

Sofia Garrett

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EDUCATION

Northeastern University

Candidate for BA Journalism and Media and Screen Studies

GPA: 3.903

Honors: Junior Scholar (Spring 2024), Dean's list (Fall 2022, Spring 2023, Fall 2023)

Boston, MA

Expected, May 2026

EXPERIENCE

Video Storytelling Course

Reporter, Videographer and Editor

Lima, Peru

Slated for July 2024 - August 2024

- Produced in-depth video segments on Peruvian culture for Chronicle, a half-hour news magazine program that airs on WCVB-TV in Boston, by interviewing, filming and photographing community members in Peru
- Developed video news segments for Northeastern University's online magazine by reporting, shooting and editing

The Boston Globe

Sports Desk Co-op

Boston, MA

January 2024 - Present

- Covered sporting events, specifically swimming meets for the winter season, to write accurate recaps under a strict deadline with interviews from coaches and athletes included
- Wrote Bruins and Celtics game previews based off statistics and notes from previous games
- Created graphics for social media using Canva, and managed SocialFlow to send posts from Globe X accounts
- Utilized Methode to gather statistics and create the scoreboard page for the print newspaper based on strict deadlines, and communicated with layout staff for the desired outcome and look of the page

The Huntington Newspaper

Sports Editor

Deputy Sports Editor

Women's Soccer Beat

Boston, MA

April 2024 - Present

December 2023 - April 2024

September 2023 - November 2023

- Edited every article for the sports section of the paper, communicating with writers on ways to improve their work structurally and thematically, along with ensuring they follow AP style
- Covered college games, including the men's Beanpot semifinals and finals at TD Garden, to create written articles, along with audiovisual content (crowd clips, man on the street interviews) for the paper's social medias
- Developed ideas and pitched all the weekly stories for the sports section of the paper to writers by consistently following Northeastern team news, games schedules and updates

North by Northeastern Film Festival

Producer and Editor

Boston, MA

April 2024

- Showcased my individual video project, *The Pain of Ballet*, at film festival after being selected by the nominating committee
- Created and edited my work individually within a class deadline, utilizing skills in Adobe Premiere Pro

The Cake Box

Social Media Manager

Ridgefield, CT

July 2023 - August 2023

- Brainstormed original content for Instagram in collaboration with business owner to build their social media presence and increase engagement
- Created, edited and posted about 5 photos or videos per week to Instagram, ranging in composition and subject
- Grew The Cake Box content interactions on Instagram by 96.3% compared to previous 90 days of engagement

Documentary Filmmaking Course

Main Editor and Main Writer

London, England

May 2023 - June 2023

- Edited a 13-minute documentary about the women's football presence in England using Adobe Premiere Pro independently within tight time constraints
- Collaborated and created documentary script with production group in a productive manner

SKILLS AND INTERESTS

Skills: Adobe Premiere Pro, Editing, WordPress, Canva, Methode, MailChimp, SocialFlow, Camera Operation, Content Creation, TikTok, Instagram, Photography, AP Style