



BALITAAN

February 2009 Issue

NEWSLETTER

FILIPINO AMERICAN ASSOCIATION OF PORTLAND & VICINITY, INC.

8917 Southeast Stark, Portland, Oregon 97216



This Balitaan Newsletter is Published for the
Filipino American Association of Portland
and the Vicinity, Inc.

8917 SE Stark Street
Portland, Oregon 97216

**WE WELCOME YOUR
COMMENTS AND SUGGESTIONS**

If you would like to submit an idea, comments, story
or even photos for this publication, please forward
your suggestions in writing
or e-mail to Bobby Bayot,
bobbayot@peoplepc.net

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FELY MARTIN
WALDE WATSON

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Fil-Am Members

Laughter is the Best Medicine



President's Message

Ben AVECILLA



Greetings! I hope everything is well with you after the holiday season and the challenging calamity we had. Before getting to the message for you, allow me to thank everyone of our volunteers, hardworking and dedicated officers and you, our members and friends, for a wonderful 2008.

A special gratitude to our Mrs. Philippines, Felda Camacho and her court : Juliet Lagmay, Leila Villanueva and Julie Candones. A complete report on our activities will be in our next Balitaan.

To date, our finances are very strong. Our Finance, Building and Cultural/ Social Committees made this possible. However, our Center is not very new. The strong winds, rain and snow damaged our ceiling. Thank God we have funds to have it replaced and repaired. A new addition to our Center - a necessary storage room and stage expansion has been approved, but the actual construction has been delayed because of some permits and other requirements needed by the city and county. Hopefully the projects and repairs will be completed within this quarter. By the way, we need more volunteers for the above projects and our annual spring cleaning. Expect a call from our membership committee.

Our Association will be 50 years old next month. The Committee headed by our Chairman of the Board, Fred Asa, and Finance committee chairman, Romy Aguilar, are working hard to make this event the most memorable in history. You will get another call from our committees to seek your support.

The Membership Committee reported that a few of our members are now applying for Lifetime membership. Currently we have a little less than 300 paid members. Hurray!

The Election Committee headed by Fred Asa, announced that all of our current set of Officers pledged to serve again. We will see you on February 15, 2009, our election day at the Center. The schedule of our upcoming activities is in the Balitaan. Please mark your calendar.

How do you like our web site? Thanks to Eugene Bayot and Bobby Bayot for setting it up. We need your input to make the web site more attractive. Please contact Bobby Bayot and/or Cindy Reidy with your suggestions.

In closing, I want to thank you for the support and confidence in your officers. I reiterate my appreciation for the unselfish and great job our officers and volunteers are doing.

Maraming Salamat. God bless you all...



Editor's Desk



Robert Bayot



HAPPY VALENTINE'S DAY TO EACH AND EVERYONE OF YOU!



Here is hoping that all of you are in good health.
I have included the schedule of events on this page.

We have our own web site "filam-portland.com". We should thank Romy Aguilar for creating the web site; Eugene Bayot for designing the website and Rico Teylan for designing this New Balitaan Newsletter and helping me get it into the web-site. If you would like to contribute anything to it, please email me at bobbayot@peoplepc.com. Anyone can enter the website. Our upcoming events are listed in the website. Please send your comments to me about it. Any input will help me improve the website.

Our next upcoming event will be the "**Valentine party**" to be held at the Fil-Am Center from 6 PM – Midnight. Please wear something "**RED**" for the night. There will be a new Mr. & Mrs. Valentine chosen from our audience. Dinner will be served at 6:30 PM. The cost is only \$10 per person.

The next day – February 15 – will be the Election Day from 8 AM – 7 PM. All the current officers are running for re-election. They are:

President - Ben Avecilla
1st VP - Florecel Daniels
2nd VP - Ray Noble
Secretary - Cindy Reidy
Treasurer - Ruth Reyes
Auditor - Ammie Sison

BOARD DIRECTORS:
 Robert Bayot
 Simeon Mamaril
 Meth Friolo

No other candidate filed to run, so the above individuals are running unopposed. Our current members who have paid their dues for this year are listed on another page. Those members who paid their dues before December 31, 2008 can vote on February 15. Our dues per year are as follows: \$5.00 for our Seniors (65 years and older). \$10.00 per person. \$15.00 per couple and \$20 per family. We also incorporated a new Lifetime membership and they are as follows: \$50.00 per person, \$75 per couple and \$100.00 per family.

February 28, 2009 will be our "Talent Show" to be held at the Fil-Am Center from 6 PM – 11 PM. Any member who wishes to showcase his or her talent, to be a part of the show. The show itself will be free. Everyone is invited to see or hear our local talents. Please contact Bob Bayot – 503-254-1273, Cindy Reidy – 360-828-1963, Ruth Reyes – 503-284-4265 or Neneng Daniels – fdaniels@lhs.org for more information.

This day will "kick-off" the start of the "Golden Anniversary" (50 years) week of Fil-Am Association of Portland & Vicinity, Inc. (FAAPV).

March 1, 2009 – Displays of SW Washington and Fil-Am Organizations. Time – 10 AM – 6 PM.
 March 2, 2009 – Filipino Art – Paintings and art work will be displayed at the Fil-Am Center from 10 AM – 6 PM.
 March 3, 2009 – Filipino Folk Dances from 6 PM – 9 PM.
 March 4, 2009 – Filipino Youth from 6 PM – 9 PM.
 March 5, 2009 – Filipino Crafts and Martial Arts from 10 AM – 6 PM.
 March 6, 2009 – Bite of the Philippines – samplings of Filipino delicacies from 6 PM – 9 PM.
 March 7, 2009 – Golden Anniversary Ball – 6 PM – 11 PM. Cost - \$45 per person and it includes: Dinner, Program & dancing to the sounds of "Manila Band". Location: Monarch Hotel, 12566, SE 93rd Ave. Clackamas, OR.

The events from February 28 – March 6 are all free to enter and they are all held at our Fil-Am Center on SE Stark & 90th Ave. Come one, come all.



Board Meeting Minutes Sunday - Jan. 11, 2009

Attendees: (13) ~ Fred Asa, Ben Avecilla, Ray Noble, Bobby Bayot, Mila Castro, Meth Friolo, Fely Martin, Walde Watson, Cindy Reidy, Ruth Reyes, Romy Aguilar, Ammie Sison, and Lynn Avecilla.

Guests: (5) ~ Del Castro, Marissa Pascual, Grant Dixon, Carmen Avecilla, and Terry Larsson.

The meeting was called to order by Chairman of the Board, Fred Asa.

I. A Short Prayer (by Meth Friolo)

II. Communications: Email received from Carlos Catala.

III. Comments:

Fred Asa, Chairman of the Board/FAAPVI, welcomed the guests to our Board Meeting.

Ben Avecilla, President/FAAPVI, thanked several people, including, but not limited to, the following people. Also, Ben greeted all and warmly welcomed the New Year !

Ray Noble ~ for painting, repairs, and taking care of the stove.

Ruth Reyes ~ learning her job.

Ammie Sison ~ Auditor.

Mila Castro ~ for taking good care of the seniors.

Lynn Avecilla ~ in spite of her busy schedule, taking care of the youths.

Walde Watson ~ for all the wonderful cooking/food.

Meth Friolo ~ for maintenance and planning.

Romy Aguilar ~ for making lots of money.

Fely Martin ~ all around guy.

Bob Bayot ~ for the Balitaan, membership, and the website.

Carmen Avecilla ~ for membership.

Fred Asa ~ Pillar of the association.

Cindy Reidy ~ Secretary.

Bob Bayot recognized our President Ben Avecilla's dedication in taking good care of the building.

The President, Ben Avecilla, welcomed Marissa Pascual, as our new member.

Fred Asa, Chairman of the Board, appreciated Ben Avecilla, being our President and leader. 2008 was a challenging year, but we all did a good job.

Fred Asa also conveyed that he would donate his time, free of charge, to the elderly members. For instance, he will do taxes for free, those elderly members that would like assistance.

Additionally, Fred Asa mentioned that 15 to 18 new AFLAC policies were opened from his own referrals. Typically that would be approximately \$1,000 per month in premiums, of which 10 to 15% of that may be commissions. Fred Asa said that he will donate the commissions "this time" to the FAAPVI.

IV. Other Topics include...

Guest Speaker(s) for Golden Anniversary Ball:

Any progress on this subject? Simeon Mamaril needed to draft a letter to the Mayor regarding becoming a guest speaker. Also, regarding a Proclamation to have the week of February 28, Saturday, through March 7, 2009, Saturday, the Fil-am Golden Anniversary Week.

Also, a letter to the Philippine Ambassador should be sent soon, as his schedule fills up quickly.

A letter should be typed to each of three dignitaries ~ namely: Sam Adams (Mayor), Philippine Ambassador, Willy C. Gaa, and Governor Ted Kulongoski.



Board Meeting Minutes Continuation.....

The Chairman of the Board asked the Secretary, Cindy Reidy, if she would be able to help our President, Ben Avecilla with the letters, due to the fact that Simeon Mamaril is out of town at this time. Cindy Reidy said she would draft the letters, and forward them to Ben Avecilla, to sign, and forward on to said dignitaries.

V. Minutes for December Board Meeting:

Read by Cindy Reidy (re: December 28, 2008 Board Meeting).

Comments:

What is happening with the insurance coverage for the Board Members and the FAAPVI Officers (i.e. in case of possible liability).

Fred Asa is now back in town, and will work on this task.

VI. Treasurer's report:

Presented by Treasurer Ruth Reyes: December 31, 2008:

Beginning Balance: \$26,970.33

Plus cash receipts \$1,633.00

SUBTOTAL: \$28,633.33

Less disbursements: \$2,179.54

Less bank charges/service fee: \$10.00

(Total disbursements: \$2,189.54)

Ending Balance: \$26,443.79



NOTES: Treasurer's report had attachments of details and bank statements. Please see the Treasurer, Ruth Reyes, if you would like to see all the copies of the receipts, details, bank statements, and/or attachments, as applicable.

Fred Asa asked if the discrepancy (difference between the statement balance, and the bank balance) may be remedied by February. Ammie Sison said that she would work with Ruth Reyes to reconcile the account.

VII. Election, Feb. 15th, 3rd Sunday:

Electing Officers/Board Members:

It is difficult for other people to run because they haven't attended enough meetings (i.e. four meetings).

No membership meetings (not enough to have a quorum in the recent past).

Not qualified to run.

Members may attend the Board Meetings as a guest.

No outside applications have been received.

Three outgoing Officers (Meth Friolo, Bob Bayot, and Simeon Mamaril) – Bob Bayot turned in his application.

VIII. Terry Larsson, regarding the projector:

Terry greeted our organization, and told us how he was able to purchase a high resolution, Full HD, projector, that plays DVDs, for \$160.

If the FAAPVI would like to purchase it from him, he would be more than happy to offer it to the FAAPVI for their organizational use, within the building. The projector may not leave the premises, as it would belong to the FAAPVI.

Fely Martin offered to loan the FAAPVI, some of his speakers and an amplifier, when the projector is being used. IMPRESSIVE !



Board Meeting Minutes Continuation.....

IX. Marissa Pascual, Regarding Medicare:

Marissa Pascual, a new FAAPVI member, introduced herself to the Board of Directors, and its officers. She is a licensed agent

for Medicare benefits. She used to be a Director for an insurance company, for all union members.

The elderly population is the fastest growing, yet among the most under-served regarding medical services. Especially minorities. Many Vietnamese, Filipinos, and other minorities are not aware of their Medicare options.

For instance, there is a Medicare A & B. It involves retirees and/or the disabled population. \$96.40 per month is deducted from social security checks for this coverage. Medicare may help provide hospital care, for free. But since it comes out of people's checks, it's not really "free". Therefore, seniors should use the Medicare coverage available to them.

There is a program by the State of Oregon wherein if you earn \$1,196 gross income, or less, and have less than \$4,000 in your bank account, you may be able to have the state pay the \$96.40 premium per month.

There's also a Medicare Advantage plan that is excellent. The condition is that the senior has both Medicare A & B. It's \$10 for a co pay, and \$15 to see a specialist, and there is no premium. Certain qualifications apply.

Marissa is offering her help to our seniors, to see if they qualify for benefits involving Medicare.

There's a misconception out there that it can't be free. There are certain coverages that may allow you to enroll, even if you have heart disease or Stage 4 renal disease. But, you have to look into it first. That's where Marissa may step in, to help figure it out.

There are even "pay as you go" programs, where you must have Medicare A & B, and you may be able to get

prescriptions. There are income limitations. But, if qualified, the government may pay a certain amount towards brand name prescriptions, and another account towards generic prescriptions. Some elderly folks have 5, 7, or 13 and upwards prescriptions monthly.

Marissa works with a team of agents, and they are licensed in several states, and/or counties.

See Marissa if you have questions. Her number is 503/941-9377.

X. Friday, March 6 - "Bite of the Philippines":

Carmen Avecilla asked how this would be handled. It was suggested that a "Special Meeting" may be held, to welcome those that wish to participate (i.e. other organizations). That way, they have a "say" in how we charge for the food. Thoughts included an entrance fee, or fee per dish, like a bake sale generally charges.

XI. Art - Display:

Will the art be displayed throughout the week? Will there be an announcement in the paper. Some that would most likely want to participate include (but may not be limited to) - Barbara Affleck (video), her husband (photography), Cathy Allegre, and others.

XII. Update on the Expansion of the FAAPVI (i.e. stage area and storage):

Meth Friolo has the upgraded plans, and will drop it off to City Hall this week.

XIII. Balitaan:

1st part of February (according to Bobby Bayot).

XIV. Mobile at Home:

Romy Aguilar said that six "T-Mobile at Home" accounts were opened. \$40 x 6 = \$240, will go to the FAAPVI. Because of the delay, T-Mobile will pay for the month of December. Otherwise, those that signed up, be prepared to pay \$10 a month, starting January 2009.



Board Meeting Minutes Continuation.....

XV. Membership List:

105 people have paid. Carmen Avecilla suggested reminder cards. However, the vast majority didn't think it was needed, as the members know that there are yearly dues.

XVI. Saturday, Valentine's Day ~ Feb. 14, 2009:

Ruth Reyes suggested EVERYONE to please wear at least "some" red. \$10 per person suggested. \$600 budget proposed. Maharlika will work on the event together. Motion to approve \$600 budget made by Romy Aguilar. Seconded by Mila Castro. Motion approved.

XVII. Certain Lifetime Memberships honored:

The founders of the FAAPVI, Estela Feliciano, and Isabel Carino, have honorary Lifetime Memberships to the FAAPVI. Also, Betty DeLeon, as she paid off the building.

XVIII. Motion to Adjourn the Meeting:

Cindy Reidy made a motion to adjourn the meeting. Seconded by Bob Bayot. Meeting adjourned sometime after 9 p.m.

Minutes by Cindy Reidy





Cebuano Speaking Organization 20th Anniversary Christmas Party

By Misty Zakzrewski

More than 300 people stood patiently in a buffet line that stretched across Fowler Middle School's auditorium during CSO's annual Christmas party on Dec. 6, 2008. Some waited for an hour to get their dinner, catered by Jin Wah restaurant. This was a record turnout for the Christmas party and an extra special year for CSO.

This celebration marked CSO's 20th anniversary.

People all the way from Central and Coastal Oregon and members from other Fil-Am organizations came to show their support for CSO.

The first Christmas party was in 1988, held potluck-style in a small space in the Filipino-American Association building. After many years, the organization outgrew the space and moved the party to the middle school. This year, the chapter had a larger attendance than any CSO organization in the Portland Metro Area, Southwest Washington and Salem.

To make the 20th Christmas party special, CSO invited a live band to perform for the first time, and attendees signed a Guest Book as a remembrance for the 20th anniversary. The officers presented the Order of Lapu-lapu Award to the founding members for their distinguished and valuable contribution to CSO's existence. It was awarded to: Willie and Ruth Olandria, Jhun Comoda, Ben Laurente, Letty Kort, Chris Mugot, Danny Acantilado, Flora Stanisich, and Carlita Cropper.

Amanda Flores, a 13-year-old pianist, received the Youth Appreciation Award for her involvement in the organization. She performed at last year's Christmas party, and this year she accompanied the CSO choir during their practice.

"Many of the original members were amazed how time flies and could not believe that it has been 20 years since our first Christmas party in 1988," said co-founder Ruth Olandria.

Children enjoyed a special visit and gifts from Santa, and CSO Salem members entertained the audience with a Latin dance mix choreographed by Ms. Marisa Newnam. For the remainder of the evening, guests had a blast dancing while D' Just 4 Band wowed the crowd with their performances.



Fil-Am Members



<u>Abas, Lourdes 2009</u>	<u>Balangue, Mario 2012</u>	<u>Catabay, Didoy Jr. 2009 #</u>
<u>Acantilado, Dani 2009</u>	<u>Balboa, Eva</u>	<u>Catabay, Ricardo 2009 #</u>
<u>Adlawan, Darwin 2009</u>	<u>Balboa, Nelson</u>	<u>Catala, Charlie 2009</u>
<u>Adlawan, Jacqueline 2009</u>	<u>Bambechi, Jay 2009 #</u>	<u>Celino, Carlos 2009 #</u>
<u>Affleck, Barbara 2009</u>	<u>Barnum, Angie 2009</u>	<u>Celino, Filomina 2009</u>
<u>Agbanlog, Celestino 2009 #</u>	<u>Barnum, Don 2009</u>	<u>Celino, Jenny 2009 #</u>
<u>Agbanlog, Lourdes 2009 #</u>	<u>Basada, Phil 2009</u>	<u>Chapman, Adelfa 2009</u>
<u>Agbayani, Julius 2009 #</u>	<u>Basada, Rebecca 2009 #</u>	<u>Chapman, Rudy 2009 #</u>
<u>Aguas, Dado 2011</u>	<u>Basuel, Eddy 2009 #</u>	<u>Colocado, Lydia 2009</u>
<u>Aguas, Elantero 2009</u>	<u>Basuel, Letty 2009</u>	<u>Colocado, Mike 2009 #</u>
<u>Aguilar, Romeo 2009</u>	<u>Bayot, Eugene 2009 #</u>	<u>Conception, Ramon 2009</u>
<u>Alba, Ben 2009</u>	<u>Bayot, Hans 2009 #</u>	<u>Cotton, Maggie 2009 #</u>
<u>Alba, Beth 2009 #</u>	<u>Bayot, Janora LT #</u>	<u>Cox, Carmelita 2009 #</u>
<u>Alcobendas, Lady-Layan 2009 #</u>	<u>Bayot, Robert LT</u>	<u>Damaris, Abigail 2009</u>
<u>Alfonso, Carmen 2009</u>	<u>Beaman, Maricel 2009</u>	<u>Damaris, Daboud 2009 #</u>
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<u>Antonio, Liberty 2009 #</u>	<u>Bravo, Emerita 2009 #</u>	<u>Datuin, Manny 2009</u>
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<u>Arcaya, Redenta 2009 #</u>	<u>Buela, Minda 2009</u>	<u>De La Rosa, Alex 2009</u>
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<u>Aviso, Flordeliza 2013 #</u>	<u>Castro, Del 2009</u>	<u>Diaz, Cheril 2009</u>
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<u>Baggs, Ma. Mercy 2009</u>	<u>Catabay, Christina 2009</u>	<u>Duran, Darnell 2009</u>



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Laughter is the Best Medicine



Use In A Sentence

1. Use BE COOL and I'LL BUY in a sentence.
...The tourist went to Mayon volcano in I'LL BUY, BE COOL

2. Use SCHOOLING in a sentence.
...(phone rings).....Hello? Who SCHOOLING?

3. Use AFFECT in a sentence.
...Maria is wearing AFFECT diamond ring.

4. Use ADIEU in a sentence.
...If you are ADIEU, the Arabs will kill you.

5. Use DECANTER in a sentence.
...You can order that medicine over DECANTER.

6. Use DELETION in a sentence.
...The balat of DELETION is crispy.

7. Use DESPISE in a sentence.
...Who baked all DESPISE?

8. Use DIFFERENT and DIFFERENTIAL in a sentence.
...I am looking for DIFFERENT of this boy to get DIFFERENTIAL consent so he can go to the picnic.

AND NOW FOR THE FILIPINOS WHO CAN READ AND UNDERSTAND TAGALOG:

9. Use BORROW in a sentence.
...Ang dumi naman ng BORROW mo.

10. Use CAESAREAN in a sentence.
...Lintek, anak, mag-ingat ka, CAESAREAN mo iyang laruan mo.

11. Use CONTEMPLATE in a sentence.
...Pare, ang dami-daming pagkain, pero, ko-CONTEMPLATE.

12. Use ARTESIA in a sentence (if you don't know what this is, it's a city [or street] at the L.A. COUNTY in CALIFORNIA)
...Nako naman, ang ganda-ganda nang bebot na yun, pero, ma-ARTESIA.

13. Use CADET in a sentence.
...CADET ko si Maria nung isang gabi. Ngayon, ikaw naman ang CADET niya.

14. Use CARDIAC in a sentence.
...Na CARDIAC yung kotse ni Pedro noong isang gabi.

15. Use CENTURION in a sentence.
...Na-CENTURION si Pedro ng tatay niya dahil sa kalokohan niya.

16. Use DEDICATE in a sentence.
...Pag ginamitan ng glue, siguradong DEDICATE iyan.

17. Use DELICACY in a sentence..
...Bagal mo... DELICACY mahuhuli na tayu.

18. Use DEPRECIATE in a sentence.
...Sister, DEPRECIATE already, kaya pwede na tayong kumain.

19. Use DIFFUSION in a sentence.
...Brownout...siguradong DIFFUSION pumutok..

20. Use LAITY in a sentence.
....Taga "laity" si Imelda Marcos.

21. Use MENTION in a sentence.
...Ang laki ng bahay nila, parang MENTION.

AND LAST BUT NOT LEAST:

23. Use SECOND THOUGHT in a sentence.
....Hindi pa bumibili ng bagong kotse ang mag-asawang si Pedro at Maria dahil magse-SECOND THOUGHT pa daw sila.

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FIL-AM ASSOCIATION
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BALITAAN NEWSLETTER

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