

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

Cows Don't Give Milk

A father used to say to his children when they were young, "When you all reach the age of 12, I will tell you the secret of life."

One day when the oldest son turned 12, he anxiously asked his father what was the secret of life. The father replied that he was going to tell him, but that he should not reveal it to his brothers until they too, turned 12.

"The secret of life is this: A cow does not give milk."

"What do you mean?" asked the boy incredulously.

"Just what I said, son: The cow does not give milk, you have to milk it. You have to get up at 4 in the morning, go to the field, walk through the corral full of manure, tie the tail, hobble the legs of the cow, sit on the stool, place the bucket and do the work yourself."



That is the secret of life, the cow does not give milk. You milk her or you don't get milk. There is a generation now that thinks that cows GIVE milk. That things are automatic and free; their mentality is that if "I wish, I want, I ask... I obtain."

(Continued on Page 2)

Word Play

ARBITRATOR -

A cook who leaves Arby's to work at McDonalds

BERNADETTE -

The act of burning your mortgage

BURGLARIZE -

What a cook sees through

AVOIDABLE -

What a bullfighter tries to do

COUNTERFEITER -

Craftsman putting together kitchen cabinets

LEFT BANK -

What the robbers did when their bag was full of money

HEROES -

What a man in a boat does

PARASITES -

What you see from the Eiffel Tower

PARADOX -

Two physicians sharing a practice

PHARMACIST -

Giving the farmer a hand

RELIEF -

What trees do in the spring

RUBBERNECK -

What you do to relax your wife

SELFISH -

What the owner of a seafood store does



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SUCCESS

By Ralph Waldo Emerson



“To laugh often and much;
to win the respect of the
intelligent people and the
affection of children;
to earn the appreciation of
honest critics and endure
the betrayal of false
friends;
to appreciate beauty;
to find beauty in others;
to leave the world a bit
better whether by a healthy
child, a garden patch, or a
redeemed social condition;
to know that one life has
breathed easier because
you lived here.
This is to have succeeded.”

Cows Don't Give Milk - *Continued from Page 1*

They have been accustomed to get whatever they want the easy way. But no, life is not a matter of wishing, wanting, asking and obtaining. The things that one receives are the effort of what one does. Success is the result of effort. Lack of effort creates frustration and can result in a victim mentality.



So, share with your children from a young age the secret of life, so they don't grow up with the mentality that the government, their parents, or their cute little faces are going to give them everything they need in life.

Remember, cows don't give milk; you have to work for it.

~ Author Unknown

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A funny and true story about Queen Elizabeth II

Around 2005, the Queen and her Personal Protection Officer, Dick Griffin, were walking alone one afternoon in the hills near the Scottish royal castle, Balmoral. Two tourists approached them and engaged in conversation.



Griffin recalls: "There were two hikers coming towards us, and the Queen would always stop and say hello. They were two Americans on a holiday. It was clear from the moment we stopped that they hadn't recognized the Queen.

"The American gentleman was telling the Queen where they came from, where they were going next, and where they'd been in Britain.

"I could see it coming, and sure enough, he said to Her Majesty: 'And where do you live?'

"She replied: 'Well I live in London, but I've got a holiday home just the other side of the hills.'

"He said: 'How long have you been coming up here?'

"She replied: 'I've been coming up here ever since I was a little girl, so over 80 years.'

"You could see the cogs whirring, so he said: 'Well, if you've been coming up here for over 80 years, you must have met the Queen.'

"Quick as a flash, she said: 'I haven't, but Dick here meets her regularly.'

The hiker then asked Griffin what the monarch was like in person.

"Because I was with her a long time, and I knew I could pull her leg, I said: 'Oh, she can be very cantankerous at times, but she's got a lovely sense of humor.'

"The next thing I knew, this guy comes round, puts his arm around my shoulder, and before I could see what was happening, he gets his camera, GIVES IT TO THE QUEEN, and says: 'Can you take a picture of the two of us?'

"Then we swapped places, and I TOOK A PICTURE OF THEM WITH THE QUEEN. And we never let on, and we waved goodbye.

"Afterwards, Her Majesty said to me: 'I'd love to be a fly on the wall when he shows those photographs to his friends in America, and hopefully someone tells him who I am'."

RIP, Your Majesty

That's a Good Thing

I was thinking the other day – it does happen occasionally – that most seniors, like myself, never get enough exercise. That must be why we seniors become forgetful, so we have to search everywhere for our eyeglasses, keys, and other things, thus doing more walking. That's a good thing!



On top of being forgetful, we seniors lose coordination, so it seems like every time we turn around, we drop things, requiring us to bend, reach, and stretch more. And that's a good thing!

And, of course, we seniors have many more calls of nature than when we were younger, requiring many more trips to the bathroom, thus providing more exercise. And that, too, is a good thing.

So if you find, as you age like me, you are getting up and down a lot more times, remember it's a good thing! It is all in your best interest, even though you are probably complaining under your breath or even out loud. And that's not a good thing.



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A Man's Devoted Best Friend

Miguel Guzman died in Argentina in 2006 and his dog, Capitan, disappeared shortly after the family attended the funeral services. They searched everywhere and put out flyers to try and find him. But no one had seen him.



A week later, some people who were at the cemetery late one evening spotted Capitan laying on Guzman's grave and they contacted the grounds keeper at the cemetery. The cemetery notified the family who promptly came to pick him up and take him home.

But each night he would cry and scratch frantically at the door to go out and he wouldn't return home until morning.

It was later discovered that Capitan would walk the 3 miles back to the cemetery each night to guard his master's grave.

The cemetery did not close the gates until he arrived each night promptly at 6 pm.

He slept there all night guarding the grave until the ground keeper opened the gate in the morning. Capitan did this every night for 6 years until he passed away.



1. If you open it, close it.
2. If you turn it on, turn it off.
3. If you unlock it, lock it.
4. If you break it, fix it.
5. If you can't fix it, call someone who can.
6. If you borrow it, return it.
7. If you use it, take care of it.
8. If you make a mess, clean it up.
9. If you move it, put it back.
10. If it belongs to someone else and you want to use it, get permission.
11. If you don't know how to operate it, leave it alone.
12. If it doesn't concern you, don't mess with it.

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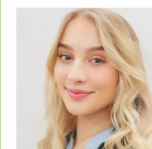
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Milestones



Mozelle Reynolds
Oct 18, 1921—101 years
Nampa Maryland Village



Joe Helm
Sept 30, 1922—100 years
Parma Senior Center



Ralph Russi
Oct 3, 1927—95 years
Caldwell Senior Center

Changing Bad Habits

For the past 21 years, my wife has been complaining about my not putting the cap back on the toothpaste. So for our anniversary, I decided to change this bad habit and make my wife happy.



For a week, I was diligent, always capping the tube. I was expecting my wife to thank me, but she never did.

Finally, yesterday while having dinner, she turned and looked at me and said, "Why have you stopped brushing your teeth?"

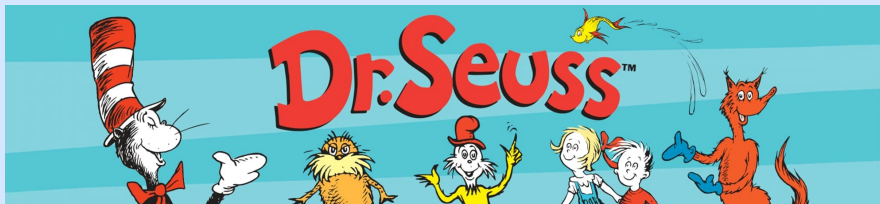
A twenty-seventh publisher had just turned down his first book. He was depressed and dejected from being rejected so often.

As he walked the streets of New York City that day, the young man decided to go back to his apartment and burn the manuscript. He'd dump it in the incinerator and just give up his dream.

But somewhere on the sidewalk along Madison Avenue, he bumped into a college friend and they stopped to talk. He learned that his old buddy had just that morning started a new job as an editor in the Vanguard Press children's section.

Within hours, Theodor Geisel had his first book contract that launched what would be an utterly amazing career as "Dr. Seuss."

He later looked back on that series of occurrences and said, "If I had been going down the other side of Madison Avenue, I'd be in the dry-cleaning business today."



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Taking a Shortcut Home

A farmer stopped by the local mechanic shop to have his truck fixed. They couldn't do it while he waited, so he said he didn't live far and would just walk home.

On the way home, he stopped at the hardware store and bought a bucket and a gallon of paint. He then stopped by the feed store and picked up a couple of chickens and a goose. However, struggling outside the store he now had a problem – how to carry all his purchases home.

While he was scratching his head, he was approached by a little old lady who told him she was lost. She asked, "Can you tell me how to get to 1603 Mockingbird Lane?"

The farmer said, "Well, as a matter of fact, my farm is very close to that house. I would walk you there, but I can't carry this lot."

The old lady suggested, "Why don't you put the can of paint in the bucket. Carry the bucket in one hand, put a chicken under each arm, and carry the goose in your other hand?"

"Why, thank you very much," he said and after following her suggestions, proceeded to walk the old lady home.

On the way he says, "Let's take my short cut and go down this back road. We'll be there in no time."

The little old lady looked him over cautiously then said, "I am a lonely widow without a husband to defend me. How do I know that when we get down the road you won't hold me up against a tree and try to kiss me?"

The farmer said, "Oh, my goodness, lady! I'm carrying a bucket, a gallon of paint, two chickens, and a goose. How in the world could I possibly hold you up against a tree and do that?"

The old lady replied, "Set the goose down, cover him with the bucket, put the paint on top of the bucket, and I'll hold the chickens."



6 Rules for Living in Idaho



1. We wave and smile at strangers

Idahoans are friendly people; we don't have to know you to strike up a conversation, wave or smile.

2. Potatoes go with every meal

We pretty much eat potatoes with every meal—fried, boiled, baked, or mashed.

3. Don't count on the weather

One day may be gorgeous and sunny, the next a blizzard, and a downpour the next. Sometimes all in the same day.

4. Fry Sauce is the best condiment

You can't have fries without fry sauce. If you are dunking your fries in ketchup or ranch you'll probably get funny looks.

5. Don't complain about the smell

Whether it is the dairy farm or the sugar beet factory, it smells like money in Idaho

6. Don't try to make it like where you came from.

You probably moved here because you didn't like things there. Don't try to change Idaho—we like it the way it is.

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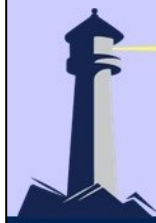
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WHEN EACH MOMENT COUNTS

Ten People on a Rope

During a flood, ten people—9 men and 1 woman—were being rescued and hanging on a rope under a helicopter.



But the rope wasn't strong enough to carry them all, so they quickly decided that one would have to let go or else they all would fall.

No one volunteered until the woman gave a very touching speech.

She said she would let go of the rope because she was used to giving up everything for her husband and children, making sacrifices and getting little in return.

As soon as she finished her brief but moving speech, all the men started clapping...

Good Rules to Live By

- ◆ Compliment three people every day
- ◆ Watch the sunrise at least once a month
- ◆ Be the first to say "hello."
- ◆ Live beneath your means.
- ◆ Treat everyone like you want to be treated.
- ◆ Never give up on anybody—miracles happen.
- ◆ Forget the Joneses.
- ◆ Never deprive someone of hope—it may be all he has.
- ◆ Pray not for things, but for wisdom and courage.
- ◆ Be tough-minded, but tender-hearted.
- ◆ Be kinder than necessary.
- ◆ Don't forget—a person's greatest emotional need is to feel appreciated.
- ◆ Keep your promises.
- ◆ Learn to show cheerfulness, even when you don't feel like it.
- ◆ Remember that overnight success takes about 15 years.
- ◆ Leave everything better than you found it.
- ◆ Remember that winners do what losers don't want to do.
- ◆ When you arrive at your job in the morning, let the first thing you say brighten everyone's day.
- ◆ Don't rain on other people's parades.
- ◆ Never waste an opportunity to tell someone that you love them.



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ONCE UPON A TIME

Windows were just glass covered holes in the wall. An **Application** was written on paper to get a job. A **Keyboard** was found on a piano or an organ and a **Mouse** was found in the crawlspace. A **File** was an important paper document stored in an office cabinet. A **Hard Drive** was a difficult commuter trip. **Cut** was done with a knife and **Paste** done with glue. A **Web** was a spider's home and a **Virus** sent you to the doctor.

And an **Apple** kept the doctor away.



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Milestones



Lois Daynes
October 9, 1929 —93 years
Nampa Park Place



Lura Cogdill
October 20, 1931—91 years
Nampa Park Place



Duane Ferguson
October 1, 1932—90 years
Caldwell Senior Center

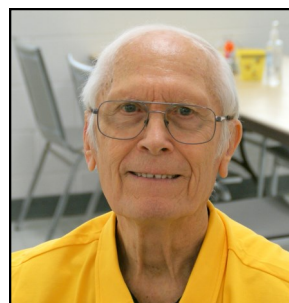


Darlene Maiden
October 2, 1932—90 years
Melba Valley Senior Center

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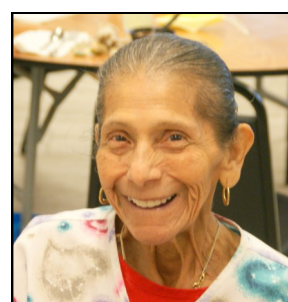
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Ed Krause
October 7, 1937—85 years
Nampa Senior Center



Harold Amidon
October 10, 1937 —85 years
Nampa Senior Center



Amelia Herrera
October 15, 1942—80 years
Parma Senior Center



Richard Heffner
October 12, 1947—75 years
Parma Senior Center

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