



SPROUTED ALMONDS BULK

Our Premium Almonds are naturally sprouted to allow the release of lipase, an enzyme that digests fat. More complete digestion and absorption of nutrients than regular almonds.



*Extra #1
California
Almonds*



High in Fiber



Contains Omega 3 and 6 fatty acids



High in Protein



Gluten Free



Raw Super Food



Vegan



Pesticide Free



Non-GMO

Wholesome Superfoods



The rich nutty flavor & crunchy texture of our sprouted almonds comes from using a process perfected by our family over 2 decades.

Original Gourmet Sprouted Almonds



Ingredients: Sprouted Almonds and Kosher Salt.

Sprouted almonds are a raw, whole food.

Sprouted in the crisp, clean, big horn mountain air. Smog free. Pollution free. Chemical free. They contain less fat than raw almonds.

Try our coated sprouted almonds. Big difference when coated gourmet sprouted almonds are compared to other coated almonds. You taste a HUGE difference! Enjoy the absence of that rancid oil after taste in roasted almonds. We do not roast Sprouted Almonds! We dry them! Gourmet Sprouted Almonds are distinctively unique and crunchy, naturally healthy and satisfying. NON-GMO and Gluten Free!

Nutrition Facts

Serving Size: 9 pieces (28g)
Servings Per Container: 400

Amount Per Serving	
Calories 150 Fat Calories 70	
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 3mg	1%
Sodium 1mg	1%
Total Carb. 9g	3%
Dietary Fiber 3g	12%
Sugars 11g	
Protein 6g	4%
Vitamin A 0%	Vitamin C 4%
Calcium 7%	Iron 4%

*Percent Daily Values are based on a 2,000 calories diet.



25# Case - Shelf Life 24 Months

Himalayan Pink Salted Sprouted Almonds



Ingredients: sprouted almonds, Kosher Himalayan pink salt.

Ancient, beautiful, and mysterious, Himalayan pink salt is one of the most valued elements on earth and hails from the valleys and rivers which lie deep within the Himalayan mountain range.

It has been coveted for centuries due to its beauty, rich mineral content and versatility.

Himalayan pink salt is incredibly unique. In appearance, texture, history and usage. This amazing salt carries a vast array of benefits when used in food. It soothes aches with up to 84 minerals that balance and detoxify the body. Including potassium, magnesium, calcium, iodine, zinc and sodium.

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Saturated Fat 3g	15%
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Cholesterol 3mg	1%
Sodium 30mg	1%
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Sugars 11g	
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Calcium 7%	Iron 4%

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Compare Raw Almonds to Sprouted Almonds

1oz Serving	Raw	Sprouted	Difference
Calories from fat	113	99	-13 %
Total fat	12.8g	11.25g	-12%
Saturated fat	0.88g	0.74g	-16%
Riboflavin B2	0.31g	0.35g	+13%
Niacin B3	0.95g	0.99g	+4%
Soluble fiber	7.4 %	10.3%	+39%
Campesterol	1.2mg	1.4mg	+17%
Beta Sitosterol	28.6mg	36.0mg	+26%
Stanols	9.5mg	10.5mg	+11%
Stigmasterol	1.3mg	1.7mg	+31%

Sprouting has a Purpose

Sprouting is one of the most fascinating natural phenomena. From this tiny appendage, a tree is born. It's not surprising that there is exceptional nutritional value locked inside the kernel. Sprouting enlivens the enzymes that are dormant within. These enzymes activate when they come in contact with water, and the nuts are "awakened". The potential growth for each nut is to become a tree, so when we eat Sprouted Almonds our bodies receive this concentrated vital energy and nutrition. Even more important, sprouting neutralizes enzyme inhibitors present in the nut, allowing for a quicker, more complete digestion and assimilation of nutrients.



Longhurst Farms Sprouted Almonds Contain Resveritrol a Natural Anti Aging factor. With 1.4mg per Serving-Equivalent to 3 Glasses of Red Wine.

Dark Chocolate Sprouted Almonds



Ingredients: sprouted almonds, Kosher salt, dark chocolate (sugar, cocoa butter, butter oil, soy lecithin (an emulsifier), vanilla)

Contains milk, soy & nuts.

Sprouted almonds are a raw, whole food.

Made in a facility that also processes peanuts. Other tree nuts and wheat containing products.

No rancid oil after taste! We dry them! NON GMO. Naturally Gluten Free.

Nutrition Facts

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Trans Fat 0g	
Cholesterol 3mg	1%
Sodium 30mg	1%
Total Carb. 9g	3%
Dietary Fiber 3g	12%
Sugars 11g	
Protein 6g	4%
Vitamin A 0%	Vitamin C 4%
Calcium 4%	Iron 4%

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20# Case - Shelf Life 24 Months

Coconut Dark Chocolate



Ingredients: Sprouted Almonds, Kosher salt, dark chocolate (sugar, cocoa butter, butter oil, soy lecithin (an emulsifier), natural coconut flavoring with natural coconut bits.

Contains milk, soy & nuts.

Sprouted almonds are a raw, whole food.

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NON GMO. Naturally Gluten Free.

Nutrition Facts

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Trans Fat 0g	
Cholesterol 3mg	1%
Sodium 30mg	1%
Total Carb. 9g	3%
Dietary Fiber 3g	12%
Sugars 11g	
Protein 6g	4%
Vitamin A 0%	Vitamin C 4%
Calcium 4%	Iron 4%

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20# Case - Shelf Life 24 Months

Cherry-Pom Dark Chocolate



Ingredients: Sprouted Almonds, Kosher salt, dark chocolate (sugar, cocoa butter, butter oil, soy lecithin (an emulsifier), natural cherry and pomegranate flavoring.

Contains milk, soy & nuts.

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