# Pantry Selection

## Select the items you or your family WILL USE

| Special Dietary Requests | |
|---|---|
| ☐ Low/No Salt | ☐ Vegan/Vegetarian |
| ☐ Low/Sugar Free | ☐ Nut Allergies |
| ☐ Gluten Free | ☐ Dairy Allergies |

**Name:**_____

**Phone Number:** _____ **Number in Household:** _____ **Pick up Date:**_____

**Must Provide Phone #**

**The number of people in your family determines the amount of items from that section. There is max of how many of each item you can receive.**
**We do our best to fill orders by what we have in sock. Number of items per household is an estimate of what you will receive.**

| Canned Vegetables (max 4 each item) |
|---|
| Carrots |
| Corn |
| Green Beans |
| Mixed Vegetables |
| Peas |
| Potatoes |
| Sweet Potatoes/Yams |
| Tomatoes (Diced/Chopped) |

| Canned Fruits (max 4 each item) |
|---|
| Applesauce |
| Fruit Cocktail |
| Mandarin Oranges |
| Peaches |
| Pears |
| Pineapple |

| Beans, Chili & Canned Meals (max 4 each item) |
|---|
| Baked Beans |
| Black Beans |
| Chili Beans |
| Chili NO Beans |
| Garbanzo Bean/Chick Peas |
| Kidney Beans |
| Northern/Cannellini Beans |
| Pinto Beans |
| Pork & Beans |
| Ravioli, Lasagna, Spaghetti Ohs |

| Peanut Butter & Jelly (max 1 each item) |
|---|
| Peanut Butter |
| Grape Jelly |
| Strawberry Jam |

| Pasta, Potatoes, Rice (max 4 each item) |
|---|
| Helper-Hamburger |
| Helper-Tuna |
| Mac & Cheese |
| Spaghetti |
| Penne, Elbow, Shells, Rotini |
| Bagged Flavored Pasta Sides |
| Ramen Noodles |
| |
| Au Gratin/Scalloped Potatoes |
| Instant Potatoes |
| |
| Instant White Rice |
| Cheddar Broccoli Rice |
| Chicken Rice |
| Dirty Rice |
| Jambalaya |
| Red Beans & Rice |
| Spanish Rice |

**Version Date 9/24/2026**

| Soups, Sauces & Meal Makers (max 2 each item) |
|---|
| Chicken Broth |
| Alfredo Sauce (White) |
| Spaghetti Sauce (Red) |
| |
| Gravy |
| |
| Soup-Cream of Chicken |
| Soup-Cream of Mushroom |
| |
| Soup-Chicken Noodle |
| Soup-Tomato |
| |
| Tomato Paste |
| Tomato Sauce |

| Breakfast (max 2 each item) |
|---|
| Corn Flakes |
| Frosted Flakes |
| Crispy Rice (Rice Krispies) |
| Honey Nut Crispy Oats (Honey Nut Cheerios) |
| Regular Crispy Oats (Cheerios) |
| Raisin Bran |
| Shredded Wheat |
| |
| Instant Oatmeal, Variety Pack |
| Instant Oatmeal, Maple Brown Sugar |
| |
| Chewy Granola Bars, Assorted |
| |
| Fruit & Grain Bars, Apple |
| Fruit & Grain Bars, Blueberry |
| Fruit & Grain Bars, Strawberry |

| Canned Meats & Large Soups (max 2 each item) |
|---|
| Canned Chicken Breast |
| Tuna (2 cans) |
| Vienna Sausage |
| Chunkey Soup - Chicken |
| Chunkey Soup - Beef |

| IF AVAILABLE (1 Per Family) |
|---|
| **Miscellaneous** |
| Pancake Mix & Syrup |
| Corned Beef /Corned Beef Hash |
| |
| **Condiments** |
| Ketchup |
| Mayonnaise/Miracle Whip |
| Yellow Mustard |

| Request/ Notes: |
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**Filled Pantry Selections will be held seven (7) days then placed back on the shelfs for others.**
**You will then receive a generic premade Pantry.**