#### Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

## In the Land That Made Me, Me



Long ago and far away, in a land that time forgot, Before the days of Nixon, or the dawn of Camelot. There lived a race of innocents, and they were you and me, And prayed for all the soldiers in the Land That Made Me, Me.

For Ike was in the White House in that land where we were born, Where navels were for oranges, and jeans were never torn. We had no Crest with Fluoride, or Lipton herbal tea Or prime-time ads for Tylenol in the Land That Made Me, Me.

Only girls wore earrings then, and three was one too many, And only boys wore flat-top cuts, except for Wilford Brimley. And only in our wildest dreams did we expect to see A boy named George with Lipstick, in the Land That Made Me, Me.

Continued on Page 2

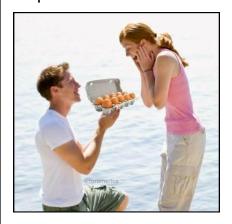
#### Takes On Love

Wedding vows should include "Do you promise to always help him find his stuff when it is right in front of him?"

- because you'll be doing that forever!

Marriage is like a deck of cards: In the beginning all you need is two hearts and a diamond. By the end you wish you had a club and a spade.

I got my girl something expensive for Valentine's!



"Love is not what makes the world go round—it's what makes the ride worthwhile!"





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# The 9 Rules of Life

- 1. Let it go.
- 2. Ignore them
- 3. Give it time.
- 4. Don't compare.
- 5. Stay calm.
- 6. It's on you.
- 7. Always smile.
- 8. Be kind.
- 9. Keep growing.

#### 10 Things Money Can't Buy

- 1. Manners
- 2. Morals
- 3. Respect
- 4. Character
- 5. Common sense
- 6. Trust
- 7. Patience
- 8. Class
- 9. Integrity
- 10. Love



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#### WHEN EACH MOMENT COUNTS

(Pay It Forward With Kindness—Continued from Page 1)

Miss Kitty had a heart of gold, and Chester had a limp, And Reagan was a Democrat whose co-star was a chimp. We had a Mr. Wizard, but not a Mr. T, And Oprah couldn't talk yet, in the Land That Made Me, Me.

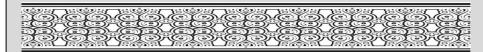
We had our share of heroes, we never thought they'd go, At least not Audie Murphy, or Marilyn Monroe. For youth was still eternal, and life was yet to be, And Elvis was forever in the Land That Made Me, Me.

We'd never heard of microwaves, or telephones in cars, And babies might be bottle-fed, but they were not grown in jars. And pumping iron got wrinkles out, and 'gay' meant fancy-free, And dorms were never co-ed in the Land That Made Me, Me.

We hadn't seen enough of jets to talk about the lag, And microchips were what was left at the bottom of the bag. And hardware was a box of nails, and bytes came from a flea, And rocket ships were fiction in the Land That Made Me, Me.

And Coke came just in bottles, and skirts below the knee, And Castro came to power near the Land That Made Me, Me. And middle-aged was 35 and old was fifty-three, And ancient were our parents in the Land That Made Me, Me.

So now we face a brave new world in slightly larger jeans, And wonder why they're using smaller print in all our magazines. And we tell our children's children of the way it used to be, Long ago and far away in the Land That Made Me, Me.





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Once you reach a certain age, life becomes a delicate balance of trying to stay awake and trying to fall asleep, while slowly getting worse at both.



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#### Who Remembers a Classroom Like This?



#### Who remembers...

- · Saying the Pledge of Allegiance every morning?
- · Cleaning the chalkboard?
- Practicing your cursive letters?
- Being part of the crosswalk Safety Patrol?
- · School picture day? What other school memories do you have?

#### We are pleased to welcome Sarah Chandler, DNP, AGNP-C to our team. She received her Doctor of Nursing Practice from the University

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I'm so old ...

...I remember when multiplication tables were called "times tables!"

... I remember cloth diapers before Pampers!



... I remember when this was our best security device!"



...I remember when 50¢ an hour was pretty good money!

... I remember the smell of mimeograph on our test papers!

...I remember carrying a Roy Rogers or Dale Evans lunch pail I thought our dryer was making my clothes shrink.

Turns out it was the fridge!

Here's how to frighten the young generation:
Put them in a room with a rotary phone,
an analog watch, and an old TV with no remote.
Then leave instructions for how to use

#### **Playing Church**

A mother watched as her young son, Timmy, was playing outside, pretending to be a preacher.

She smiled as he gave a sermon to their cat that calmly sat nearby.



A few minutes later, she heard yowling and hissing. The mother ran outside to find her son dunking the cat in a tub of water to 'baptize' him.

"Timmy!" she shouted, "Stop dunking the cat! He is afraid of water!"

The boy replied, "Well, then, he shouldn't have joined my

#### Who Said Car Names Don't Mean Anything?

**FIAT**: Failure in Automotive Technology

**FORD**: For Only Rough Drivers

**HYUNDAI**: Hope You Understand Nothing's

**Drivable And Inexpensive** 

**VOLVO**: Very Odd Looking Vehicular Object

**PORSCHE**: Proof Of Rich Spoiled Children

Having Everything

**OPEL**: Old People Enjoying Life

TOYOTA: The

One You Can Trust

Always

**HONDA**: Happy

Owners Now

**Driving Away** 

BMW: Big Money Waste

**AUDI**: An Unwanted Debt Investment

MERCEDES: Maximum Enthusiasm,

Recurring Cost, Ego Dependent, Expensive

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My mother always
asked me, "Were you
born in a barn?"
You'd think she'd
remember something
that important!



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### **Six Meaningful Short Stories**

- ♦ Once all the villagers decided to pray for rain. On the day of prayer, all the people gathered, but only one boy came with an umbrella. *That is Faith!*
- When you throw babies in the air, they laugh because they know you will catch them. That is Trust!
- Every night we go to bed without any assurance of being alive the next morning, but we still set our alarms to wake up. That is Hope!



- ♦ We plan big things for tomorrow in spite of zero knowledge of the future. *That is confidence!*
- ♦ We see the world suffering, but still we get married and have children. *That is Love!*
- ◆ On an old man's shirt was written a sentence: "I am not 80 years old; I am sweet 16 with 64 years of experience." *That is attitude!*

Have a happy day and live your life like these six stories. Remember—Good friends are the rare jewels, difficult to find and impossible to replace!

## PUBLIC SERVICE ANNOUNCEMENT:

With the current extremely cold temperatures, Walmart customers are encouraged to wear two pairs of pajamas.

I am now at the age where "picking up a hottie at the club" means buying a rotisserie chicken at Costco.

I'm supposed to respect my elders, but at my age its getting harder and harder to find one!

For my age, I have a lot going for me: my eyes are going, my knees are going, my back is going...

Ever have a dream so real you thought you missed the bus, except it's Sunday, and you're 62?



Some of you are too young to remember what it was like to take a ton of pictures and wait two weeks to find out they stunk.



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Two guys were caught stealing a calendar.
They each got
6 months.



"You really shouldn't say 'I love you'
unless you mean it. But if you
mean it, you should say it a lot.
People forget."

Jessica - age 8

Tip your server. Return your shopping cart. Pick up a piece of trash. Hold the door for the person behind you. Let someone into your lane. Small acts can have a ripple effect. That's how we change the world.

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### **Milestones**



**Paula Weston**Feb 4, 1934—91 years
Nyssa



**Darlene Kaplan** Jan 16, 1945—80 years Payette



Pat & Elaine Zamora Jan 2, 1965—60 years Nyssa



Senior Goldmine honors the following Milestones:

Birthdays 70, 75, 80, 85, 90 and up; and Anniversaries 50, 55, 60 and up.

To submit Milestone information, call Roxie at (208) 899-5064 or email her at roxie@seniorgoldmine.com

