

What does healthy communication look like?

Celebrating the theme of
'Communicate' for RSE Day 2025



This mural was created by artist Millie Yarwood as part of a community project led by Nottingham City Council's Achieve Well Team and ChalleNGe Nottingham, in celebration of RSE Day 2025.

RSE Day is a national day of recognition and celebration, founded in Nottingham, to highlight the importance of education around healthy relationships through learning and discussion.

The 2025 theme, 'Communicate', inspired this mural, which celebrates the power of respectful, open, and honest communication in all relationships.

The artwork draws on the voices and ideas of children from nine local primary schools:

● **Claremont Primary**

● **Forest Fields Primary**

● **Mellers Primary**

● **Middleton Primary**

● **Rise Park Primary**

● **Scotholme Primary**

● **Seely Primary**

● **St Mary's Catholic Primary**

● **Walter Halls Primary**

Together, these children shared what healthy communication means to them, helping to shape the vibrant message behind this mural.

Thank you to all the children, schools, colleagues, and partner organisations involved in supporting this project.



For more information on the mural, the organisations involved, or to access support around healthy relationships, please scan the QR code.