

YOUTH EMPOWERMENT PRICING SHEET

BASIC PACKAGES

- 1 hour total: 30 min step aerobics + 30 min youth empowerment session
- \$350 per session (up to 25 students)
- Includes step aerobics and presentation focused on nutrition, mental health and family engagement
- Add-on: Bringing steps is an additional **\$75 per session**

\$350.00

STANDARD PACKAGES

- 2 hours total: 1 hour step aerobics + 1 hour professional development
- Includes extended step aerobics and presentation focused on nutrition, mental health and wellness
- Add-on: Bringing steps is an additional **\$85 per session**

\$ 600.00

PREMIUM PACKAGE

- This is a Full Day Package which includes 6 hours, 3 hours of Interactive sessions , 2 hours of aerobic step, 1 hour lunch (Provided)
- Includes curriculum based team building activities etc.
- Pictures and Videos taken

\$1,200.00

Additional Information

Travel Fees: Locations outside the Houston Loop will incur an additional \$45 travel fee.

Deposit and Payment: A 35% non-refundable deposit is required to secure your booking.

The remaining balance must be paid in full no later than 7 days prior to the scheduled seminar or class.



BOOK YOUR NEXT SESSION TODAY!

**FIT
BEHAVIOR**

ChéVafé