

### Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

# **Night Watch**

#### Introduction by Joe Bell, Esq.

As far back as 1924, President Calvin Coolidge recommended that "Father's Day" become a national holiday. But it wasn't until 1966 that President Lyndon B. Johnson, through an executive order, designated the third Sunday in June as the official day to celebrate fathers everywhere.

As with many of our holidays, Father's Day has become highly commercialized with marketers pushing snappy ties, car accessories and grilling equipment. But the true spirit of Father's Day – thankfully – is still alive and well in both American and foreign cultures.



What follows is an inspirational story about a young Marine who spends the night in a hospital comforting an elderly man who is close to death. It was originally written in 1964 by Roy Popkin and published under the title "Night Watch" in the September 1965 edition of Reader's Digest. Over the years many people have

Over the years, many people have modified the story to make it more

topical and a bit more poignant; for example, in the version below, the Marine identifies himself as having served in Iraq, clearly not part of the 1964 story.

Many people regard this remarkable work of fiction as the embodiment of fatherhood and sacrifice.

### "Night Watch" - by Roy Popkin

A nurse took the tired, anxious serviceman to the bedside. "Your son is here," she said to the old man. She had to repeat the words several times before the patient's eyes opened.

(Continued on page 2)

#### **GOOD VIBRATIONS**

by Nancy Perkins, St. Johns, Michigan My dad died unexpectedly at age 78, leaving our family heartbroken.



During the funeral, my sister felt her phone vibrate in her purse. She was a little surprised that someone would be calling her, knowing she was at dad's funeral.

Afterward, she found there was a message: "Hi, this is your dad," said the male voice. "I wanted to let you know I made it home."

The caller obviously had the wrong number, but the message was clear. My dad had completed his journey to heaven and wanted us to know. Thanks, Dad—until we meet again.

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### God's Chair

A German Shepherd, a Doberman and a cat died. All three are faced with God who wants to know what they believe in.

The German shepherd says: "I believe in discipline training and loyalty to my master."

"Good," says God. "Then sit down on my right side.

Doberman, what do you believe in?"

The Doberman answers: "I believe in the love, care and protection of my master."

"Ah," said God. "You may sit to my left."



Then he looks at the cat and asks, "And what do you believe in?"

The cat answers: "I believe you're sitting in my seat." ASSISTED LIVING & MEMORY CARE NEW Memory Care Unit • NEW Memory Care Unit • Residential Assisted Living • Vacation Stays/Hourly Care • Vacation Stays/Hourly Care • 16 16TH AVENUE N. NAMPA, ID 83687 PHONE (208) 465-7275

#### Night Watch (Continued from page 1)

Heavily sedated because of the pain of his heart attack, he dimly saw the young uniformed Marine standing outside the oxygen tent. He reached out his hand. The Marine wrapped his toughened fingers around the old man's limp ones, squeezing a message of love and encouragement.

The nurse brought a chair so that the Marine could sit beside the bed. All through the night the young Marine sat there in the poorly lighted ward, holding the old man's hand and offering him words of love and strength. Occasionally, the nurse suggested that the Marine move

away and rest awhile. He refused.

Whenever the nurse came into the ward, the Marine was oblivious of her and of the night noises of the hospital – the clanking of the oxygen tank, the laughter of the night staff members exchanging greetings, the cries and moans of the other patients.

Now and then she heard him say a few gentle words. The dying man said nothing, only held tightly to his son all through the night.

Along towards dawn, the old man died. The Marine released the now lifeless hand he had been holding and went to tell the nurse. While she did what she had to do, he waited.

Boise



(Continued on page 7)

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# **Brain Ticklers**

- 1. Where there is a will...I want to be in it.
- 2. The last thing I want to do is hurt you...but it's still on my list.
- 3. Since light travels faster than sound, some people seem bright...until you hear them speak.
- 4. If I agreed with you...we would both be wrong.
- 5. We never really grow up...we only learn how to act in public.
- 6. War does not determine who is right...only who is left.
- 7. Knowledge is knowing a tomato is a fruit...wisdom is not putting it in a fruit salad.
- 8. To steal ideas from someone is plagiarism...to steal from many is research.
- 9. I didn't say it was your fault...I said I was blaming you.
- 10.In filling out an application where it says "In case of emergency, notify \_\_\_\_\_. I put "doctor."







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Pekinese + Lhasa Apso Peekasso, an abstract dog

**Irish Water Spaniel + English Springer Spaniel** 

Irish Springer, a dog fresh and clean as mountain air

**Terrier + Bulldog** *Terribull*, not a good dog

**Bloodhound + Labrador** Blabrador, a dog that barks incessantly

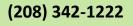
Malamute + Pointer *Moot Point*, a dog...oh, well, it doesn't matter

**Collie + Malamute** *Commute*, a dog that travels to work

**Deerhound + Terrier** Derriere, a dog that's true to the end



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# THE EMPTY WAGON



As I walked one day with my father, he suddenly asked me, "Besides the song of the birds, do you hear anything else?"

"Yes, I answered. "The noise of a wagon."

"Excellent," he said. "And it's empty."

"Empty? And how do you know if we haven't seen it?"

"Very easy: because of the noise it makes. The emptier the wagon is, the more noise it makes!"

Since then, when I see someone talking too much, bragging of what he has, and belittling others, I seem to hear my father's voice: "The emptier the wagon is, the greater the noise it makes."

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"Don't step on it... it makes you cry."





## Your Hands by Cheryl Hoepner

Your hands have always been there in sunshine or sorrow, Your hands chased dark dreams into the morrow.

> Your hands held mine when I was ill, Your concern and care my spirit did fill.

Your hands bought me crayons and coloring books, My most valued treasures stored in a nook. Daddy, your hands you never forsook.



Your hands pumped up tires on my shiny, green bike So, that I as a child, could have hours of delight. I'm sure there were times you'd rather I "take a hike!"

Your hands never hurt me beyond what was due, But, I sure wished there were times, you'd have spanked sister Sue!

> Your hands had the touch that was gentle and kind, Teaching me patience and making me mind.

> > Your hands built my volleyball net, The basketball court I remember yet, The fun in the yard in my little pup tent.

Happy moments and memories your hands have sent. You'll never know how much your hands meant.

Your hands repaired my childhood playhouse, Your hands trapped every rodent and mouse.

Your hands kept cars running in spring and fall, From Nashes to Fords, you babied them all.

Your hands comforted my pain and my fears, Your hands embraced me and wiped away tears.

Your hands were an example to me Of what marriage and love ought to be.

Your hands I'll remember for so many reasons As my life passes through gold and gray seasons.

This poem is a tribute to you, Dad. For all the love that came from your hands!

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### A Treat for His Wife

A thrifty husband and his wife went for a stroll downtown on a lovely spring night.



Passing a fancy new restaurant that had just opened, his wife remarked, "Did you smell that food? It smells absolutely incredible!"

Not typically being very generous, the husband thought to himself, "Well, I guess just this once, I'll treat her."

So they walked past it again.

I'm almost a millionaire! I have all the zeros, now I just need a 1!

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Jim & Jeanette Thiel June 22, 1959—60 years Nampa Senior Center

# Take Your Kid to Work Day

An eight-year-old girl went to the office with her father on "Take Your Kid t Work Day," a day she had looked forward to for some time.

As they were walking around the office, the young girl started crying and getting very cranky.

Her father stopped, bent over, and asked her what was wrong.

As the concerned staff gathered round, she sobbed loudly, "Daddy, where are all the clowns that you said you worked with?"





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# **First-time Father**

Out in a backwoods cabin, Billy's wife went into labor in the middle of the night. The country doctor was called out to assist in the delivery.

Since they had no electricity, the doctor handed a lantern to Billy, the firsttime father-to-be and said, "Here, hold this high so I can see what I'm doing."

Soon a baby boy was brought into the world.

"Whoa, there," said the doctor. "Don't be in a rush to put the lantern down. I think there's another one in there!" cried the doctor.



Billy scratched his head in bewilderment and asked the doctor, "Do you think it's the light that's attractin' 'em?"







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#### HOW I LEARNED THE VALUE OF WORK by Rudy Berdine,

Irvine, California

My dad owned a fruit market on a busy street. The sidewalk in front of his store collected dust and trash, which needed to be swept daily.



At age six, I used to hide behind bags of potatoes when my dad asked me to sweep, but while sweeping one day, I began to find dollar bills under the dust and trash. I had no idea where the money came from.

My dad had been putting money on the sidewalk—and soon, I was happy to sweep even when no money was found.

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Night Watch (Continued from page 2)

Finally, she returned. She started to offer words of sympathy, but the Marine interrupted her, "Who was that man?" he asked.

The nurse was startled, "He was your father," she answered, almost incredulously.

"No, he wasn't," the Marine replied. "I never saw him before in my life."

"Then why didn't you say something when I took you to him?"

"I knew right away there had been a mistake, but I also knew he needed his son, and his son just wasn't here. When I realized that he was too sick to tell whether or not I was his son, I knew how much he needed me. I came here tonight to find a Mr. William Grey. His son was killed in Iraq today, and I was sent to inform him. What was this gentleman's name?"

The nurse with tears in her eyes answered, "Mr. William Grey ..."

The next time someone needs you ... just be there. Stay.

Roy Popkin's story has brought tears to many eyes over the past 53 years. It helps us to grasp that it was our Dads who taught us to live responsibly, to face difficult situations with courage and dignity, and to make uncomfortable sacrifices if they can possibly help others.

On Sunday, June 16, let's honor our fathers – living and deceased – as role models, mentors, counselors, and the men who gave so much of themselves to make our own lives more fulfilled.





## **ORCHARDS OF CASCADIA** SENIOR HEALTH FAIR



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