



40 YEARS of serving the LEDUC COUNTY REGION 1984 - 2024

Its hard to believe that this food bank has been in operation since Feb 2 1984. 40 years of operation that has seen tremendous growth over those years.

2023 was a very busy year. The addition of the two bays brought with it lots of construction, changes and expansion for this food bank. We were able to move our "Kitchen Learning Center" from Gaetz Landing and set up the "Shields Community Kitchen". Resulting in all our programs now being operational out of one location. It's an honor to have the Shields' family who have supported the food banks since its inception as the sponsor of the Shields Community Kitchen and a huge thank you to all the corporate and personal sponsors who helped make both kitchens a reality. We could not have done this without you.

We also worked with the City of Beaumont and staff to set up a small satellite food bank along side the Community Circle Thrift Center. A big thank you to everyone who had a hand in making this a reality.

The economy in 2023 was exceptionally challenging for everyone and this has resulted with increase demand for food bank usage across Canada. All food banks find themselves with increase demand, decreased donations and increased operational costs such as food purchases, gas and utility costs.

Yet our community has been there to support in any way that they can, and we are blessed to have such a caring community.

This is definitely apparent with our group of approximately 60 volunteers who selflessly continue to give their time and hard work to make sure we are able to continue to offer our varied programs. A whole-hearted thank you to our volunteers as we would not be able to maintain our services without you!

This is also true of our staff who work hand in hand alongside our volunteers every day to keep our operation going. They are committed to make sure the work gets done so our programs are successful in meeting the community needs.

Thank you to the donors, sponsors, and overall community for their unwavering support. This also includes our board who take their governance seriously, volunteer their time and to diligently make sure we are able to continue to offer our program supports within the region.

Every one of you "Truly do make a difference"!

Gert Revnar





MISSION STATEMENT

To empower our community to aid those in need of food support through strategic:

Collaborations

Educational programs, and Re-distribution of food and goods

VISION STATEMENT

Where all individuals are empowered to achieve their full potential, by having the opportunity to access basic social needs.

VALUES

- Helping Taking care of others to meet their needs.
- Client Empowerment Enabling our clients to move things forward. • Fulfillment - Personal, organizational and/or community accomplishment • Teamwork - Effective collaboration, as part of the community, towards a common goal • Organizational Growth -Being effective and relevant at what we do

FOOD PRICE INCREASES

"The year 2023 posed significant financial challenges for Canadian families, one of the toughest in recent memory,"

said Dr. Sylvain Charlebois, Project Lead, Professor, and Senior Director of the Agri-Food Analytics Lab at Dalhousie University.

The report forecasts that overall food prices will increase, but by less than last year. Food prices will likely rise by 2.5% to 4.5% (compared to 5% to 7% in 2023). The 2024 increases align with inflation, which is something. Andrea Rankin, Research Associate at the Agri-Food Analytics Lab at Dalhousie University, says the report "offers some good news" and that "Canadians can anticipate possibly calmer food prices through the coming year.

"Although the report shows that Canadians are spending less on food this year, despite inflation, this is a concern to researchers. Reduced expenditures in the face of elevated food prices indicates Canadians are decreasing the quantity and quality of food they are buying."



Many scientists think Earth has a maximum carrying capacity of 9 billion to 10 billion people





2023 Food Hamper Statistics

Leduc & District Food Bank Family Usage - 2023									
	BEAUMONT	CALMAR	DEVON	LEDUC	THORSBY	WARBURG	LEDUC COUNTY	BREAD BASKET PROGRAM**	TOTALS
Total Families*	94	47	95	607	25	17	78	149	1156
Total Hampers Accessed	240	130	245	1762	65	24	194	641	3301 [†]
Adults - Unique*	164	86	148	1023	41	17	134	258	1871
Children - Unique*	164	34	101	716	22	24	58	209	1328
Lbs Distributed Per Area	63,606	27,254	51,409	387,606	13,690	6754	37,156	66,816	654,291
Approx \$ Amount Distributed Per Area	\$223,893.12	\$95,934.08	\$180,959.68	\$1,364,373.12	\$48,188,80	\$23,774.08	\$130,789.12	\$235,192.32	\$2,303,104.32

^{*} Unique - represents a family or person counted once regardless of how many times they use the service.

Count of adults and children with multiple hamper usage: Adults: 4524

†Clients with multiple usage.

Children: 3472

PRIMARY SOURCE OF INCOME

46% CPP, EI, AISH, WCB

15% Social Assistance

31% Full-time Employment

6% No Income

2% Self Employment

45% FRESH PRODUCE, MEATS, EGGS, DAIRY, ETC. 264,082 lbs or \$932,166.40 21% CLIENT AREA BREADS, BUNS, MUFFINS, PET FOOD,

BABY FOOD, ETC.

99,898 lbs or \$351,640.96

34% NON-PERISHABLE

CANNED & PACKAGED SOUPS, STEWS, SALMON, TUNA, PANCAKE MIX, ETC.

223,525 lbs or \$786,808.00 TOTAL: 587,505 lbs or \$2,068,017.60

HOUSING TYPE

75% Rent

16% Own/Mortgage

8% Subsidized Housing

0.5% Homeless

0.5% Couch Surfing

HOUSEHOLD COMPOSITION

37% Single Parent Families

29% Single Adults

25% Dual Parent Families

9% Couples

MONTHLY INCOME

5% None

11% \$1 - 1000

24% \$1001 - 2000

26% \$2001 - 3000

34% over \$3000

EXPENSE BREAKDOWN

61% Food

19% Community Redistribution

16% Operations

4% Building

2023 Total Pounds

Received Value



Distributed Value

1,270,361 lbs \$4,471,670.72 586,898 lbs in hampers

plus 66,816 lbs for the Bread Basket program

13,391 lbs for the Kitchen Learning Centre \$48,341.51 value

Total **667,105** lbs or \$2,348,209.60

This is equal to **55,592 lbs** or 28 tons per month distributed in these 3 programs*

* This does not include Snack Attack or the Bagged Lunch Program.

DONATION BREAKDOWN

53% Businesses

21% Community

17% Grants

7% Airport Security Program

2% Other

^{**} The Bread Basket - Unique Clients: 149 in 2023. Clients can be registered to receive a bread hamper in between or instead of a regular hamper. Bread Basket hampers contain extra items when available (bread, pastries, fruit, vegetables, potatoes, etc)

LDFB 2023 Programs

United WayTools for School



The LDFB, in partnership with United Way is the collection / distribution centre for the Tools for School program (TFS).

We work closely with local school divisions and all regional agencies. Families can register with the LDFB starting in May and receive TFS kits through September. School supply donations can be made to the LDFB any time of the year.

400 Students supported 195 Families helped \$41,475.60



Sponsors: Leduc Black Gold Optimists Club, Ascendant Financial

Snack Attack

The LDFB Snack Attack Program is a program designed to address the increasing need for snacks in our schools for children and youth who come to school hungry. The program will ensure the school districts have access to healthy snacks at school to support their students' success in education.

92,320 Snacks \$49,093.05

Sponsors: Beaumont Columbus Alberta Association, SEARIC, Cargill Ltd, Meal Share

School Bagged Lunch

The School Bagged Lunch Program was started in response to the need for bagged lunches for those students who needed more food security.

9150 bagged lunches 4627 lbs (approx. cost \$36,600)

Sponsor:Costco Nisku

Bread & Produce Basket

Clients can register to receive a bread basket in between food hampers.

A basket can consist of bread, buns, pastries, as well as a variety of any extra fruit, vegetables and dairy when available.

This program gives clients the flexibility of accessing a bread basket in between paycheques

between paycheques rather than a full monthly hamper.

* Represents a family or person counted once regardless of how (149 unique*)
66,816 lbs or \$241,205.76

baskets distributed

once regardless of how many times they use the service.

Bagged Day Kits

Bagged Day Kits were made available for those without cooking accomodations.

139 Kits, 69 Unique participants 2121 lbs or \$7,465.92

Food donations were also provided to the shelter for meals

13,835 lbs or \$48,699.20

Shields Community Kitchen

The Leduc & District
Food Bank would like to
give a huge thank you to
the Shields Family for
their sponsorship of this
kitchen, designed to
expand our food programs.



Kitchen Learning Centre (KLC)

71 unique* participants (800 sessions) made 10,982 meals. This is equivalent to 13,391 lbs or \$48,341.51.

Total number of visits = 800*

It offers the ability to incorporate more volunteers to help with the School Bagged Lunch and Food Recovery programs.

It also opens up opportunities for collaborations and partnerships with other agencies who work with clients struggling with food security issues.



*Unique family members benefitting from the kitchen program is 54 with repeat sessions 793 adults and children

The Kitchen Learning Centre is located in the Leduc Food Bank building. This program is designed to work directly with LDFB clients, youth and low-income individuals who learn ways to:

● Prepare quick, easy, healthy, affordable meals using food hamper items ● Expand awareness of a broad range of foods and ways to prepare them ● Learn strategies to stretch their food dollar, food safety and nutritional food knowledge

Participants reported that they increased their knowledge regarding cooking, as well as strengthening their confidence and self-esteem, expanding their social network, help build natural supports into their lives, and increased Mental Health stability.

SPONSORS:

Warren Gaetz Family, United Way Community Investment

We want to thank everyone for

their kind support Affiliated Programs

Mealshare



Mealshare



Mealshare partners with top tier restaurants and puts their logo beside a few menu items. When a customer

orders one of these Mealshare branded menu items, they get their meal, just like normal, and they are also providing one meal to a youth in need. There's no extra cost or action for the customer - just buy one, give one! A portion of the proceeds collected are directed to the Leduc & District Food Bank.

Ways to Support Us



United Way

United Way of the Alberta Capital Region Alberta Capital Region

The Leduc & District Food Bank is a partner member. Designated donations through work or personal donations can be made directly through United Way to the LDFB. United Way grants go towards our Food Hamper program and the Kitchen Learning Centre..

On behalf of agencies within the region, we also received a technology grant to help those individuals who find themselves with technology barriers that make it difficult to connect with helping agencies.

> Habaneros Mexican Grill offers a special appetizer that patrons can order. Proceeds from this item goes directly to the food bank. A big thank you to staff and management!



Fall Food Round Up & Virtual **Auction - 2023 Update**

Held in October, this event is organized by community members and Latter Day Saints who work with schools, churches, organizations and individuals within the community. A virtual silent auction campaign was also held

and monetary donations were accepted.

A big thank you to the committee and community for their support of this campaign. A huge thank you to Vivid Signs & Designs, Leduc Chrysler, and Maxwell Heritage Realty who help sponsor this event, and all the business and individuals who donated items for the auction. We received such great support & feedback from all of you!



Standing Together

since 1984





The LDFB is an organization that relies on community donations and volunteer support in order to provide short term assistance.

The LDFB is about building relationships to fill the gaps in the community.

www.ldfb.ca

Food Donation Connection





Food Donation Connection manages food donation programs for food service companies interested in donating food to non-profits. They coordinate all aspects of their donor partner's

food donation programs. In 2023, LDFB received 1919 lbs of food (\$6,754.88) from KFC.

WECAN Food Basket Society

Anyone can access and use this food co-op. Operated by the St. David's United Church, the food bank is a drop-off and pick-up point for monthly orders. We encourage client participation.

In 2023, 452 WECAN orders were placed with 140 volunteer hours.



RCMP Stuff a Cruiser **Christmas Campaign 2023**

A big thank you to the Leduc RCMP Detachments for taking the time to organize and host this campaign again this year.

ATB Cares is a way for donors to donate to the food bank.





Holiday Train

The Holiday Train Program began in 1999. Every two years, the Holiday Train visits this community with hundreds of thousands of festive lights and a live show featuring well

known performers. It is the only fundraiser of its kind for food banks in Canada. Look for this event in 2024.



Donating On-line

Canadahelps.org helps Canadian charities by enabling them to easily receive online

donations. The LDFB is registered with this organization and donations can be made by accessing www.canadahelps.org. Type in "Leduc & District Food Bank Association" and print out your receipt on-line.

Country Christmas Lights Event

Look for Kinsmen Club of Leduc and Leduc Antique West Society's Christmas Lights event, held at their Antique West Society location.





Leduc County Christmas Convoy 2023

A big thank you to the participants of the 4th annual event and collection of food for LDFB. 4324 lbs, value of \$15,220.48.



Bottle Recycling Program

Feel free to donate your empty bottles and milk cartons to the LDFB. A collection bin is located in these locations: Canadian

Tire, The Food Bank, and Leduc Bottle Depot. These bins are for **BOTTLE** RECYCLING ONLY.



A big thank you to Luke for his great Christmas campaign. 5384 lbs, value of \$18,951.68 and monetary donations of \$15,813.89.



The Food Bank Community is Invaluable

If it were not for the community spirit of this region, the LDFB would not exist. We wish we could zero in on every function, organization, service club, school, church and the many personal and business supporters that provide us with goods and the funding to meet our goal of helping others. You are the backbone of the LDFB.

Our apologies if we have missed thanking anyone

SPECIAL RECOGNITION

Special recognition and thanks is given to those who donated \$1000 or more to the LDFB in 2023

CORPORATE

ABS Truck Wash & Lube Ltd Adventure Foundation Fraserway RV Leduc Agrium Inc Al-Terra Engineering Ltd. Amazon Logistics – DYB3 Apex Utilities Ascendant Financials Aspen Custom Trailer Aspenleaf energy Ltd. NEP Canada ULC Atco Electric & Atco Gas Aurora Flags & Banners Bannisters Pipelines Blackjacks Roadhouse Briggs Triucking & Equipment Brookfield Residential AB. Burnco Rock Products Canadian Fire Services Canadian Tire Leduc Capital Power Cargill Ltd CASL Surface Technology City of Beaumont City of Leduc CJ Investments Costco Wholesale Canada - Nisku DK Ford Domino's Pizza #10147 Leduc

Gaetz Agency Government of Alberta – CFIP Grant Hamilton Dining Ltd (Habanaros) Komplete Modular Solutions Leading Edge – Running Club Ledcor Industries & Employees Leduc Chrysler Leduc Co-op Ltd.

Enterprise Holdings Group

Leduc County Leduc Hyundai Lesco Distributors Maude Financial Inc

EDO Japan

FCSSAA - Grant

Fortis Alberta

Fraserway RV

Mayco Electric
Medicine Shoppe-Leduc
MNP - Leduc
NAV Canada
Nisku Ford
NOV Canada
Original Joe's Franchise – Leduc
OTH Industrial Supply
PCL Fab Shop - Golf Tournament
Realty One Group Insiders
– Golf Tournament

- Golf Tournament Recochem Inc Rad Torque Raceway Ridley Law Ritchie Brothers RoseLane Holsteins Sandborn Roofs & Seals Schwab's RV World SeaChange Brewing Co.

Staples - Leduc Starbucks Foundation The Hobby Spot Tim Hortons – Donna Chenn

Town of Calmar Town of Devon Travel Guru – Travel Event UFA Co-operators Ltd.

UFA Co-operators Ltd.
Unifor Local Union 829
Vallard Construction LP
Village of Thorsby
Village of Warburg

Village of Warburg Vivid Signs & Designs Walmart

Wilhauk Beef Jerky

COMMUNITY

Al Shamal Shriners
Allard Foundation
Beaumont Columbus AB Association
Black Gold Regional Schools
Blackjacks Christmas Dinner
Blue Cross Communitiy Foundation
Boston Pizza Foundation - Leduc
City Life Christian Center
Devon Christian Reform Church
Devon Christmas Elves
Devon Lions Club
Devon United Church

Ebenezer Christian Reform Church Edmonton Community Foundation Edmonton International Airport Farm Credit Canada Foundation Food Banks Alberta

Food Banks Alberta
Kevin Gaetz Charity Fund at
Edmonton Community Foundation
Ledcor Charitable Foundation

Leduc Golf & Country Leduc Lions Club Leduc Old Blades Team Leduc/Nisku Rotary Club

Loblaws Spring & Fall Campaign Mayor Bill Beaumont - Golf Charity Tournament

Mazon Canada Foundation
McLab Centre for the Performing Arts

McLab Centre for the Performin – Christmas Event Safeway Leduc Second Glance Clothing Seventh Day Adventist Church Sitmulation Resident Council Sobey's Southfork Liquor Store Sobeys Beaumont Sobeys Beaumont Liquor Store

St. Michael's CWL Telus Community Connections Foundation

United Nurses of Alberta UW of the AB Capital Region Western Financial Community Foundation

William and Florence Lede Family Foundation

INDIVIDUALS

Abbott, Patricia Abma, Lorrie & Family Andermatt, David Bandravela, Mel Baur Martin Becker, Chervl Berg, Adam & Bridget Maude Bergen, Dennis Brauer, Peter Brilz, Alan & Siobhan Buss, Wayne Caron, Eric Cater, Loal Christenson, Shane Clark, Stephanie Crisby, Luke Dargatz, Keith Elias, Diana Fabijan, Dorothy Farrell, Patrick Fishbuch, Leanne Gill, Kashmire & Bhurinder Gronberg, Benjamin Hames, Dustin Harker, Rvan Huillery, Melissa & Quentin Jackie, John & Maria Jackson, Kathleen

Jory, Sandra Kachman, Marnie Koehn, Branden Kruger, Barbara March, Patricia Marriott, David Maude, John & Susan Quinn Charitable Foundation Mazur, Ivan McLay, Jean Morris, Peter Mundt, Wayne Nahirniak, Susan Navdeep, Gill Peters, Jacob & Deborah Pringle, Donna Ridout, James Robinson, Tony & Val Roseneau, Mary-Ann Sagan, Frank Schulze, Frank Simms, Jill & Jeff Sluggett, Richard Southam, Douglas & Isabelle Spacleman, Benjamin Storeshaw, Janice Vantuil, Jennifer Votkin, Judy & Sepno Wideman, Heather

Leduc & District

Standing Together

since 1984

OUTSTANDING IN-KIND DONATIONS

Jacobson, Judy

We would like to recognize the following for their in-kind donations in 2023

CORPORATE

49 North Lubricants Air Canada AltaTec Auto Glass & Windows Analida -Organics Bloom'N Buckets Country Greenhouse Brenntag Canada Canadian Tire Leduc City of Leduc & Staff Cobs - Leduc Costco - Nisku Craig's No Fills- Leduc EIA - Premium Outlet Mall EIA (Airport Security Program) Giant Tiger Global Medics Global Pet Foods – Leduc Goodmorning.com Charity Green Works Farms Ground Steam - Organics Hardy's Independent - Devon

IGA Garden Market - Devon Jeb's No Frills - Beaumont Ken's Furniture Leduc Bottle Depot Leduc Car & Truck Wash Leduc Co-op Gas Store Leduc Overhead Doors Little Potato Company Local Meats Maple Tech Consulting Maxwell Heritage Realty Medicine Shoppe - Leduc Myarc Electric

Nisku Digital Signs
Oil Country Towing
Pampered Chef
Pearson's Berry Farm EIA
Prestigio Bakery
Safeway - Leduc
Shoppers Drug Mart - Leduc
Sobeys' Beaumont

Staples - Leduc The Rental House The Rep & Staff Tier-3 I.T.Solutions Vivid Signs & Designs Walmart – Leduc

COMMUNITY

Black Gold Quilters Devon Quilters Club Leduc Chamber of Commerce Norma Dee's Kitchen - Devon Paradies Lagardere - EIA Stores

INDIVIDUALS

Carlton, Steve & Penny Gabielyan, Vahagn & Goharik Gill, Harmon & family Moussa, Ed & Faiza Reynar, Syd Shields, Clarence & family Stasiewich, Megan Thompson, Cecile & Perry

Vehicle Sponsors



KITCHEN SPONSORS

We would like to recognize the following for their support and sponsorship of the Shields Community Kitchen and The Kitchen Learning Centre

Apex Utilities
Aspen Leaf Energy Ltd.
Banister Pipeline
Burnco Rock Products Ltd.
David Marriott
DK Ford
Edmonton International
Airport

Faiza Moussa

Frazerway RV Gaetz, Warren, Barbara & family Government of Alberta – CFIP Grant Huillery, Melissa, Quentin & family Intrepid Surveys LTD

Farm Credit Canada FCC

Frank Flaman Foundation

Janice Storeshaw Leduc Co-op Leduc Hyundai Leduc Lions Club Leduc Wall Fashions OJ Pipeline Precision Drilling Quara 'N Fined Case Breaks Shields, Clarence & family Sid & Joan Fergusson The Hobby Spot Thermal Design Insulation Tim Horton's (Donna Chenn) Valard Construction Vivid Signs & Designs Wilhauk Beef Jerky