

RSE Day Artist brief

What is RSE Day?

RSE Day is an annual, national celebration of excellent Relationships and Sex Education that promotes the wellbeing of, and safeguards, children and young people. RSE Day began in Nottingham in 2018 and is now celebrated by schools, organisations, and parents across the country. It is held on the last Thursday in June each year, this year it will be held on 24 June.

For the first time last year Nottingham City Council in partnership with Challenge Nottingham hosted a live-stream for RSE Day, you can view this [here](#). This year we will again host a live-stream on 24 June and we are currently looking for artists to take part.

Aim:

Create a 20-minute filmed workshop using your art form with **one** challenge at the end. The challenge should be suitable for a range of ages.

Guidance:

- Content should be simple, clear and easy to understand by a range of children and young people
- Any activities or tasks shown in the video should be able to be actioned in a range of settings, eg. Home, school in groups or individually
- Any materials used should be easy to come by in your average school/home
- Content could be viewed by a range of age-groups so do not include content or language that would be unsuitable for younger children
- Consider the diverse audience that could be viewing the content and aim to be inclusive of all

Process:

- Please supply a brief description of your proposed content using the form enclosed
- Send the form to rshe@nottinghamcity.gov.uk by 23rd April
- We will review forms and select artists by 26th April
- First draft videos to be submitted by Friday 14th May
- Feedback on draft videos to be given by 21st May
- Final videos to be submitted by 4th June

Video content:

This year we would like workshops to link to themes in the new statutory framework for Relationships and Sex Education. Each workshop will focus on one of the themes below. The content given underneath each heading is there to guide you with suggested content. You do not need to cover all of these areas. We are looking for creative interpretations of these themes to allow children and young people to experience RSE in a different way.

1) Families and people who care for me

Ideas for content

- The importance of families
- Family diversity

- Marriage and committed relationships
- Roles and responsibilities of parents

2) Caring friendships

Ideas for content:

- the importance of friendships
- the characteristics of friendships, eg. Respect, loyalty, kindness
- friendships are welcoming and do not exclude others
- friendships have ups and downs

3) Respectful relationships

Ideas for content:

- the importance of respecting others, even when they are different from us
- steps for improving relationships
- courtesy and manners
- importance of self-respect
- different types of bullying
- why stereotypes are unfair and damaging
- importance of permission seeking and giving
- legal rights and responsibilities regarding equality

4) Online relationships

Ideas for content:

- that people sometimes behave differently online
- Same principles apply to online relationships as face-to-face ones
- Rules and principles for keeping safe online
- How to critically analyse sources of information online
- How information and data is shared online

5) Being safe

Ideas for content:

- Boundaries in friendships
- Privacy and secrets
- That each person's body belongs to them
- How to respond safely to adults they don't know
- How to recognise and report feelings of being unsafe
- How to ask for help or advice for themselves or others
- How to report concerns
- Where to get help

Questions:

If you have further questions do please contact Catherine.kirk@nottinghamcity.gov.uk