

Nuggets of Fun and Nostalgia for Treasure Valley Golden-Agers

Dry as a Bone

I was 18 years old, sitting at the AM/PM gas station, staring at my car as smoke billowed from under the hood.



Apparently, you're supposed to check fluids and get oil changes... who knew?

I was completely clueless on what to do.

Out of nowhere, this man in his mid-30s pulls up in his truck and asks, "What's going on with your car?"

I told him, "I'm not sure, it's overheating."

He asked, "Is there fluid in there?"

To which I sheepishly replied, "Um, I don't know!"

He looked at me and said, "Didn't your dad ever teach you how to check your fluids?"

That's when I said, "No. I don't have a dad."

The man got out of his truck and spent over an hour with me, giving me a full Car 101 lesson. He didn't just check my fluids—he taught me how to do it myself. He showed me how to add fluids, where the spare tire was, how to change it, and how to use the jack that came with my car. He even fixed my car, and by the time I drove away, it was no longer overheating.



Continued on Page 2

Don't Miss a Service!

Homer hadn't been to the Church for many years. He always promised to go but never did.

One day, the Pastor was stunned when he saw him walk in for the Sunday Service. From then on, he was at every Sunday service, Sunday School, every prayer meeting, every small group, etc.

Three months later, after the service, the Pastor asked, "I am glad to see the wonderful change in you. You had always dodged church and now it looks like you can't get enough of it?"

He replied "Well, you see, Pastor, I bought me a new pickup. The dealer told me the warranty will lapse if I missed even one service!"



Would you like to know more about Assisted Living?

Call us for personalized information:

Dorian Place Assisted Living

375 N. Dorian Place, Ontario
(541) 889-8545

Wellsprings Assisted Living

2104 W. Idaho Ave., Ontario
(541) 889-3020



Comfort Food in a
Casual Environment

812 SW 4th, Ontario 97914



LIGHTHOUSE HOSPICE
&
PALLIATIVE CARE

2667 E. Gala Court #110
Meridian, ID 83642

(208) 576-6383

Se habla Español

www.lighthousehospiceidaho.com

WHEN EACH MOMENT COUNTS

Going Home

Hospital regulations require that a patient being discharged ride in a wheelchair.

One day, however, a student nurse took a wheelchair to a room and found an elderly gentleman already dressed and sitting on the bed with a suitcase at his feet.. When she offered her assistance, he insisted he didn't need her help to leave the hospital.



After a chat about rules being rules, he reluctantly let her wheel him to the elevator.

On the way down, she asked him if his wife was meeting him.

"I don't think so," he said. "She's still upstairs in the bathroom changing out of her hospital gown."

(Dry as a Bone—Continued from Page 1)

Right there, in the AM/PM parking lot, this stranger taught me everything I needed to know, all while being fun and encouraging. He would explain something, then say, "Okay, now it's your turn—show me," and followed up with, "Look at you! You're doing a great job!" It felt like he was this kind and funny dad I never had.

I drove away that night thinking, "How cool would it be if he was my dad?"

Now, it's 10 years later, and I've never told anyone that story... but this man's kindness impacted my life in such a positive way. I wish I could remember his name, but I'll never forget what he did for me.

Funny enough, two days ago, I was at a Chevron, and it was like déjà vu. There was a young girl whose car was smoking, and I pulled up and asked, "Is there fluid in your car?"



Just as clueless as I once was, I showed her what to do, just like that man had taught me.

I hadn't thought much about that experience over the past 10 years, but it all came rushing back to me. Thank you, mystery man, for being my gas station parking lot dad, who taught me Car 101.

Because of you, my car has never run low on fluids since.



7am to 2pm
14 NW 1st St., Ontario
(541) 889-2700



Your trust anchored in compassionate care

ANCORA

Health Services

HOSPICE • PALLIATIVE • HOUSECALLS
TRUST • COMPASSION • SUPPORT

808 N. Whitley Dr., Fruitland, ID 83619 • (208) 452-2672

**I pretended to fall asleep...
and then I fell asleep.
Now I'm going to pretend
I'm skinny.**



Ode to My Senior Friends

Another year has passed and we're all a little older. Last summer felt much hotter and the winter seems much colder.



There was a time not long ago when life was quite a blast. Now I fully understand about "living in the past."

We used to go to weddings, football games, and lunches. Now we go to funeral homes and after-funeral brunches.

We used to go out dining and couldn't get our fill. Now we ask for doggie bags, go home and take our pill.

We used to travel on the train to places near and far. Now we get a sore behind just riding in the car.

We used to go to parties any weekend that we choose. Now we stay at home each night and watch the evening news.

That, my friend, is how life is and now my tale is told. So enjoy each day and live it up, before you get too old!

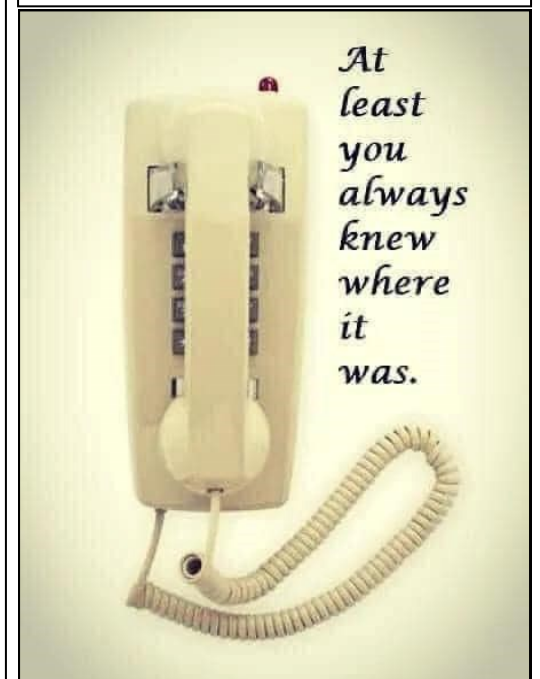
Fruits That Don't Live Up To Their Name:

- Passionfruit
- Grapefruit
- Honeydew
- Dragonfruit



Fruits That Do Live Up To Their Name:

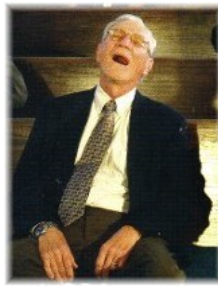
- Orange



Poison Ivy crossed with a four-leaf clover will bring you a rash of good luck.



I always wondered if songbirds got mad at hummingbirds for not knowing the words?



I fell asleep in church last Sunday.
When I heard the pastor say,
"Please stand up," I jumped to my feet.
Then I heard him say,
"That's wonderful, Fred!
Who else would like to give \$1,000
to our building fund?"

Gratitude

- "What if, today, we were grateful for everything?" – Charlie Brown
- "Gratitude is a quality similar to electricity: It must be produced and discharged and used up in order to exist at all." – William Faulkner
- "If you are really thankful, what do you do? You share." – W. Clement Stone
- "Now is no time to think of what you do not have. Think of what you can do with what there is." – Ernest Hemingway
- "Wear gratitude like a cloak, and it will feed every corner of your life."
- "For me, every hour is grace. And I feel gratitude in my heart each time I can meet someone and look at his or her smile." – Elie Wiesel
- "A moment of gratitude makes a difference in your attitude." – Bruce Wilkinson
- "The thankful receiver bears a plentiful harvest." – William Blake
- "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." – John F. Kennedy
- "Gratitude is not only the greatest of virtues, but the parent of all others." – Marcus Tullius Cicero
- "When asked if my cup is half-full or half-empty, my only response is that I am thankful I have a cup." – Sam Lefkowitz

Parking Lot Emergency

Eileen and her husband Tom went to a San Diego supermarket to pick up some groceries. When they returned to the car, she remembered she forgot to get eggs, so her Tom ran back in the store to get them.

When Tom returned, he found her sitting in the car with the windows rolled up and her eyes closed, with both hands behind the back of her head.

He became concerned. He noticed that Eileen's eyes were now open and she looked very strange. He asked her if she was okay, and Eileen replied in a panicked voice that she had been shot in the back of the head and had been holding her brains in until he returned.

Tom tried to open the car door but they were locked and Linda refused to remove her hands from her head. So he called 911.

The fire department came, along with the paramedics, and they broke into the car.

When they finally got in, they discovered that Eileen had a wad of bread dough on the back of her head. A Pillsbury biscuit canister had exploded from the heat, making a loud noise that sounded like a gunshot, and the wad of dough hit her in the back of her head.

When she reached back to find out what it was, she felt the dough and thought it was her brains. She had passed out briefly, but came to just as Tom had returned.

Needless to say the first responders – and Tom – had a good laugh.



Making the Present As Meaningful As the Past

ASSISTED LIVING—ONTARIO
Alameda
N. Oregon

MEMORY CARE—PAYETTE
Beverly Hills

*Come Take a Tour and
See the Ashley Manor Difference*

(541) 359-3750 ♦ www.ashleymanorseniorliving.com ♦ www.ashleymanormemorycare.com

SUNSET ESTATES
COMPASSIONATE RESIDENTIAL CARE

EXCEPTIONAL MEMORY CARE
281 SUNSET DRIVE • ONTARIO, OR 97914
(541) 889-1115

**I thought growing
old would take
much longer!**



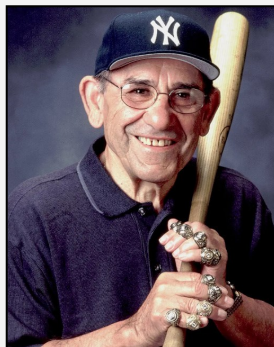
Trademark
Dental

Creating Healthy and Beautiful Smiles

217 N. Plymouth Ave., New Plymouth ID 83655
trademarkdental.com ♦ (208) 278-9900

Yogi Berra's Best Quotes

"It ain't over till it's over."
"It's deja vu all over again."
"Never answer an anonymous letter."
"You can observe a lot by watching."
"The future ain't what it used to be."
"If you don't know where you are going,
you might wind up someplace else."
"It gets late early out here."
"If the people don't want to come out to the
ballpark, nobody's going to stop them."
"Baseball is 90 percent mental. The other half is physical."
"Nobody goes there anymore. It's too crowded."
"A nickel ain't worth a dime anymore."
"He hits from both sides of the plate. He's amphibious."
"I always thought that record would stand until it was broken."
"I'm not going to buy my kids an encyclopedia. Let them walk to
school like I did."
"I never said most of the things I said."
"It ain't the heat, it's the humility."
"I think Little League is wonderful. It keeps the kids out of the
house."
"The towels were so thick there I could hardly close my suitcase."
"You should always go to other people's funerals, otherwise, they
won't come to yours."
"When you come to a fork in the road, take it."



(Sources: Los Angeles Times, Baseball Almanac, Baseball Digest, Catcher in
the Wry (Bob Uecker), Sports Illustrated)

Why I Like Retirement!

Question: How many days in
retirement week?

Answer: 6 Saturdays, 1
Sunday

Question: When is a retiree's
bedtime?

Answer: Two hours after
falling asleep on the couch.

Question: What's the biggest
gripe of retirees?

Answer: There is not enough
time to get everything done.

Question: How many retirees
does it take to change a
lightbulb?

Answer: Only one, but it
might take all day.

Question: Why don't retirees
mind being called Seniors?

Answer: It comes with a 10%
discount.

Question: What is considered
formal attire among seniors?

Answer: Shirts with buttons,
long pants, and tied shoes.

QC KinëTix®
NON-SURGICAL REGENERATION

DO YOU SUFFER FROM JOINT PAIN?
Consider stem cell therapy -
the alternative to drugs & surgery!



(208) 547-6662 • www.QCKinetix.com/boise

Edgewood
Spring Creek



1255 Allen Avenue
Fruitland, Idaho
(208) 452-5163

Assisted Living ♦ Memory Care

Call today to schedule your **complimentary hearing assessment***
Upon completion, receive a **\$20 Gift Card*** of your choice. Choose from top national retailers.

\$20
Gift Card*

HearingLife
hearinglife.com

1084 N. Cole Road
Boise, ID 83704
208.826.4169

745 S. Progress Ave.
Meridian, ID 83642
208.370.5661

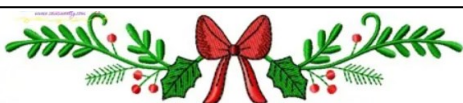
801 NW 13th Street
Fruitland, ID 83619
208.549.5272

2635 Caldwell Blvd. Ste. 102
Nampa, ID 83651
208.899.8699

*See office for details.

Mention code AG60-1 when calling to receive your special offer.

Getting old is no fun.
I used to wake up
feeling like a million bucks.
Now it's more like
a bounced check!



CHRISTMAS GIFT CERTIFICATES

**Want to have Senior Goldmine
mailed to your home or
to a friend each month?**

Send this form and a \$25 check for 12
issues to **Senior Goldmine, 11626 W
Cross Slope Way, Nampa, ID 83686.**

Send to: _____

Phone _____

Str. Address _____

City, State, Zip _____

Your Name _____

Phone _____

Str. Address _____

City, State, Zip _____

SRV 2024

Milestones



Gilbert Williams
Oct 3, 1932—92 years
Weiser



Elyssa Alvarez
Nov 29, 1939—85 years
Weiser



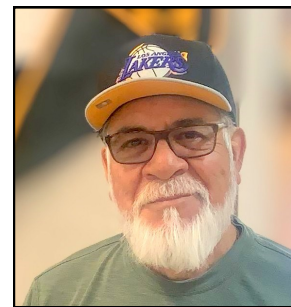
Rosemary Smith
Oct 2, 1944—80 years
Weiser



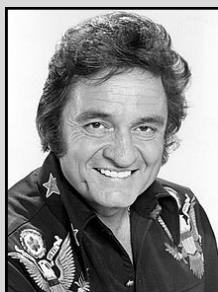
Jack Pimley
Nov 11, 1944—80 years
Weiser

**Senior Goldmine honors
the following Milestones:**
Birthdays 70, 75, 80, 85,
90 and up; and Anniversaries
50, 55, 60 and up.

To submit Milestone
information,
call Roxie at (208) 899-
5064
or email her at



Al Reyes
Sept 18, 1954—70 years
Weiser



**25 years ago we
had Johnny Cash, Bob Hope
and Steve Jobs.
Today we are low on cash,
out of hope,
and working three jobs!**

 **Heart 'n Home**
HOSPICE
Your Hometown Hospice

1107 NW 11th St., Fruitland, ID 83619
(208) 452-2663

 **BROOKDALE**
SENIOR LIVING SOLUTIONS
ALL THE PLACES LIFE CAN GO™



(541) 709-1738
Darcy Sutton
Placement Specialist

1372 SW 8th Ave. Ontario, Oregon 97914

For advertising info or to submit milestones, email roxie@seniorgoldmine.com or call (208) 899-5064