

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

Night Watch

Introduction by Joe Bell, Esq.

As far back as 1924, President Calvin Coolidge recommended that “Father’s Day” become a national holiday. But it wasn’t until 1966 that President Lyndon B. Johnson, through an executive order, designated the third Sunday in June as the official day to celebrate fathers everywhere.

As with many of our holidays, Father’s Day has become highly commercialized with marketers pushing snappy ties, car accessories and grilling equipment. But the true spirit of Father’s Day – thankfully – is still alive and well in both American and foreign cultures.



What follows is an inspirational story about a young Marine who spends the night in a hospital comforting an elderly man who is close to death. It was originally written in 1964 by Roy Popkin and published under the title “Night Watch” in the September 1965 edition of Reader’s Digest.

Over the years, many people have modified the story to make it more topical and a bit more poignant; for example, in the version below, the Marine identifies himself as having served in Iraq, clearly not part of the 1964 story.

Many people regard this remarkable work of fiction as the embodiment of fatherhood and sacrifice.

“Night Watch” – by Roy Popkin

A nurse took the tired, anxious serviceman to the bedside. “Your son is here,” she said to the old man. She had to repeat the words several times before the patient’s eyes opened.

(Continued on page 2)

GOOD VIBRATIONS

*by Nancy Perkins,
St. Johns, Michigan*

My dad died unexpectedly at age 78, leaving our family heartbroken.



During the funeral, my sister felt her phone vibrate in her purse. She was a little surprised that someone would be calling her, knowing she was at dad’s funeral.

Afterward, she found there was a message: “Hi, this is your dad,” said the male voice. “I wanted to let you know I made it home.”

The caller obviously had the wrong number, but the message was clear. My dad had completed his journey to heaven and wanted us to know. Thanks, Dad—until we meet again.



Live a Life Worth Celebrating
AT HARMONY HILLS ASSISTED LIVING

Call (208) 283-3042

for a tour of our beautiful new community

1180 W. Overland Rd. ♦ Meridian, ID 83642 ♦ www.harmonyhillsassistedliving.com

America's Choice in Homecare



LIVING ASSISTANCE SERVICES

Serving the Treasure Valley

208.888.3611

www.visitingangels.com/boise/home



An "At Your Service"
Home Health Agency

Now Hiring Clinical Staff: RN, LPN, CNA

2950 E. Magic View Dr., Meridian, ID 83642 #150

www.healthylivingnet.com ♦ P (208) 999-4110 ♦ F (208) 493-3019

God's Chair

A German Shepherd, a Doberman and a cat died. All three are faced with God who wants to know what they believe in.

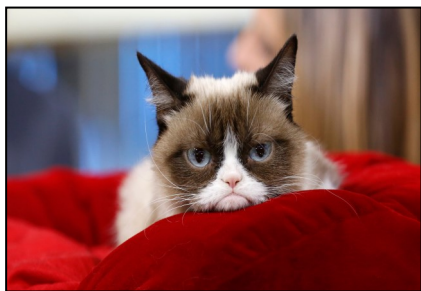
The German shepherd says: "I believe in discipline training and loyalty to my master."

"Good," says God. "Then sit down on my right side."

Doberman, what do you believe in?"

The Doberman answers: "I believe in the love, care and protection of my master."

"Ah," said God. "You may sit to my left."



Then he looks at the cat and asks, "And what do you believe in?"

The cat answers: "I believe you're sitting in my seat."

Night Watch (Continued from page 1)

Heavily sedated because of the pain of his heart attack, he dimly saw the young uniformed Marine standing outside the oxygen tent. He reached out his hand. The Marine wrapped his toughened fingers around the old man's limp ones, squeezing a message of love and encouragement.

The nurse brought a chair so that the Marine could sit beside the bed. All through the night the young Marine sat there in the poorly lighted ward, holding the old man's hand and offering him words of love and strength. Occasionally, the nurse suggested that the Marine move away and rest awhile. He refused.

Whenever the nurse came into the ward, the Marine was oblivious of her and of the night noises of the hospital – the clanking of the oxygen tank, the laughter of the night staff members exchanging greetings, the cries and moans of the other patients.

Now and then she heard him say a few gentle words. The dying man said nothing, only held tightly to his son all through the night.

Along towards dawn, the old man died. The Marine released the now lifeless hand he had been holding and went to tell the nurse.

While she did what she had to do, he waited.



(Continued on Page 7)



(208) 321-1703

Providing non-emergency transportation

- Ambulatory • Wheelchair • Hospice
- Stretcher • Long-Distance



The Cottages

Assisted Living & Memory Care

Assisted Living & Memory Care at its best!

Boise 853-1255

♦ Meridian 288-2220

Middleton 585-5959

♦ Nampa 463-4941

www.TheCottages.biz

HOME CARE AND MEDICAL STAFFING



- Personal Care & Homemaker Services
- Private Duty Nursing
- Accept Medicaid, Veterans' Benefits and Private Pay
- Short, Long-term and Permanent Staff Placement

(208) 336-9898 ♦ Serving the Treasure Valley and Magic Valley

IN-HOME CARE & ASSISTANCE



www.havenwoodhomecare.com
(208) 327-1011

Milestones



Herb & Blanche Kadel
June 13, 1954—65 years
Boise Senior Center



Thomas & Helen Frawley
June 30, 1959—60 years
Meridian Senior Center



Dick & Lois Carlson
June 18, 1958—61 years
Meridian Senior Center

Senior Goldmine recognizes the following Milestones:
Birthdays: 70, 75, 80, 85, 90 and up;
and **Anniversaries:** 50, 55, 60 and up.
Send your information to terry@seniorgoldmine.com or call (208) 615-1948



Steve & Charlotte Covington
June 26, 1964—55 years
Boise Senior Center

BridgeTower Chiropractic



Dr. Scott H. Gibbons
3120 W. Belltower Dr.
Meridian, ID 83646

208.846.8898

No Twisting, Popping or Cracking!



An authentic 50s-style diner

Open Daily 6:00 a.m. to 2:30 p.m.

979 S. Progress Ave.
Meridian, Idaho



"We Deliver Happiness For You"

391 W State St Suite B • Eagle, ID 83616
(208) 939-4022

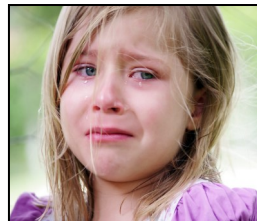
Take Your Kid to Work Day

An eight-year-old girl went to the office with her father on "Take Your Kid to Work Day," a day she had looked forward to for some time.

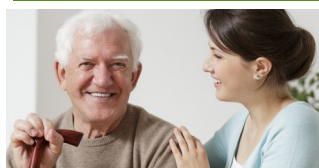
As they were walking around the office, the young girl started crying and getting very cranky.

Her father stopped, bent over, and asked her what was wrong.

As the concerned staff gathered round, she sobbed loudly, "Daddy, where are all the clowns that you said you worked with?"



Copper Springs Senior Living



Compassionate Care

- ♦ Assisted Living
- ♦ Memory Care

3570 E. Amity Rd., Meridian, ID 83642 ♦ (208) 888-7030

NEUROLOGICALLY-BASED CHIROPRACTIC CARE



Dr. Clay Ramos

(208) 614-2290

1767 W. FRANKLIN • MERIDIAN, ID 83642



Four FREE hours of Daycare for New Customers! CALL NOW!!



Ashley Manor

EST. 1996

- ◆ Alzheimer & Dementia Care Specialists
- ◆ Assisted Living Accommodations

(208) 376-7298

www.ashleycares.com

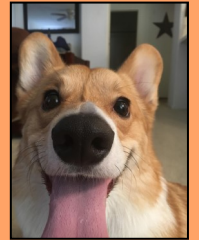
BOISE ◆ EAST BOISE ◆ NAMPA ◆ CALDWELL ◆ MT. HOME

Brain Ticklers

1. Where there is a will...I want to be in it.
2. The last thing I want to do is hurt you...but it's still on my list.
3. Since light travels faster than sound, some people seem bright...until you hear them speak.
4. If I agreed with you...we would both be wrong.
5. We never really grow up...we only learn how to act in public.
6. War does not determine who is right...only who is left.
7. Knowledge is knowing a tomato is a fruit...wisdom is not putting it in a fruit salad.
8. To steal ideas from someone is plagiarism...to steal from many is research.
9. I didn't say it was your fault...I said I was blaming you.
10. In filling out an application where it says "In case of emergency, notify _____." I put "doctor."

A New Breed!

Thanks to science, these new canine cross breeds will soon be available to dog lovers everywhere:



Collie + Lhasa Apso

Collapso, a dog that folds up for easy transport.

Pointer + Setter

Poinsetter, a traditional Christmas pet

Pekinese + Lhasa Apso

Peekasso, an abstract dog

Irish Water Spaniel + English Springer Spaniel

Irish Springer, a dog fresh and clean as mountain air

Terrier + Bulldog

Terribull, not a good dog

Bloodhound + Labrador

Blabrador, a dog that barks incessantly

Malamute + Pointer

Moot Point, a dog...oh, well, it doesn't matter

Collie + Malamute

Commute, a dog that travels to work

Deerhound + Terrier

Derriere, a dog that's true to the end



Doctor's Hospice
of Idaho

The Best People Providing the Best Care, Wherever You Need Us

Phone: 208.985.2260 • www.DoctorsHospiceofIdaho.com



Doctor's House Calls
of Idaho



BROOKDALE
SENIOR LIVING

Enriching the lives
of those we serve



BOISE PARKCENTER ASSISTED LIVING
739 E Parkcenter Blvd.
Boise, ID 83706

(208) 695-9755



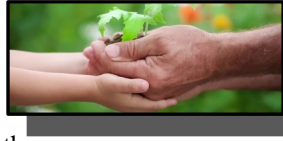
- ◆ Serving the Treasure Valley since 1911
- ◆ Providing funeral, cremation and pre-planning services
- ◆ A commitment to serve with understanding and compassion

Phone: (208) 343-6493 • boise@summersfuneral.com



Serving the entire Treasure Valley
(208) 887-7719

Your Hands
by Cheryl Hoepner



Your hands have always been there
in sunshine or sorrow,
Your hands chased dark dreams into the morrow.

Your hands held mine when I was ill,
Your concern and care my spirit did fill.

Your hands bought me crayons and coloring books,
My most valued treasures stored in a nook.
Daddy, your hands you never forsook.

Your hands pumped up tires on my shiny, green bike
So, that I as a child, could have hours of delight.
I'm sure there were times you'd rather I "take a hike!"

Your hands never hurt me beyond what was due,
But, I sure wished there were times, you'd have spanked sister Sue!

Your hands had the touch that was gentle and kind,
Teaching me patience and making me mind.

Your hands built my volleyball net,
The basketball court I remember yet,
The fun in the yard in my little pup tent.

Happy moments and memories your hands have sent.
You'll never know how much your hands meant.

Your hands repaired my childhood playhouse,
Your hands trapped every rodent and mouse.

Your hands kept cars running in spring and fall,
From Nashes to Fords, you babied them all.

Your hands comforted my pain and my fears,
Your hands embraced me and wiped away tears.

Your hands were an example to me
Of what marriage and love ought to be.

Your hands I'll remember for so many reasons
As my life passes through gold and gray seasons.

This poem is a tribute to you, Dad.
For all the love that came from your hands!



Fathers' Day Special

\$20 off any group

For appointment

Call (208) 467-9626



www.facebook.com/firstimpressionsidaho

LOCALLY OWNED AND OPERATED • Available 24/7/365



Home Health (208) 322-7061 • Hospice (208) 322-4663 • House Calls (208) 322-1199
www.firstchoice.boise.com

May Drawing Winner

**Olivine Kendall,
Eagle**

She wins a gift
certificate from
Terri's Cafe
in Meridian





Authentic Italian Cuisine
in the Treasure Valley since 1996

Exciting Weekly Dinner Specials
& Daily Lunch Specials

HOURS Mon-Thurs: 11am-9:30pm Fri-Sat: 11am-10pm

(208) 887-7710 • 3015 W. McMillan, Meridian, ID 83646

Reverse Mortgage Specialist



Devin Fahrner

(208) 863-6610 NMLS#399405
dfahrner@financeofamerica.com

©2018 Finance of America Reverse LLC | NMLS ID #2285 (www.nmlsconsumeraccess.org) | 8023 East 63rd Place, Suite 700 Tulsa, OK 74133 | (855) 421-4745

THE EMPTY WAGON



As I walked one day with my father, he suddenly asked me, “Besides the song of the birds, do you hear anything else?”

“Yes, I answered. “The noise of a wagon.”

“Excellent,” he said. “And it’s empty.”

“Empty? And how do you know if we haven’t seen it?”

“Very easy: because of the noise it makes. The emptier the wagon is, the more noise it makes!”

Since then, when I see someone talking too much, bragging of what he has, and belittling others, I seem to hear my father’s voice: “The emptier the wagon is, the greater the noise it makes.”

First-time Father

Out in a backwoods cabin, Billy’s wife went into labor in the middle of the night. The country doctor was called out to assist in the delivery.

Since they had no electricity, the doctor handed a lantern to Billy, the first-time father-to-be and said, “Here, hold this high so I can see what I’m doing.”

Soon a baby boy was brought into the world.

“Whoa, there,” said the doctor. “Don’t be in a rush to put the lantern down. I think there’s another one in there!” cried the doctor.



Billy scratched his head in bewilderment and asked the doctor, “Do you think it’s the light that’s attractin’ ‘em?”



Boise Care CONNECTIONS

A free service helping seniors find independent living, assisted living and memory care

- Caring and experienced
- Transportation for tours
- Personalized recommendations

Charity Young, RN, BSN
(208) 917-3776
Boisecareconnections.com
Charity@boisecareconnections.com



- Medical appointments
- Personal errands
- Wheel-chair and gurney vans

(208) 573-7607

Providing non-emergency transportation for the elderly and disabled



SPRING CREEK

- ♦ Plantation Place - Boise ♦ 3921 Kessinger Lane ♦ 83703 ♦ 208.853.7300
- ♦ Spring Creek - Eagle Island ♦ 3705 W. Flint Drive ♦ 83616 ♦ 208.939-6499
- ♦ Spring Creek- Boise ♦ 10681 W. McMillan Rd ♦ 83713 ♦ 208.954.5661
- ♦ Spring Creek- Eagle ♦ 653 N Eagle Rd ♦ 83616 ♦ 208.938.5578
- ♦ Spring Creek- Meridian ♦ 175 & 253 E Calderwood Dr. ♦ 83642 ♦ 208.884.6199
- ♦ Spring Creek Overland - Boise ♦ 10139 W Overland Rd ♦ 83709 ♦ 208.639.7000
- ♦ Spring Creek Ustick - Meridian ♦ 3165 Meridian Rd ♦ 83646 ♦ 208.287.2064

HOW I LEARNED THE VALUE OF WORK

by Rudy Berdine,
Irvine, California

My dad owned a fruit market on a busy street. The sidewalk in front of his store collected dust and trash, which needed to be swept daily.



At age six, I used to hide behind bags of potatoes when my dad asked me to sweep, but while sweeping one day, I began to find dollar bills under the dust and trash. I had no idea where the money came from.

My dad had been putting money on the sidewalk—and soon, I was happy to sweep even when no money was found.

Night Watch *(Continued from page 2)*

Finally, she returned. She started to offer words of sympathy, but the Marine interrupted her, “Who was that man?” he asked.

The nurse was startled, “He was your father,” she answered, almost incredulously.

“No, he wasn’t,” the Marine replied. “I never saw him before in my life.”

“Then why didn’t you say something when I took you to him?”

“I knew right away there had been a mistake, but I also knew he needed his son, and his son just wasn’t here. When I realized that he was too sick to tell whether or not I was his son, I knew how much he needed me. I came here tonight to find a Mr. William Grey. His son was killed in Iraq today, and I was sent to inform him. What was this gentleman’s name?”

The nurse with tears in her eyes answered, “Mr. William Grey ...”

The next time someone needs you ... just be there. Stay.

Roy Popkin’s story has brought tears to many eyes over the past 53 years. It helps us to grasp that it was our Dads who taught us to live responsibly, to face difficult situations with courage and dignity, and to make uncomfortable sacrifices if they can possibly help others.

On Sunday, June 16, let’s honor our fathers – living and deceased – as role models, mentors, counselors, and the men who gave so much of themselves to make our own lives more fulfilled.



Mountain Pine
DERMATOLOGY

(208) 898-7467

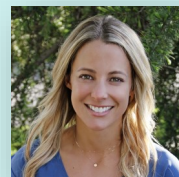
1576 W. Deer Crest St., Ste. 100 ♦ Meridian, ID 83646 ♦ www.mtinpinederm.com



R. Scott Thomas, D.O.



Benjamin Perry, D.O.



Chelsea Miller, PA-C

Now accepting new patients. With locations in Caldwell, Meridian, Emmett, Mountain Home and Baker City

Hospice • Home Health • House Calls

SIGNATURE healthcare
at home
care where you are

Phone (208) 465-7121

ASSISTED LIVING

Helping you live your best life!

- ◆ Warm, loving atmosphere
- ◆ Home-cooked food & great service
- ◆ Highly trained, friendly staff

208.888.0090 • 1695 S. Locust Grove, Meridian, Idaho 83642

ORCHARDS OF CASCADIA SENIOR HEALTH FAIR

Friday, June 7, 2019
11:00 a.m. - 2:00 p.m.

- Free Health Screenings
 - Health Agencies
 - Raffle Baskets
- Rides on Blessing Bike for Donation

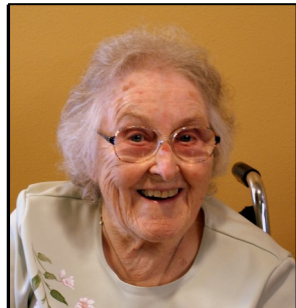
All proceeds from bike rides and raffle will benefit the Nampa Senior Center

404 N. Horton
Nampa, ID 83651

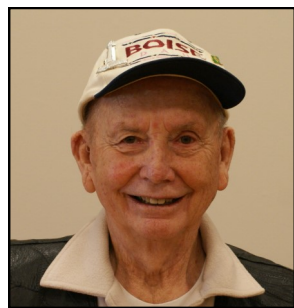
Milestones



Clarice Young
June 20, 1924—95 years
Eagle Senior Center



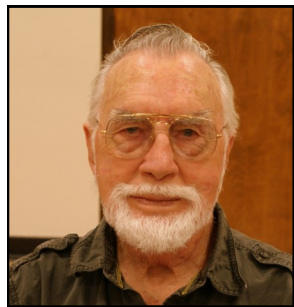
Afton Shepherd
June 3, 1928—91 years
Meridian 10 Mile Christian



Don Oremus
June 22, 1928—91 years
Boise Senior Center



Louise Bullock
June 7, 1929—90 years
Kuna Senior Center



Lanis Lyons
June 3, 1934—85 years
Boise Senior Centers



Bob Morgan
June 6, 1939—80 years
Star Senior Center

Senior Goldmine recognizes the following Milestones:
Birthdays: 70, 75, 80, 85, 90 and up;
and **Anniversaries:** 50, 55, 60 and up.
Send your information to terry@seniorgoldmine.com or call (208) 615-1948



Jackie Dahl
June 26, 1944—75 years
Meridian

Happy Father's Day

AS A FATHER HAS COMPASSION ON HIS CHILDREN, SO THE LORD HAS COMPASSION ON THOSE WHO FEAR HIM.

PSALM 103:13

24/7 IDAHO HOMECARE
YOUR PROFESSIONAL HOME CARE PROVIDER

Home Care is Our Passion

208.908.6080
Serving Idaho Families & Facilities since 2006

www.247Idahohomecare.com

VISA MasterCard MEDICAID CERTIFIED