



2024 PSFCSSL Championships

at Planet Swim Aquatics



Date and Time:

Saturday, July 20. Meet starts at 9:30 AM.

Location:

Planet Swim and Tennis Club, 300 Davis Park Rd, Ponte Vedra, FL

Hosted By:

Hosted by the Planet Swim First Coast Summer Swim League (PSFCSSL).

Mid-Meet Break:

There will be a short break after backstroke (after Event 38) during which time the pool will be open for general warm-up.

Conditions of Participation:

- Teams entered and participating in the meet must be in good standing with the league
- Athletes entered in this meet must be a member in good standing on their respective PSFCSSL team.
- *Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.*
- *Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.*

Eligibility:

- Eligibility for an age group is determined by the individual's age as of June 1, 2024
- Athletes entered in this meet must have competed in one-fourth or 2 (two) of the team's completed league meets. (If a meet was canceled due to weather, and an athlete was entered in that canceled meet, that meet counts as a completed meet for Champs eligibility purposes.)

Type of Meet:

The facility is a 50-meter x 25-yard pool. The meet will be held in a 25-yard course. All events are timed finals. Ten-lane LED scoreboard will be in use.

Pool Specs:

Certified 10-lane, 25-yard, outdoor pool. Ten lanes will be used for competition with additional lanes provided for warm-up and warm down during the meet. The competition course has a depth of 6' to 6'5".

Timing Equipment:

Colorado Timing system will be used with stopwatch backup. Hy-tek Meet Manager software used for results, which will be posted to Meet Mobile.

Coaches Meeting:

There will be a meeting for head coaches at 7:30 am in the ribbon room.

Officials Meeting:

There will be a meeting for officials in the ribbon room at 8:30 am.

Timer Meeting:

There will be a timer meeting in the coach's office at 9:00 am.

Warm-Ups:

"There will be two 30-minute warm-up sessions broken into Session A and Session B, followed by a 20-minute period for one-way block starts/sprints (lanes 1-10) and general warmup.

- Session A warmup - 8:00-8:30 am
- Session B warmup - 8:30-9:00 am
- Session C warmup - 9:00-9:20 am (one-way block sprints and general warmup)

Once all entries are received, teams will be assigned and notified whether they are in Session A or Session B.

All 19 lanes of the facility will be used during the pre-meet warmups. Coaches are asked to adhere strictly to the schedule and to clear their swimmers by the appointed time. The warm-up schedule is outlined in this meet letter. Please remember *coaches MUST supervise their athletes. Please do not allow athletes to rest or hang on the lane lines and always enter the pool feet first!*

NO EQUIPMENT MAY BE USED AT ANY TIME. SWIMMERS MUST ENTER THE WATER FEET FIRST WITH AT LEAST ONE HAND IN CONTACT WITH THE POOL DECK EXCEPT WHEN EXECUTING A CONTROLLED RACING START, SUPERVISED BY A COACH. The referee/marshal may alter warm-up procedures to meet the needs of the swimmers.

The indoor/covered lesson pool will remain **CLOSED** to participants during the meet.

Seeding:

- For seeding purposes, SCY times or converted SCM times will be used.
- Athletes must have a time in the events that they are entered. No times (NT) are NOT allowed at the Championship meet.
- All events will be seeded slow to fast.

Scratches:

There is no scratch penalty.

Entry Limit:

Due to the size of this meet, individual exhibition swims are not allowed. Teams can enter one exhibition relay per event. Swimmers are limited to entering four (4) events in the meet; this would be a maximum of three (3) individual events and one (1) relay or two (2) individual events and two (2) relays.

Deck Entries:

NO deck entries will be accepted.

Entry Fees:

Meet fees may be assessed by individual teams.

Entry Deadline:

Entries are due Monday, July 15th, by 12:00 noon. Please email entries to:
sondra.m.santana@gmail.com.

Volunteers:

Team volunteers are due by July 15th. Please email volunteer names to: rkroggel@hotmail.com.

Mailing Address:

Planet Swim & Tennis
300 Davis Park Rd
Ponte Vedra, FL 32081

Rules:

Current USA Swimming rules will govern, including USA Swimming Stroke and Turn Rules and Regulations. Safety Rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas.

Officials:

- Volunteer Coordinator – Rob Kroggel
- Deck Referee/Whistle Starts – Charles Johnson
- Starter – Jeremy Leiby & Chip Johnson
- Admin Official – Scott Rabalais
- Chief Stroke & Turn – Brad White
- Head Marshall – Gus Calado
- Meet Director – Sondra Santana
- Each team is required to provide at least one Stroke & Turn Official and at least two timers to assist during the meet.

Awards:

- Individual Events: Medals 1st through 8th place, Ribbons 9th through 20th place.
- Relays: Medals 1st through 8th place

Awards will be labeled and sorted in the Hospitality room during the meet. Coaches/teams, please pick up your awards before leaving the meet.

Scoring:

Scoring will be for places 1st-16th, according to the Meet Manager standard scoring.

Coach Supervision:

All swimmers must be supervised by a team coach during warm up, competition and warm down.

Camera Zone:

Meet management shall designate and inform the public of "Camera Zone" at each swim meet where both still photography and video photography of a race or a race competitor in a race may be taken. Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be asked to leave the facility.

Heat Sheet:

The heat sheet will be emailed to all participating teams/coaches prior to the meet. Heat sheets will not be sold at the meet. The meet results and heat sheets will be available in Meet Mobile. Results will also be printed and posted on the window near the Hospitality Room.

Announcements:

The host is aware that announcements and information may not be audible to some spectators some and guests. Announcements and information will also be posted in the PSFCSSL Swim Champs 2024 Band Channel. It can be found at <https://band.us/band/95348780>. The app can be downloaded to smartphones for all teams.

Relays:

Each team is allowed to enter **ONE** scoring relay team per relay event, except for events 39 and 40 (10 & Under Medley Relays), in which each team can have a 6 & Under Medley Relay, a 7 & 8 Medley Relay, and a 9 & 10 Medley Relay; as long as the athletes in each relay meet age/entry criteria. Coaches are asked to submit names of relay swimmers with the meet entry file; changes can be made on the relay entry card if necessary before the relay event.

Teams are allowed to enter one exhibition relay per event/age group. These relays will not score or receive awards.

Ready Bench/Clerk of Course:

A check in table for all athletes and a ready bench for 10 and Under Individual Events will be used. Swimmers are asked to report immediately when called.

Relay Procedures:

The Ready Bench/Clerk of Course will be used for 10 & Under Individual Events only. For 10 & Under relays, the relay teams will report directly behind the blocks prior to their swim. Relay cards will be used for this meet, and the lead-off swimmer shall deliver the card to the lane timer prior to their heat. Relay cards will be made available to the coaches at the Coaches Meeting. Please ensure all names are stated first and last names in correct order of swimming. Changes may be made to the swimmers and their order up until the start of their heat.

Starting Procedures:

Whistle starts and "fly-over" starting procedures will be utilized during this meet. In addition, the Meet Referee may combine heats to expedite the meet.

Parking

The parking lot in front of Planet Swim facility is extremely limited and will be open only to ONE coach per team and essential personnel. Parents, swimmers and general spectators are welcome to park in the public parking lot just before Planet Swim and in the four Davis Park public lots. This is on a first-come, first-serve basis. Swimmers can be dropped off near the Planet Swim entrance, then drivers can proceed to other parking areas. **No parking is allowed at the church.** See map attached.

Tents

This is a large meet. No tents designated for individual or personal use will be allowed on deck. **No exceptions.** Teams are encouraged to put up shade tents for athletes on deck. Athletes are encouraged to bring a deck chair to sit with their team. Parents and spectators are encouraged to bring tents and share tent space. Tents can be set up outside the perimeter fence off the pool deck. Additionally, a portion of the paved lot in front of the facility will be designated as overflow for spectator tents. For safety tents must be weighted down. Parents and spectators, except those currently involved in the operation of the meet, are not allowed on the pool deck or behind the blocks. There is limited bleacher seating for use to watch events. **A schematic of the pool deck is provided for informational purposes only.**

Facility Information:

Raphael Lima
Planet Swim LLC
300 Davis Park Rd
Ponte Vedra, FL 32081
Email for facility information: limaraphael@planetswim.org

Meet Information:

Sondra Santana
Planet Swim First Coast Summer Swim League
Email for meet information: sondra.m.santana@gmail.com

Event Order: PSFCSSL Championship Meet

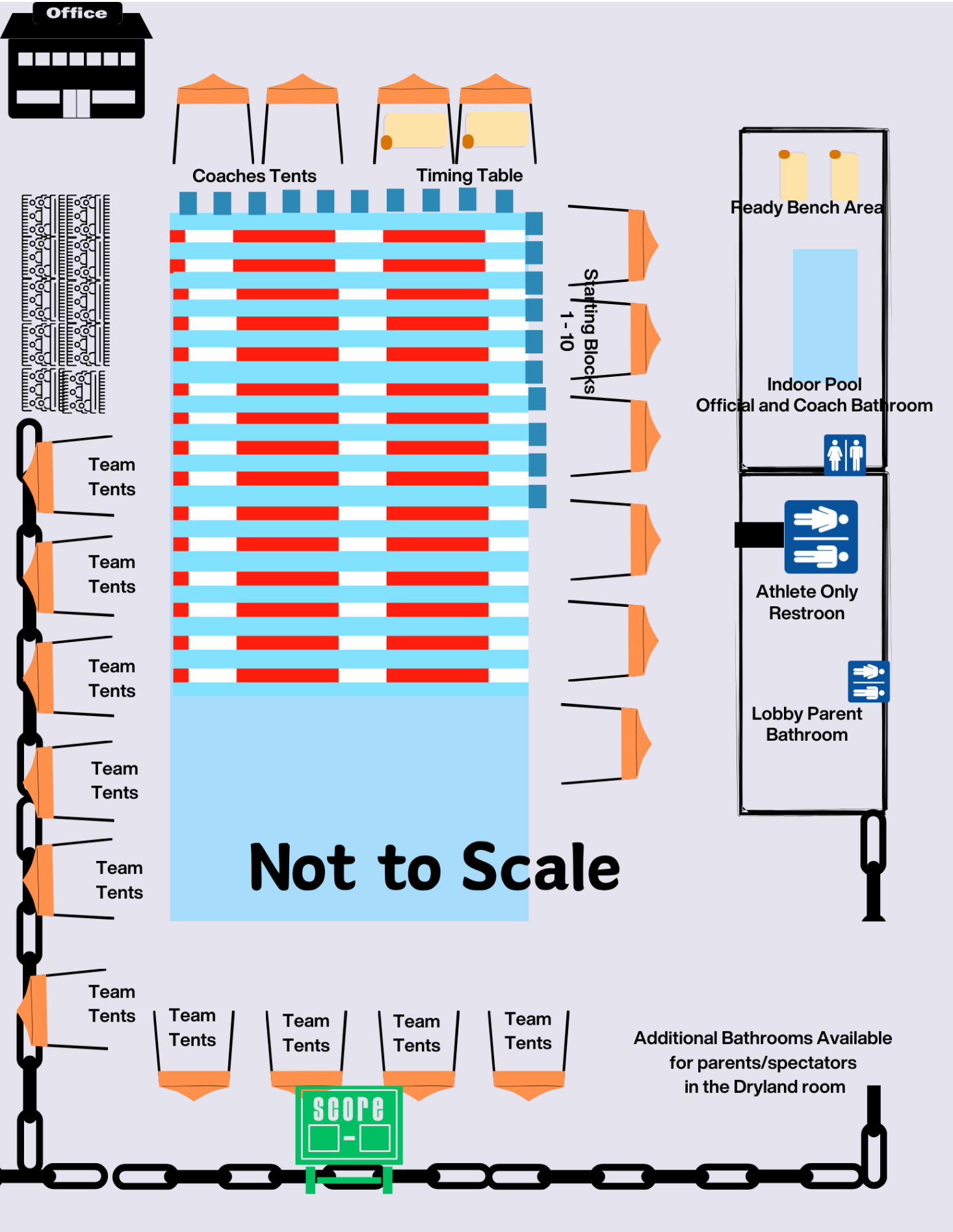
Girls Event #	Event	Boys Event #
1	6 & Under – 100 Freestyle Relay	2
3	7 & 8 – 100 Freestyle Relay	4
5	9 & 10 – 200 Freestyle Relay	6
7	11 & 12 – 200 Freestyle Relay	8
9	13 & 14 – 200 Freestyle Relay	10
11	15 & Over – 200 Freestyle Relay	12
13	10 & Under – 100 IM **	14
15	11 & 12 – 100 IM	16
17	13 & Over – 100 IM **	18
19	6 & Under – 25 Freestyle	20
21	7 & 8 – 25 Freestyle	22
23	9 & 10 – 50 Freestyle	24
25	11 & 12 – 50 Freestyle	26
27	13 & Over – 50 Freestyle **	28
29	6 & Under – 25 Backstroke	30
31	7 & 8 – 25 Backstroke	32
33	9 & 10 – 50 Backstroke	34
36	11 & 12 – 50 Backstroke	36
37	13 & Over – 50 Backstroke **	38

BREAK

Girls Event #	Event	Boys Event #
39	10 & Under 100 Medley Relay**	40
41	11 & 12 – 200 Medley Relay	42
43	13 & 14 – 200 Medley Relay	44
45	15 & Over – 200 Medley Relay	46
47	6 & Under – 25 Breaststroke	48
49	7 & 8 – 25 Breaststroke	50
51	9 & 10 – 50 Breaststroke	52
53	11 & 12 – 50 Breaststroke	54
55	13 & Over – 50 Breaststroke **	56
57	6 & Under – 25 Butterfly	58
59	7 & 8 – 25 Butterfly	60
61	9 & 10 – 50 Butterfly	62
63	11 & 12 – 50 Butterfly	64
65	13 & Over – 50 Butterfly **	66
67	12 & Under – 100 Freestyle **	68
69	13 & Over – 100 Freestyle **	70

** Noted Events have multiage scoring option (6 & Under, 7-8, 9-10, 11-12, 13-14, 15-18). Relays with multiage scoring options will be allowed to enter more than one relay per team. For example, in events 39 & 40, each team can have **one** scoring 6 & U Medley Relay, a 7 & 8 Medley Relay, and a 9 & 10 Medley Relay; as long as the athletes meet age/entry criteria.

Planet Swim Aquatics Ponte Vedra Pool Deck Schematic



Planet Swim Ponte Vedra Parking Map

