## **LEGAL DISCLAIMER**

- 1. This is **not** healthcare advice.
- 2. We are **not doctors** and cannot give healthcare advice.

Individual Results may vary and are not guaranteed. Keep out of reach of children. To ensure proper hydration, it is recommended that users remain hydrated in the days between use with clear-colored sports/electrolyte drinks. Large amounts of caffeine and or foods/drinks containing fiber not recommended. Store in a cool fresh place. Keep out of Reach of Children. Do not drink if you are pregnant or nursing. Do not use for prolonged periods of time. This product is



intended for human use by healthy physically active individuals. If you are pregnant, lactating, under medical care or using any medications, please consult your physician before using this or any dietary supplement. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

The products and claims made about specific products on or through this Site have not been evaluated by the United States Food and Drug Administration and are not approved to diagnose, treat, cure or prevent disease.

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You should not use the information or services on this Site to diagnose or treat any health issues or for prescription of any medication or other treatment. You should always consult with your healthcare professional and read information provided by the product manufacture and any product label or packaging, prior to using any medication, nutritional, herbal or homeopathic product or before beginning any exercise or diet program or starting any treatment for a health issue. Individuals are different and may react differently to different products. You should

consult your physician about interactions between medications you are taking and nutritional supplements. Comments made in any forums on this Site by employees or Site users are strictly their own personal views made in their own personal capacity and are not claims made by us or do they represent the position or view of Fat Boy Meal Prep (FBMP). Product ratings by any current or previous employees or Site users are strictly their own personal views made in their own personal capacity and are not intended as a substitute for appropriate medical care or advice from a healthcare professional.

Always check the product label or packaging prior to using any product. If there are discrepancies, customers should follow the information provided on the product label or packaging. You should contact the manufacturer directly for clarification as to product labeling and packaging details and recommended use.

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