

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

We Are In This Together!

These are difficult times, without a doubt. The world-wide pandemic we are experiencing has brought our country to its knees—but not in surrender, in prayer.

Every day we need to find time to pray for these:

- ◆ Families who have lost loved ones.
- ◆ Those suffering from the virus.
- ◆ Healthcare workers and caregivers
- ◆ Those whose livelihood is impacted.
- ◆ Wisdom for our leaders—national and local.

One of the most difficult things stemming from this crisis is separation from our family and friends. Make it a point to call and encourage at least two people every day.

If you are personally in need of help or resources, please feel free to call us at (208) 615-1948. Senior Goldmine has contacts and access to resources around the valley. We would love to help.

And the People Stayed Home

“And the people stayed home.

And read books, and listened, and rested, and exercised, and made art, and played games, and grew gardens full of fresh food, and learned new ways of being, and were still.



And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed. And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they themselves had been healed.”

- Kathleen O’Meara (1839-1888)



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Quarantine Diaries



Day 1 of Quarantine:
“I have stocked up on enough non-perishable food and supplies to last me months,

maybe years, so that I can remain in isolation for the duration of this pandemic.”

Day 1 + 2 hrs:

“I’m at the supermarket because I needed a candy bar.”

Day 2 of Quarantine:

“My six-year-old opened the fridge and let out the biggest sneeze of her life on it’s contents. I hate it here.”

Day 3 without sports on TV:

“I found a lady sitting on my couch today. Apparently she is my wife. She seems nice.”

Day 4 of Quarantine:

I went to this place called The Kitchen.
Apparently you have to gather all the ingredients and make your own meal.
I have no idea how this place is still in business.

A Mother’s Watchful Eye

A mother was concerned about her kindergarten son walking to school. He didn't want his mother to walk with him. She wanted to give him the feeling that he had some independence but yet know that he was safe.

So she had an idea of how to handle it. She asked a neighbor if she would please follow him to school in the mornings, staying at a distance, so he probably wouldn't notice her. She said that since she was up early with her toddler anyway, it would be a good way for them to get some exercise as well, so she agreed.

The next school day, the neighbor and her little girl set out following behind Timmy as he walked to school with another neighbor girl he knew.

As the two kids walked and chatted, kicking stones and twigs, Timmy 's little friend noticed the same lady was following them as she seemed to do every day all week.

Finally she said to Timmy, “Have you noticed that lady following us to school all week? Do you know her?”

Timmy nonchalantly replied, “Yeah, I know who she is.”

The little girl said, “Well, who is she?”

“That's just Shirley Goodnest,” Timmy replied, “and her daughter Marcy.”

“Shirley Goodnest? Who is she and why is she following us?”

“Well,” Timmy explained, “every night my Mom makes me say the 23rd Psalm with my prayers, 'cuz she worries about me so much. And in the Psalm, it says, ‘Shirley Goodnest and Marcy shall follow me all the days of my life,’ so I guess I'll just have to get used to it!”



Before you criticize someone,
walk a mile in his shoes.
That way if he gets angry, he'll
be a mile away and barefoot.



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Wife: We just ate.. Why are you making pancakes?

Me: I'm making them for the dogs.

Wife: Why are you making them for the dogs?

Me: They don't know how.



BROOKDALE ONTARIO
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Taking It to New Heights

A Boeing 747 is on its way across the country. Its flying consistently at 550 mph at 30,000 feet, when suddenly a USAF F22 fighter jet appears.



The pilot of the fighter jet slows down, flies alongside the 747 and greets the pilot of the passenger plane by radio: "Boeing flight, boring flight today isn't it? Have a look at this!"

He rolls his jet on its back, accelerates, breaks through the sound barrier, rises rapidly to a dizzying height, only to swoop down almost to sea level in a breathtaking dive. He loops back next to the 747 and asks, "Well, how was that?"

The Boeing pilot answers: "Very impressive, but now have a look here!"

The jet pilot watches the 747, but nothing happens. It continues to fly stubbornly straight, with the same speed. After five minutes, the Boeing pilot radioed, "Well, what do have to say now?"

The jet pilot is confused: "What did you do? I didn't see anything!"

The other pilot laughs and says, "I got up, stretched my legs, went to the back of the flight deck to the bathroom, got a cup of coffee and a cinnamon roll."

The moral of the story is: When you are young, speed and adrenaline seems to be great. But as you get older and wiser, comfort and peace are not to be despised either. This is called S.O.S.: Slower, Older, Smarter.

Kids Tell It Like It Is

♦ My friend was pregnant with her second baby. Her 3-year-old son stayed at his grandmother's while she was in the hospital. Imagine the situation when he got back home and there she was — his newborn baby sister.

After 2 hours of observation, he asked, "So whose baby is it? Are her parents coming to pick her up, or what?"

♦ My son is 3 years old and he's a very nice and kind boy. We're still in bed early in the morning and suddenly, he starts to poke me in the eye.

I ask him what he's doing and why.

He goes, "Mommy, I want you to become a pirate!"

♦ A couple of fourth-graders were asked a simple question — What question cannot be answered with "Yes?"

Their answer was, "Are you dead?" Well, we can't argue with that.

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Did You Know?

- ◆ Money isn't made out of paper. It's made out of cotton.
- ◆ The 57 on the Heinz ketchup bottle represents the number of varieties of pickle the company once had.
- ◆ A rat can last longer without water than a camel.
- ◆ The dot over the letter "i" is called a tittle.
- ◆ A duck's quack doesn't echo. No one knows why.
- ◆ A 2 X 4 is really 1-1/2 inches by 3-1/2 inches.
- ◆ Forty per cent of McDonald's profits come from the sales of Happy Meals.
- ◆ Every person has a unique eye and tongue print.
- ◆ 315 entries in Webster's 1996 dictionary were misspelled.
- ◆ During the chariot scene in "Ben Hur," a small red car can be seen in the distance.
- ◆ On average, 12 newborns will be given to the wrong parents daily.
- ◆ John Wilkes Booth's brother once saved the life of Abraham Lincoln's son.
- ◆ There are no words in the dictionary that rhyme with orange, purple, and silver.

Milestones



Ralph Adamson
April 1, 1924—96 years
New Plymouth



Edgar Clinton
April 18, 1928—92 years
New Plymouth



Lois Royston
March 4, 1930—90 years
Payette



Carol Noble
March 6, 1940—80 years
Payette



Manuel Valero
Feb 24, 1940—80 years
Nyssa



Jerry Kautz
April 6, 1940—80 years
Ontario



Senior Goldmine honors the following Milestones:

Birthdays 70, 75, 80, 85, 90 and up;
and Anniversaries 50, 55, 60 and up.

To submit Milestone information,
call Leanne at (208) 249-0827
or email her at
leanne@seniorgoldmine.com



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NOTICE OF POSTPONEMENT

I just want everyone to know that today was supposed to be my 70th birthday, but I am postponing it indefinitely due to the coronavirus. I will be turning 70 at a later date to be determined.