

## Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

### Cows Don't Give Milk

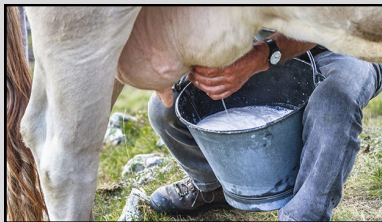
A father used to say to his children when they were young, "When you all reach the age of 12, I will tell you the secret of life."

One day when the oldest son turned 12, he anxiously asked his father what was the secret of life. The father replied that he was going to tell him, but that he should not reveal it to his brothers until they too, turned 12.

"The secret of life is this: A cow does not give milk."

"What do you mean?" asked the boy incredulously.

"Just what I said, son: The cow does not give milk, you have to milk it. You have to get up at 4 in the morning, go to the field, walk through the corral full of manure, tie the tail, hobble the legs of the cow, sit on the stool, place the bucket and do the work yourself."



That is the secret of life, the cow does not give milk. You milk her or you don't get milk. There is a generation now that thinks that cows GIVE milk. That things are automatic and free; their mentality is that if "I wish, I want, I ask... I obtain."

*(Continued on page 2)*

### Word Play

**ARBITRATOR** -

A cook who leaves Arby's to work at McDonalds

**BERNADETTE** -

The act of burning your mortgage

**BURGLARIZE** -

What a cook sees through

**AVOIDABLE** -

What a bullfighter tries to do

**COUNTERFEITER** -

Craftsman putting together kitchen cabinets

**LEFT BANK** -

What the robbers did when their bag was full of money

**HEROES** -

What a man in a boat does

**PARASITES** -

What you see from the Eiffel Tower

**PARADOX** -

Two physicians sharing a practice

**PHARMACIST** -

Giving the farmer a hand

**RELIEF** -

What trees do in the spring

**RUBBERNECK** -

What you do to relax your wife

**SELFISH** -

What the owner of a seafood store does



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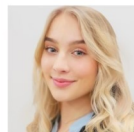
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**WHEN EACH MOMENT COUNTS**

## SUCCESS

By Ralph Waldo Emerson



“To laugh often and much;  
to win the respect of the  
intelligent people and the  
affection of children;  
to earn the appreciation of  
honest critics and endure  
the betrayal of false friends;  
to appreciate beauty;  
to find beauty in others;  
to leave the world a bit  
better whether by a healthy  
child, a garden patch, or a  
redeemed social condition;  
to know that one life has  
breathed easier because  
you lived here.  
This is to have succeeded.”

### Cows Don't Give Milk *Continued from Page 1*

They have been accustomed to get whatever they want the easy way. But no, life is not a matter of wishing, wanting, asking and obtaining. The things that one receives are the effort of what one does. Success is the result of effort. Lack of effort creates frustration and can result in a victim mentality.



So, share with your children from a young age the secret of life, so they don't grow up with the mentality that the government, their parents, or their cute little faces are going to give them everything they need in life.

Remember, cows don't give milk; you have to work for it.

~ Author Unknown



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## Good Rules to Live By

- ◆ Compliment three people every day
- ◆ Watch the sunrise at least once a month
- ◆ Be the first to say “hello.”
- ◆ Live beneath your means.
- ◆ Treat everyone like you want to be treated.
- ◆ Never give up on anybody—miracles happen.
- ◆ Forget the Joneses.
- ◆ Never deprive someone of hope—it may be all he has.
- ◆ Pray not for things, but for wisdom and courage.
- ◆ Be tough-minded, but tender-hearted.
- ◆ Be kinder than necessary.
- ◆ Don't forget—a person's greatest emotional need is to feel appreciated.
- ◆ Keep your promises.
- ◆ Learn to show cheerfulness, even when you don't feel like it.
- ◆ Remember that overnight success takes about 15 years.
- ◆ Leave everything better than you found it.
- ◆ Remember that winners do what losers don't want to do.
- ◆ When you arrive at your job in the morning, let the first thing you say brighten everyone's day.
- ◆ Don't rain on other people's parades.
- ◆ Never waste an opportunity to tell someone that you love them.



## Ten People on a Rope

During a flood, ten people—9 men and 1 woman—were being rescued and hanging on a rope under a helicopter.



But the rope wasn't strong enough to carry them all, so they quickly decided that one would have to let go or else they all would fall.

No one volunteered until the woman gave a very touching speech.

She said she would let go of the rope because she was used to giving up everything for her husband and children, making sacrifices and getting little in return.

As soon as she finished her brief but moving speech, all the men started clapping...

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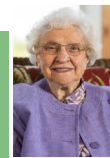
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**Sign in Doctor's Waiting Room:**  
 "If you die before your scheduled appointment, please call to cancel."

**That's a Good Thing**

I was thinking the other day – it does happen occasionally – that most



seniors, like myself, never get enough exercise. That must be why we seniors become forgetful, so we have to search everywhere for our eyeglasses, keys, and other things, thus doing more walking. That's a good thing!

On top of being forgetful, we seniors lose coordination, so it seems like every time we turn around, we drop things, requiring us to bend, reach, and stretch more. And that's a good thing!

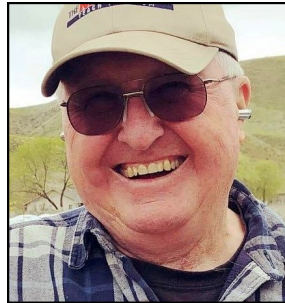
And, of course, we seniors have many more calls of nature than when we were younger, requiring many more trips to the bathroom, thus providing more exercise. And that, too, is a good thing.

So if you find, as you age like me, you are getting up and down a lot more times, remember it's a good thing! It is all in your best interest, even though you are probably complaining under your breath or even out loud. And that's not a good thing.

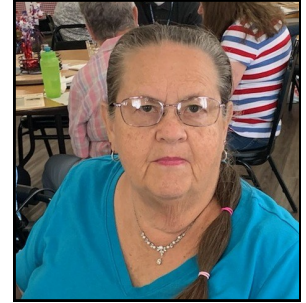
**Milestones**



Martha Snyder  
 Oct 17, 1942—80 years  
 Ontario



Jay Border  
 Aug 28, 1947—75 years  
 Weiser



Jaydene Packer  
 Oct 18, 1947—75 years  
 Payette



Tracy Thomas  
 Oct 23, 1947—75 years  
 Payette



Rose Adams  
 Oct 22, 1952—70 years  
 Fruitland



Richard & Diane Ludwig  
 Oct 14, 1972—50 years  
 Weiser

**Changing Bad Habits**

For the past 21 years, my wife has been complaining about my not putting the cap back on the toothpaste. So for our anniversary, I decided to change this bad habit and make my wife happy.



For a week, I was diligent, always capping the tube. I was expecting my wife to thank me, but she never did.

Finally, yesterday while having dinner, she turned and looked at me and said, "Why have you stopped brushing your teeth?"



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