

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

Parable of the Train



At birth we boarded a train and met our parents. We believe they will always travel by our side. In the early days of our trip, we excitedly explore every nook and cranny of the train. Our parents are there to instruct us and model good behavior on the trip.

As time goes by, other people will board the train at different stops; they will be significant - our siblings, friends, children, strangers and even the love of your life. The journey on the train is greatly enriched by our fellow passengers. We will learn from them, laugh with them, and cry together. Many milestone events will be celebrated together along the way.

However, at some station on the trip our parents will step down from the train, leaving us on this journey alone. Their impact on our trip will long be remembered. Other beloved passengers will step down over time and leave a permanent vacuum.

(Continued on page 2)



100 YEARS AGO

On January 2, 1921, Pittsburgh's KDKA-AM radio station made the first live broadcast of a church service, and the first remote broadcast using a telephone line to transmit the signal to the broadcasting transmitter, as it aired the Sunday services from Calvary Episcopal Church. The National Religious Broadcasters association would celebrate the anniversary half a century later by making "the first international religious broadcast to be transmitted live by satellite" on January 27, 1971.



Are you interested in learning how a reverse mortgage loan could help you?

MARC MITCHELL

Sales Manager | NMLS# 103620

Direct: 208-803-0286

Cell: 208-409-1186

Marc.Mitchell@Fairwaymc.com

Call me for your free book about Reverse Mortgage Loans!



Copyright©2020 Fairway Independent Mortgage Corporation ("Fairway") NMLS#2289. 4750 S. Biltmore Lane, Madison, WI 53718, 1-866-912-4800. All rights reserved. Fairway is not affiliated with any government agencies. Materials are not from HUD or FHA. Not an offer to enter into an agreement. Not all customers will qualify. Information, rates and programs are subject to change without notice. Other restrictions and limitations may apply.

ASSISTED LIVING & MEMORY CARE



Prestige Assisted Living at Autumn Wind

Our Promise: To touch lives each day with Respect ♦ Integrity ♦ Commitment ♦ Trust

200 W. Beech St., Caldwell, Idaho
Call 459-3335 to schedule your complimentary lunch tour!

ASSISTED LIVING & MEMORY CARE



Park Place
ASSISTED LIVING COMMUNITY

- NEW Memory Care Unit
- Residential Assisted Living
- Vacation Stays/Hourly Care

616 16TH AVENUE N. NAMPA, ID 83687
PHONE (208) 465-7275

Are you done yet?

For English language lovers

What is the difference between “Completed” and “Finished?”

No dictionary has been able to define the difference between “complete” and “finished.”

But at a linguistic conference in England, Sun Sherman, an American Indian, was the clever winner.



His response: “When you marry the right woman, you are ‘complete.’

“If you marry the wrong woman, you are ‘finished.’

“And when the right woman catches you with the wrong woman, you are ‘completely finished!’”

His answer received a five minute standing ovation.

Parable of the Train *(Continued from page 1)*



Some, however, will go so unnoticed that we don't realize they vacated their seats. This train ride will be full of joy, sorrow, fantasy, expectations, hellos, goodbyes, and farewells. Success consists of developing and maintaining a good relationship with all

passengers. It requires that we give the best of ourselves.

The mystery to everyone on the journey is this: we do not know at which station we ourselves will step down. So, we must live in the best way, love, forgive, and offer the best of who we are. It is important to do this because when the time comes for us to step down and leave our seat empty, we should leave behind beautiful memories for those who will continue to travel on the train of life.

I wish you a joyful journey for the coming years on your train of life. Reap success, give lots of love and be happy. More importantly, thank God for the journey! And don't forget – when you disembark, you will leave all of your luggage behind.



Lastly, I want to thank you for being one of the passengers on my train! I wouldn't want to have made this trip without you!

- **Anonymous**

Hospice • Home Health • House Calls



SIGNATURE healthcare at home

care where you are

Phone (208) 465-7121



The Cottages

Assisted Living & Memory Care

Assisted Living & Memory Care at its best!

Boise (208) 853-1255 ♦ Meridian (208) 288-2220
Middleton (208) 585-5959 ♦ Nampa (208) 463-4941

www.TheCottages.biz



Sunnyridge
Rehabilitation
& Retirement Center

208.467.7298 • 2609 Sunnybrook Drive • Nampa, Idaho 83686

The first 5 tours for retirement apartment will receive a discount! Call Roxie

FUN FACT:
If any part of your body
"falls asleep,"
you can usually wake it up
by shaking your head.

A Third Grade Teacher asked her students to write letters to God. Here are some of their responses:

Dear God,
Did you mean for giraffe to look like that or was it an accident.
Norma

Dear God.
Are you really invisible or is that just a trick
Lucy

Dear God,
I went to this wedding and they kissed right in church. Is that ok?
Neil

Dear God
My grandpa says you were around when he was a little boy. How far back do you go?
Love
Dennis

Dear God,
Thank you for the baby brother but what I prayed for was a puppy
Joyce

Dear God
How come you didn't invent any new animals lately? We still have just all the old ones.
Johnny

Dear God,
My brother told me about being born but it doesn't sound right.
Marsha

Dear God,
I am American
What are you?
Robert

Dear God
Maybe Cain and Abel would not kill each so much if they had their own rooms.
It works with my brother.
Larry

ESTATE PLANNING BASICS: Peace of Mind for Seniors

◆ Addressing your long-term care needs and protection of assets



Joshua Reams
Elder Law Attorney - VA Accredited
www.idahoelderlaw.com
(208) 387-0729

Caseboise Moving

Office • Residential • Senior

Packing & unpacking • Free estimates
Onsite • Small & large downsizing moves

208-884-5191
www.caseboisemovingcompany.com
caseboise@msn.com

Contact Us

208-426-5899

Mon-Fri, 8am-5pm or by appointment

caregovernavigator.org







- Free telephone-based referrals for caregiver resources
- Free assessment and custom care plan for your health and wellness
- Any adult caring for another person with a physical disability, chronic or mental health condition qualifies
- Sponsored by the Idaho Caregiver Alliance

We care for Idaho's Caregivers.

Pharmacists should stuff every third bottle with one of those snakes that pop out—because laughter is the best medicine!

Need a New Car for the New Year?

VACATION SPECIALS

 1970 MAVERICK <small>2-Dr. Sedan, immediate delivery, assortment of colors.</small> FROM \$1995 plus freight & handling	 1969 FAIRLANE <small>2-Dr. Hardtop, 4-Dr. Sedan, Convertibles. Immediate delivery, assortment of colors.</small> FROM \$2140 plus freight & handling
 1969 MUSTANG <small>2-Dr. Hardtop & Convertibles, assortment of colors. Immediate delivery.</small> FROM \$2260 plus freight & handling	 1969 CUSTOM 2-DR. SEDAN <small>4-Passenger, assortment of colors. Immediate delivery, delivered in metropolitan area.</small> FROM \$2222
 1969 CUSTOM STATION WAGON <small>4-Passenger, assortment of colors. Immediate delivery.</small> FROM \$2799	 BRAND NEW 1969 1/2-TON PICKUPS <small>25 in stock — Assortment of colors, available immediate delivery.</small> FROM \$2155 & up

STEVE ALOI—FORD

ROUTE 11 — MATTYDALE AT NORTHERN LIGHTS 454-2436

Beating a Dead Horse

A young man named Dave bought a horse from a farmer for \$250. The farmer agreed to deliver the horse the next day.

The next day, the farmer drove up to Dave's house and said, "Sorry son, but I have some bad news, the horse died."

Dave replied, "Well, then just give me my money back."

The farmer said, "Can't do that. I went and spent it already."

Dave said, "Ok, then, just bring me the dead horse."

The farmer asked, "What ya gonna do with him?"

Dave said, "I'm going to raffle him off."

The farmer said, "You can't raffle off a dead horse!"

Dave said, "Sure I can, Watch me. I just won't tell anybody he's dead."

A month Later, the farmer met up with Dave and asked, "What happened with that dead horse?"

Dave said, "I raffled him off. I sold 500 tickets at five dollars apiece and made a profit of \$2495."

The farmer said, "Didn't anyone complain?"

Dave said, "Just the guy who won. So I gave him his five dollars back."



"Enriching life through strength and trust"



CALL US FOR A TOUR TODAY!

208.454.1200

**4119 Lenity Living Ave.
Caldwell, ID 83605**

www.lenityseniorliving.com

The Gables
Caldwell

Senior Living at It's Best



917 E. Ustick Rd.
Caldwell 83605
thegablesfamily.com

ASSISTED LIVING AND MEMORY CARE (208) 455-2324

America's Choice in Homecare

Visiting Angels

LIVING ASSISTANCE SERVICES

Serving the Treasure Valley

208.888.3611

www.visitingangels.com/boise/home

Funny Quarantine Quotes

- “The other day I opened my closet and told my clothes I missed them.”
- “Kinda feel like God sent us to our rooms to think about what we’ve done.”
- “Today’s homeschool plan: Turn on the TV.”
- “Day 1 of quarantine: I’m going to exercise and lose weight. Day 12 of quarantine: Eating pasta with a side of ice cream.”
- “My fridge just rolled its eyes and hissed at me: ‘Not you again!’”
- “I’m taking a trip from my bedroom to the couch today and can’t decide what to wear.”
- “In 2019: If I just had a week with nothing to do I could get this house clean and organized. In 2020: Nope, that wasn’t the problem.”
- “Being quarantined with a talkative child is like having a hyperactive parrot glued to your shoulder.”
- “I have yet to learn how to social-distance from my refrigerator.”
- “Being quarantined has me realize why my dog gets so excited about something moving outside and going for walks. I just barked at a squirrel!”
- “My parents always told me I would never accomplish anything by lying in bed all day. But look at me now—I’m saving the world!”



- Infant through adult hands available
 - Gift Certificates available
- For appointment
Call (208) 467-9626**



www.facebook.com/
firstimpressionssidaho

The Best People Providing the Best Care, Wherever You Need Us


Doctor's Hospice
of Idaho


Doctor's House Calls
of Idaho

Phone: 208.985.2260

www.DoctorsHospiceofIdaho.com

Phone: 208.957.5532

www.DoctorsHouseCallsofIdaho.com

The Rose Petal Floral

308 12th Avenue South
Nampa, Idaho

(208) 467-2686

Save \$10 now -
Call us direct!





(208) 376-7298

www.ashleycares.com

Four FREE hours of Daycare for New Customers! CALL NOW!!



Ashley Manor, LLC

- Alzheimer & Dementia Care Specialists
- Assisted Living Accommodations

BOISE ♦ EAST BOISE ♦ EAGLE ♦ NAMPA ♦ CALDWELL ♦ ONTARIO ♦ PAYETTE ♦ MT. HOME

SHE SAID, HE SAID

FROM HER DIARY, WHAT SHE WAS THINKING:

Tonight, I thought my husband was acting weird. We had made plans to meet at a nice restaurant for dinner. I was shopping with my friends all day long, so I thought he was upset at the fact that I was a bit late, but he made no comment on it.

Conversation wasn't flowing, so I suggested that we go somewhere quiet so we could talk. He agreed, but he didn't say much.

I asked him what was wrong; He said, "Nothing."

I asked him if it was my fault that he was upset. He said he wasn't upset, that it had nothing to do with me, and not to worry about it.

On the way home, I told him that I loved him. He smiled slightly and kept driving. I can't explain his behavior. I don't know why he didn't say, "I love you, too."

When we got home, I felt as if I had lost him completely, as if he wanted nothing to do with me anymore. He just sat there quietly and watched TV. He continued to seem distant and absent.

Finally, with silence all around us, I decided to go to bed. About 15 minutes later, he came to bed.

But I still felt that he was distracted, and his thoughts were somewhere else. He fell asleep - I cried. I don't know what to do. I'm almost sure that his thoughts are with someone else. My life is a disaster.

WHAT HE WAS THINKING:

Boat motor wouldn't start, can't figure out why.



Five New Year's Resolutions for Single Women

1. Find a man who can help you with all those projects around the house.
2. Find a man who can make you laugh in any situation.
3. Find a man you can count on to be faithful and who doesn't lie to you.
4. Find a man who will love you and spoil you every day.
5. Make sure these four men don't know each other.

Five New Year's Resolutions for Single Men

1. Hire two private investigators. Get them to follow each other.
2. Run into a store. Ask what year it is. When someone answers, yell "It worked!"
3. Put vanilla pudding in a mayo jar. Eat it in public.
4. Precede all verbal statements with "Simon says..."
5. Buy a parrot and teach it to say, "Help. I've been turned into a parrot!"



Remember the days when we used to eat cake after someone blew out the candles?
Good times.

Are you turning 65?

Call your local, licensed Humana sales agent



Christopher (Chris) Miller

208-850-2529
(TTY: 711)

Humana

Y0040_GHHXDFEN20_BC_C

HOME HEALTH AND PERSONAL CARE
MEDICAL STAFFING



(208) 336-9898

Write it Down!

An elderly couple started to forget things, so they decided to go to the doctor for a checkup. The doctor said everything was fine and they should think about writing things down.

After they got home and were watching TV, the husband got up and his wife asked, "Where are you going?"

"To the kitchen," he said.

She asked him to get her a bowl of ice cream.

"OK," he said.

She said to him, "Maybe you should write it down so you don't forget."

He said, "I can remember that you want a bowl of ice cream."

She said, "Oh, and put strawberries on it!"

"OK," he said.

She said, "You should write it down so you don't forget!"

He huffed and said, "I can remember that you want ice cream with strawberries!"

He went to the kitchen and after 20 minutes returned and handed her a plate of bacon and eggs.

She looked at the plate - and then him - and said, "You forgot my toast!"

HYSTERICAL FACT:
**The man who invented
the door knocker
won a No-Bell Prize.**



Serving the entire Treasure Valley
(208) 887-7719

THE DIFFERENCE BETWEEN MEN AND WOMEN

FUTURE

- A woman worries about the future until she gets a husband.
- A man never worries about the future until he gets a wife.

MARRIAGE

- A woman marries a man expecting he will change, but he doesn't.
- A man marries a woman expecting that she won't change, but she does.

MONEY

- A man will pay \$2 for a \$1 item he needs.
- A woman will pay \$1 for a \$2 item that she doesn't need but it's on sale.

BATHROOMS

- A man has six items in his bathroom: toothbrush and toothpaste, shaving cream, razor, a bar of soap, and a towel.
- The average number of items in the typical woman's bathroom is 337. A man would not be able to identify more than 20 of these.

ARGUMENTS

- A woman has the last word in any argument.
- Anything a man says after that is the beginning of a new argument

DRESSING UP

- A woman will dress up to go shopping, water the plants, empty the trash, answer the phone, read a book, and get the mail.
- A man will dress up for weddings and funerals.

OFFSPRING

- Ah, children. A woman knows all about her children. She knows about dentist appointments and romances, best friends, favorite foods, secret fears and hopes and dreams.
- A man is vaguely aware of some short people living in the house.

THOUGHT FOR THE DAY

A married man should forget his mistakes.

There's no use in two people remembering the same thing!

Nursing and Rehabilitation



CANYON WEST
• of Cascadia •

208.250.5682

2814 S. Indiana ♦ Caldwell, ID 83605

Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts and things you cannot control. Instead invest your energy in the positive present moment.



Idaho's leading Housecall provider since 2013

Keystone Health has brought together the foremost experts in Geriatric Medicine



The care you need. The support you deserve.

21 N Fisher Park Way, Eagle, ID | www.keystone.health

208.514.0670

Copy That!

A young executive was leaving the office one evening when he found the CEO standing in front of a shredder with a piece of paper in his hand.

"Listen," said the CEO, "this is important and my assistant has left. Can you make this thing work?"

"Certainly," said the young man, flattered that the CEO had asked him for help.

He turned the machine on, inserted the paper and pressed the start button.

"Excellent!" said the CEO as his paper disappeared inside the machine. "I just need two copies of that."

Oh. My Heart!

A girl was having a heart transplant. Before her surgery she told her boyfriend, "I love you!"

"I love you, too," he replied.

When she woke up from surgery, she saw only her father next to her bed. "Where is he?" she asked.

The father responded, "You don't know who gave you the heart?" The girl began to cry.

"I'm just kidding," the father said. "He went to the bathroom!"

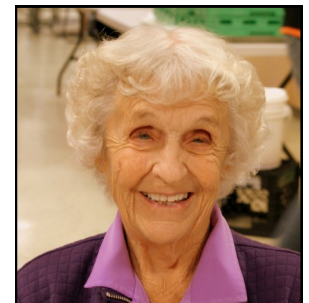
Milestones



Zelda Nysingh
Jan 9, 1922—99 years
Caldwell Senior Center



Reuben Kautz
Jan 14, 1927—94 years
Parma Senior Center



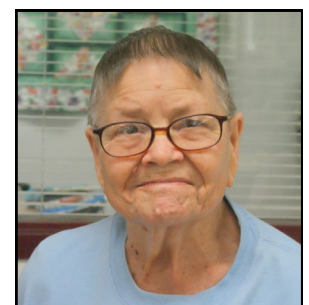
Helen Shaffer
Jan 2, 1928—93 years
Caldwell Senior Center



Marilyn Gunning
Jan 7, 1930—91 years
Melba Senior Center



Vera Blanksma
Jan 28, 1930—91 years
Melba Senior Center



Cleo Hopson
Jan 29, 1930—91 years
Melba/Nampa Senior Center



Senior Goldmine recognizes the following Milestones:

Birthdays—
70, 75, 80, 85, 90 and up;
and **Anniversaries**—
50, 55, 60 and up.

Send your info and photo to terry@seniorgoldmine.com or call (208) 615-1948

Then there was the man who was caught shoplifting a 2021 calendar. He got 12 months.

If GH can stand for P as in "hiccough,"
If OUGH can stand for O as in "dough,"
If PHTH can stand for T as in "phthisis."
If EIGH can stand for A as in "neighbor,"
If TTE can stand for T as in "gazette,"
If EAU can stand for O as in "plateau,"
Then the correct way to spell POTATO is
GHOUGHPTHTEIGHTTEAU!