Canyon County Edition

October 2023

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

Ghost Car in the Rain

While this story sounds like an Alfred Hitchcock tale or an episode of the Twilight Zone, it's reported to be true. You be the judge.

An Ohio businessman on a sales trip, Saul Rubins, had his car break down on Louisiana Hiway 57, just outside of Dulac, a little town in the bayou country of Louisiana. The night was pitch dark in the middle of a raging thunderstorm. Saul abandoned his disabled vehicle on the side of the road and attempted to hitchhike.

Time passed slowly and no cars went by. It was raining so hard he could hardly see his hand in front of his face.

Suddenly, through the sheets of rain, he saw a car moving

slowly down the road toward him, its dim headlights appearing ghostlike in the rain. It slowly and silently crept toward him and stopped.

Desperately needing a ride, Saul jumped in



the back seat of the car and closed the door. Only then did he realize that there was no one behind the wheel and no sound of an engine to be heard over the rain. The driver's side window was open and rain was pouring in.

(Continued on page 2)

Ole & Lena's TEN COMMANDMENTS

- 1. Ders only one God, ya know.
- 2. Don't make that stuffed walleye on your mantle an idol.
- 3. Cussin' ain't nice.
- 4. Go to church even when you're up nort.
- 5. Honor your folks.
- 6. Don't kill. Catch and release.
- 7. There's only one Lena for every Ole. No cheatín'.
- 8. If it ain't your lutefisk, don't take it.
- 9. Don't be braggin 'bout how much snow ya shoveled.
- 10. Keep your mind off your neighbor's hot dísh.

SENOR GOLDENGE STATE OF THE PROPERTY OF THE PR
--

Subscriptions to Senior Goldmine Now Available

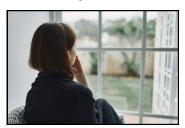
Your favorite senior newsletter can be sent straight to a mailbox anywhere in the U.S. Send a \$25 check for 12 issues to:

SEND TO	s, 11626 W. Cross Slope Way, Nampa, ID 8	
NAME:	PHONE:	:

ADDRESS:



I'm Still Your Momma...



When you no longer listen, or care what I say, I'm still your Momma.

When you decide I'm oldfashioned and want to go your own way, I'm still your Momma.

When you talk back and argue, I'm still your Momma.

When you figure you know more than I do, I'm still you Momma.

When you move away and take a piece of my heart with you, I'm still your Momma.

And I will still love you as much as the first day I held you in my

I'm still your Momma.

I'll always have room for you and a hug to welcome you. I'm still your Momma.

And until my last breath, I'll keep carrying your love with me.

And I will thank God every day for the privilege and joy it's been to be your Momma.

ASSISTED LIVING & MEMORY CARE



- Residential Assisted Living
- Memory Care Unit
- Vacation Stays/Hourly Care

616 16TH AVENUE N. NAMPA, ID 83687 PHONE (208) 465-7275

(Continued from page 1)

The car continued to creep silently forward and Saul was terrified, too scared to think of jumping out and running. He saw that the car was approaching a sharp curve and, still too scared to jump out, he started to pray and beg for his life. He was sure the ghost car would go off the road and into the bayou and he would drown!

But just before the curve, a shadowy hand appeared at the driver's window, reached in and turned the steering wheel, guiding the car safely around the bend. Then, just as silently, the hand disappeared through the window and Saul was alone again.

Paralyzed with fear, Saul watched the hand reappear every time they reached a curve.

Finally, scared nearly to death, Saul had all he could take, jumped out of the car, and ran into town. Soaking wet and in shock, he found his way into a roadside pub.

Voice quavering, he ordered two cups of coffee, black, and then told everybody within earshot about his supernatural experience.

The room became silent and everybody got goosebumps when they realized Saul was telling the truth and not just some drunk off the street.



About 30 minutes later, Claude and Gerardo, dripping wet, walked into the pub. Claude says, "Look, Gerardo, there's that idiot what rode in our car when we was pushin' it in the rain."



Services include companionship, personal care, transportation, housekeeping, meal preparation & placements

(208) 285-2353 www.absihc.com/boise





Assisted Living & Memory Care at its best!

(208) 475-1805 www.TheCottages.biz



SUNNY RIDGE

Independent Senior Living, Assisted Living, Skilled Nursing and Rehabilitation

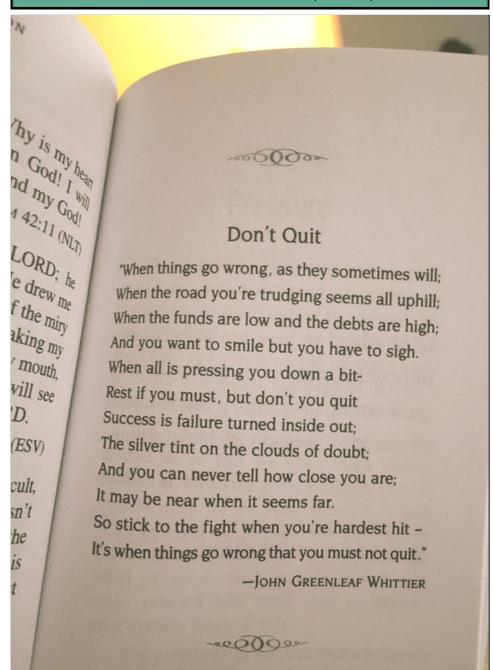
208.467.7298 • 2609 SUNNYBROOK DRIVE, NAMPA, IDAHO 83686



CLAIRE MCNEAL Senior Real Estate Specialist Estate Sale, Home Sale, and Moving Service All in One!

Boise Haven Real Estate/Downs Realty (208) 370-2026

boisehavenrealestate@gmail.com



Lost Time

A farmer lost his watch while he

was working in his barn. The watch had great sentimental value, having belonged to his great-grandfather who had homesteaded the farm.



He went into the house and gathered together his four kids, ages 14, 12, 9, and 7. He told them about his lost watch and asked them to help him look for it.

They all went to the barn and searched for a couple of hours, but didn't find it.

"Ok, kids. Thanks for trying," said the father. "It's time to go in for lunch."

"I'll be right there, Pop," said Teddy, the youngest. "I want to try one more time."

"OK, Teddy, but don't take long."
Thirty minutes later as everyone was sitting down at lunch, Teddy walked in the holding the watch.

His father was amazed. "How did you find it?" He asked.

"I didn't do anything, said Teddy.
"I just sat and listened. Then I followed the sound of the ticking."

Sometimes we just need to be quiet and listen for answers to our challenges.



Honoring Memories and Celebrating Lives since 1907



404 10th Ave. S., Nampa, Idaho 83651 • (208) 466-3545 • www.alsippersons.com

We make senior living Simple.

Oasis is a FREE, personal service that guides seniors through senior living solutions. Our trusted partners offer customized solutions for every family.

Kathy Lacina 208-573-4658 Jennifer Smith (208) 901-7428 OasisSeniorAdvisors.com/SW-Idaho

1978	2023	
Long hair	Longing for hair	
8 Tracks	Cataracts	
KEGs	EKGs	
Streaking	Leaking	
Acid Rock	Acid Reflux	
Seeds and stems	Fiber	
Stayin' Alive (the song)	Stayin' Alive (the goal)	
Hoping for a BMW	Hoping for a BM	
Going to a new, hip joint	Getting a new hip joint	
Rolling Stones	Kidney Stones	
Bell bottoms	Big bottoms	
Disco	Costco	
Whatever	Depends	
Rock n' roll all night	Sleep through the night	

Have you ever taken a nap so good you thought you missed the School bus, but it's Sunday and you're 42.

Think you know everything



Think you know your name



oasis

SW IDAHO

ASKELSON ADVISORY Medicare Insurance Broker

> Ask Zack about Medicare

(208) 972-0979 askzack@askelsonadvisory.com

BOARDING SCHOOL TAUGHT ME HOW TO GET ON AN AIRPLANE

I GOT KICKED OUT OF THE COFFEE CLUB BECAUSE I WORE A TEA SHIRT

MY RANCHER FRIEND COULDN'T AFFORD TO HOOK UP TO CITY WATER SO I GOT HIM A GET WELL SOON CARD.

MY WIFE DENIED SPILLING
GLUE ON MY RIFLE
BUT I'M STICKING
TO MY GUNS

DO RACE HORSES SLOW DOWN WHEN THEY SEE POLICE HORSES?

WHEN YOU DREAM IN COLOR, ITS JUST A PIGMENT OF YOUR IMAGINATION

I STARTED WEARING MEMORY FOAM INSOLES TO REMEMBER WHY I WALKED INTO THE ROOM

TRUDY HAMMOND, REALTOR® Your local senior real estate specialist

IDAHO KAFE



208.447.9800 ◆ Trudy@idaholife.com

Want to downsize? Move closer to your kids?



I am here to help you understand all your options and find the right fit FOR YOU!

Chelsea Johnson

Your Hometown Idaho Realtor®

Chelsea@teamrealtyofidaho.com • (208) 697-7645









Tips for Better Living

- Compliment three people every day
- Watch a sunrise at least once
- Be the first to say "Hello"
- Live beneath your means
- Treat everyone like you want to be treated
- Never give up on anybody. Miracles happen.
 - Forget the Joneses.
- Never deprive someone of hope. I may be all they have.
- Pray not for things, but for wisdom and courage.
- Be tough-minded, but tender -hearted.
- Be kinder than necessary.
- Don't forget, a person's greatest emotional need is to be appreciated.
- Keep your promises.
- Learn to be cheerful, even when you don't feel like it.
- Remember that overnight success usually takes about 15
- Leave everything better than you found it.
- Never miss a chance to tell someone you love them

Proper Hearing Treatment Is Preventative Healthcare Getting Screened is Simple! Painless, non-invasive, FDA Cleared Screening. Call Today!





200-500% Increased Risk of **Dementia** linked to **Hearing Loss**

New Treatments
REDUCE LISTENING
EFFORT by 43%

Millions of Americans Are At Risk **Due to Under-Treated Medical Conditions**



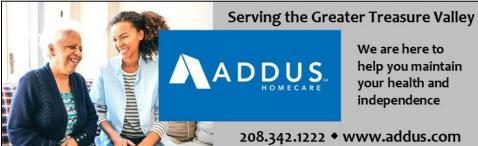
(208) 229-3238 Meridian Office Caldwell Office
2512 N Stokesberry PI Ste 102 1818 S 10th Ave Ste 200 Meridian, ID 83646

(208) 960-4505 Caldwell, ID 83605

EverythingHearing.com



Providing non-emergency transportation Ambulatory • Wheelchair • Hospice Stretcher
 Long-Distance



We are here to help you maintain your health and independence

208.342.1222 • www.addus.com

Mobility Plus®

 Scooters • Wheelchairs • Ramps • Walkers/Rollators Sales • Repairs • Rentals • Installation

339 N. Milwaukee St., Boise 83704 (208) 617-5200

Marriage Reboot

The young woman who submitted the tech support message below (about her relationship to her husband) presumably did it as a joke. Then she got a reply that was way too good to keep to herself. The tech support people's love advice was hilarious and genius!

The query:

Dear Tech Support,

Last year I upgraded from Boyfriend 5.0 to Husband 1.0 and noticed a distinct slowdown in overall system performance, particularly in the flower and jewelry applications, which operated flawlessly under Boyfriend 5.0.

In addition, Husband 1.0 uninstalled many other valuable programs, such as Romance 9.5 and Personal Attention 6.5, and then installed undesirable programs such as: NBA 5.0, NFL 3.0 and Golf Clubs 4.1. Conversation 8.0 no longer runs, and House cleaning 2.6 simply crashes the system.

Please note that I have tried running Nagging 5.3 to fix these problems, but to no avail.

What can I do? Signed, Desperate

The response:

Dear Desperate,

First keep in mind, Boyfriend 5.0 is an

Entertainment Package, while Husband 1.0 is an Operating System.

Please enter command: I thought you loved me.html and try to download Tears 6.2. Do not forget to install the Guilt 3.0 update. If that application works as designed, Husband 1.0 should then automatically run the applications Jewelry 2.0 and Flowers 3.5. However, remember, overuse of the Tears application can cause Husband 1.0 to default to Grumpy Silence

Whatever you do, DO NOT, under any circumstances, install Mother-In-Law 1.0 as it runs a virus in the background that will eventually seize control of all your system resources.

In addition, please do not attempt to re-install the Boyfriend 5.0 program. These are unsupported applications and will crash Husband 1.0.

In summary, Husband 1.0 is a great program, but it does have limited memory and cannot learn new applications quickly. You might consider buying additional software to improve memory and performance. We recommend Cooking 3.0.

Good Luck, **Tech Support**

That's a Good Question

My nine-year-old grandson came by after school one day.

"Grandpa, I have a question for vou."

Always being willing to answer any of my grandchildren's questions, I said, "Go ahead, shoot."

"OK," he said. "You're driving down the street and you turn a corner. Suddenly there in the crosswalk right in front of you is a little old lady using a walker, a young boy on his way to school, and a mother carrying a baby."

"There is no way to go around them. You have to make a quick decision. Which are you going to hit?"

I paused for a moment. "Well, if I had to make a choice, I guess I would hit the little old lady. She lived a long life and the young boy has a lot of life ahead of him, and the mother and child need each other. So, yeah, I'd hit the little old lady. How about you?"

My grandson smiled at me and said, "Not me. I'd hit the brakes!" This kid is going places!

The Best People Providing the Best Care, Wherever You Need Us

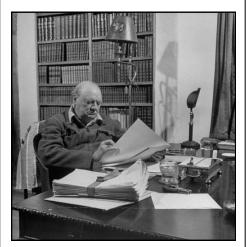


Phone: 208.985.2260 www.DoctorsHospiceofIdaho.com





Locally-owned and serving the valley for over 25 years (208) 887-7719



English is the only language where you drive in parkways but park in driveways.

It's also the only language where you recite in a play and play in a recital.

Your fingers have fingertips but your toes don't have toetips. Yet, you can tiptoe, but you can't tipfinger.

The word QUEUE is just a Q followed by four silent letters.

JAIL and PRISON are synonyms, but JAILER and PRISONER are antonyms.



2667 E. Gala Court #110 Meridian, ID 83642 (208) 576-6383

Se habla Español www.lighthousehospiceidaho.com

WHEN EACH MOMENT COUNTS

Fifteen facts I'll bet you didn't know

- 1. Your shoes are the first thing people subconsciously notice about you. Wear nice shoes.
- 2. If you sit for more than 11 hours a day, there's a 50% chance you'll die within the next 3 years.
- 3. There are at least 6 people in the world who look exactly like you. There's a 9% chance that you'll meet one of them in your lifetime.
- 4. Sleeping without a pillow reduces back pain and keeps your spine stronger.
- 5. A person's height is determined by their father, and their weight is determined by their mother.
- 6. If a part of your body "falls asleep", You can almost always "wake it up" by shaking your head.
- 7. There are three things the human brain cannot resist noticing food, attractive people and danger.
- 8. Right-handed people tend to chew food on their right side.
- 9. Putting dry tea bags in gym bags or smelly shoes will absorb the unpleasant odor.
- 10. According to Albert Einstein, if honey bees were to disappear from earth, humans would be dead within 4 years.
- 11. There are so many kinds of apples, that if you ate a new one every day, it would take over 20 years to try them all.
- 12. You can survive without eating for weeks, but you will only live 11 days without sleeping.
- 13. People who laugh a lot are healthier than those who don't.
- 14. Laziness and inactivity kills just as many people as smoking.
- 15. A human brain has a capacity to store 5 times as much information as Wikipedia.

Nursing and Rehabilitation



CANYON WEST

· of Cascadia ·

208.250.5682

2814 S. Indiana . Caldwell, ID 83605



The Three Stages of Life:

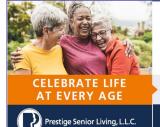
- 1. Wanting Stuff
- 2. Accumulating Stuff
- 3. Getting Rid of Stuff

A credit card has three dimensions:



Length, Width, and Debt.

Length, Width.



At Prestige Assisted Living at Autumn Wind, we keep our residents active and engaged by nurturing body, mind and spirit. Our wellness programs bring joy and fulfillment to our residents and turn daily activities into meaningful events.

SCHEDULE A TOUR TO MEET OUR TEAM AND ENJOY A COMPLIMENTARY MEAL.

Contact us at (208) 459-3335 or visit us online at prestigecare.com/autumnwind.

Prestige Assisted Living at Autumn Wind

200 W Beech St. · Caldwell, ID 83605 prestigecare.com/autumnwind

If you can't remember why you walked into the room, but you can remember the rest of these jingles, you are my people!

- "My bologna has a first name..."
- "I don't wanna grow up..."
- "Gimme a break, gimme a break..."
- "The best part of waking up..."
- "Sometimes you feel like a nut..."
- "I'd like to teach the world to sing..."
- "Reach out and touch someone..."
- "Meow, meow, meow, meow..."
- "Plop, plop, fizz, fizz..."
- "See the USA..."
- "So kiss a little longer, hold hands a little longer, hold tight a little longer..."
- "Like a good neighbor..."
- "Double your pleasure, double your fun..."
- "A little dab'll do ya..."
- "You'll wonder where the yellow went..."
- "I'm stuck on..."
- "Two all beef patties..."

Cassie Knudsen Oct 31, 1928 —95 years Nampa Senior Center

Senior Goldmine recognizes the following Milestones:

Milestones

Birthdays— 70, 75, 80, 85, 90 and up; and Anniversaries— 50, 55, 60 and up.

Send your info and photo to terry@seniorgoldmine.com or call (208) 615-1948



Shirley Gibbons Oct 18, 1933—90 years Caldwell Senior Center



Gerald Kugler Oct 15, 1938 —85 years Melba Senior Center



Geri McKeown Oct 7, 1943—80 years Nampa Senior Center



Peggy Matthews Oct 29, 1953—70 years Parma Senior Center



A mirror inspector! That's a job I could really see myself doing!



QC KINETIX

NON-SURGICAL REGENERATION

DO YOU SUFFER FROM JOINT PAIN?

Consider stem cell therapy the alternative to drugs & surgery!

(208) 547-6662 • www.QCKinetix.com/boise