

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

And Then It is Winter

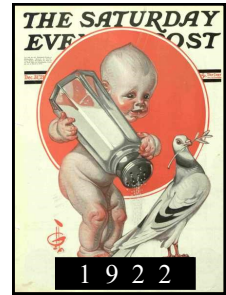


You know, time has a way of moving quickly and catching you unaware of the passing years. It seems just yesterday that I was young, just married and embarking on my new life with my mate. Yet in a way, it seems like eons ago, and I wonder where all the years went. I know that I lived them all. I have glimpses of how it was back then and of all

my hopes and dreams. But, here it is - the winter of my life and it catches me by surprise. How did I get here so fast? Where did the years go and where did my youth go?

I remember well seeing older people through the years and thinking that those older people were years away from me and that winter was so far off that I could not fathom it or imagine fully what it would be like. But, here it is - my friends are retired and getting grey; they move slower and I see an older person now. Some are in better and some worse shape than me, but I see the great change. They are not like the ones that I remember who were young and vibrant, but, like me, their age is beginning to show and we are now those older folks

(Continued on page 2)



Good morning and welcome to Flight 2022!

We are prepared to take off into the New Year. Please make sure your Positive Attitude is secured and locked in the upright position. All self-destruct devices—pity, anger, selfishness, pride and resentment should be turned off at this time. All negativity, hurt and discouragement should be put away. There will be NO BAGGAGE ALLOWED on this flight.

Should you lose your Positive Attitude under pressure during this flight, reach up and pull down a prayer. Prayers will automatically be activated by Faith. Once your Faith is activated, you can assist other passengers who are of little faith.

God, our Captain, has cleared us for take-off. Destination: GREATNESS! Wishing you a New Year filled with HOPE, great JOY, and new BEGINNINGS!

Welcome to 2022!



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Old Age in a Nutshell



“Who cares if it looks good or not—I’m comfortable!”
 “Have you seen my phone?”
 “What’s wrong with this scale? That can’t be right!”
 “Shoot, did I already take my vitamins?”
 “Hmmm. I wonder how I got that bruise?”
 “Why do they print these instructions so tiny?”
 “Who in the world is calling me at 9:00 p.m.?”
 “Sorry, I forgot what I was going to say.”
 “Now what did I come in here for?”
 “What do you mean, ‘incorrect password’? That’s the same one I use on ALL my sites!”

And Then It is Winter *Continued from Page 1*

who we used to see and never thought we'd be.
 Each day now, I find that just getting a shower is a real target for the day! And taking a nap is not a treat anymore, it's mandatory! Cause if I don't on my own free will, I just fall asleep where I sit.
 And so now I enter into this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!
 But at least I know, that though the winter has come, and I'm not sure how long it will last, this I know: that when it's over on this earth, it's NOT over. A new adventure will begin!
 Yes, I have regrets. There are things I wish I hadn't done, things I should have done, but indeed, there are many things I'm happy to have done. It's all in a lifetime.
 So, if you're not in your winter yet, let me remind you that it will be here faster than you think. So, whatever you would like to accomplish in your life please do it quickly! Don't put things off too long!



Life goes by quickly. So, do what you can today, as you can never be sure whether this is your winter or not! You have no promise that you will see all the seasons of your life. So live for today and say all the things that you want your loved ones to remember, and hope that they appreciate and love you for all the things that you have done for them in all the years past! Life is a gift to you. The way you live your life is your gift to those who come after. Make it a fantastic one.



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When the salesman came to pick up the cow, the rancher presented him with the following bill:

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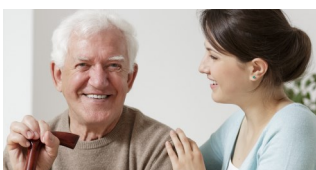
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the holes dug for us in
the ground are
all the same size.**



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MOMS NOW vs. MOMS THEN:

"That word is inappropriate."	"Say that again and I'll wash your mouth out with soap."
"Good job trying one bite of the dinner I made. Now you can have Mac & Cheese."	"You'll eat what I make, whether you like it or not. There are starving children in the world."
"I can see you're upset. Take a deep breath and use your words."	"You better stop crying or I'll REALLY give you something to cry about."
"You can't walk around the block by yourself. I'll drive you. Text me when you need a ride back."	"You want to go out? Take your bike. Be home before dark."
"I packed your bento box with almond butter on whole grain, kale chips, and an organic smoothie."	"Take a brown bag with a bologna sandwich on Wonder Bread. Grab a Twinkie and a Hawaiian Punch too."

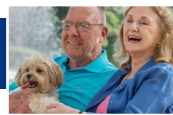
GOOD RULES TO LIVE BY

- Compliment three people each day.
- Watch the sunrise once a week
- Be the first to say "hello"
- Live beneath your means
- Treat everyone like you want to be treated
- Never give up on anyone; miracles happen
- Forget about keeping up with the Joneses.
- Never deprive someone of hope; it may be all he has
- Pray not for things, but for wisdom and courage
- Be tough-minded and tender-hearted
- Be kinder than necessary
- Don't forget that a person's greatest need is to feel appreciated
- Keep your promises
- Learn to show cheerfulness even when you don't feel like it
- Leave everything better than when you found it
- Never waste an opportunity to tell someone you love them



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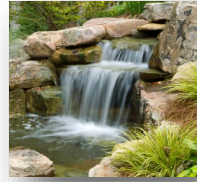
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The following appeared in church bulletins
 or were announced at church services.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

The church will host an evening of fine dining, super entertainment and gracious hospitality.

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

At the evening service tonight, the sermon topic will be 'What is Hell?' Come early and listen to our choir practice.

Don't let worry kill you off – let the Church help.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

Miss Charlene Mason sang 'I will not pass this way again', giving obvious pleasure to the congregation.

This evening at 7pm there will be hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.

For those of you who have children and don't know it, we have a nursery downstairs.

Low Self-Esteem Support Group will meet Thursday at 7pm. Please use the back door.

The Rector will preach his farewell message, after which the choir will sing 'Break Forth Into Joy'.

The Associate Minister unveiled the church's new tithing campaign slogan last Sunday: 'I Upped My Pledge – Up Yours.'

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

This being Easter Sunday, we will ask Mrs Lewis to come forward and lay an egg on the altar.

Potluck supper Sunday at 5pm – prayer and medication to follow.

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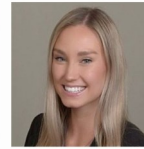
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Milestones



Chuck Szekula
Jan 11, 1926—96 years
Meridian Harmony Hills



Bob Muir
Dec 26, 1926—95 years
Meridian Harmony Hills



Molly Mosby
Jan 1, 1928—94 years
Meridian Harmony Hills



Doris Croy
Jan 2, 1930—92 years
Boise New Hope



Marjorie Stocker
Jan 22, 1930—92 years
Eagle Senior Center



Donna Fortezzo
Dec 7, 1930—91 years
Meridian Harmony Hills

DO YOU REMEMBER:

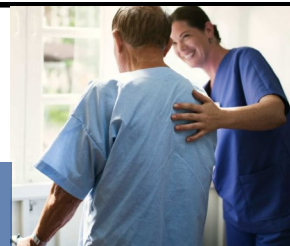
- When everyone's Mom was home when you got home from school?
- When all male teachers wore ties and female teachers wore dresses?
- When you got your windshield cleaned, oil checked and gas pumped, and you got free maps and Green Stamps at the service station?
- Going to church twice on Sunday and Wednesday night, too?
- Spinning around, getting dizzy and falling down?
- When Coke came in glass bottles and you had to use a bottle opener?
- When summers were filled with bike rides with playing cards in the spokes, Hula Hoops, roller skating and going to city pool?
- When it took five minutes for the black and white TV to warm up and putting tin foil on the rabbit-ears antenna to get a better picture?
- Watching the Lone Ranger, Sky King, Lassie and Sgt Bilko?
- Juicy Fruit gum and baseball cards with bubble gum?
- Home milk delivery in glass bottles with tinfoil tops?
- Hi-fi's & 45 RPM singles and 78 RPM records?
- Making decisions by going "Eeny-meeny-miney-moe" or playing "rock-paper-scissors"?
- When "race" meant seeing who ran the fastest?
- When being sent to the principal's office was nothing compared to the fate that awaited you at home?

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Got Stuff?

The TRUTH is, that all of the "STUFF" here on earth we work SO hard to buy and accumulate does NOT mean a thing.



At the end of the day, people will be cleaning out our "STUFF," going thru our "STUFF," and figuring out what to do with all of our "STUFF"...this "STUFF" we've accumulated all through our life.

The only thing of VALUE that remains are the MEMORIES and what we deposit into others.

May we all learn to spend less time accumulating "STUFF" and spend way more time making MEMORIES.

The Giving Tree—an excerpt

By Shel Silverstein—1964

"And after a long time the boy came back again.

"I am sorry, Boy," said the tree, "but I have nothing left to give you ~ my apples are gone."

"My teeth are too weak for apples," said the boy.

"My branches are gone," said the tree.

"You cannot swing on them~"

"I am too old to swing on branches," said the boy.

"My trunk is gone," said the tree.

"You cannot climb..."

"I am too tired to climb," said the boy.

"I am sorry," sighed the tree.

"I wish that I could give you something... but I have nothing left. I am an old stump. I am sorry..."



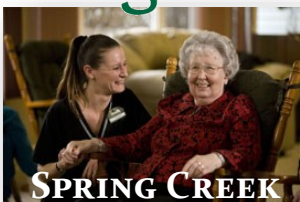
"I don't need very much now," said the boy, "just a quiet place to sit and rest. I am very tired."

"Well," said the tree, straightening herself up as much as she could, "an old stump is a good for sitting and resting.

Come, Boy, sit down. Sit down and rest."

And the boy did.

And the tree was happy.



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If my body was a car, I'd be trading it in for a newer model.

I've got bumps, dents, scratches and a faded paint job.



My head-lights are out of focus and my wheels are out of alignment.

My transmission is seizing up and it takes me hours to get up to speed.

Every time I go around a curve, I spin out and head for a ditch.

I overheat for no reason in the summer, and my air conditioning turns on by itself in the winter and chills me to the core.

The worst part? Every time I laugh, sneeze or cough either my radiator leaks or my exhaust backfires. I'm a wreck waiting for a tow.

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Milestones



Ron Hill
Jan 4, 1931—91 years
Meridian Harmony Hills



Mary Orman
Jan 17, 1932—90 years
Meridian Senior Center



Helen Posluszny
Dec 19, 1936—85 years
Meridian Senior Center



Mary Stinchcomb
Jan 6, 1937—85 years
Kuna Senior Center



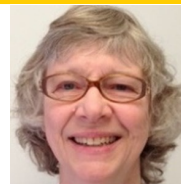
Nancy Holmberg
Jan 18, 1952—70 years
Eagle/Star Senior Centers



Chris Olsen
Jan 3, 1952—70 years
Meridian 10 Mile Christian

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