asian Food	Beef Curry 咖喱牛肉	Stewed Minced Pork 日喜丸子(狮子头)	Stewed Diced Chicken With Peanuts and Chili 宫保鸡丁	Boiled Solefish No Spicy 水煮龙利鱼无辣	Fried Eggplant With Minced Pork 肉末茄子
Vegetable Dishes	Stir-Fried Celery 炒芹菜 Stir-Fried Pleurotus eryngii 炒杏鲍菇	Stir-Fried Vegetable & Garlic 蒜蓉茼蒿 Stir-Fried Potato Pepper & Celery 炒三丝	Stir-Fried Cowpea 素炒豇豆丁 Sauce With Eggplant Strips 酱茄条	Stir-Fried Water Spinach 清炒空心菜 Stir-Fried Celery & Potatos 芹菜炒土豆丝	Stir-Fried Rape 炒油菜 Mixed Spinach With Vermicelli 拌菠菜粉丝
Cookie	Cookie 甜点	French Fries 薯条	Cookie 甜点	Cookie 甜点	Fried Shrimp chips 虾片
Soup	Seaweed Soup 三鲜疙瘩汤	Cream & Broccoli 奶油菠菜汤	Fish Soup 鸡骨海带汤	Baby Cabbage & Dof 牛骨菌汤	Corn Soup 碗豆汤