PANTRY SELECTION LIST (page 1)

		(pgo 1)	# III lous		
				n under 12:	
Name:	P/U Date	:Bag #		12-18:	
			# Adults 5	9+:	
CROSS THROUGH ANY	ITEMS YOU DON'T WAN	TTO RECEIVE	Special Di	etary Requests:	
We will do our best to fulfill your pantry choices based on availability.			Special Di	Low/No Salt	
				Low/Sugar Free	
Canned Vegetables: (max 4 each ite	m) Can	Canned Fruits (max 4 each item)		Gluten Free	
# People: <u>1-2 3-4</u>	•	•		Vegan/Vegetarian Nut Allergies	
# Items allowed per household: 8 10	12 # Items	allowed per household: 4 6	¥-30-110-00-00-0	Dairy Allergies	
Carrots		Applesauce		es, Rice (max 4 each item)	
Corn		Cranberries	# People	•	
Green Beans		Fruit Cocktail	# Items:		
Mixed Vegetables		Mandarin Oranges	Helpe	Helper-Hamburger	
Peas		Peaches	·	er-Tuna	
Potatoes		Pears	Mac 8	k Cheese	
Sweet Potatoes/Yams		Pineapple	Spagh	netti	
Tomatoes (Diced/Chopped)			Penne	e, Elbow, Shells, Rotini	
TOTAL		TOTAL	Bagge	ed Flavored Pasta Sides	
			Rame	n Noodles	
Soups & Sauces & Meal Makers (max 2 each	h item) Beans, C	hili & Canned Meals (max 4 each	item)		
# People: <u>1-2</u> <u>3-4</u>				atin/Scalloped Potatoes	
# Items allowed per household: 10 12	14 # Items	allowed per household: 8 10	12 Instan	nt Potatoes (large box)	
Chicken Broth		Baked Beans		nt Potatoes (pouch)	
Alfredo Sauce (White)		Black Beans			
Spaghetti Sauce (Red)		Chili Beans	Instan	Instant Brown Rice	
Gravy		Chili NO Beans	Instan	nt White Rice	
Soup-Cream of Chicken		Garbanzo Bean/Chick Peas	Beef F	Rice	
Soup-Cream of Mushroom		Kidney Beans	Butter	r Rice	
Soup-Chicken Noodle		Northern/Cannellini Beans	Chedo	dar Broccoli Rice	
Soup-Tomato		Pinto Beans	Chick	en Rice	
Soup-Vegetable		Pork & Beans	Dirty F	Rice	
Tomato Paste		Ravioli, Lasagna, Spagheti O'hs	Jamba	alaya	
Tomato Sauce			Red B	eans & Rice	
			Rice P	'ilaf	
			Spanis	sh Rice	
TOTAL		TOTAL		TOTAL	

PANTRY SELECTION LIST (page2)

CROSS THROUGH ANY ITEMS YOU DON'T WANT TO RECEIVE

We will do our best to fulfill your pantry choices based on availability.

Breakfast (max 2 each item)	Canned Meats & Large Soups (max 2 each item)	IF AVAILABLE
# People: <u>1-2</u> <u>3-4</u> <u>5-6</u>	# People: <u>1-2</u> <u>3-4</u> <u>5-6</u>	Baking, Snacks, & Dr
# Items allowed per household: 4 5 6	# Items allowed per household: 6 6 7	# People: <u>1</u>
Bran Flakes	Canned Chicken Breast	# Items allowed per household
Cinnamon Balance Squares (Cin Toast Cr.)	Tuna (2 cans)	Brown Sugar
Corn Flakes	Vienna Sausage	Brownie Mix
Corn Squares		Cake Mix & Frosting
Crunch Granola Raisin Bran	Chicken Pot Pie	Cornbread Mix
Crispy Rice (Rice Krispies)	Chicken-Sausage Gumbo	Corn Meal
Honey Nut Crispy Oats (Honey Nut Cheerios)	Chili Mac Soup	Flour-5 lbs
Honey Crunch 'n Oats Regular	Ham & Bean Soup	Muffin Mix
Honey Crunch 'n Oats w/ Almonds	Loaded Baked Potato Soup	Pie Crust
Honey Grahams	Minestrone	Pie Filing
Original Balance Squares (Toast Crunch)	Steak & Potato Soup	Pizza Crust
Raisin Bran		Powdered Sugar
Regular Crispy Oats (Cheerios)	Peanut Butter	Sugar-4 lbs
Rice Squares	Grape Jelly	Vegetable Oil-48 oz
Shredded Wheat	Strawberry Jam	Snacks & Treats
Shredded Wheat Frosted, Blueberry	TOTAL	Chips
Shredded Wheat, Strawberry		Cookies
	IF AVAILABLE	Crackers
Instant Oat Meal, Variety Pack	# People: <u>1-2</u> <u>3-4</u> <u>5-6</u>	Nuts/Seeds
Instant Oatmeal, Maple Brown Sugar	# Items: 1 1 1	Pudding/Jello
	Canned Salmon	Drinks & Beverage
Pancake Mix	Corned Beef /Corned Beef Hash	Coffee
Pancake Syrup	SPAM/Luncheon Meat	Decaf-Coffee
		Tea-
Chewy Granola Bars, Assorted	Ketchup	Decaf-Tea
Chewy Granola Bars, Choc Chip	Mayonnaise	Apple Juice
Fruit & Grain Bars, Apple	Whipped Dressing (Miracle Whip)	Grape Juice
Fruit & Grain Bars, Blueberry	Yellow Mustard	
Fruit & Grain Bars, Strawberry	TOTAL	
TOTAL		TOTAL

Baking, Snacks, & Drinks		
# People:	<u>1-2</u> <u>3-4</u> <u>5-6</u>	
# Items allowed per ho	usehold: 1 1 1	
Brown Sugar		
Brownie Mix		
Cake Mix & I	Frosting	
Cornbread M	lix	
Corn Meal		
Flour-5 lbs		
Muffin Mix		
Pie Crust		
Pie Filing		
Pizza Crust		
Powdered Su	ıgar	
Sugar-4 lbs		
Vegetable Oi		
Snacks &	<u>Treats</u>	
Chips		
Cookies		
Crackers		
Nuts/Seeds		
Pudding/Jello		
Drinks & Be	<u>verages</u>	
Coffee		
Decaf-Coffee	9	
Tea-		
Decaf-Tea		
Apple Juice		
Grape Juice		
TOTAL		