

# PANTRY SELECTION LIST (page 1)

Name: \_\_\_\_\_

P/U Date: \_\_\_\_\_ Bag # \_\_\_\_\_

**CROSS THROUGH ANY ITEMS YOU DON'T WANT TO RECEIVE**

**We will do our best to fulfill your pantry choices based on availability.**

## Canned Vegetables: (max 4 each item)

| # People:                      | 1-2 | 3-4 | 5-6 |
|--------------------------------|-----|-----|-----|
| # Items allowed per household: | 8   | 10  | 12  |

|                          |                          |
|--------------------------|--------------------------|
| <input type="checkbox"/> | Carrots                  |
| <input type="checkbox"/> | Corn                     |
| <input type="checkbox"/> | Green Beans              |
| <input type="checkbox"/> | Mixed Vegetables         |
| <input type="checkbox"/> | Peas                     |
| <input type="checkbox"/> | Potatoes                 |
| <input type="checkbox"/> | Sweet Potatoes/Yams      |
| <input type="checkbox"/> | Tomatoes (Diced/Chopped) |

**TOTAL**

## Canned Fruits (max 4 each item)

| # People:                      | 1-2 | 3-4 | 5-6 |
|--------------------------------|-----|-----|-----|
| # Items allowed per household: | 4   | 6   | 8   |

|                          |                  |
|--------------------------|------------------|
| <input type="checkbox"/> | Applesauce       |
| <input type="checkbox"/> | Cranberries      |
| <input type="checkbox"/> | Fruit Cocktail   |
| <input type="checkbox"/> | Mandarin Oranges |
| <input type="checkbox"/> | Peaches          |
| <input type="checkbox"/> | Pears            |
| <input type="checkbox"/> | Pineapple        |

**TOTAL**

## Soups & Sauces & Meal Makers (max 2 each item)

| # People:                      | 1-2 | 3-4 | 5-6 |
|--------------------------------|-----|-----|-----|
| # Items allowed per household: | 10  | 12  | 14  |

|                          |                        |
|--------------------------|------------------------|
| <input type="checkbox"/> | Chicken Broth          |
| <input type="checkbox"/> | Alfredo Sauce (White)  |
| <input type="checkbox"/> | Spaghetti Sauce (Red)  |
| <input type="checkbox"/> | Gravy                  |
| <input type="checkbox"/> | Soup-Cream of Chicken  |
| <input type="checkbox"/> | Soup-Cream of Mushroom |
| <input type="checkbox"/> | Soup-Chicken Noodle    |
| <input type="checkbox"/> | Soup-Tomato            |
| <input type="checkbox"/> | Soup-Vegetable         |
| <input type="checkbox"/> | Tomato Paste           |
| <input type="checkbox"/> | Tomato Sauce           |

**TOTAL**

## Beans, Chili & Canned Meals (max 4 each item)

| # People:                      | 1-2 | 3-4 | 5-6 |
|--------------------------------|-----|-----|-----|
| # Items allowed per household: | 8   | 10  | 12  |

|                          |                                 |
|--------------------------|---------------------------------|
| <input type="checkbox"/> | Baked Beans                     |
| <input type="checkbox"/> | Black Beans                     |
| <input type="checkbox"/> | Chili Beans                     |
| <input type="checkbox"/> | Chili NO Beans                  |
| <input type="checkbox"/> | Garbanzo Bean/Chick Peas        |
| <input type="checkbox"/> | Kidney Beans                    |
| <input type="checkbox"/> | Northern/Cannellini Beans       |
| <input type="checkbox"/> | Pinto Beans                     |
| <input type="checkbox"/> | Pork & Beans                    |
| <input type="checkbox"/> | Ravioli, Lasagna, Spaghetti O's |

**TOTAL**

# in Household: \_\_\_\_\_

# Children under 12: \_\_\_\_\_

# Children 12-18: \_\_\_\_\_

# Adults 59+: \_\_\_\_\_

## Special Dietary Requests:

☐ Low/No Salt  
☐ Low/Sugar Free  
☐ Gluten Free  
☐ Vegan/Vegetarian  
☐ Nut Allergies  
☐ Dairy Allergies

## Pasta, Potatoes, Rice (max 4 each item)

| # People: | 1-2 | 3-4 | 5-6 |
|-----------|-----|-----|-----|
| # Items:  | 10  | 12  | 14  |

|                          |                              |
|--------------------------|------------------------------|
| <input type="checkbox"/> | Helper-Hamburger             |
| <input type="checkbox"/> | Helper-Tuna                  |
| <input type="checkbox"/> | Mac & Cheese                 |
| <input type="checkbox"/> | Spaghetti                    |
| <input type="checkbox"/> | Penne, Elbow, Shells, Rotini |
| <input type="checkbox"/> | Bagged Flavored Pasta Sides  |
| <input type="checkbox"/> | Ramen Noodles                |
| <input type="checkbox"/> | Au Gratin/Scalloped Potatoes |
| <input type="checkbox"/> | Instant Potatoes (large box) |
| <input type="checkbox"/> | Instant Potatoes (pouch)     |
| <input type="checkbox"/> | Instant Brown Rice           |
| <input type="checkbox"/> | Instant White Rice           |
| <input type="checkbox"/> | Beef Rice                    |
| <input type="checkbox"/> | Butter Rice                  |
| <input type="checkbox"/> | Cheddar Broccoli Rice        |
| <input type="checkbox"/> | Chicken Rice                 |
| <input type="checkbox"/> | Dirty Rice                   |
| <input type="checkbox"/> | Jambalaya                    |
| <input type="checkbox"/> | Red Beans & Rice             |
| <input type="checkbox"/> | Rice Pilaf                   |
| <input type="checkbox"/> | Spanish Rice                 |

**TOTAL**

All selections are dependant on supplies available. Substitutions may be necessary.

9/24/2025

## PANTRY SELECTION LIST (page2)

CROSS THROUGH ANY ITEMS YOU DON'T WANT TO RECEIVE

We will do our best to fulfill your pantry choices based on availability.

| Breakfast (max 2 each item)    |                                            |     |     |
|--------------------------------|--------------------------------------------|-----|-----|
| # People:                      | 1-2                                        | 3-4 | 5-6 |
| # Items allowed per household: | 4                                          | 5   | 6   |
| <input type="checkbox"/>       | Bran Flakes                                |     |     |
| <input type="checkbox"/>       | Cinnamon Balance Squares (Cin Toast Cr.)   |     |     |
| <input type="checkbox"/>       | Corn Flakes                                |     |     |
| <input type="checkbox"/>       | Corn Squares                               |     |     |
| <input type="checkbox"/>       | Crunch Granola Raisin Bran                 |     |     |
| <input type="checkbox"/>       | Crispy Rice (Rice Krispies)                |     |     |
| <input type="checkbox"/>       | Honey Nut Crispy Oats (Honey Nut Cheerios) |     |     |
| <input type="checkbox"/>       | Honey Crunch 'n Oats Regular               |     |     |
| <input type="checkbox"/>       | Honey Crunch 'n Oats w/ Almonds            |     |     |
| <input type="checkbox"/>       | Honey Grahams                              |     |     |
| <input type="checkbox"/>       | Original Balance Squares (Toast Crunch)    |     |     |
| <input type="checkbox"/>       | Raisin Bran                                |     |     |
| <input type="checkbox"/>       | Regular Crispy Oats (Cheerios)             |     |     |
| <input type="checkbox"/>       | Rice Squares                               |     |     |
| <input type="checkbox"/>       | Shredded Wheat                             |     |     |
| <input type="checkbox"/>       | Shredded Wheat Frosted, Blueberry          |     |     |
| <input type="checkbox"/>       | Shredded Wheat, Strawberry                 |     |     |
| <input type="checkbox"/>       |                                            |     |     |
| <input type="checkbox"/>       |                                            |     |     |
| <input type="checkbox"/>       |                                            |     |     |
| <input type="checkbox"/>       | Instant Oat Meal, Variety Pack             |     |     |
| <input type="checkbox"/>       | Instant Oatmeal, Maple Brown Sugar         |     |     |
| <input type="checkbox"/>       |                                            |     |     |
| <input type="checkbox"/>       | Chewy Granola Bars, Assorted               |     |     |
| <input type="checkbox"/>       | Chewy Granola Bars, Choc Chip              |     |     |
| <input type="checkbox"/>       | Fruit & Grain Bars, Apple                  |     |     |
| <input type="checkbox"/>       | Fruit & Grain Bars, Blueberry              |     |     |
| <input type="checkbox"/>       | Fruit & Grain Bars, Strawberry             |     |     |
| TOTAL                          |                                            |     |     |

| Canned Meats & Large Soups (max 2 each item) |                                 |     |     |
|----------------------------------------------|---------------------------------|-----|-----|
| # People:                                    | 1-2                             | 3-4 | 5-6 |
| # Items allowed per household:               | 5                               | 6   | 7   |
|                                              | Canned Chicken Breast           |     |     |
|                                              | Tuna (2 cans)                   |     |     |
|                                              | Vienna Sausage                  |     |     |
|                                              |                                 |     |     |
|                                              | Chicken Pot Pie                 |     |     |
|                                              | Chicken-Sausage Gumbo           |     |     |
|                                              | Chili Mac Soup                  |     |     |
|                                              | Ham & Bean Soup                 |     |     |
|                                              | Loaded Baked Potato Soup        |     |     |
|                                              | Minestrone                      |     |     |
|                                              | Steak & Potato Soup             |     |     |
|                                              |                                 |     |     |
|                                              | Peanut Butter                   |     |     |
|                                              | Grape Jelly                     |     |     |
|                                              | Strawberry Jam                  |     |     |
| TOTAL                                        |                                 |     |     |
|                                              |                                 |     |     |
| IF AVAILABLE (1 Per Family)                  |                                 |     |     |
|                                              | Pancake Mix                     |     |     |
|                                              | Pancake Syrup                   |     |     |
|                                              |                                 |     |     |
|                                              | Canned Salmon                   |     |     |
|                                              | Corned Beef /Corned Beef Hash   |     |     |
|                                              | SPAM/Luncheon Meat              |     |     |
|                                              |                                 |     |     |
|                                              | Ketchup                         |     |     |
|                                              | Mayonnaise                      |     |     |
|                                              | Whipped Dressing (Miracle Whip) |     |     |
|                                              | Yellow Mustard                  |     |     |
| TOTAL                                        |                                 |     |     |

| IF AVAILABLE (1 Per Family)   |                          |
|-------------------------------|--------------------------|
| Baking, Snacks, & Drinks      |                          |
| <input type="checkbox"/>      | Brown Sugar              |
| <input type="checkbox"/>      | Brownie Mix              |
| <input type="checkbox"/>      | Cake Mix & Frosting      |
| <input type="checkbox"/>      | Condensed Milk Sweetened |
| <input type="checkbox"/>      | Cornbread Mix            |
| <input type="checkbox"/>      | Corn Meal                |
| <input type="checkbox"/>      | Evaporated Milk          |
| <input type="checkbox"/>      | Flour-5 lbs              |
| <input type="checkbox"/>      | Muffin Mix               |
| <input type="checkbox"/>      | Pie Crust                |
| <input type="checkbox"/>      | Pie Filing               |
| <input type="checkbox"/>      | Pizza Crust              |
| <input type="checkbox"/>      | Powdered Sugar           |
| <input type="checkbox"/>      | Sugar-4 lbs              |
| <input type="checkbox"/>      | Vegetable Oil-48 oz      |
| <b>Snacks &amp; Treats</b>    |                          |
| <input type="checkbox"/>      | Chips                    |
| <input type="checkbox"/>      | Cookies                  |
| <input type="checkbox"/>      | Crackers                 |
| <input type="checkbox"/>      | Nuts/Seeds               |
| <input type="checkbox"/>      | Pudding/Jello            |
| <b>Drinks &amp; Beverages</b> |                          |
| <input type="checkbox"/>      | Coffee                   |
| <input type="checkbox"/>      | Decaf-Coffee             |
| <input type="checkbox"/>      | Tea-                     |
| <input type="checkbox"/>      | Decaf-Tea                |
| <input type="checkbox"/>      | Apple Juice              |
| <input type="checkbox"/>      | Grape Juice              |
| <b>TOTAL</b>                  |                          |

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9/24/2025