

Canyon County Edition

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

They Mailed Her to Grandma

On Feb. 17, 1914, a little girl from Grangeville, Idaho, was mailed to her grandmother's house.

Decades before overnight shipping or priority mail became the quickest way to mail goods around, the United States Postal Service was still figuring out how and what can be mailed.

One of the most poignant deliveries was that of Henry 'Box' Brown, a black slave who in 1850 mailed himself in a three-foot box from Richmond, Virginia to the Anti-Slavery office in Philadelphia. The delivery took 26 hours, after which time Brown emerged from the box safe and sound. He sang a Biblical psalm to announce his newly-gained freedom.

The Post Office first offered free mail delivery for city residents in 1863 and it wouldn't be until 1890, the same year Idaho became a state, till free delivery was even considered for rural residents. At the time, people had to go into town to pick up their mail. In 1899, free delivery was finally offered on rural routes and came to Idaho in 1900.

It wasn't long until people in rural areas were trying to get larger goods delivered to their front door. So the U.S. Postal Service began parcel post delivery, making it possible to send something bigger than a breadbox to

someone's door. People definitely took advantage of it, shipping everything from bricks to children.

Limits on what could be mailed changed three times in 1913, going from three pounds to eventually 50 pounds. So parents found that they could mail peculiar parcels through the post office.

"Folks were just trying to be innovative and use this new service to the ability that they could, and in a way, they were really pushing the limit," Hannalore Hein, an Idaho historian, said.

Between 1913 and 1915, seven children were mailed, according to the National Postal Museum. One Idaho girl was one of them and one of the last.

May Pierstorff

(Continued on page 2)



- **1775** Benjamin Franklin appointed first Postmaster General by the Continental Congress
- **1847** U.S. postage stamps issued
- **1855** Registered Mail begins -Prepayment of postage required
- 1860 Pony Express began
- **1863** Free city delivery begins -Postage rates become uniform, regardless of distance
- **1873** U.S. postal cards issued
- **1893** First commemorative stamps issued
- **1896** Rural free delivery begins
- 1913 Parcel Post begins
- **1918 -** Scheduled airmail service begins
- **1950** Residential deliveries reduced to one a day
- **1963 -** ZIP Code inaugurated
- **1974 -** Self-adhesive stamps tested
- **1992 -** Self-adhesive stamps introduced nationwide
- **2004 -** Priority Mail[®] flat-rate box introduced
- **2007** "Forever" stamp issued
- **2017** Informed Delivery available nationwide



ASSISTED LIVING WAS THE ANSWER FOR US



Call or visit us online today SpringGardens.com/Meridian (208) 584-5393



Family Owned and Operated Since 1981 21342 Main St., Greenleaf, Idaho (208) 454-0164

BEST SELLERS READING LIST

"How to Write Long Novels" by Warren Peece "I Survived a Lion Attack" by Claude Miarmoff "Classic Children's Songs" by Barbara Blacksheep "Heart Surgery in Ireland" by Angie O'Plasty "Crossing the Sahara in 7 Days" by I. Rhoda Kamel "School Truancy in the U.S." by Marcus Abcent "My Life as a Cloakroom Attendant in New Delhi" by Mahatma Cote "Children Need Positive Reinforcement" by Wade Ago "The Ouiet Method to Get Attention in a Noisy World" by Danielle Soloud

"How to Avoid Arguments" by Xavier Breth

"Finding a Pen Pal" by Imelda Letter "Classic Party Games" by Bob Frapples

A Better Solution

Services include companionship, personal care, transportation, housekeeping, meal preparation & placements

(208) 285-2353 www.absihc.com/boise



(They Mailed Her to Grandma—Continued from page 1)

"She is known as 'Mailing May," Hein said. "A little girl that was shipped through the mail, through the postage system."

Five-year-old May Pierstorff lived in Grangeville and her grandmother lived in Lewiston and the train ticket to get them together was too expensive, nearly three times more than mailing the little girl, according to Hein.

On Feb. 19, 1914, May was sent packing with her 53-cent postage pinned to her coat, and just shy of the 50-pound limit, she was shipped off. May made the 73-mile journey through the woods and to grandma's house riding in the mail compartment of the Camas Prairie Railroad.



"If you could figure out a way to

box it, you could figure out a way to ship it," Hein said.

Free rural delivery and low-cost bulk mail service led to a steep rise in mail traffic. The low prices encouraged businessman W.H. Coltharp to send more than 80,000 bricks via horse-drawn wagon and train to Utah for the construction of a bank building in 1917. This in turn resulted in the imposition of a maximum weight limit for mail of 200 pounds per customer a day.



The U.S. Postal Service is one of the few government agencies authorized by the U.S. Constitution. It has always sought to utilize the quickest means available for mail delivery. From horses, ships, and trains the Postal Service moved on to cars and airplanes.

Today the Postal Service is owner of the largest motor pool in the world. Today, the Postal Service has more than 235,000 vehicles in its fleet.





Page 2 - Copyright 2022 Senior Goldmine - Permission is granted to copy as a whole only, not in part



Sunny Ridge

Independent Senior Living, Assisted Living, Skilled Nursing and Rehabilitation

208.467.7298 • 2609 SUNNYBROOK DRIVE, NAMPA, IDAHO 83686

Six Thoughts with Lots of Meaning

- One day all of the villagers decided to pray for rain. On the appointed day, all the people gathered at the town square, but only one boy brought an umbrella. *That is faith.*
- When you throw babies in the air, they laugh because they know you will catch them. *That is trust.*
- Every night we go to bed without any assurance of being alive the next morning, but we still set alarms to wake up. *That is hope.*



• A sweet old lady had this written on her shirt: "I'm not 80—I'm sweet 16 with 64 years of experience!" *That's attitude.*



- We plan big things for tomorrow in spite of zero knowledge of the future. *That is confidence.*
- We see the chaos in the world, but we still get married and have children. *That is love.*

Live your life to the fullest—filled with faith, trust, hope, attitude, confidence and love. Then it will be truly full!



Phone: 208.985.2260 www.DoctorsHospiceofIdaho.com

Billy's Pain

During a Sunday School lesson, little Billy learned how God created human beings.

The boy became especially focused when the teacher explained how Eve was created from one of Adam's ribs.

Later that week, Billy's mother saw him lying on his bed hurting.



"What's wrong, Billy?" she asked, very concerned.

His reply was priceless: "Mom, I have a bad pain in my side. I think I'm getting a wife!"

Joey's Need

Joey (yelling from upstairs): "Dad, I need help!" Dad (running upstairs): "What's wrong?" Joey: "I need a hug!"

Dad: "I already tucked you in. I thought it was an emergency!" Joey: "Love is my emergency!"



Honoring Memories and Celebrating Lives since 1907



404 10th Ave. S., Nampa, Idaho 83651 + (208) 466-3545 + www.alsippersons.com



A FREE SERVICE that guides seniors through customized living solutions. OasisSeniorAdvisors.com/SW-Idaho



Sandy Adams 208.585.7018 • Jennifer Smith 208.901.7428 • Kathy Lacina 208.573.4658

Take As Instructed

An elderly gentleman went to the doctor. After the examination, the doctor told him, "You have some problems with your heart, but if you take these pills and follow my instructions carefully, you should be fine.

So the doctor gave the man the pills, and the patient asked, "Do I have to take them every day?"

"No," replied the doctor, "take two on Monday, skip all day Tuesday, take two on Wednesday, skip all day Thursday and go on like that."



Two weeks later, the doctor walked down the street and saw the patient's wife.

"Hello, Mrs. Jacobs," he said, "How's your husband?" "Oh, he died of a heart attack," she said sadly.

"I'm so sorry to hear that," says the doctor, "If he took those pills as I directed, he should have been fine."

"Oh, he took the pills just fine," said Mrs. Jacobs. "It was all the skipping that killed him!"

Shout out to everyone who can remember their childhood phone number but can't remember the password they created yesterday.



Old age has come at a bad time. Just as I was beginning to know everything, I'm now forgetting everything I knew.



Melinda was at her therapist. The therapist asked her, "If you were stranded on a desert island, who would you want to be with?" "My cousin, Lenny," she quickly answered. "Why Lenny?" asked the therapist. "He has a boat!" she said.



Economy Cruise

A man was walking down the street in Dublin when he saw a sign in the window of a travel agency that said "River Cruises -100 Euros."

So he went into the agency and handed the guy €100. The travel agent then picked him up, carried him outside and across the street, and threw him into the river.

Another man walking down the street five minutes later saw the sign, walked in the agency and pays the guy €100. The travel agent picked him up, carried him outside and across the street, and threw him into the river.



Sometime later, the two men were floating down the river together, and the first man asked, "Do you think they'll serve any food on this cruise?"

The second man said, "I don't think so. They didn't do it last year."

TRUDY HAMMOND, REALTOR® Your local senior real estate specialist



quality home care that supports

How can we help?

208.376.5515 boise@familyrhc.com familyresourcehomecare.com



Serving the entire Treasure Valley Area

Gentle Hearts e Heart ING SOLUTION

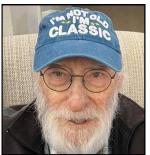
Marbeth Soler, CDP Senior Living Placement and Referral Specialist **Certified Dementia Practitioner** (208) 858-4983 • marbeth@ghls.care www.ghls.care

Milestones

family (



Juanita Hazel Siebert March 7, 1917—107 years Caldwell Port Stewart



Glen Benedict March 21, 1928—96 years Nampa Avista



Polly Chastain March 8, 1927-97 years Nampa



Ruby Finley March 16, 1929-95 years Caldwell Autumn Wind



Faye Vink March 3, 1928—96 years Nampa Senior Center



Al Pemble March 16, 1930-94 years Nampa

HEARING

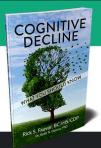
Brain Health

& Hearing

Patrick and Martin are working on a building site. Patrick says to Martin, "I'm gonna get the day off. I'm gonna pretend I've gone mad!" He climbs up the rafters, hangs upside down and shouts, "I'm a lightbulb, I'm a lightbulb!" Martin watches in amazement.

The foreman shouts: "Patrick, go home. You've gone mad." So Patrick leaves the site. Martin starts packing his tool bag up to leave. "Where do you think you're going?" asks the foreman.

"Well, I can't work in the dark, you know!" says Martin.



COGNITIVE DE FREE Book By Rick S. Fauvor, BC-HIS/CDP

In this book you'll learn the secrets to living your best life!

Hearing care is health care

Preventing Dementia is possible

You can live with less ringing in your ears 1

Maintain your independence as you age actively

Visit: www.EHBookOffer.com

Original or Crispy?

My teacher asked the class what our favorite animal was. When it was my turn, I told her, "Fried chicken."

She said I wasn't funny, but she was wrong, because everyone else laughed.

My parents told me to always tell the truth. I did. Fried chicken is my favorite animal.

I told my dad what happened and he said she was probably a vegetarian. He said they love animals very much.

I, too, love animals. Especially chicken, pork and beef. Anyway, my teacher

sent me to the



principal's office. I told him what happened, and he laughed, too. Then he told me not to do it again.

The next day, the teacher asked me what my favorite LIVE animal was. I told her it was chicken.

She asked me why, so I told her it was because you could make them into fried chicken.

She sent me back to the principal's office. He laughed and told me not to do it again.

I don't understand. My parents taught me to be honest, but my teacher doesn't like it when I am.

Today, my teacher asked me to tell her what famous military person I admired most.

I told her. "Colonel Sanders." Guess where I am now.



Providing non-emergency transportation Ambulatory
 Wheelchair
 Hospice Stretcher
 Long-Distance

Serving the Greater Treasure Valley ADDUS

We are here to help you maintain your health and independence

208.342.1222 * www.addus.com

1954 Woolworth's Lunch Counter Menu Today's Menu Suggestions Tender Roast Beef, Brown Gravy **Creamy Whipped Potatoes** Garden Vegetable Roast Turkey (All White Meat) Hot Turkey Gravy, Savory Dressing **Creamy Whipped Potatoes** Garden Vegetable, Cranberry Sauce 3. BAKED MEAT LOAF DINNER Oven Baked Meat Loaf, Brown Gravy **Creamy Whipped Potatoes** Garden Vegetable Fried Filet of Fish, Tartar Sauce French Fried Potatoes, Cole Slaw ROLL AND BUTTER SERVED W/ABOVE DINNERS * * 99c TODAY'S LUNCHEON SPECIAL 99c Baked Macaroni w/Old English Cheese Vegetable, Cole Slaw, Roll and Butter Gelatin w/Whipped Topping or Ice Cream w/Chocolate Sauce 99c Choice of Beverage 99c Tender Slices Roast Beef - Rich Brown Gravy



Scooters • Wheelchairs • Ramps • Walkers/Rollators

 Sales • Repairs • Rentals • Installation 339 N. Milwaukee St., Boise 83704

(208) 617-5200

WORD PLAY

I OBJECT TO THAT OBJECT

I NEED TO READ WHAT I READ AGAIN

EXCUSE ME BUT THERE'S NO EXCUSE FOR THIS

THE BUTCHER WOUND UP WITH AN OPEN WOUND

THE PITCHER SHOULD WIND UP AND THROW THE BALL TO THE WIND

THE LONG-TIME EMPLOYEE DECIDED IT WAS TIME TO RESUME UPDATING HIS RESUME

A MINUTE MINUTE IS A SMALL PIECE OF TIME

THE TEAR IN HER NEW DRESS BROUGHT A TEAR TO HER EYE

I'M NOT CONTENT WITH THIS CONTENT

Call today to schedule your complimentary hearing assessment* Upon completion, receive a \$20 Gift Card* of your choice. Choose from top national retailers.



HearingLife hearinglife.com

1084 N. Cole Road Boise, ID 83704 208.826.4169 745 S. Progress Ave. Meridian, ID 83642 208.370.5661

801 NW 13th Street Fruitland, ID 83619 208.549.5272

Mention code AG60-1 when calling to receive your special offer.

2635 Caldwell Blvd. Ste. 102 Nampa, ID 83651 208.899.8699

*See office for details.



Locally-owned and serving the valley for over 25 years (208) 887-7719

ACTUAL ANSWERS ON AN APTITUDE TEST

- In which battle did Napolean die? His last.
- Where was the Declaration of Independence signed? At the bottom.
- 3. Name a state in which the Columbia River flows. Líquíd state.
- What is the number one cause of divorce?
 Marríage
- What should you never eat for breakfast?
 Lunch and dinner
- If you throw a rock into the Salt Lake, what will it do? Get wet.
- 7. Is it possible to go 7 days without sleeping?
 Yes if you only sleep at night
- If it takes 8 men 10 hours to build a wall, how long would it take four men to build it? No time at all, it's already built
- How can you drop a raw egg onto a concrete floor without cracking it?
 Any way you want, because it's really hard to crack a

concrete floor



LIGHTHOUSE HOSPICE

2667 E. Gala Court #110 Meridian, ID 83642

(208) 576-6383

Se habla Español www.lighthousehospiceidaho.com

WHEN EACH MOMENT COUNTS

This student just aced his English test!

1	
	shot sentences
	a. I like bacon.
	b. You like bacon.
	c. We like bacon.
1	compound sentences
	a. I like bacon very much, so I eat bacon.
R	6. You like bacon a lot, so you eat bacon.
	c. We like bacon so much, so we eat bacon.
	Subject First
	a. Bacon is so amazing.
	b. Bacon is very crispy.
	c. Bacon is very steamy.
	Adjectives first
62.	a. Crispy bacon in my mouth,
23	1. A mazing bacon in my mouth.
	c. Tasty bacon on a plate.
	Adverbs FITST
	a Quickly I chever all the bacon,
	6. Quickly I chewed and subtrover the bacon, 6. Quietly I devoured all the bacon, c. Happily I ate every single strip of ba
	c. mpping - me man jan jan j

Old Mrs. Sullivan went to the doctor with bad burns on both ears. "What happened?" asked the doctor.

"I was ironing when the phone rang. I picked up the iron by mistake and put it to my ear," she replied sadly.

"What about the other ear?" the doctor asked.

"It was a bill collector and they called back."



Bad Luck of the Irish

Father O'Malley answers his phone.

"Hello, is this Father O'Malley?" "Yes, it is."

"This is the IRS calling. Is Patrick O'Connor a member of your parish?"

"Yes, he is."

"Did he make a \$20,000 contribution to your parish Fund?" "He's about to," replied the father.

Sean Murphy from Dublin went skydiving for the first time one Sunday afternoon. Unfortunately, his parachute failed to open, but landing in a tree saved him.

A farmer from a nearby village happened by. "I could have told you this was going to happen," he said. "Nothing opens around here on Sunday!"

Want to have Senior Goldmine mailed to your home or to a friend each month?

Send this form and a \$25 check for 12 issues to Senior Goldmine, 11626 W Cross Slope Way, Nampa, ID 83686.

Send to:	
Phone	
St. Address	
City, State, Zip	
Your Name	
Phone	
St. Address	
City, State, Zip	

Canyon March 2024



STANDING STRONG:

Free Webinar on Fall Risks for Older Adults Falling is one of the biggest health risks facing older adults – if you or a loved one has concerns about falling, join us for a free webinar on Friday, March 22 at 10am PST.

SIGN UP for the free webinar at **PrestigeCanHelp.com**.

Prestige Assisted Living at Autumn Wind 200 W Beech St · Caldwell, ID 83605 · 208-795-3517 · prestigecare.com/autumnwind

Milestones

Ruth Kroemer

March 31, 1930-94 years

Caldwell Senior Center



Avenell Means March 15, 1931—93 years Parma Senior Center



Marjorie Colo March 21, 1939 —85 years Nampa Senior Center



Judie Jemmett March 10, 1944 —80 years Nampa Senior Center



Monica Shriver Feb 11, 1949—75 years Melba Valley Senior Center



Arvid Kreps Feb 8, 1934—90 years Caldwell Grace



William Van Sickle March 10, 1939—85 years Caldwell Senior Center



James Meyer Sept 19, 1948—75 years Caldwell Senior Center



(208) 547-6662 • www.QCKinetix.com/boise

70, 75, 80, 85, 90 and up; and **Anniversaries**— 50, 55, 60 and up. Send your info and photo to

send your into and photo to <u>terry@seniorgoldmine.com</u> or call (208) 615-1948

Senior Goldmine

Milestones:

Birthdays-

recognizes the following

