Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

Dry as a Bone



I was 18 years old, sitting at the AM/PM gas station, staring at my car as smoke billowed from under the hood. Apparently, you're supposed to check fluids and get oil changes... who knew? I was completely clueless on what to do.

Out of nowhere, this man in his mid-30s pulls up in his truck and asks, "What's going on with your car?"

I told him, "I'm not sure, it's overheating."

He asked, "Is there fluid in there?"

To which I sheepishly replied, "Um, I don't know!"

He looked at me and said, "Didn't your dad ever teach you how to check your fluids?"

That's when I said, "No. I don't have a dad."

The man got out of his truck and spent over an hour with me, giving

me a full Car 101 lesson. He didn't just check my fluids—he taught me how to do it myself. He showed me how to add fluids, where the spare tire was, how to change it, and how to use the jack that came with my car. He even fixed my car, and by the time I drove away, it was no longer overheating.



(Continued on Page 2)

Don't Miss a Service!

Homer hadn't been to the Church for many years. He always promised to go but never did.

One day, the Pastor was stunned when he saw him walk in for the Sunday Service. From then on, he was at every Sunday service, Sunday School, every prayer meeting, every small group, etc.

Three months later, after the service, the Pastor asked, "I am glad to see the wonderful change in you. You had always dodged church and now it looks like you can't get enough of it?"

He replied "Well, you see, Pastor, I bought me a new pickup. The dealer told me the warranty will lapse if I missed even one service!"







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Going Home

Hospital regulations require that a patient being discharged ride in a wheelchair.

One day, however, a student nurse took a wheelchair to a room and found an elderly gentleman already dressed and sitting on the bed with a suitcase at his feet.. When she offered her assistance, he insisted he didn't need her help to leave the hospital.



After a chat about rules being rules, he reluctantly let her wheel him to the elevator.

On the way down, she asked him if his wife was meeting him.

"I don't think so," he said.
"She's still upstairs in the
bathroom changing out of her
hospital gown."

(Dry as a Bone—Continued from Page 1)

Right there, in the AM/PM parking lot, this stranger taught me everything I needed to know, all while being fun and encouraging. He would explain something, then say, "Okay, now it's your turn—show me," and followed up with, "Look at you! You're doing a great job!" It felt like he was this kind and funny dad I never had.

I drove away that night thinking, "How cool would it be if he was my dad?"

Now, it's 10 years later, and I've never told anyone that story... but this man's kindness impacted my life in such a positive way. I wish I could remember his name, but I'll never forget what he did for me.

Funny
enough, two
days ago, I was
at a Chevron,
and it was like
déjà vu. There
was a young
girl whose car
was smoking,
and I pulled up
and asked, "Is
there fluid in
your car?"



Just as clueless as I once was, I showed her what to do, just like that man had taught me.

I hadn't thought much about that experience over the past 10 years, but it all came rushing back to me. Thank you, mystery man, for being my gas station parking lot dad, who taught me Car 101.

Because of you, my car has never run low on fluids since.



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Parking Lot Emergency

Eileen and her husband Tom went to a San Diego supermarket to pick up some groceries. When they returned to the car, she remembered she forgot to get eggs, so her Tom ran back in the store to get them.

When Tom returned, he found her sitting in the car with the windows rolled up and her eyes closed, with both hands behind the back of her head.

He became concerned. He noticed that Eileen's eyes were now open and she looked very strange. He asked her if she was okay, and Eileen replied in a panicked voice that she had been shot in the back of the head and had been holding her brains in until he returned.

Tom tried to open the car door but they were locked and Linda refused to remove her hands from her head. So he called 911.

The fire department came, along with the paramedics, and they broke into the car.

When they finally got in, they discovered that Eileen had a wad of bread dough on the back of her head. A Pillsbury biscuit canister had exploded from the heat, making a loud noise that sounded like a gunshot, and the wad of dough hit her in the back of her head.

When she reached back to find out what it was, she felt the dough and thought it was her brains. She had passed out briefly, but came to just as Tom had returned.

Needless to say the first responders – and Tom – had a good laugh.





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I thought growing old would take much longer!



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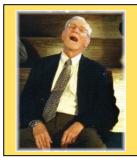
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I fell asleep in church last Sunday. When I heard the pastor say, "Please stand up," I jumped to my feet. Then I heard him say, "That's wonderful, Fred! Who else would like to give \$1,000 to our building fund?"





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Yogi Berra's Best Quotes

- "It ain't over till it's over."
- "It's deja vu all over again."
- "Never answer an anonymous letter."
- "You can observe a lot by watching."
- "The future ain't what it used to be."
- "If you don't know where you are going, you might wind up someplace else."
- "It gets late early out here."
- "If the people don't want to come out to the ballpark, nobody's going to stop them."
- "Baseball is 90 percent mental. The other half is physical."
- "Nobody goes there anymore. It's too crowded."
- "A nickel ain't worth a dime anymore."
- "He hits from both sides of the plate. He's amphibious."
- "I always thought that record would stand until it was broken."
- "I'm not going to buy my kids an encyclopedia. Let them walk to school like I did."
- "I never said most of the things I said."
- "It ain't the heat, it's the humility."
- "I think Little League is wonderful. It keeps the kids out of the house."
- "The towels were so thick there I could hardly close my suitcase."
- "You should always go to other people's funerals, otherwise, they won't come to yours."
- "When you come to a fork in the road, take it."

(Sources: Los Angeles Times, Baseball Almanac, Baseball Digest, Catcher in the Wry (Bob Uecker), Sports Illustrated)

Who's In Charge?

I asked my friend, "What is the secret behind your happy married life?"

He said "You should share responsibilities and decisions with due love and respect each other. Then absolutely there will be no problems."

I asked, "Can you explain?"

He said "In my house, I make decisions on bigger issues, where as my wife decides on smaller issues. We do not interfere in each other's decisions."

Still not convinced. I asked him "Give me some examples"

He said "Smaller issues like, which car we should buy, how much money to save, when to remodel the kitchen, when and where to go on vacation, which school to send the kids to - are all decided by my wife. I just agree to it."

I asked "Then, what is your

He said "My decisions are only for very big issues: like whether the U.S. should lift sanctions on China, whether Kobe or Jordan is the greatest ever, or did we really land on the moon."



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Warning: Old age ain't far away! You know you are over the hill when:

- Your insurance company starts sending you their free calendars one month at a time.
- At restaurants, you complain that the jello is too tough.
- One of the throw pillows on your bed is a hotwater bottle.
- It takes a couple of tries to get over a speed bump.
- Your social security number only has three digits.
- You get a new tattoo that says "I'm a Bingo Star"
- You have to borrow your wife's teeth to chew your food.
- You enjoy hearing about other people's operations.
- Your highlight of the day is watching the Weather Channel.
- You believe that 25 miles an hour is fast enough for anyone to drive.
- You light the candles on your birthday cake and a group of campers form a circle and start singing "Kumbaya."



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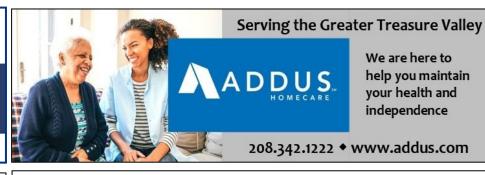
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Every Hour on the Hour



Two new deer hunters decided to separate to increases their chances.

"What if we get lost?" says one of them.

"Fire three shots up in the air, every hour on the hour," says the other.

Sure enough, one of the hunters gets lost, so he fires three shots up into the air every hour on the hour.

The next day the other hunter finds his friend with the help of the Forest Ranger.

"Did you do what I said?" asked the hunter.

"Yes, I fired three shots up into the air every hour on the hour, until I ran out of arrows."

Not bad for the shape I'm in!



I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors.

I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.



Final Resting Place

An elderly woman decided to prepare her will and told her preacher she had two final requests. First, she wanted to be cremated, and second, she wanted her ashes scattered over Wal-Mart.

"Wal-Mart?" the preacher exclaimed. "Why Wal-Mart?" Then I'll be sure my daughters visit me twice a week."

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Fun facts about life in the 1950s

- Around 4 million babies were born every year.
- Only 29% of women participated in the workforce.
- Mortgage rates averaged around 2.5%.
- Over 4 million families had TVs at home.
- A movie theater ticket cost less than 50 cents.
- More than half of all households had children at home.
- More than 30 million households owned a car.
- Television became a huge influence during the 1950s.
- Rock 'n' roll music became popular among teenagers
- Hollywood's Golden Age featured stars like Marilyn Monroe and James Dean.

Thank You, Thank You very Much!



I heard there was an Elvis impersonator coming to town to give a concert.

When I called the theater office to buy tickets, an automated voice with an unmistakable sound answered, Press ONE for the money, TWO for the show...





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Ode to My Senior Friends

Another year has passed and we're all a little older.

Last summer felt much hotter and the winter seems much colder.



There was a time not long ago when life was quite a blast. Now I fully understand about "living in the past."

We used to go to weddings, football games, and lunches. Now we go to funeral homes and after-funeral brunches.

We used to go out dining and couldn't get our fill. Now we ask for doggie bags, go home and take our pill.

We used to travel on the train to places near and far. Now we get a sore behind just riding in the car.

We used to go to parties any weekend that we choose. Now we stay at home each night and watch the evening news.

That, my friend, is how life is and now my tale is told. So enjoy each day and live it up, before you get too old!



Marbeth Soler, CDP

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Gratitude

- "What if, today, we were grateful for everything?" Charlie Brown
- "Gratitude is a quality similar to electricity: It must be produced and discrged and used up in order to exist at all." –William Faulkner
- "If you are really thankful, what do you do? You share." –W. Clement Stone
- "Now is no time to think of what you do not have. Think of what you can do with what there is." –Ernest Hemingway
- "Wear gratitude like a cloak, and it will feed every corner of your life." Rumi
- "For me, every hour is grace. And I feel gratitude in my heart each time I can meet someone and look at his or her smile." -Elie Wiesel
- "A moment of gratitude makes a difference in your attitude." -Bruce Wilkinson
- "The thankful receiver bears a plentiful harvest." -William Blake
- "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." -John F. Kennedy
- "Gratitude is not only the greatest of virtues, but the parent of all others." Marcus Tullius Cicero
- "When asked if my cup is half-full or half-empty, my only response is that I am thankful I have a cup." -Sam W.



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Why I Like Retirement!

Question: How many days in

retirement week?

Answer: 6 Saturdays, 1

Sunday

Question: When is a retiree's

bedtime?

Answer: Two hours after falling asleep on the couch.

Question: What's the biggest

gripe of retirees?

Answer: There is not enough time to get everything done.

Question: How many

retirees does it take to change

a lightbulb?

Answer: Only one, but it

might take all day.

Question: Why don't retirees mind being called Seniors? **Answer:** It comes with a 10%

discount.

Question: What is considered formal attire

among seniors?

Answer: Shirts with buttons, long pants, and tied shoes.





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Getting old is no fun. I used to wake up feeling like a million bucks. Now it's more like a bounced check!



25 years ago we had Johnny Cash, Bob Hope and Steve Jobs.

> Today we are low on cash, out of hope, and working three jobs!

Say What?

I recently called an old engineering buddy of mine and asked what he was working on these days.

He replied that he was working on "High Temperature Aqua-Thermal Treatment of Ceramics, Aluminum and Steel Under a Constrained Environment."

I was impressed until, upon further inquiry, I learned that he was washing dishes with hot water under his wife's supervision.



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Milestones



Don Keim Aug 8, 1927-97 years **Boise Grace**



Marge Conley Nov 23 1932—92 years Meridian Senior Center



Buss Freeman July 4, 1934—90 years Meridian 10 Mile Christian



Larry Boman Nov 9, 1934-90 years Boise Morningstar



Harold Rogers Nov 25, 1934—90 years Kuna Senior Center

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Milestones: Birthdays:

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David Kessley Nov 14, 1944—80 years Meridian Senior Center



Orville & Thelma Carter Oct 23, 1949-75 years Meridian



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Roger & MaryAnn Beecher Nov 7, 1959—65 years Meridian Senior Center

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