

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

An Unlikely Friendship

History is messy. Looking back it is easy to judge and dismiss individuals based on labels and affiliations. You'd probably be surprised to find that a German track star at the 1936 Berlin Olympics became friends with an African American track star despite the presence of angry, racist leader Adolf Hitler at the games. American Jesse Owens and Luz Long, the German model athlete, clashed directly when Nazi Germany hosted the Olympics and to everyone's surprise quickly became friends even if all nations expected a rivalry between them.



The long jump duel took place on August 4, 1936, in front of 100,000 spectators. On one side was Long, the 23-year-old athlete who held the European record at the time. On the other hand, the 22-year-old Owens, the holder of the world record.



As Owens writes in his 1970 autobiography, a key moment occurred during qualifying in the long jump when he had only one jump left, after a missed jump and one that was too short. Long then came to his aid, the American athlete remembers, and gave him some advice that helped him get through the test.

(Continued on Page 2)

Gene Autry's Cowboy Code

1. The Cowboy must never shoot first, hit a smaller man, or take unfair advantage.
2. He must never go back on his word, or a trust confided in him.
3. He must always tell the truth.
4. He must be gentle with children, the elderly, and animals.
5. He must not advocate or possess racially or religiously intolerant ideas.
6. He must help people in distress.
7. He must be a good worker.
8. He must keep himself clean in thought, speech, action, and personal habits.
9. He must respect women, parents, and his nation's laws.
10. The Cowboy is a patriot.

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A Senior's Version of FACEBOOK

For those of you who don't understand how Facebook works, here is my explanation. I am trying to make friends outside of Facebook while applying the same principles.

Every day when I walk down the street I tell passersby what I have eaten, how I feel at the moment, what I did the night before and what I plan to do later.

I hand them pictures of my family, my dog, and me gardening, working in my shop, standing in front of landmarks, and what I had for lunch.

I carry a photo album with me of pictures from my last vacation and show them to anyone around, whether they want to see them or not.

I also listen to my friends conversations, give them a "thumbs-up" and tell them I "like" what they said. But I make a "frowny face" or an "angry face" if I don't like what they say.

And it works just like Facebook. I already have four people following me: two police officers, a private investigator, and a psychiatrist.

An Unlikely Friendship - Continued from Page 1

After besting Long and taking home gold in the long jump, Owens was famously photographed saluting the American flag. Long stood behind him, offering the Nazi salute.

Long publicly embraced Owens while even American President Franklin D. Roosevelt didn't send him a congratulatory telegram after his impressive wins.



"It took a lot of courage for him to befriend me in front of Hitler," Owens later said in an interview. "You can melt down all the medals and cups I have and they wouldn't be a plating on the 24-karat friendship I felt for Lutz Long at that moment. Hitler must have gone crazy watching us embrace."

The two remained friends, keeping in contact as much of world plunged into war. Long joined the German Army and was stationed in North Africa before being killed in action on July 14, 1943, during the Allied invasion of Sicily. Five years after the end of the war, the German Red Cross discovered Long's grave on the Mediterranean island.

In his last letter to Owens, Long, seemingly aware of his impending fate, wrote, "My heart tells me, if I be honest with you, that this is the last letter I shall ever write. If it is so, I ask you something. It is a something so very important to me. It is you go to Germany when this war done, someday find my (son) Karl [Kai], and tell him about his father. Tell him, Jesse, what times were like when we not separated by war. I am saying—tell him how things can be between men on this earth."

In 1951 Owens traveled to Germany to meet Long's then 10-year-old son, Kai, fulfilling his promise to indeed tell the young boy how things could be. Owens eventually served as best man at Kai's wedding, and the two families remain in contact to this day. Owens passed away on March 31, 1980.

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How in the World Did We Survive Without Technology?

A young man asked his grandfather: "Grandpa, how did you live in the past without technology: no computers, no internet, no TVs, no air conditioning, or no cell phone?"

Grandpa answered: "Well, we had something that is lacking today. We had prayer in our schools, we had compassion for others, and we had respect for authority, including our parents, teachers, police, and our President. We had pride in our country, we had modesty in our dress, and we had honesty and integrity in our business.

"We were blessed with a much simpler life. While playing and riding a bike, we never wore a helmet. After school we played until dusk and never watched television because most of us didn't have it! We made our own toys out of 2x4s and nails. We never had a cell phone, cable TV or a DVD player, video games, or computers. We played with real friends, not virtual friends. If we wanted to talk to our friends, we dialed them up on our rotary phone.

"If we were thirsty, we would drink tap water, not bottled water – and our 'flavored water' was made with Kool-Aid in a packet! If we were outside, we drank out of the garden hose. We ate the food put on the table in front of us. Going to a burger drive-in was a rare treat.

"We went to church twice on Sunday, and Wednesday night, too. Some of our best friends were made in Sunday school, Vacation Bible School, or summer camp.

"We visited our friend's homes without being invited and shared and enjoyed the food with them. We knew our neighbors and could ask them for help anytime. We had real neighborhoods back then.

"And how did we document all this? Well, we may have had black and white photos back then, but there are colorful memories in these photos.

"We are a unique generation; we are a limited edition! We are a treasure destined to disappear one day, but it's not too late to learn from us old folks. Take time to listen and learn from us."



Extra Motivation

Two little old ladies Dolly and Ruby were talking about their grandchildren.



Dolly said, "Each year I send each of my grandchildren a card with a generous check inside for their birthday. I never hear from them. I never receive a thank you message."

Ruby replied, "I send my grandchildren a very generous birthday check, too. I hear from them within a week after they receive it. In fact, they each pay me a personal visit."

"Wow! How come?" asked Dolly.

"Very simple solution...I don't sign the check!"



"Mr. Simpson, I have reviewed your case very carefully," said the divorce court judge. "I have decided to give your wife \$750 a week."

"That's very fair, your Honor," replied Mr. Simpson. "And every now and then I'll try to send her a few bucks myself!"

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Milestones



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Helen Hill
 March 26, 1923—99 years
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Margaret Murray
 March 13, 1926—96 years
 Nampa Sunnyridge



Polly Chastain
 March 8, 1927—95 yrs
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Faye Vink
 March 3, 1928—94 years
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Ruby Finley
 Marc 16, 1929—93 years
 Parma Senior Center



Al Pemble
 March 16, 1930—92 years
 Nampa Bethel Nazarene



Joan Ayres
 March 12, 1931—91 years
 Nampa Senior Center

Quotes from Actual Performance Evaluations

- Since my last report, this employee has reached rock-bottom and shows signs of starting to dig.
- His men would follow him anywhere, but only out of morbid curiosity.
- I would not allow this employee to breed.
- This associate is really not so much of a has-been but more of a definitely won't be.
- He would be out of his depth in a parking lot puddle
- This young lady has delusions of adequacy
- This employee should go far—and the sooner the better
- This employee is depriving a village somewhere of an idiot
- He sets low personal standards and then consistently fails to achieve them



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How to Avoid Mixed Metaphors

It's not rocket surgery. First, get all your ducks on the same page. After all, you can't make an omelet without breaking stride.

Be sure to watch what you write with a fine-tuned comb. Check and re-check until the cows turn blue. It's as easy as falling off a piece of cake.



Don't worry about opening up a whole hill of beans; you can burn that bridge when you come to it, if you follow where I'm coming from.

Concentrate! Keep your door closed and your enemies closer. Don't take the moral high horse: if the metaphor fits, walk a mile in it!

Say What?

Most people could care less that people say irregardless. This misuse should have been nipped in the butt long ago. Maybe they are just escape goats for the broader problems of the decline of education.

But even though I have been biting my time here, cringing at the next foe paw while they get off scotch free, it's truly a mute point these days.

Face it: it's a doggie dog world out there. I thing I'll just go curl up in a feeble position.



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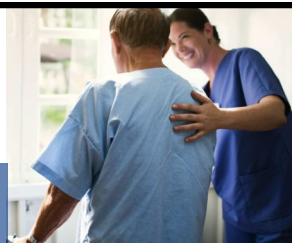
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CROSSING OVER

Oh, please don't feel guilty
It was just my time to go.
I see you are still feeling sad,
And the tears just seem to flow.

We all come to earth for our lifetime,
And for some, it's not so many years.
I don't want you to keep crying,
You are shedding so many tears.

I haven't really left you
Even though it may seem so.
I have just gone to my heavenly home,
And I'm closer to you than you know.

Just believe that when you say
my name, I'm standing next to you,
I know you long to see me,
But there's nothing I can do.

But I'll still send you messages
And hope you understand,
That when your time comes to "cross over,"
I'll be there to take your hand.

- Author Unknown -

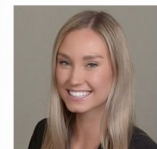
Words of Wisdom from Children

- Never trust a dog to watch your food - Patrick, 10
- When your dad is mad and asks you, "Do I look stupid?" don't answer him. - Michael, 14
- Never tell your mom her diet's not working - Randy, 9
- Don't squat with your spurs on - Nora, 13
- When your mom is mad at your dad, don't let her brush your hair - Tayla, 11
- Never allow your three-year-old brother in the same room as your school assignment. - Traci, 14
- Don't sneeze in front of your mom when you're eating crackers - Mitchell, 12
- You can't hide a piece of broccoli in a glass of milk - Amy, 9
- Don't wear polka-dot underwear under white shorts - Kellie, 11
- If you want a kitten, start out by asking for a horse—Nicki, 8
- When you get a bad grade in school, show it to your mom when she is on the phone - Alicia, 13



I hate when a couple argues in public, and I missed the beginning and don't know whose side I'm on.

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Punctuation Matters



An English Professor wrote these words on the chalkboard and asked the students to punctuate it correctly:

“A woman without her man is nothing.”

All of the males in the class wrote:

“A woman, without her man, is nothing.”

All of the females in the class wrote:

“A woman: without her, man is nothing.”

Punctuation makes a big difference!

Tips on how to fall asleep in a living room chair:

1. Be old
2. Sit in a chair

“Why English Is Hard to Learn”

We'll begin with *box*; the plural is *boxes*,
But the plural of *ox* is *oxen*, not *oxes*.
One fowl is a *goose*, and two are called *geese*,
Yet the plural of *moose* is never called *meese*.

You may find a lone *mouse* or a house full of *mice*;
But the plural of *house* is *houses*, not *hice*.
The plural of *man* is always *men*,
But the plural of *pan* is never *pen*.

If I speak of a *foot*, and you show me two *feet*,
And I give you a *book*, would a pair be a *beek*?
If one is a *tooth* and a whole set are *teeth*,
Why shouldn't two *booths* be called *beeth*?

If the singular's *this* and the plural is *these*,
Should the plural of *kiss* be ever called *keese*?

We speak of a *brother* and also of *brethren*,
But though we say *mother*, we never say *methren*.
Then the masculine pronouns are *he*, *his*, and *him*;
But imagine the feminine . . . *she*, *shis*, and *shim*!

— Anonymous



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*The Chef on TV just said,
“Where's there's fat, there's flavor.”
I know he was talking about food,
but I took it as a compliment!*

“He was so narrow-minded, he could see through a keyhole with both eyes.”

He Missed the Show

The young man lay sprawled across three entire seats in the old movie theater.

When the usher came by and noticed this, he whispered to the man, “Sorry, sir, but you're only allowed one seat.”

The man groaned but didn't budge.

The usher became more impatient.

“Young man, if you don't get up from there, I'm going to have to call the manager.”

The fellow just groaned.

The usher marched briskly back up the aisle.

In a moment he returned with the manager. Together the two of them tried repeatedly to move the man, but with no success.

Finally, they summoned the police.

The cop surveyed the situation briefly then asked, “All right buddy, what's your name?”

“Nick,” the young man moaned.

“Where ya from, Nick?”

With pain in his voice, Nick replied, “The balcony.”

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James Jefferies
March 13, 1937—85 years
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Mary Twitchell
March 26, 1937—85 years
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Bert Weaver
March 21, 1942—80 years
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Dean Frost
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John Dantzler
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Fay Shields
Feb 2, 1947—75 years
Melba Valley Senior Center



Thomas Loop
Feb 2, 1952—70 years
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