



The
HAWAIIANTM
ISLANDS

Kaua'i · O'ahu · Moloka'i · Lāna'i · Maui · Hawai'i

2020 ■
OFFICIAL
VACATION
PLANNER

PUBLISHED BY ■
THE HAWAII
VISITORS &
CONVENTION
BUREAU

GOHAWAII.COM

JOHN HOOK



PUNALU'U BLACK SAND BEACH

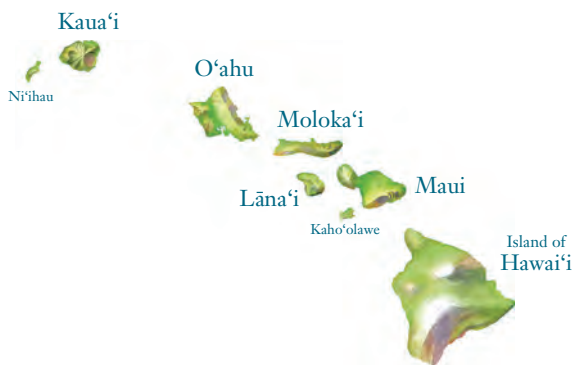
GETTY IMAGES

WELCOME TO

The HAWAIIAN ISLANDS

Six unique islands. Six unique experiences. You know Hawai'i for its deep turquoise waters, sculpted mountains, rugged lava fields and sandy beaches in every hue from white to black. But beyond the picturesque landscapes, you'll discover so much more.

Hear the call of a colorful bird that makes its home only in Hawai'i forests. Inhale the fragrance of tropical flowers blooming on mountain trails or draped around your neck in a *lei*, a gift of *aloha*. Explore the traditions of the past that are still deeply intertwined into the culture of modern cities and small towns set in the midst of untouched wilderness.



2020 OFFICIAL VACATION PLANNER

4 THE HAWAIIAN CULTURE	56 MOLOKA'I	74 ESSENTIAL HAWAII
10 KAUA'I	60 LĀNA'I	76 HAWAII DIRECTORY OF PRODUCTS & SERVICES
20 O'AHU	64 ISLAND OF HAWAII	
40 MAUI		

The Hawaiian Culture

The past is still a vital part of the present in Hawai'i—from the cherished daily traditions to the historic sites that stand next to modern buildings, and the festivals that celebrate the legacies of Hawaiian royalty. We invite you to share in the power and beauty of Hawai'i through its history, traditions, culture and natural wonders.

Lei Aloha—A lei given with love

At graduation ceremonies, birthdays and almost any celebration, it is common to see people decked out in dozens of *lei*. Most often the garlands are of fragrant island flowers including delicate plumeria, *pikake* (jasmine), tuberose and white ginger. The traditional gift can also be created out of *kukui*, shells or ribbon. Regardless of the material, giving or receiving a *lei* is an expression of love, welcome, congratulations or simply friendship between two people. If you plan to take one home, ask the *lei* seller which dry best for longevity and check the U.S. Dept. of Agriculture's list to make sure your choice is allowed to be transported. www.aphis.usda.gov/aphis/newsroom/factsheets/ppq

Mele o Hawai'i—Hawaiian music

In the early years, Hawaiian music was comprised of drums, the subtle sounds of a nose flute and the rhythmic, melodic voices of the people. The now familiar strains of *'ukulele* and slack-key guitars are a more recent addition, after the Portuguese and Mexican-Spanish vaquero (cowboys) brought stringed instruments to the shores in the 1800s. Specific form, melody, harmony and rhythm are combined with Hawaiian words and poetry that are often taken from traditional Hawaiian *oli* (chants). Four of the most prolific *haku mele* (composers) were referred to as *Nā Lani 'Ehā*, the Royal Four, and lived in the late 19th Century. Siblings King Kalākaua, Queen Lili'uokalani, Princess Likelike and Prince Leleiōhoku II wrote some of the most treasured and loved songs of Hawai'i, many which are still performed today.

Hawai'i's heritage is a royal tapestry of monarchs, heroes and saints.

1750s

Pai'ea is born and immediately hidden in Waipi'o Valley, away from warring chiefs. He would grow up to be King Kamehameha I, the first of Hawai'i's many great monarchs



1882

'Iolani Palace is built by King Kalākaua, who initiated a cultural revolution including revival of the *hula*



1891

Hawai'i's only ruling queen and last monarch, Queen Lili'uokalani comes to power



1778

Captain Cook arrives in the Hawaiian Islands and names them the Sandwich Islands after Britain's Earl of Sandwich, his patron

1835

Kōloa Sugar Mill, first of its kind in the islands, is opened by Ladd & Co.

1883

Kamehameha statue is unveiled in Honolulu



1898

Hawai'i is annexed by the United States

1894

Hawai'i is declared a republic



1700s

1845

Seat of Government moves from Lāhainā to Honolulu

1889

Bishop Museum opens

1893

Monarchy overthrown



HEATHER GOODMAN

📌 *Nā Holokai*—Canoe voyaging

The ancestors of the Hawaiian people were skilled navigators and voyagers who sailed back and forth across the Pacific Ocean for thousands of years in *wa'a kaulua* (double-hulled canoes). The stars, wind, ocean currents and other signs of nature were their only compasses. Today, the traditions are being taught to new generations with the *Hōkūle'a*. Since its maiden voyage to Tahiti in 1976, the crew of the *Hōkūle'a* has continued to travel around the world using only traditional Polynesian techniques. The only nod to technology has been live video streams which allow crew members to educate local students and groups about their journeys.



HEATHER GOODMAN

For more cultural information visit Native Hawaiian Hospitality Association at: www.NaHHA.com

📌 *Kalo* (Taro)—Hawaiian life force

The leaves are used to make *lau lau* and *lū'au*. The root is the base of *poi* and many other dishes. *Kalo* (taro) is a staple of the Hawaiian diet and is considered the source of life for Native Hawaiian people. Traditionally grown in *lo'i*, a system of irrigated ponds or dryland terraces, legends speak of *kalo* as the ancestor of the Hawaiian race. This familial relationship is the foundation for *mālama 'āina*—take care of the land as it takes care of you; as one would care for a parent. Today, discover the many flavors and uses for it in everything from crispy chips to *poi* doughnuts and acai bowls made with *pa'i'ai* (freshly pounded *kalo*).

1912

Duke Kahanamoku sets a world record for the 100-meter dash in swimming at the Stockholm Olympics



1941

Japan attacks Pearl Harbor, destroying and disabling 200 aircraft and killing over 2,000 officers and men, and bringing the U.S. into World War II

1983

Kilauea volcano on the island of Hawai'i erupts and continues to occasionally flow until late 2018



2009

Father Damien, priest who cared for the Hansen's disease patients on Molokai, is canonized by Pope Benedict XVI



1900

President McKinley signs the Organic Act making Hawai'i a territory of the United States

1930

First interisland telephone call placed between Hilo and Honolulu

1959

Hawai'i becomes 50th U.S. State



1917

Queen Lili'uokalani, the last Hawaiian Monarch, dies

1978

The Hawaiian language is reinstated as one of the official languages.

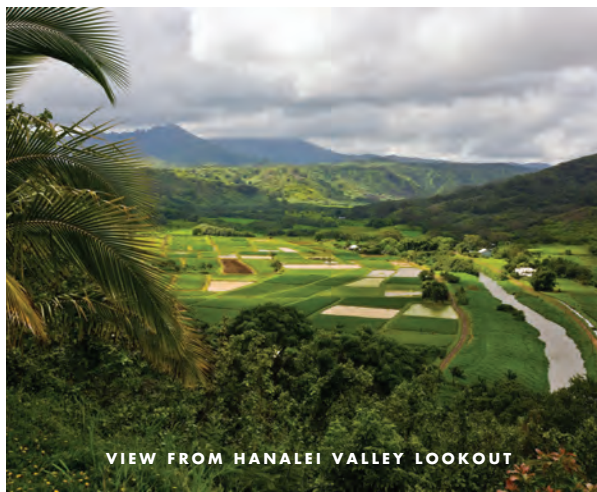
TODAY





MOUNT WAI'ALE'ALE

GETTY IMAGES



TOR JOHNSON

K A

U A ' I

DISCOVER CHARMING TOWNS SET THROUGHOUT THE ISLAND'S FIVE RESORT AREAS

K **aua'i** retains a wild beauty, with waterfalls that carve their way down canyons and mountain ridges, and dazzling white sand beaches and cliffs that seem to rise straight up from the sea. Reawaken your senses as you explore Hawai'i's northernmost island.

Nāpali Coast



KEN POSNEY

With sea cliffs rising to 4,000 feet, Nāpali Coast is a 14-mile stretch characterized by dramatic, rugged terrain; sea caves; green and red cliffs; a turquoise sea; and the frequent appearance of rainbows and dolphins. Even for those who live here, the spectacle is always striking.

Nāpali was once home to early ocean voyagers from Polynesia, and the coast's rock walls and

agricultural terracing are evidence of sophisticated irrigation systems and a traditional fishing and *kalo*-growing culture. You can experience firsthand the mystery and beauty of an ancient Hawaiian settlement by joining a tour to remote Nu'alolo Kai, where community groups and Native Hawaiian cultural practitioners have been restoring historically important parts of what is believed to be one of the

earliest settlements in the Hawaiian Islands.

You can experience Nāpali Coast by air, sea or land. Take a helicopter or fixed wing tour—the quickest and easiest way to see the sights—and gaze into otherwise unseen valleys that cut into the mountainsides.

For an idea of what early Hawaiians felt as their canoes reached Kaua'i, paddle out on a guided kayak tour in the

summer or take a Zodiac or catamaran boat tour along the coastline.

A more intimate experience is on foot, hiking along the narrow Kalalau Trail that crosses five valleys and ends at a white-sand beach. The challenging trail is often slick with mud so be sure to bring suitable footwear, all necessary equipment and plenty of water. Please note that if you plan to visit Hā'ena State Park or hike the

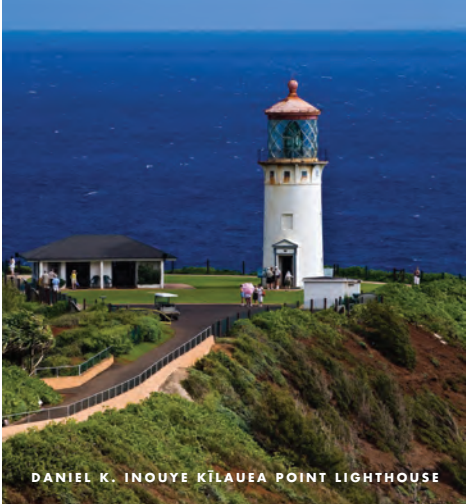
Kalalau Trail, reservations are required whether you plan to drive, walk or use the North Shore Shuttle. These steps help reduce crowding and ensure a better experience for all who interact with this culturally important and ecologically fragile place.

www.gohaena.com

www.dlnr.hawaii.gov/dsp/hiking/kauai/kalalau-trail/

Kaua'i

THE GREAT OUTDOORS



TOR JOHNSON

📍 Daniel K. Inouye Kīlauea Point Lighthouse

The 52-foot Daniel K. Inouye Kīlauea Point Lighthouse stands at the northernmost point of the main Hawaiian Islands. From here you can gaze out at the Pacific, scanning the water for humpback whales (from December to April). Far below you might spot a lone monk seal sunning itself on the beach, and all around you hundreds of nesting seabirds: wedge-tailed shearwaters; red-footed boobies; Laysan albatrosses; and Hawai'i's native goose, the *nēnē*.



TOR JOHNSON

📍 Wailua River

One of the best places for freshwater paddling on Kaua'i is the Wailua River, where you can navigate the waters on your own or with a guide. And don't miss the Fern Grotto, a natural lava rock amphitheater where cascading ferns create a mysterious and romantic setting. Open-air boats offer guided tours of the area.

Waimea Canyon

Here's your chance to hike in a Native Hawaiian forest or across a high-elevation swamp, to gaze into the depths of Hawai'i's deepest canyon or view Hawai'i's highest sea cliffs. Waimea Canyon State Park and the adjacent Kōke'e State Park offer an exceptional range of natural beauty and adventure, revealing the diversity of Hawai'i's native forests.



DAN LANE

Waimea Canyon is over 3,600 feet deep and 14 miles long. It's also known as the "Grand Canyon of the Pacific" (but don't believe the people who attribute the moniker to Mark Twain—he never saw it). Drive along Waimea Canyon Drive and you'll find multiple lookouts with stunning vistas. Remember: the canyon lookouts are at high elevation, where the air is cool, so pack a jacket to stay warm.

The road ends in

Kōke'e State Park 4,000 acres of dense forest atop a high plateau. Kōke'e State Park includes some of the island's most varied and challenging hiking trails, including the popular Pihea Vista Trail, which crosses the Alaka'i Swamp. Listen closely and you may hear the calls of native birds like the Kaua'i 'elepaio, the 'apapane and the fiery red 'i'iwi. Befitting the cool weather, Kōke'e has a lodge more reminiscent

of a ski chalet than a tropical escape; warm up a chili bowl made with Kaua'i beef and the lodge's famous cornbread, and cap off with a cup of Hawai'i-grown coffee. Next door, the **Kōke'e Natural History Museum** has informative displays and sells maps, books and gifts—it's also a good place to get hike recommendations.

KAUAI™

One of the HAWAIIAN ISLANDS

Island Facts

Nickname:	The Garden Isle
Island Color:	Purple
Island Flower:	Mokihana
Size:	372 square miles
Length:	33 miles
Width:	25 miles
Coastline:	90 miles
Highest Point:	Kawaikini Peak (5,243 feet) on Mount Wai'ale'ale
County Seat:	Lihu'e
Population:	71,735
Beaches:	Over 50 miles; more beach per coastline mile than the other Hawaiian Islands
Weather:	Daytime highs from mid-70 to mid-80 degrees Fahrenheit, lows from mid-60 to mid-70 degrees Fahrenheit. Slightly higher in the summer.
Ocean Temp.:	72 to 76 degrees Fahrenheit, year-round



APPROXIMATE DRIVING TIMES:

From Lihu'e Airport (LIH) to:

Anahola	30 min (15 miles)
'Ele'ele	30 min (17 miles)
Hā'ena	75 min (40 miles)
Kalaheo	25 min (14 miles)
Kapa'a	25 min (10 miles)
Kekaha	60 min (28 miles)
Kilauea	45 min (26 miles)
Kōloa	25 min (11 miles)
Nāwiliwili	5 min (2 miles)
Po'ipū	30 min (14 miles)
Princeville	60 min (30 miles)
Wailua	15 min (7 miles)
Waimea	45 min (25 miles)
Waimea Canyon	75 min (36 miles)

Heritage Sites of Hawai'i

Heritage Sites of Hawai'i are "must-see" destinations for your next visit to the islands. These special places have been visited by Hawai'i's people for generations for their cultural, natural, scenic and historic significance. Immerse in the long history, culture and beauty of our islands. For more information, visit gohawaii.com.

Kauai features two Heritage Sites of Hawai'i:

- Daniel K. Inouye Kilauea Point Lighthouse (see page 8)
- Waimea Canyon (see page 16)



Legend

- | | | | |
|--|-------------------|--|--------------|
| | Town | | Primary Hwy |
| | Beach | | Main St |
| | Golf Course | | Minor St |
| | Park | | Major Stream |
| | Point of Interest | | Land |
| | Bike Path | | Water |
| | | | Civic |



Princeville



Hanalei

Kilauea

Anahola

Kapa'a

Wailua

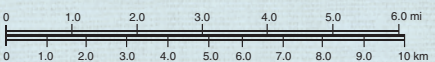
Hanama'ulu

Lihue

Kalaheo

Koloa

Po'ipū





HOTAIK SUNG

Po'ipū Beach Park

This sandy stretch draws visitors and locals with its excellent beach, lifeguards, outdoor showers, bathrooms and covered pavilions. It also draws marine life, including *bonu* (Hawaiian green sea turtles) and endangered Hawaiian monk seals (remember to keep a respectful distance if you see one on the beach). Keep a lookout for humpback whales from December through April. Add to all that a spacious grassy lawn, children's playground and a protected swimming area and you have one of the island's most popular beaches.

📍 Kalapakī Beach

If you're looking for an easy-to-visit beach with plenty of nearby amenities (shops, dining, restrooms) and multiple options for activities (surf lessons, stand-up paddleboarding, beach volleyball, kayaking), Kalapakī is the place. This sheltered bay is one of Kaua'i's most family- and kid-friendly beaches.

TOR JOHNSON

WAILUA FALLS



Waterfalls of Kauaʻi

ʻŌpaekaʻa Falls

Along with Wailua Falls, ʻŌpaekaʻa is one of the most impressive drive-up waterfalls on Kauaʻi. The falls spread out like silver fingers (but don't worry, the water still flows during dry periods). Pull over at a roadside lookout off Kuamoʻo Road (Route 580) for a photo op with this waterfall that flows into a hidden pool.

↶ Wailua Falls

This is one of the most dramatic drive-up waterfalls on the island. Located along a country road several miles inland from the highway, you may even see a double rainbow.

Manawaiopuna Falls

These majestic falls, featured in many films (it's even been nicknamed *Jurassic Park* Falls), can only be seen from the air. A handful of operators offer flight tours, one of which will land near the base of the cascade.

Waipoʻo Falls

At the Waimea Canyon lookout, you can park and enjoy views of these 800-foot silvery falls. For a closer look, hike the Canyon Trail, which takes you right above it.

Botanical Gardens

Get up close and personal with Kaua'i's endless shades of green at the **National Tropical Botanical Garden** (NTBG), the only congressionally chartered network of botanical gardens in the U.S. Begin at NTBG headquarters, the **McBryde Garden in Lāwa'i Valley**—a vast 259 acres that boasts the world's largest collection of native Hawaiian plants.

For a majestic scene, **Allerton Garden** provides 80 acres of vegetation including the towering Moreton Bay Fig trees featured in *Jurassic Park*. The grandeur captured in the movie remains, but there are no wild dinosaurs here, we promise.

The Limahuli Garden and Preserve on Kaua'i's North Shore offers guided and self-guided tours (by reservation only) detailing the Hawaiian culture, endangered native plants and a restored *lo'i* (irrigated terrace) where *kalo* (taro), one of the Hawai'i's most culturally important plants, grow.



GETTY IMAGES



DAEJA FALLAS

Spouting Horn (Puhi)

Spouting Horn blowhole is a spectacular natural lava tube that releases huge sprays of water during large swells. According to one Hawaiian legend, this site was once guarded by a giant *mo'o* (lizard) that would eat anyone fishing or swimming nearby. A young boy named Liko fought the *mo'o* in the ocean and escaped through a small hole in a lava rock shelf. The *mo'o* tried to follow and got stuck. Today, as the sea spouts through the rock, you can hear it hiss and roar from inside Spouting Horn. Giant lizards notwithstanding, do not go beyond the fence for safety's sake.

Hawai'i Rooted

Leinā'ala Pavao Jardin is a *kumu hula* (*hula teacher*). Her *hālau* (*hula school*) has over 200 students and is an annual competitor at the Merrie Monarch Festival, the most prestigious *hula* competition in the world.
www.gohawaii.com/hawaii-rooted/Leinaala-Jardin



HEATHER GOODMAN



LEHUA AHNEE



- SINCE 1999 -

SAVE
 DISCOUNTED RATES
 NATIONAL COMPANIES

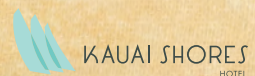
1-800-292-1930
DiscountHawaiiCarRental.com

GUARANTEED RESERVATIONS
 * NO BOOKING FEES * NO DEPOSIT
 * CANCEL ANYTIME * NATIONAL
 RENTAL COMPANIES



Toes in the sand

Escape to a lush paradise on the Garden Island. A beachfront property surrounded by swaying palms and pristine ocean views awaits.



808-426-2393
visitKauaiShores.com



A VIEW OF LĒ'AHĪ FROM WAIKĪKĪ BEACH



GETTY IMAGES



HAWAII TOURISM AUTHORITY

O ‘ A H U

VIBRANT CITIES, DYNAMIC DINING AND SERENE SCENERY: O’AHU WILL CAPTIVATE YOUR SENSES.

I t is called “**The Gathering Place,**” O’ahu is an island of vibrant contrasts. From the exuberance of Waikiki and Downtown Honolulu to the quiet towns sprinkled along its coastline, Hawai‘i’s most populous island is a fusion of modern and historic; of quiet hikes and explosive fireworks shows, of renowned chefs and mom and pop eateries. From its sleek shopping centers to decades-old neighborhood general stores, O’ahu reveals the heart of Hawai‘i.

Waikīkī

➔ Dynamic and lively Waikīkī showcases modern resort amenities alongside local-style relaxation. Luxurious hotels, vibrant nightlife, great shopping and dining can all be found in the world-famous destination, once the playground of *ali'i* (royalty).

Take to waters on a catamaran to view the stunning coastline. Or, explore beneath the ocean's surface in a submarine to see sunken ships, airplanes and reef structures visited by colorful fish and other marine life. Searching for an entertaining *lū'au* (feast)? Hungry for a SPAM® musubi or one of the finest omakase sushi experiences in the country? Waikīkī's got it. Want a surfing lesson at the birthplace of surfing? Sure! Rather catch the view from a towel on a beach? That's fine, too. With so many activities to try here, you might not want to leave.





GETTY IMAGES

Landmark



TOR JOHNSON

📍 Lē'ahi

Centuries ago, Hawaiians named this signature volcanic crater Lē'ahi, “brow of the tuna,” because of its shape. Later, British sailors mistook the calcite minerals on the slopes for diamonds, hence its nickname “Diamond Head.”

Enjoy O'ahu's natural beauty from the peak of Lē'ahi's paved walk, with a panoramic view of the south shore of the island. Grab comfortable walking shoes, water and sunscreen for this gradual hike up the 760-foot volcanic tuff cone (it's extinct). The walk is about 1.6 miles round trip. Gates open at 6 a.m. and close at 6 p.m., at which time visitors must be out of the park.



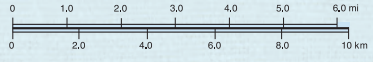
Heritage Sites of Hawai'i

Heritage Sites of Hawai'i are "must-see" destinations for your next visit to the islands! These special places have been visited by Hawai'i's people for generations for their cultural, natural, scenic and historic significance. Immerse in the long history, culture and beauty of our islands. For more information, visit gohawaii.com.



Legend

- Town
- Beach
- Guarded Beach
- Golf Course
- Park
- Point of Interest
- Civic
- Primary Hwy
- Secondary Hwy
- Main St
- Minor St
- Major Stream
- Land
- Water



Makahoa Pt
 Mālaekahana Bay
 Mālaekahana State Recreation Area
 Lā'ie Bay
 Brigham-Young University Hawai'i
Lā'ie

O'AHU™

One of the HAWAIIAN ISLANDS



Island Facts

Island Color:	Yellow
Island Flower:	'Ilima
Size:	597 square miles
Length:	44 miles
Width:	30 miles
Coastline:	112 miles
Highest Point:	Mount Ka'ala (4,003 feet)
County Seat:	Honolulu
Population:	Approximately 953,000
Weather:	Daytime highs from mid-70 to mid-80 degrees Fahrenheit, lows from mid-60 to mid-70 degrees Fahrenheit. Slightly higher in the summer.
Ocean Temp.:	71 to 81 degrees Fahrenheit, year-round

APPROXIMATE DRIVING TIMES From Waikiki to:

Downtown Honolulu:15 min (4 miles)
Hale'iwa:60 min (35 miles)
Hanauma Bay:40 min (11 miles)
Daniel K. Inouye International Airport:30 min (11 miles)
Kailua:30 min (16 miles)
Ko'olina:50 min (29 miles)
Pearl Harbor:30 min (13 miles)
Polynesian Cultural Ctr.:75 min (36 miles)
Turtle Bay:90 min (46 miles)



BLAKE BRONSTAD

Waves of immigrants have left their imprint on how we eat, from the first Polynesian settlers to the whalers and missionaries to the plantation workers from Japan, China, the Philippines, Portugal and other countries. O'ahu, as the most cosmopolitan of the Hawaiian Islands, is also home to a great diversity of cuisines and contemporary flavors.

It's the only place in the world where you'll find shrimp trucks wafting aromas of butter and garlic, local restaurants serving Hawaiian food based on the traditional Native Hawaiian diet, seafood restaurants on the pier blending soy sauce with *beurre blanc*, and some of the best Japanese food outside of Japan.

Kick back at **Duke's Waikiki**—named after Olympic gold medalist and the ambassador of surfing, Duke Kahanamoku—where you can sip a mai tai as you sink your toes in the sand. Pause for *pau hana* (after work), or happy hour, at restaurants and resorts to discover a new local musician every day of the week.

Cruise the restaurants of **Waikiki Beach Walk** where, among others, you can try the flavors of a pioneer of Hawai'i cuisine, Roy Yamaguchi at **Roy's Waikiki**.

Sunset is an event in itself, but it isn't the only one: O'ahu's nightlife ranges from hushed speakeasies to Art after Dark nights at the **Honolulu Museum**

of Art. Waikiki stays up late with jazz lounges and dive bars, while Downtown Honolulu has its own venues that attract a young, hip crowd, especially for the late-night art gallery events, live music and a chance to meet local designers at **First Fridays** (the first Friday of every month).

O'ahu

LŪ'AU

You can't visit Hawai'i and not go to a *lū'au* (feast). Expect a lively celebration with food and entertainment that often includes everything from *bula* to Samoan fire-knife dancing. The performances tell stories from Hawaiian and Polynesian cultures while you dig into traditional dishes like *kālua* pig, *poke* and *poi*.

Ali'i Lū'au at the Polynesian Cultural Center

www.polynesia.com/dining_and_luau.html

Diamond Head Lū'au

www.diamondheadbeachluau.com

Germaine's Lū'au

www.germainesluau.com

Ka Moana Lū'au

www.moanaluau.com

Ka Wa'a—A Lū'au

www.disneyaulani.com/activities/luau

Paradise Cove Lū'au

www.paradisecove.com

Royal Hawaiian Lū'au - 'Aha'aina

www.royal-hawaiian.com/dining/ahaaina

Waikiki Starlight Lū'au

www.hiltonhawaiianvillage.com/waikiki-starlight-luau



HAWAII TOURISM AUTHORITY

Hawai'i Rooted

The designs Suluape Keone Nunes creates relate to genealogies, protection or 'aumākuā (family gods), and the *kuleana* (responsibility) that goes with them.

www.gohawaii.com/hawaii-rooted/suluape-Keone-Nunes



HEATHER GOODMAN



GETTY IMAGES



TROPICAL PIX SINGAPORE

North Shore

Seven miles of flawless beaches and stunning winter swells draw spectators and top surfers searching for the perfect wave. During the winter, bring a plate lunch to watch thrilling contests, including the Vans Triple Crown of Surfing, where some of the best in the world tackle swells up to 30 feet tall. In the summer and early fall, calmer conditions mean beginners can surf, swim and snorkel on the iconic North Shore.

Visit **Turtle Bay Resort** for your only opportunity to ride a

horse on the beach. Then head to Kahuku for the shrimp trucks (you'll smell the butter and garlic before you see them). Stop in Hale'iwa Town to stock up a beach picnic basket and to try a local favorite "shave ice"—finely shaved, soft ice doused with syrups in flavors from *liliko'i* (passion fruit) to lychee. It's especially delightful with ice cream or a "snowcap" (drizzled with condensed milk). Then, check out this historic surf town's quaint shops, understated restaurants and charming art galleries.

Local Grinds

Taste some of Hawai'i's favorite 'ono (delicious) foods.

KĀLUA PIG: pork wrapped in ti leaves and cooked in an *imu* (underground oven). Get it in a Hawaiian plate lunch (it's especially good with *lomi* salmon and *poi*), or find modern interpretations such as *kālua* pig hash for brunch.

LAULAU: pork (and sometimes chicken or salted fish) wrapped in taro and ti leaves and steamed. Each package has to be wrapped by hand, making this a particularly special treat.

LOCO MOCO: hamburger patty on rice, covered in gravy, and topped with sunny side up eggs (or however you like your eggs). This favorite local comfort food is especially good after a surf session.

MALASADAS: deep-fried dough rolled in sugar. These originally came from the Portuguese islands, where it was a Fat Tuesday indulgence before Lent, but people in Hawai'i have made the recipe their own and eat it year-round. They're best eaten warm.

POI: mashed taro root. *Poi* is a staple of the Hawaiian diet. Taro root is pounded with a stone pestle on a wooden board. Right off the board, it's called *pā'i'ai*, thick and sticky. Even *poi* skeptics usually love *pā'i'ai*, which is slightly sweet like mochi, so make sure to try this if you get the chance.

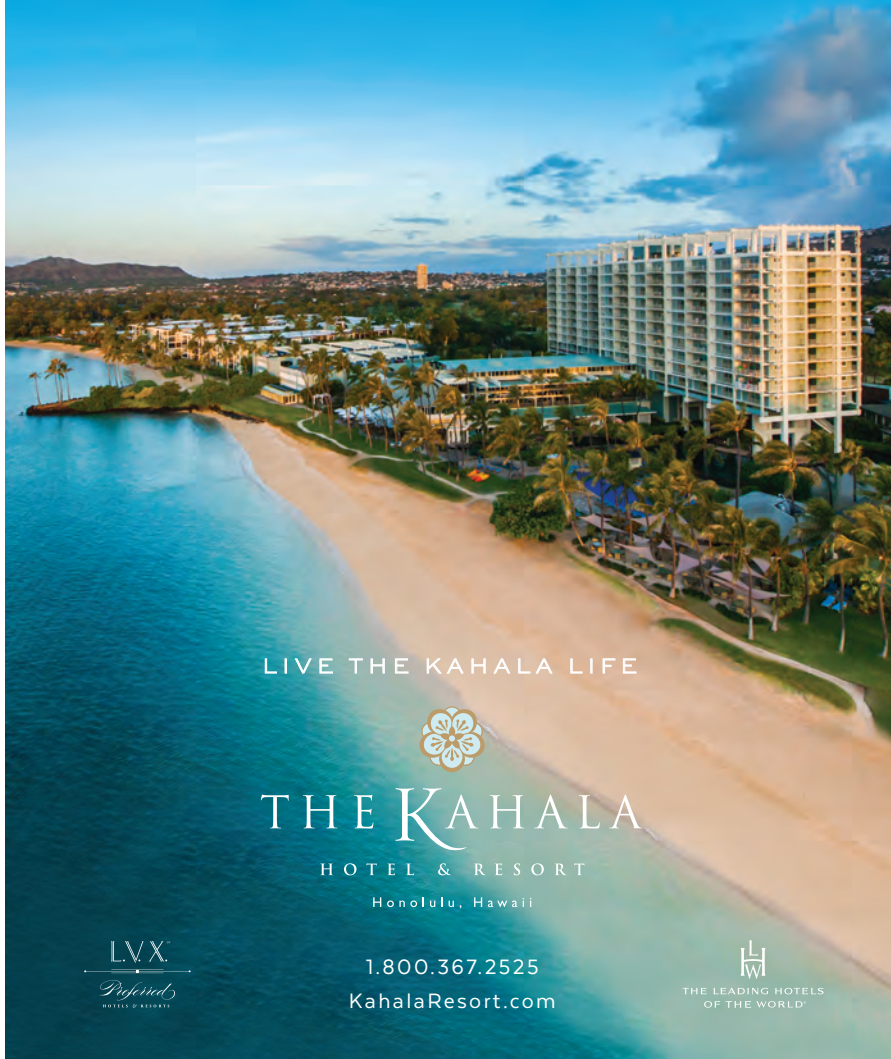
📌 **POKE:** *poke* means "to slice," but it most commonly refers to seasoned, cubed raw fish. *Poke* may have taken the rest of the world by storm, but there's still no better place to eat it than in Hawai'i.




HEATHER GOODMAN

BEAUTIFUL WITH A CHANCE OF PERFECT

Things are warm and wonderful on the gracious side of Diamond Head. The Kahala is a secluded, private world, only minutes from the excitement of Waikiki and all that Honolulu has to offer. No wonder experienced travelers who spend time with us once choose to do so again.




LIVE THE KAHALA LIFE



THE KAHALA
HOTEL & RESORT
Honolulu, Hawaii

L.V.X.
Preferred
HOTELS & RESORTS

1.800.367.2525
KahalaResort.com



THE LEADING HOTELS
OF THE WORLD

Pearl Harbor National Memorial

The attack on Pearl Harbor on Dec. 7, 1941, left O'ahu scarred and Hawai'i in sorrow. Thousands were killed, hundreds wounded and it drove the U.S. into World War II. Honor those who fought as well as those who worked to restore peace at this National Historic Landmark. Pearl Harbor is also home base of the U.S. Pacific Fleet, the world's largest naval command. We recommend beginning your journey at the Visitors' Center with a walk through the **USS Arizona Memorial Museum**. A film including vintage newsreel footage from that somber day in Hawai'i history sets the scene.

Then, a short boat ride takes you to the **USS Arizona Memorial**, constructed atop the sunken battleship as a memorial to the 1,177 crewmen who lost their lives. Also visit the **USS Oklahoma Memorial**, honoring the 429 crewmen who died aboard that ship.

Next, take the shuttle to the **USS Battleship Missouri Memorial**, a living museum offering a glimpse into life on the historic "Mighty Mo." Walk the deck, then climb into the living quarters of this 60,000-ton ship, to relive the other end of World War II history. This is where the documents ending the war were signed. Don't miss the **Pearl Harbor Aviation Museum**, located in the battlefield hangars at Pearl Harbor's Ford Island. See historic exhibits and actual fighter planes and bombers and try the flight simulator. Watch for open cockpit days when you can climb into the pilot's seat.

Complete the wartime experience at the **USS Bowfin Submarine Museum & Park**, a National Historic Landmark that features the restored WWII sub tells the fascinating history of underwater warfare. There is a "no-bag" policy for each of the sites, but lockers are available for a nominal fee. A visit to Pearl Harbor is a deep dive into history; multiday tours are available for visitors to immerse themselves in "a date which will live in infamy."

www.nps.gov/valr



TOR JOHNSON

PEARL HARBOR

O'ahu

FUN WITH THE 'OHANA (FAMILY)

O'ahu offers adventures for all ages, from little thrill-seekers to big nature enthusiasts.

Atlantis Submarines

Descend for an up-close glimpse at the world under the water. Spot colorful fish, eel, *honu* (Hawaiian green sea turtle) and sharks as they slip into and out of sunken ships and planes. www.atlantisadventures.com/waikiki

Bishop Museum

Walk through a volcano, identify native birds and look up at the stars. Kids will love the interactive activities in the Science Adventure Center, the planetarium shows, the Native Hawaiian garden and the wealth of local books and *keiki* items in the gift shop. www.bishopmuseum.org

Coral Crater Adventure Park

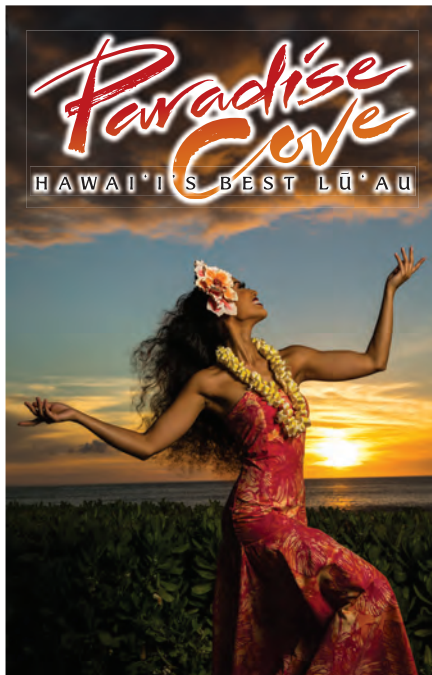
Zipline, navigate a ropes course, ride an ATV or fly 40 feet out into the air on a giant swing. Some tours let you soar into the sunset on the West Side, then stop for a round of s'mores around a campfire. www.coralcrater.com

Honolulu Zoo

Among endangered elephants, tigers and Komodo dragons at this 42-acre zoo, watch for wild peacocks wandering around. Stop to pet baby goats and crawl through a tunnel surrounded by swimming koi in the Keiki Zoo. Twilight Tours take place after closing, when it is cooler and nocturnal animals come out to play. www.honoluluzeo.org



AARON K. YOSHINO



WWW.PARADISECOVE.COM

[/PARADISECOVELUAU](https://www.facebook.com/paradisecoveluau)

[/PARADISECOVELUAU](https://www.instagram.com/paradisecoveluau)

For reservations and additional information, please call 800-775-2683 or 808-842-5911



Exceptional Views

RESERVATIONS

855.738.4966

www.halekulani.com

HALEKULANI PAST,
PRESENT, FOREVER...



Halekulani

On the Beach at Waikiki

Explore

FUN WITH THE 'OHANA (FAMILY)



TOR JOHNSON

Polynesian Cultural Center

Six villages representing six island nations all offer hands-on activities for kids. Save an entire day to go fishing, play ancient games and watch a boat parade. The adjoining Hukilau Marketplace is home to restaurants and shops so you won't need to go far for lunch and a souvenir.

www.polynesia.com

Waikiki Aquarium

The aquarium is home to 3,500 ocean creatures. Miniature seahorses (and their babies, too, if you come at the right time) swim along with graceful jellyfish, endangered Hawaiian monk seals, *he'e* (Hawaiian day octopus), seadragons and sharks. Bring lunch; The aquarium does not sell food, but it does have a grassy lawn for a picnic and running around.

www.waikikiaquarium.org

Sea Life Park

Families can swim with dolphins, sea lions and even sharks. Visit a wholphin (part false killer whale, part dolphin) and penguins, feed turtles and the curious birds in the aviary, learn how the park rescues birds and hatches *honu* and stay for the fire-blazing Ka Moana Lū'au.

www.sealifeparkhawaii.com

Wet'n'Wild Hawaii

Cool off at this water playground in West O'ahu. Courageous kids can fly 50 feet in the air in the Tornado while younger ones can splash in fountains and fire water cannons in the 20,000 square-foot Water World Kids Playground. Watch for evening movie events when the park stays open later.

www.wetnildhawaii.com



DISCOVER THE

Villa Vacation Difference

Enjoy plenty of room for the entire family or a group of friends at six premium Marriott Vacation Club® resorts on Big Island, Kauai, Maui and O'ahu. Spread out and settle in with accommodations ranging from 1- to 3-bedroom villas, most featuring a fully equipped kitchen and spacious living and dining areas.

MARRIOTT
VACATION CLUB®

MVCRENTALS.COM | 800-VILLAS-9

Features, furnishings and amenities are proposed and subject to change.

The Hawaii Broker is Marriott Ownership Resorts, Inc. d/b/a Marriott Vacation Club International. MG-18-234/ 19-106-551561

©2019 Marriott Vacation Club International. All Rights Reserved.

Explore

AWAY FROM IT ALL

Ko'olina

Take a break from the hustle of Waikiki and head west to Ko Olina Resort. The consistently sunny weather is great for golfing, stand-up paddlers and folks just wanting to relax in the sun. Are you a fan of boats? Sail on over to the Ko Olina Marina. Prefer to be in the water? Snorkel or swim in the calm, shallow man-made lagoons. Local storytellers will share Island legends and 'ōlelo Hawai'i (Hawaiian language) at the family-oriented **Aulani, a Disney Resort & Spa** while fine dining and luxurious spa treatments star at the five-star **Four Seasons Resort Oahu at Ko Olina**.

For even more shops and dining, visit **Ko Olina Station & Center** with an array of dining options to choose from such as Monkeypod Kitchen and Eggs 'n Things. www.koolina.com



FOR JOHNSON



ALL THIS
in
ONE PLACE

WAY MORE THAN A LŪ'AU

*It's the only island experience with 42 acres of endless **adventure, food, and entertainment**. See our new show **HŪŪKŪ: A Canoe Celebration**. Plus, shop at our vintage Hawai'i-themed **Hukilau Marketplace**.*

Discover 1
SIX ISLAND VILLAGES

Explore the traditions, humor, and activities of authentic island life as you travel to six unique island villages. \$64.95

Feast 2
ALI'I LŪ'AU: ONIPA'A

Experience Hawai'i's most popular and authentic lū'au. Enjoy an endless island feast traditionally reserved only for royalty. \$44.95

Marvel 3
AWARD-WINNING EVENING SHOW

Feel the power of HĀ: Breath of Life, our full-scale theatrical show with a cast of over 100 performers, fire dancers and storytellers, starting at \$64.95.

Buy all 3
SAVE OVER \$50 TODAY

BOOK DIRECT FOR BEST PRICES, SEATS & SERVICE AND GET A FREE 3-DAY PASS

POLYNESIA.COM/PLANNER or **808-293-3435**
Starting daily at noon. Closed Thanksgiving, Christmas and Sundays. Some restrictions apply.



The Polynesian Cultural Center is a 501(c)3 charitable organization. All proceeds go to the preservation and presentation of Polynesian Cultures and to the educational development of students from across the Pacific.



KOOLINA

GETTY IMAGES

O'ahu
CULTURE

O'ahu's story is a fascinating history of wayfarers and royalty, of missionaries and a clash of cultures, of plantation workers and military, all of which continue to shape the Island's unique culture and lifestyle.



**Byodo-in Temple,
Valley of the Temples**

At the base of the verdant Ko'olau Mountains, this replica of a 950-year-old Buddhist temple in Kyoto, Japan was built in memory of the first Japanese immigrants who came to O'ahu to work in the sugar plantations.



BYODO-IN TEMPLE, VALLEY OF THE TEMPLES

GETTY IMAGES

More Beach. More Pools. More Paradise.



WELCOME TO WAIKIKI THE WAY YOU'VE DREAMT IT.

- ▶ Waikiki's widest stretch of sand & the Duke Kahanamoku Lagoon
- ▶ Five unique swimming pools and the longest waterslide in Waikiki
- ▶ Mandara Spa*, an exceptional experience tailored to you
- ▶ Live, nightly entertainment
- ▶ Surf lessons, kids' programs, hula lessons, and more
- ▶ Waikiki Starlight Luau® – featuring four fire knife dancers
- ▶ Friday night fireworks spectacular
- ▶ 18 restaurants and lounges

For more information call
1-800-HILTONS
1-808-949-4321

HiltonHawaiianVillage.com



[f @HiltonHawaiianVillage](https://www.facebook.com/HiltonHawaiianVillage) [@hiltonhawaiianvillage](https://www.instagram.com/hiltonhawaiianvillage) [@HawaiianVillage](https://www.twitter.com/HawaiianVillage)

*Independently owned and operated



HAWAII TOURISM AUTHORITY

Here are a few unique Hawai'i gifts to take home with you.

Macadamia nuts

Hawai'i's famous nuts go beyond chocolate-dipped. Look for mac-nut brittle or buttery shortbread cookies.

Aloha wear The many designers who call Honolulu home—including several former *Project Runway* contestants—have reinvented the *aloha* look. Look for eye-catching prints and slimmer cuts along with the more traditional vintage graphics. And it's not just shirts. Modern silhouettes for women and kids create chic looks for the entire family.

Hawai'i-grown chocolate

Did you know Hawai'i is the only state to grow cacao commercially? Tour a farm or factory at one of the bean-to-bar makers on O'ahu. Many will provide insulated bags to keep your chocolate cool on the way home.

Jewelry

From 14K gold Hawaiian bracelets and pendants to modern pieces created with shells pulled from the shores or ocean floor, local designs range from bold to beachy. Look for accessories featuring black pearls, coral, delicate Ni'ihau shells or even beach glass.

Art

Stunning surf photos, intricate woodwork from endemic trees, nature-inspired paintings and fun graphic illustrations of local life star in galleries here. For a more affordable indulgence, pick up bright or retro-style hand-drawn prints splashed on totes and T-shirts for everyday island style.



GETTY IMAGES

📍 'Iolani Palace

Walk across the floors and up the grand *koa* staircase at what was once the only official royal residence in the United States. Learn about the innovation of King Kālakaua, the dramatic overthrow of his sister, Queen Lili'uokalani, and life for the monarchs in the pivotal 19th century. Visit on Friday for a free concert by the Royal Hawaiian Band, which has entertained Hawai'i since 1836.



TOR JOHNSON

Waimea Valley

The traditional division of land in Hawai'i is the *ahupua'a*, which is a section stretching from the mountains to the ocean. Explore the *ahupua'a*'s natural diversity at Waimea Valley, an 1,800-acre rain forest with botanical gardens. The valley, which is run by a Native Hawaiian nonprofit, also serves as a backdrop for Hawaiian culture: musicians, *hula* dancers, *lauhala* weavers and other practitioners visit daily. Bring a swimsuit for a dip in the swimming hole below the valley's waterfall.

Honolulu Museum of Art

Recognized for its vast collections of Asian, American and European art, the Honolulu Museum of Art consists of six garden courtyards surrounding the Academy's 30 galleries. The museum's Doris Duke Theatre shows independent films and festivals, including the popular surf film festival held during the summer.

Hawai'i State Art Museum

The Hawai'i State Art Museum features works of art primarily by artists with a connection to Hawai'i. Venture on an eclectic journey through paintings, sculpture, textile art and much more. Admission is always free including for monthly events.

Bishop Museum

Founded in 1889 as a repository of royal collections, the world-renowned Bernice Pauahi Bishop Museum is now the state's largest museum. Learn about the cultures that created the Island's rich past, walk through a volcano in the family-friendly science center and navigate by the stars in the planetarium.

HALEAKALĀ SUMMIT

MAUI





GETTY IMAGES

KULA



GETTY IMAGES

M aui, the second-largest Hawaiian island, is full of contrasts—luxury resorts set against white-sand beaches and charming small towns tucked against country roads that wind along the coast and into green-flanked mountains. The remote and sacred Haleakalā National Park as well as the neighboring islands of Molokaʻi and Lānaʻi offer a taste of history and adventure. So take a minute to relax and inhale the island air.



FRONT STREET, LĀHAINĀ

KIRK LEE AEDER

Lāhainā

Bustling Lāhainā town bursts at the seams with charm and history. Once the capital of the Hawaiian kingdom, it was also a raucous port of call for whalers and the site of the first college and newspaper west of the Rockies.

Stop by the **Lahaina Heritage Museum** at Banyan Tree Park for an interactive look into the past and explore the **Lāhainā Historic Trail** on a self-guided tour. Today, Lāhainā is the launching spot for whale-watching and snorkeling tours, fishing expeditions and sunset cruises. Head to the small-boat harbor to board your boat of choice. The seaside town is also an international art capital. With over 40 galleries, the once rowdy town has gained a reputation as a world-class art market. You can find unique pieces here, from famous artists' paintings and handcrafted woodwork to scrimshaw. Lāhainā's nightlife lights up every Friday between 7 and 10 p.m. for **Art Night**, when galleries on Front Street open their doors and invite the public to chat with artists.

The gigantic **banyan tree** on Front Street serves as a photo-worthy landmark. With 12 major trunks and filling an entire city block, the tree, planted in 1873, now stands over 50 feet high.

For a change of pace, visit the **Lāhainā Jodo Mission**—an oceanfront Buddhist temple with an enormous Buddha statue beautifully set against West Maui's mountains.



TOM JOHNSON



I'AO VALLEY STATE PARK

TOR JOHNSON



KĀ'ANAPALI BEACH

Kihei

Get your beach fix in sunny Kihei, a suburban, family-oriented community with a collection of affordable accommodations from condominiums to small hotels and cottages. Along South Kihei Road, you'll find plenty of casual shops and restaurants, all facing some of the prettiest beaches on the planet.

Kama'ole Beach Park III has a gentle shore break and a playground for kids.

Kalama Park has a skate ramp, playground and surf school. Adults can have fun, too, in Kihei's sports bars and karaoke spots.

📍 I'ao Valley State Monument

Peaceful and verdant I'ao Valley State Monument offers easy hikes, scenic mountain views and the chance to dip your toes into a cool mountain stream. The park is centered around **I'ao Needle** (Kūkaemoku)—a captivating rock pinnacle 1,200 feet high. Bring lunch to Kepaniwai, a shaded picnic area surrounded by tropical gardens and model houses representing each of Hawai'i's diverse ethnicities. Strike out on an exploration of the park's trails and natural pools. A tumultuous past belies the tranquility of this place. In 1790, I'ao Valley was the site of a bloody battle, in which King Kamehameha I defeated Maui's army in his quest to unite the

Hawaiian Islands. Before visiting, check the State Park website for current weather and stream conditions. www.dlnr.hawaii.gov/dsp/parks/maui/iao-valley-state-monument

Kā'anapali and Kapalua

Once the sporting grounds of Hawaiian royalty, Kā'anapali is known for its championship golf courses and beautiful white-sand beaches perfect for swimming, snorkeling and sunbathing. Near the middle of Kā'anapali Beachwalk, seek refuge from the sun at **Whalers Village**. The beachfront shopping center has you covered with a variety of designer boutiques, local artisans, restaurants with live music and cafes with locally grown coffee.

At the northwest tip of the island, the resort community of Kapalua is quieter and cooler than its neighbors to the south. The elegant and serene retreat is a prime destination for luxurious spas and superb dining—if you're visiting in June, don't miss the delicious dishes and drinks at the **Kapalua Wine and Food Festival**. And anytime of the year, snorkel at **Kapalua Beach** and be on the lookout for Hawai'i's state fish, the *humuhumunukunukuāpua'a* (triggerfish).



Picture Perfect

Stunning oceanfront views, endless amenities and unparalleled Hawaiian hospitality turning your Maui adventure into an unforgettable experience.



ROYAL LAHAINA
RESORT

808-400-1094

RoyalLahaina.com/book

NO RESORT FEES



Island Facts

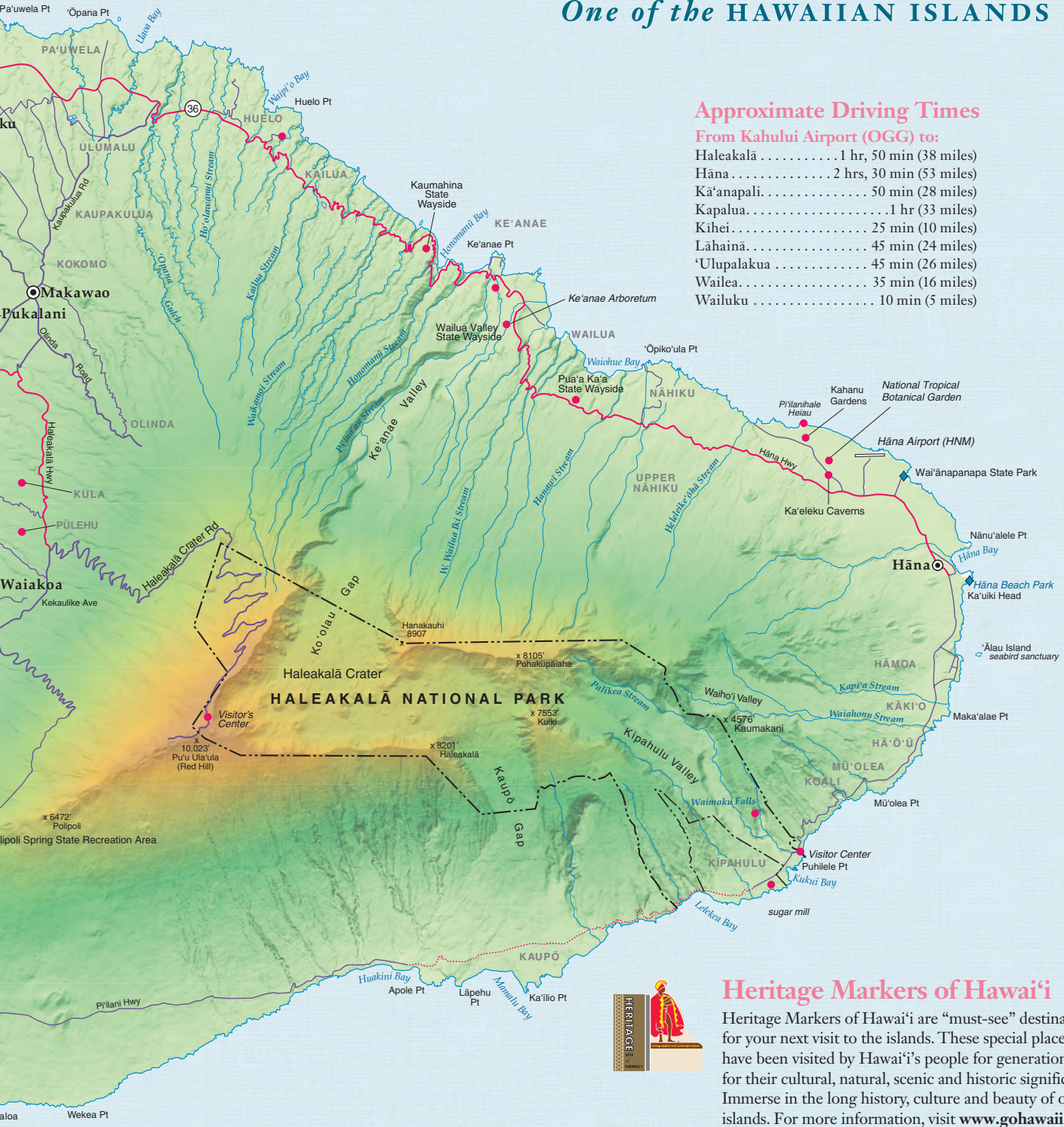
Island Color:	Pink
Island Flower:	Lokilanai (Pink Cottage Rose)
Size:	729 square miles
Length:	48 miles
Width:	26 miles
Coastline:	120 miles
Highest Point:	Haleakalā Crater (10,023 feet)
County Seat:	Wailuku
Population:	Approximately 144,000

Legend

	Town		Primary Hwy
	Beach Park		Secondary Hwy
	Guarded Beach		Main St
	Golf Course		Unimproved Roads
	Park		Minor St
	Point of Interest		Major Stream
	Civic		Land
			Water

MAUI™

One of the HAWAIIAN ISLANDS



Approximate Driving Times

From Kahului Airport (OGG) to:

Haleakalā	1 hr, 50 min (38 miles)
Hāna	2 hrs, 30 min (53 miles)
Ka'anapali	50 min (28 miles)
Kapalua	1 hr (33 miles)
Kihei	25 min (10 miles)
Lāhainā	45 min (24 miles)
'Ulupalakua	45 min (26 miles)
Wailea	35 min (16 miles)
Wailuku	10 min (5 miles)

Heritage Markers of Hawai'i

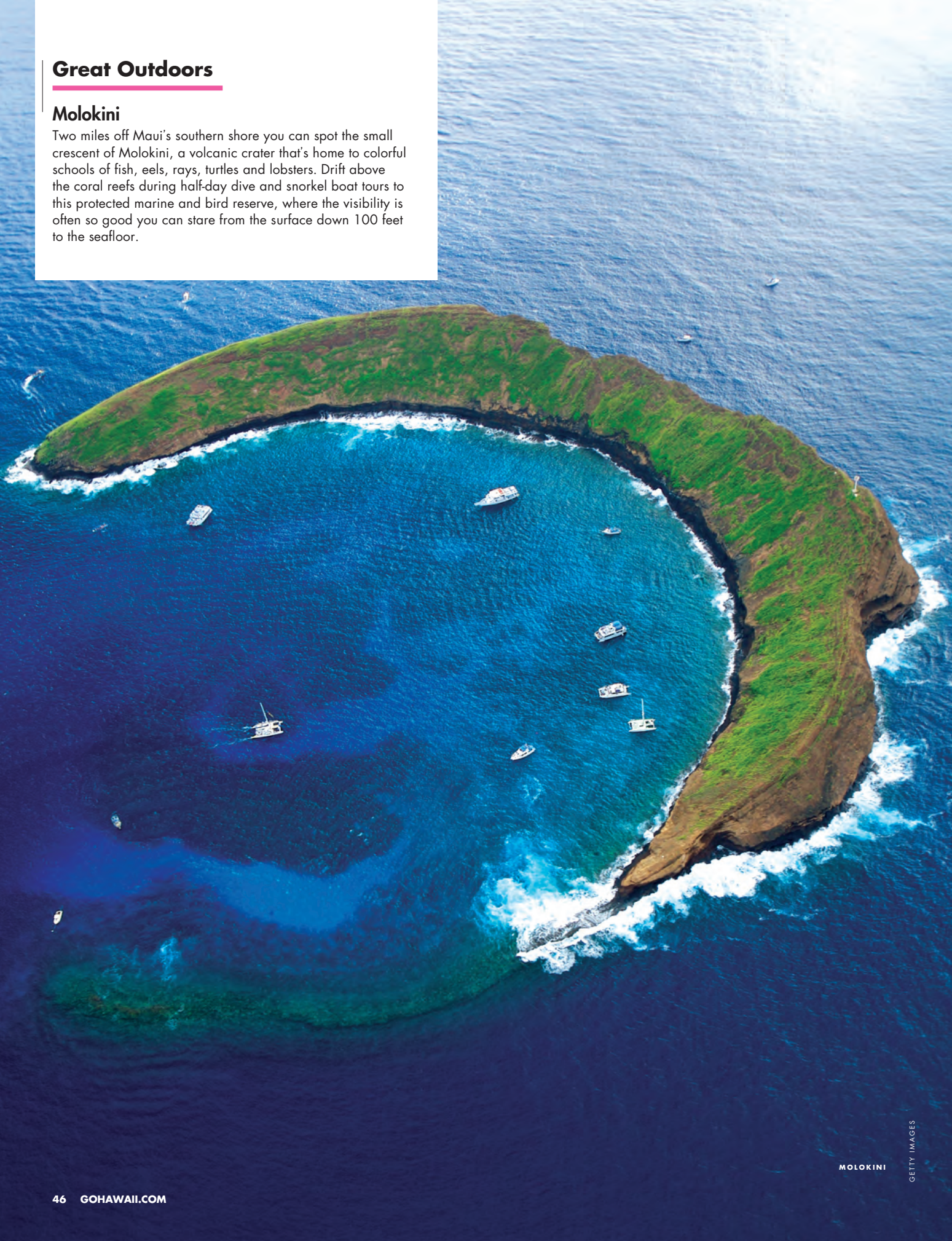


Heritage Markers of Hawai'i are "must-see" destinations for your next visit to the islands. These special places have been visited by Hawai'i's people for generations for their cultural, natural, scenic and historic significance. Immerse in the long history, culture and beauty of our islands. For more information, visit www.gohawaii.com.

Great Outdoors

Molokini

Two miles off Maui's southern shore you can spot the small crescent of Molokini, a volcanic crater that's home to colorful schools of fish, eels, rays, turtles and lobsters. Drift above the coral reefs during half-day dive and snorkel boat tours to this protected marine and bird reserve, where the visibility is often so good you can stare from the surface down 100 feet to the seafloor.





WALEA BEACH

TOR JOHNSON

Wailea

Relaxation is almost guaranteed in this beautifully landscaped resort community. Take your pick: boutique hotel, luxury condo or opulent resort. Book a tee time at one of the top golf courses in the country and a reservation at a top restaurant including **Spago** or **Kō Restaurant**. Take advantage of Wailea's generally perfect weather—sunny days and clear evenings—and spend a day on the sands of its idyllic beaches. When you need a break from sunbathing, head to the local shops to satisfy your every wardrobe need.

Disconnect or Reconnect

Your vacation should be... a vacation... Swim. Snorkel. Hike. Shop. Dine. Explore. Enjoy on-property activities, or simply lounge on a beach chair while gazing at stunning Napili Bay. Try stand up paddle boarding. Golf at Kapalua Resort (special rates). There's plenty to do. Or not! The hardest thing you'll have to do is leave.



 **NAPILI KAI**
BEACH RESORT



Sea House
RESTAURANT
Napili Bay, Maui

Celebrating 60 Years
of Genuine Hawaiian Aloha

1.800.367.5030 • www.napilikai.com

5900 Lower Honoapiilani Road
Lahaina, Maui, Hawaii 96761

Maui

CLASSIC EXPERIENCE



Haleakalā

Haleakalā, which means house of the sun, is an ideal pinnacle from which to greet the morning. Experience true beauty as sunbeams pierce the clouds, spreading shades of color each dawn. On a clear day, look out for the neighboring islands of Lānaʻi, Molokaʻi, Oʻahu and island of Hawaiʻi. Sunrise viewing reservations need to be made in advance at www.recreation.gov/ticket/facility/253731.

To see unique flora and fauna, take a guided hike along Haleakalā's wilderness trails or head out on your own. Bring layered clothing and plenty of water as weather conditions here change rapidly. See rare *ʻābinahina* (silversword) blooming in the volcanic rock, catch a honeycreeper feeding on *ʻōbiʻa lehua* blossoms, and listen for the honking of the endangered *nēnē* (Hawaiian goose), Hawaiʻi's state bird, as it flies overhead.

Sunset atop Haleakalā is especially romantic, with an epic display of colors on the clouds. As night arrives, stars light up the clear sky, free from the glare of city lights. Make reservations well in advance to camp in the wilderness areas, and don't forget to visit the coastal section of the park—out past Hāna in Kīpahulu.



MAX WANGER



TOR JOHNSON

HALEAKALĀ



Fall in Love on Maui

Maui is naturally romantic, with its idyllic settings, quiet beaches and resort pampering. Indulge in a massage for two, a splash in a waterfall, an intimate oceanfront dinner and a toast to the sunset. It's the perfect setting for a proposal, wedding, honeymoon, anniversary or vow renewal.

Wedding venues on Maui include secluded beaches for an intimate barefoot ceremony, as well as private estates, tropical chapels and elegant hotels for more formal affairs. For more information, visit the **Maui Wedding Association** website at www.mauiweddingassociation.com or the Maui Romance section of the **Maui Visitors & Convention Bureau** website at www.gohawaii.com/maui.



MARK KUSHIMI

{Why the Mana Kai?}

THIS

**Mana Kai Maui**
where heaven meets earth

Luxurious beachfront property from \$232/nt. Book directly with official on-site team for full amenities & current specials. Call 1-800-525-2025 or book online.

manakaimaui.com



ROAD TO HĀNA

Hāna

“The journey is the destination” is an apt description of the Road to Hāna. With over 600 hairpin turns and 59 narrow bridges, this famous drive winds through lush rain forests and along seaside cliffs. Its many crests and curves impart a little wisdom: slow down and smell the white ginger blossoms. Head out early to avoid traffic and plan at least three hours of driving each way. We suggest hiring a guide so you can enjoy the scenery.

Be sure to follow the Code of Conduct; read it at www.hanahighwayregulation.com/road-to-hana-code-of-conduct. When you finally reach

the little town of Hāna, let its quiet simplicity be your reward. Dig your toes into the black sand at **Wai‘ānapanapa State Park** and the sand of **Koki Beach**. For added adventure, consider hang-gliding above the town or spelunking in a lava tube. For a quick serving of local history, visit the **Hāna Cultural Center & Museum** near Hāna Bay. Relax in the shade of the thatched *hale* (house), peruse the collection of stone *poi* pounders and fishhooks, and imagine what it would be like to stand trial in the small 1871 courthouse—or serve time in the even smaller lockup next door!

Kīpahulu

Twelve miles past Hāna, the Kīpahulu section of Haleakalā National Park is a worthy yet distant destination. You'll cross an old stone bridge over cascading waterfalls, and if you feel inclined, head up through the bamboo forest to spectacular **Waimoku Falls**. This slippery, mildly arduous trail ends at a lookout platform where you can watch in awe as a stream plunges 400 feet over a sheer rock wall.

Entrance fees range from \$12 per person to \$25 per car.



RON GARNETT

KĪPAHULU



HAWAII'S MOST
UNIQUE LANDING
ADVENTURES &
COMPLETE ISLAND
TOURS



844-300-2986

paradisecopters.com

Departing from Kona, Hilo,
Waimea, Lāna'i, Turtle Bay,
and Kapolei (West O'ahu)

Maui
PLAY

Maui offers adventures of all sorts, from hikes in Haleakalā Crater's moonscape to snorkeling in Molokini's calm, clear waters.



TOR JOHNSON



Surf and Windsurf

In the winter months when swells roll in, see surfers in the lineup at Honolua Bay and dozens of colorful sails cutting through the ocean at Ho'okipa Beach (dangerous ocean conditions here—we don't recommend swimming!). Inspired by the pros? Whatever your age, skill or interest, there's someone here who can teach you to surf.

Cruise and Sail

Take to the water for a mellow sunset sail with cocktails or an early morning whale-watching cruise from December through April.

Kayak and Stand-up Paddling

The southern waters of Kihei, Mākena and Keone'ō'io, or La Pérouse Bay, offer opportunities to kayak or SUP (stand-up paddle). Some companies offer lessons, guides and even a photographer so you can capture your moments on the water.



Snorkel and Dive

Get all goggle-eyed and introduce yourself to Hawai'i's friendly fish. The islands are home to hundreds of snorkeling sites, with fascinating underwater life. All you really need is goggles, but a snorkel, mask and flippers are helpful, too. Some of our favorite spots include Kā'anapali and Honolua Bay (in the summer when surf is gentle). Or sign up for a snorkel cruise to Molokini, the volcanic crater just off the coast of Maui that is home to colorful schools of fish. Note: if you scuba dive, you'll need to wait at least 24 hours before driving to Haleakalā Crater or taking an air tour due to altitude changes.

BLAKE BRONSTAD



TOR JOHNSON



Maui
PLAY

Adventure awaits. But before you get started, find our tips at www.gohawaii.com/traveltips.

🚲 **Bike**

Get ready to roll. Rent a bike or take a guided tour from companies and race down Haleakalā—after first taking in the sunrise from the top. Reservations are required for sunrise viewing.

Hike

Take a hike? With pleasure. From coastal trails to lush forest paths, the islands have a wealth of hiking options for people of all abilities. One of our favorites is the Halemau'u Trail or Keonehe'ehe'e (Sliding Sands) Trail down from Haleakalā Crater, where you can see native plants like the 'ahinahina (silversword). Also check out 'Āo Valley State Park or the Pipīwai Trail to the 400-foot Waimoku Falls.

TOP: JOHNSON

hangin' with the locals

7-night island-hopping adventure cruise
MOLOKAI | LANA'I | MAUI | HAWAII

UnCruise
ADVENTURES

888-862-8881
UnCruise.com

36 guests • year round sailings

kayak | paddle board | skiff | snorkel | hike | culture



HAWAII TOURISM AUTHORITY



DANA EDMUNDS



BLAKE BRONSTAD

Zipline

For a different view of Maui's backcountry, soar above its forests, rivers and waterfalls at 35 mph. Options include a lush jungle journey in Ha'ikū or a dual zipline course in West Maui. In the summer, you can even zip around under the full moon. Find other zipline adventures in Kā'anapali, Makawao, Waikapū and near Haleakalā.

Camp

Pitch a tent at one of the island's many campgrounds. Remember: Camping permits are required. Get one in advance by contacting the appropriate state, county or forest reserve agencies:

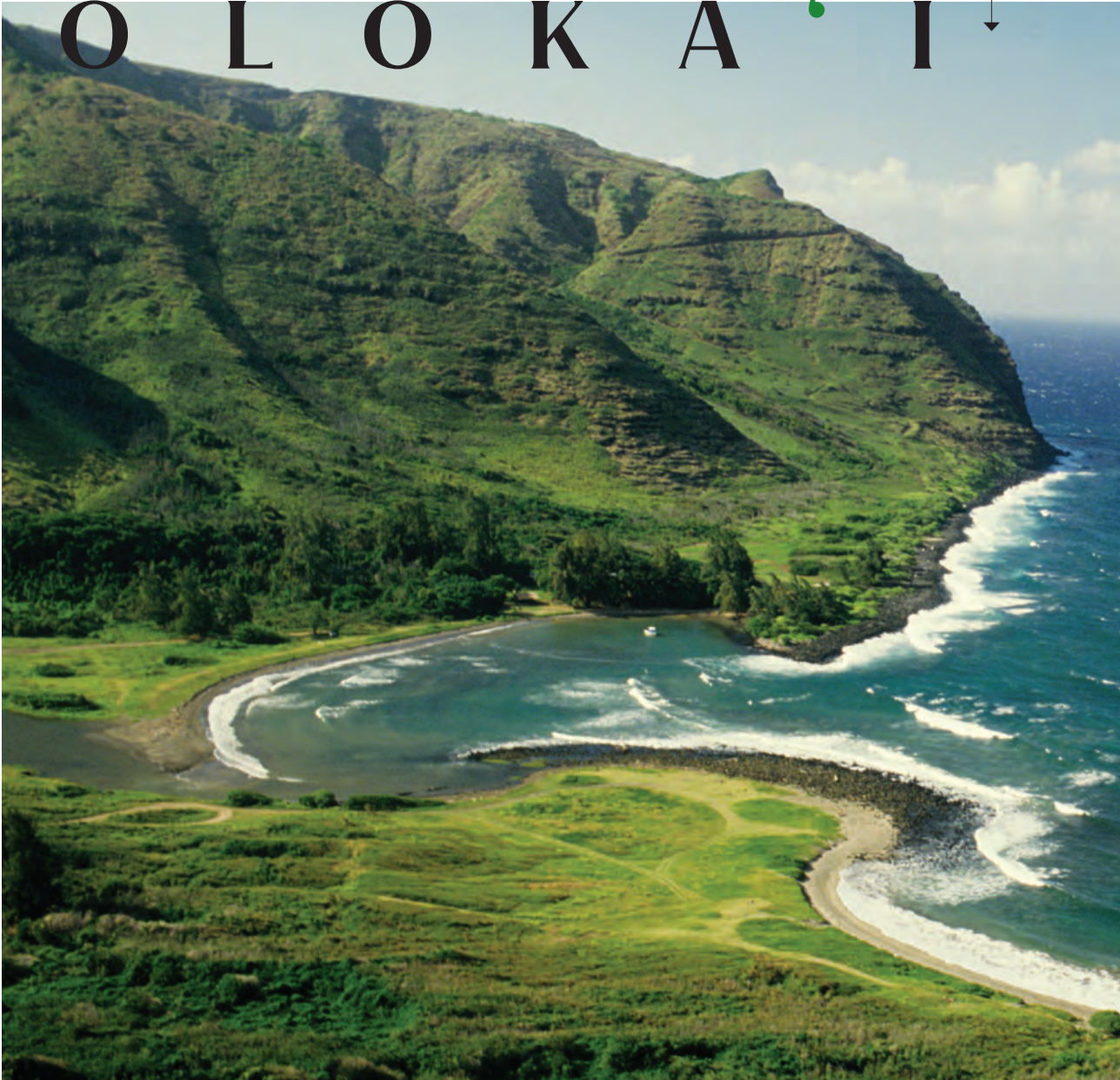
- **Kanahā Beach Park and Pāpalaua Wayside Park: County Parks Department**
808-270-7389
- **Polipoli Spring State Recreation Area and Wai'ānapanapa State Park:** Maui Division of State Parks
808-984-8109
- **Haleakalā National Park** (two in the crater, plus Hosmer Grove and Kīpahulu campgrounds):
recreation.gov

By Air

Rise above it all. Take a helicopter tour and get a bird's-eye view of Maui's volcanic craters, lush mountains and other wonders. This amazing perspective allows views of otherwise inaccessible spots along the coast and throughout Maui's valleys. If you're lucky, you might spot some whales in season (December through April).

HĀLAWA BAY

M O L O K A I





GETTY IMAGES, KARL WEATHERLY

Life is simple and inspiring on **Moloka'i**. A mere 38 miles long and 10 miles across at its widest point, this rural island is home to superlative wonders—including the world's tallest sea cliffs and Hawai'i's longest continuous fringing reef. See how natural charm and potent history are inextricably linked on this secluded island.

Moloka'i
LANDMARK

Hālawā Valley ↗

Hike along a sun-dappled path into the heart of Hālawā Valley. Book a guide to lead you past significant archaeological sites on your way to Mo'oula Falls, an awe-inspiring double-tiered 250-foot cascade. Don't do it on your own—the trail crosses private property. And don't forget water and comfortable walking shoes—the hike is fairly rigorous!

www.halawavalleymolokai.com



Old Style Hawai'i **KAUNAKAKAI**

Kaunakakai's long wharf forms the island's main harbor, where you'll find charter boats for fishing, snorkeling and seasonal whale-watching tours. The unassuming town has a little bit of everything: two groceries, a bakery, a fantastic bookshop, a wine store, a snack shop and a pharmacy—with its very own house-made ice cream shop to help the medicine go down! The Saturday market is a social event where you can buy *aloha* shirts, handcrafted art and fresh produce. Don't be shy; smile and say hello to everyone.

Fun in the Sun **Pāpōhaku Beach Park**

On Moloka'i's sunny west end, Pāpōhaku Beach is 3 miles of uninterrupted white sand. The rough water isn't safe for swimming, and the wind is often roaring here, but few beaches are more beautiful. The grassy park on the way to the beach is great for picnicking and camping.

A Day With a Local

Two lifestyles blend when Hālawā Valley cultural practitioner, Greg Solatorio, introduces world traveler, writer and blogger, Kristin Addis, to Hawaiian traditions. Explore with them.

www.gohawaii.com/hawaii-rooted/Greg-Solatorio



MOLOKA'I

One of the HAWAIIAN ISLANDS



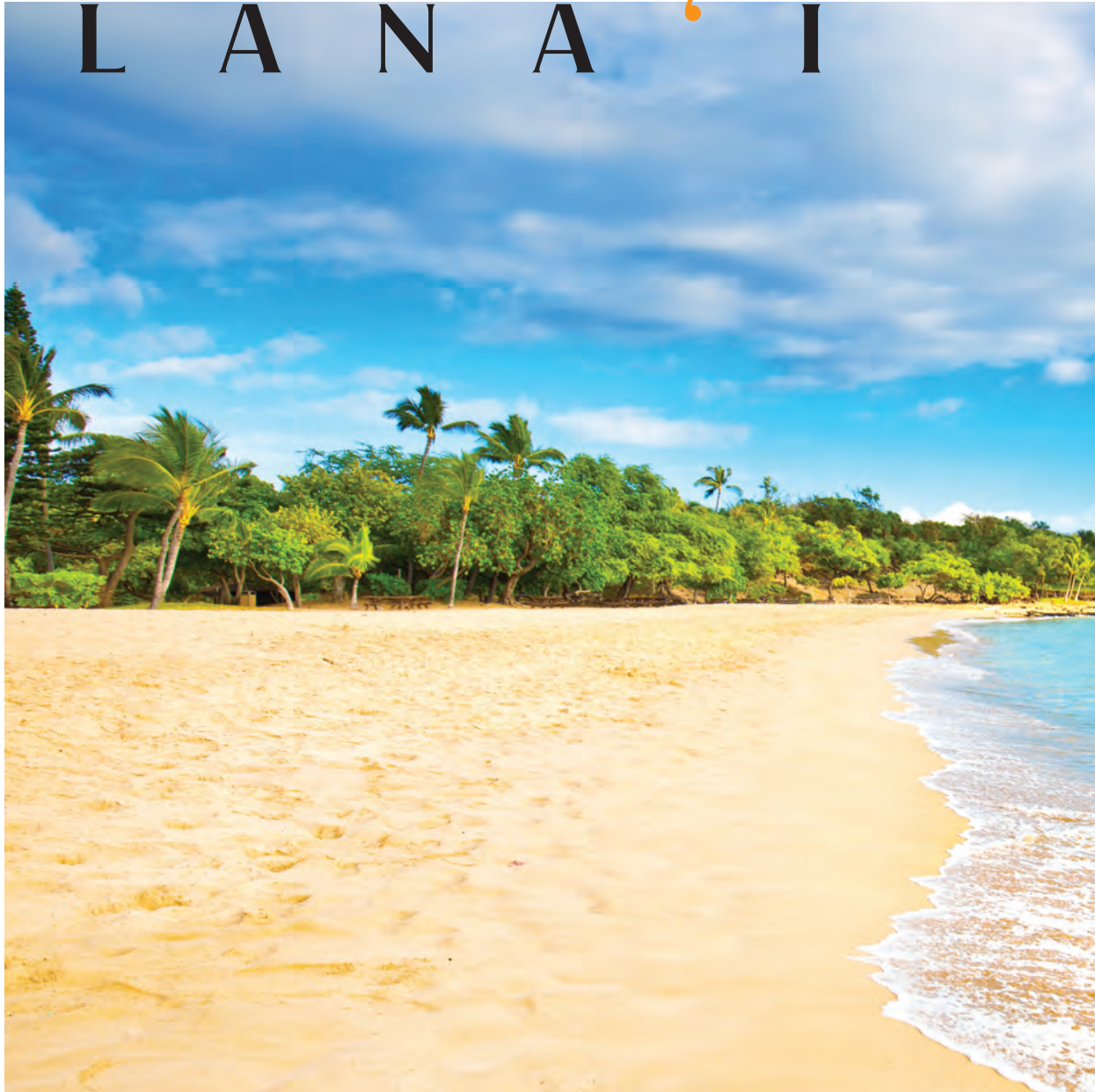
Moloka'i's Saints

The stories of saints Damien and Marianne Cope are truly inspiring. For over 100 years, from 1866 to 1969, Hawai'i residents showing symptoms of Hansen's disease (leprosy) were exiled to Kalaupapa. The remote peninsula, separated from the rest of Moloka'i by sheer 2,000-foot-tall sea cliffs, functioned as a natural prison. In 1873, a Belgian priest volunteered to minister to the unlucky people quarantined here. Known as Father Damien, he built churches, houses and schools and cared for both the physical and spiritual needs of his community. Ultimately he contracted Hansen's disease and died—but his legacy of compassion inspired the people around the globe. In 2009, Pope Benedict XVI elevated Father Damien to sainthood; Saint Damien's Feast Day is celebrated worldwide on May 10. Sister Marianne Cope continued Damien's work at Kalaupapa and in 2012, she too was canonized—the first Franciscan woman from North America and the 11th American saint. You can visit two of Saint Damien's churches: **St. Joseph of Kamalo** and **Our Lady of Seven Sorrows** in Kalua'aha, which hosts weekly Sunday services.

GETTY IMAGES

ST. JOSEPH OF KAMALO

LĀNĀI



HULOPO'E BEACH



GETTY IMAGES

Come here to soak up the solitude. Secluded Lānaʻi has few paved roads and plenty of opportunities for luxury relaxation and off-road adventures. Hunt for petroglyphs or sip cocktails while watching for dolphins in Hulo'opo'e Bay. You will need a four-wheel-drive vehicle to explore the areas beyond Lānaʻi City.

Lānaʻi

FUN IN THE SUN

Hulopoʻe Beach

This golden stretch of sand is one Hawaiʻi's most beautiful beaches. Spend a day here with the family, making use of the uncrowded picnic tables, barbecue grills, restrooms and showers. The sheltered waters are ideal for swimming, snorkeling and exploring tide pools. Hulopoʻe Bay is a protected marine reserve, so please leave every stone and shell in its place. Hawaiian spinner dolphins often come here to rest, and humpback whales visit, too, in the winter.



HEATHER GOODMAN

Landmark Keahiakawelo

Much of Lānaʻi is uninhabited wilderness, accessible only by four-wheel drive. In the dry, shade-less center of the island, this wilderness takes shape as a surreal rock garden, known as Keahiakawelo (the fire of Kawelo). According to Hawaiian lore, this windswept landscape is the result of a contest between two *kabuna* (priests) from Lānaʻi and Molokaʻi. The priest Kawelo lit a fire to ward off the prayers of Molokaʻi's priest and, as a result, the rock towers, spires and formations created by centuries of erosion are at their most enchanting at dusk. The setting sun casts a warm orange glow on the rocks, illuminating them in brilliant reds and purples. And on a clear day, visitors can see the islands of Molokaʻi and Oʻahu. Please respect this intriguing natural wonder and sacred site: Do not stand or sit on the rock formations, and the removal or stacking of rocks is *kapu* (forbidden). Access Keahiakawelo by hike or four-wheel drive.



DANA EDMUNDS

Small Town Feel Lānaʻi City

Travel back in time with a visit to Lānaʻi City. This former pineapple plantation town hasn't changed much in the past century. Browse the quaint shops, art galleries and restaurants around Dole Square, and buy some fresh *'ahi poke* from **Pine Isle Market** for a picnic beneath the ironwood trees. If you're visiting on a Saturday, don't miss the farmers market in the square from 8 a.m. to noon.

At the **Lānaʻi Culture & Heritage Center**, spend time talking with historians and discover the island's rich natural and cultural heritage at this small, well-curated museum. Displays include Hawaiian artifacts collected during archaeological investigations and plantation-era memorabilia donated by former employees. Open Monday to Friday 8:30 a.m. to 3:30 p.m. and Saturday 9 a.m. to 1 p.m. www.lanaichc.org

LĀNA'Ī™

One of the HAWAIIAN ISLANDS



Landmark Kaiolohia

Like a prop from a pirate movie, a World War II Liberty Ship rests marooned on the reef off the shore of Kāiolohia, otherwise known as Shipwreck Beach. Swimming isn't recommended along this remote eight-mile stretch of shore, but it's a perfect spot to stroll and look for glass fishing floats.



'ŌHI'A LEHUA BLOSSOM

JAMES NAKAMURA

ISLAND OF HAWAII

THE LARGEST OF THE HAWAIIAN ISLANDS IS ALSO THE MOST DIVERSE, CREATING A SETTING YOU'LL TREASURE FOR A LIFETIME.



Rocky lava fields to remote coastal valleys, snow-capped volcanoes to black sand beaches—the largest of the Hawaiian Islands is equal parts dynamic nature and deeply sacred history. It is here that the goddess Pele finally made her fiery volcanic residence, and here that King Kamehameha I, unifier of the islands was born. Explore the diversity that this most expansive of the Hawaiian Islands has to offer.



PETROGLYPH SITE

HEATHER GOODMAN / @HGOODIE

Island of Hawai'i

CLASSIC EXPERIENCE



GETTY IMAGES

All Hawaiian islands have a volcanic past. But on Hawai'i Island, dynamic Kīlauea, known as the most active volcano in the world, is still transforming the landscape. At Hawai'i Volcanoes National Park, where austere rock meets tropical rain forest, millions of years of geological activity have created an otherworldly landscape of contrasts. There's so much to discover here, including native plants and animals found nowhere else in the world. And the sacred home of revered Pelehonamea, or Pele, goddess of the volcano, is here, in Kīlauea's Halema'uma'u crater.

Visit the Kīlauea Visitor Center and chat with rangers about hikes and get the most current information about volcanic activity. And, for a real experience, break away from the well-trodden path and drive the **Chain of Craters**, a remote trail that takes you past scenic lookouts, lava formations, a sea arch and, if you're lucky, the slow advance of lava making its way across the plain. www.nps.gov/havo/planyourvisit/events.htm

Visit www.nps.gov/havo/planyourvisit/lava2.htm for the latest information. To learn more about Hawai'i Volcanoes National Park, download the mobile app, or visit www.gohawaii.com/island-of-hawaii.

'Akaka Falls State Park

One leisurely hike takes you to two magnificent waterfalls, and along the way, you'll experience all the island flora and fauna that the Hawaiian rain forest has to offer. The first stop on the paved footpath is stunning **Kahuna Falls**, dropping 100 feet from the mountain tops. Next, the dramatic **'Akaka Falls** paints a spectacular picture as it plunges 442 feet.

Pu'uhonua o Hōnaunau National Historical Park

Ancient Hawaiian society could be unforgiving. Break the law and face death. Unless, that is, the culprit could make it to a "place of refuge," such as Pu'uhonua o Hōnaunau. At these sacred places of peace and amnesty, criminals were safe from persecution, provided they reached it before the law caught up with them. Pu'uhonua o Hōnaunau is actually one of the island's five national parks and home to other significant sites, including: the 1871 trail, an abandoned farming and fishing village, three *hōlua* (sledding paths) and Hale o Keawe, a structure surrounded by *kī'i* (carved wooden images) which houses the bones of great chiefs.

Pu'ukoholā Heiau National Historic Site

Around 1790, it is said that a great *kahuna* (priest) advised Kamehameha I to erect a *heiau* (temple) to the war god Kū at Pu'ukoholā. Hawaiian *heiau* took on many forms—from simple stone markers used as fishing shrines to enormous stone platforms, but massive *heiau* like Pu'ukoholā could only be accessed by priests and those of chiefly class. Not only is Pu'ukoholā believed to be one of the last structures built before the arrival of Western influence, it is also one of the largest, best-preserved temples on the island.

WE COVER THE ISLANDS

With an AirMedCare Network membership, if you or your family members experience a medical emergency, there will be no out-of-pocket costs if transported by any AMCN provider.

AMCN's Hawaii provider, Hawaii Life Flight, is an experienced team of local residents. They know the Aloha State and will respond as quickly as possible, so you can enjoy peace of mind while you're here.

Join today at airmedcarenetwork.com





Kohala

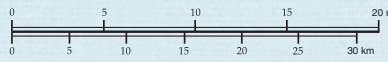
Hamakua

Kona

Ka'u

HAWAII VOLCANOES NATIONAL PARK

HAWAII VOLCANOES NATIONAL PARK



The ISLAND of HAWAII™

One of the HAWAIIAN ISLANDS



Island Facts

Island Color:	Red
Island Flower:	‘Ōhi‘a lehua
Size:	4,028 square miles
Width:	76 miles
Length:	93 miles
Coastline:	266 miles
Highest Point:	Maunakea (13,796 feet)
County Seat:	Hilo
Population:	Approximately 200,381
Weather:	Daytime highs from mid-70 to mid-80 degrees Fahrenheit, lows from mid-60 to mid-70 degrees Fahrenheit. Slightly higher in the summer.
Ocean Temp.:	71 to 81 degrees Fahrenheit, year-round

APPROXIMATE DRIVING TIMES

From Ellison Onizuka Kona International Airport at Keāhole (KOA) to:

Hāpuna Beach Park.....	30 min (25 miles)
Hawai‘i Volcanoes National Park.....	2 hrs, 5 min (102 miles)
Hilo.....	1 hr, 35 min (75 miles)
Honoka‘a.....	1 hr, 10 min (51 miles)
Kailua-Kona.....	10 min (9 miles)
Kealakekua Bay.....	45 min (25 miles)
Keauhou.....	25 min (14 miles)
Waimea.....	45 min (37 miles)

From Hilo International Airport (ITO) to:

Hāpuna Beach Park.....	1 hr, 30 min (78 miles)
Hawai‘i Volcanoes National Park.....	45 min (31 miles)
Honoka‘a.....	1 hr (45 miles)
Kailua-Kona.....	1 hr, 45 min (79 miles)
Waimea.....	1 hr, 15 min (64 miles)

LEGEND

● Town	Ⓢ Primary Hwy
◆ Beach	— Secondary Hwy
⊗ Guarded Beach	— Main St
⊙ Golf Course	— Minor St
⊕ Park	— Major Stream
● Point of Interest	□ Land
■ Civic	□ Water

Heritage Sites of Hawai‘i



World Heritage sites are extraordinary places around the globe that have been recognized by the United National Educational, Scientific, and Cultural Organization (UNESCO) for outstanding natural and cultural value. There are 23 World Heritage Sites in the United States, and only two in Hawai‘i: Hawai‘i Volcanoes National Park, containing two of the world’s most active volcanoes (Maunaloa and Kilauea), and the remote Papahānaumokuākea—Northwestern Hawaiian Islands and its surrounding marine environment.

Stargazing on the Island of Hawai'i

Our skies on the west side are clear, dry and away from most city lights, making it the perfect place for stargazing. In fact, you can see most of the stars visible from earth from the Island of Hawai'i.

Learn more about the deep connection between Native Hawaiians and the sky at **'Imiloa Astronomy Center of Hawai'i** in Hilo. There, you can explore the centuries-old navigation tradition that first led voyagers to the islands as well as IMAX-style movies in the planetarium. Or enjoy spectacular shoreline stargazing available at several Kohala Coast hotels.





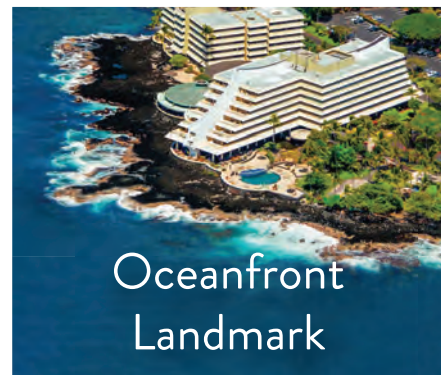
⬆️ Waipi'o Valley Overlook

Waipi'o Valley, once an important center for political and religious life and home to thousands of Native Hawaiians, holds a deep historical significance. Today, the remote community is home to fewer than a hundred residents who live and work close to the land. The undeveloped landscape, with its sweeping coastline and sheer, lush cliff sides, attracts visitors every year, eager to see this quintessentially Hawai'i slice of paradise. It's visible from the overlook at the end of Hāmākua Heritage Corridor Drive. Keep in mind that it is a working valley for *kalo* (taro) farmers—much of it is private land and accessed by a steep, narrow and dangerous road. Your best bet? Book a guided tour or a helicopter company and gaze from above.

Hāmākua Heritage Corridor

The Hāmākua Heritage Corridor scenic drive is known for its miles of water-carved gulches, valleys thick with tropical foliage, cascading waterfalls and seaside vistas. Just head north out of town and follow the coastline. Starting in Hilo, you'll pass the pastoral **Old Māmalahoa Highway** and the emerald-green sands at **Laupahoehoe Beach Park**. In Hāmākua district, you'll find small, quaint Hawai'i country towns

including historic Honoka'a and its tiny main street of local specialty storefronts, such as **Hāmākua Fudge Shop** and **Honoka'a People's Theatre**. Also on the route is **Kalōpā Native Forest State Park and Recreation Area**, where, at 2,000 feet above sea level, you can hike through a forest of 'ōhi'a trees, and an arboretum of other native plants.



Oceanfront Landmark

A new definition of beauty on the Island of Hawai'i's rugged lava-lined coast with sweeping ocean views, perfect sunsets and unparalleled guest experiences.



ROYAL KONA
RESORT

808-400-1706

RoyalKona.com/book

NO RESORT FEES



HEATHER GOODMAN

Waimea

In the upland town of Waimea, *paniolo* (Hawaiian cowboy) culture rules. The first cattle were gifted to King Kamehameha I in the late 1790s. Decades later, Mexican-Spanish vaqueros (cowboys) were brought in to teach Native Hawaiians how to keep the wild animals in check. Waimea was the center of Hawai'i's important ranching industry in the 19th century, and remnants of that era are still present today. Visit the **Paniolo Heritage Center** at Pukalani Stables to learn more about *paniolo* history, and to see photos and saddles from the time. And then, saddle up at one of the ranches, where you can explore wide-open pastures and even try your hand at cattle herding.



KAWIKA SINGSON

Swim with Manta Rays

One of the most magical experiences on Hawai'i Island is swimming alongside manta rays, elegant creatures with wingspans of up to 16 feet. Don't worry, they feed on plankton, not people, and can't sting you! The Kona Coast is the most popular location to find them. Join a night boat tour, which will take off at sunset. Tour operators set up bright lights on the ocean to attract the feeding rays; you can dive to the ocean floor to watch or hover above the graceful rays.



GETTY IMAGES

Historic Kailua Village

Once a sleepy fishing village, Historic Kailua Village is now a lively seaside town. Chic shops and restaurants cooking up local produce line the main road of Ali'i Drive, which winds past important historic spots such as Ahu'ena Heiau, a reconstructed temple and final home of Kamehameha I. Just across the bay is charming Hulihe'e Palace, former vacation residence for Hawaiian royalty and today a gathering place for community events. Visit the palace on select Sundays to join in on their Sunday Strolls, which feature live Hawaiian music, entertainment and a guided walk through the neighborhood, ending at Kailua Pier and a historic *heiau* (pro tip: come back for sunset!). Visiting in October? Don't miss the exciting bustle at the start and finish of the IRONMAN® World Championship.



HAWAII TOURISM AUTHORITY

Hilo Farmers Market

'Ono (delicious) local food is only one of many things you'll find at the Hilo Farmers Market. Arrive early at this open market for the best selection of great gifts, made-in-Hawai'i crafts, fresh tropical flowers, *aloha* wear and handmade jewelry. You'll find the most vendors on Wednesday and Saturday from 6 a.m. to 4 p.m., the market is open all other days from 7 a.m. to 4 p.m.

Island of Hawai'i

VOLUNTOURISM



GETTY IMAGES

Sparkling beaches, deep turquoise ocean waters, wild mountain trails. The striking natural setting of Hawai'i Island is just a part of its beauty. Immerse yourself in the true culture and community by working alongside those who are dedicated to preserving Hawai'i's unique history and precious *āina* (land).

Mauna Kea Forest Restoration Project protects the fragile native forests of Maunakea through the planting of native species and irrigation repair. Find a regular work day through Ka'ahahui 'O Ka Nāhelehele which lists other dry forest areas across the island, from Waikoloa to Kealahou Bay. www.drylandforest.org

Travel2Change partners with local organizations to offer vacation experiences that are both authentic and altruistic. On Hawai'i Island, you can remove non-native ginger along the Crater Rim Trail, which circles Kilauea's caldera, and restore a 600-year-old fishpond, 'Aimakapā, that was used to breed fish for the *ali'i* (chiefs) in north Kona. Sort opportunities or check the calendar for free activities on www.travel2change.org.

When you volunteer with nonprofit **Pōhāhā I Ka Lani**, you get a glimpse into the world of Waipi'o Valley, a remote, historically significant Native Hawaiian community whose people live close to the land in the beautiful, hard-to-access northern valley. www.pohahaikalani.com

Kanu Hawai'i's projects are cultural and environmental, focused on everything from food security and civic engagement to waste management. Its Volunteer Week Hawai'i offers more than 100 volunteer opportunities at nonprofits across the state. www.kanuhawaii.org

Flights

Daniel K. Inouye International Airport (HNL) is Hawai'i's major airport, serving as the entry point for most of the islands' visitors. There are some direct flights to Maui, Kaua'i and the island of Hawai'i, however, all major domestic carriers and 16 international carriers serve O'ahu, so you can get here from just about anywhere. The Daniel K. Inouye International Airport is also Hawai'i's main hub for interisland flights.

Transportation

Rental cars are the most popular option and they are available at all airports and at some hotels and off-airport locations. On most islands, there are some resort and destination airport shuttles, shopping express shuttles, taxicabs, rideshares and public transportation. Rental bikes, motorcycles and mopeds are also options.

Time Zone

Hawai'i Standard Time is GMT-10 (Pacific Standard Time-2, Eastern Standard Time-5). Since Hawai'i doesn't observe daylight savings time, add one hour to the time

difference when in effect (March through early November).

Climate

It is generally drier on the leeward sides of the islands, wetter on the windward sides. Generally speaking, there are two seasons. Winter (November through April), when temperatures typically range in the low-70s to mid-80s, and summer when the high can run into the low-90s. Trade winds keep you comfortable year-round.

Electronic Devices

The area code for the entire state is 808. For long distance calls between islands, dial 1-808 and then the number. When placing calls to the U.S. Mainland and Canada from Hawai'i, dial 1, the area code and the number. All calls within an island are local. Hawai'i's cell phone law requires the use of a hands-free device when using a mobile electronic device while operating a motor vehicle. And please note O'ahu's crosswalk law, which prohibits pedestrians from viewing a mobile electronic device while crossing a street or highway.

Many of Hawai'i's larger hotels and condominium resorts have high-speed internet access, including wireless in some public areas.

Dress Code

Attire is "resort wear" even at the most luxurious resorts and restaurants. There's no need to bring a coat or tie unless you want to dress up. Dress for comfort. T-shirts, tank tops, polo shirts, shorts, jeans, sundresses, sneakers and sandals are all good choices. Temperatures are cooler in the evening, making a sweater and slacks a good idea. It is a custom in Hawai'i to slip off your shoes when entering a home.

Sun Sense

You'll want to show off a nice tan when you go home, but please use common sense when sunbathing in the tropics. A sunburn will develop faster than you thought possible, so be sure to use reef-safe sunscreen. Remember, it's usually hottest between 11 a.m. and 2 p.m. and the sun is stronger here than you're probably used to.

Environment

The USDA enforces strict rules regarding the importation and exportation of uninspected plants and animals. Before landing in Hawai'i, you'll be asked to declare any such items. When departing, luggage must pass a pre-flight check at the airport to ensure that no plant insects or diseases are hitching a ride back with you. You're welcome to take inspected fresh flowers and fruits home. Many items purchased at the airport or mailed home from local vendors are already inspected. For more information, visit www.hawaii.gov/hdoa or call the U.S. Dept. of Agriculture at 808-834-3220 or 808-834-3240.

Safety

The ocean is Hawai'i's playground, but there are precautions to observe. Offshore winds and currents can be powerful and

The Language of Hawai'i

Hawai'i's two official languages are Hawaiian (*ʻōlelo Hawai'i*) and English. There are 13 letters in the Hawaiian alphabet: A, E, H, I, K, L, M, N, O, P, U, W and the *ʻokina* (ʻ). The *ʻokina* is a pause like the sound between the ohs in oh-oh and is a consonant. The *ʻokina* (ʻ) or glottal stop, and *kabakō* (̄) or macron, changes the pronunciation and meaning of the word. The 18 sounds in the Hawaiian language are a, e, i, o, u, ā, ē, ī, ō, ū, he, ke, la, mu, nu, pi, we, and w with a v sound.

A few words you should know:

aloha: a greeting with love,

hello, good-bye and more

kamaʻāina: a Hawai'i-born local

kāne: man

keiki: child

lei: a flower garland given for an occasion

mahalo: thank you

ʻohana: family

pau: finished

wahine: woman

Hawaiian Dictionary:

www.wehewehe.org

change suddenly. That means don't stray far from shore or head out to kayak, windsurf or sail if warning signs are posted or if conditions warrant caution. If you're unsure about conditions, ask a lifeguard. For information about beach safety conditions, visit www.hawaiibeachsafety.com.

If you're hiking into a wilderness, be sure to sign out with park rangers (if possible) and observe all warning signs. Few places are as safe as Hawai'i, but that doesn't mean you should abandon all care as you travel about. Lock your car doors and don't leave any personal belongings in your unattended vehicle.

Hawai'i Travel Tips

Visit www.travelsmarthawaii.com to find everything you'll need to know about traveling to and from Hawai'i.

Marriage License

A marriage license agent for the state of Hawai'i will issue your license. The couple must be present when the license is issued and both must be at least 18 years old. There is no waiting period, no residency requirement and no blood tests or shots are required. The license is good for 30 days and the fee is \$65. The birthplace, the names of parents and final divorce decree information, if applicable, will be required on the license application.

For more information on Hawai'i marriage licenses, call 808-586-4544 or visit www.health.hawaii.gov/vitalrecords/marriage-licenses.

HAWAI'I ONLINE

Plan your trip on our official website gohawaii.com



Stay connected via [facebook.com/Hawaii](https://www.facebook.com/Hawaii)



Follow [@gohawaii](https://www.instagram.com/gohawaii) #LetHawaiiHappen



Follow [@gohawaii](https://twitter.com/gohawaii)



Subscribe to [youtube.com/gohawaii](https://www.youtube.com/gohawaii)



Download our **Official Hawaiian Islands Vacation Planner** app

NO DRONES

Drones are not allowed within five miles of any airport. The use, launching or landing of drones, or other types of aircraft, is prohibited in Hawai'i's National, State and County Parks.

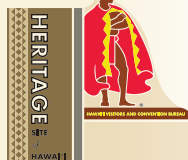
Kuleana

Any trip to Hawai'i is more meaningful when you truly connect with the culture and environment of this special place. For a deeper experience, we invite you to share the *kuleana* (responsibility) of protecting our islands. Share in this commitment and learn how to travel like a local at www.gohawaii.com/traveltips.

USEFUL PHONE NUMBERS

The state of Hawai'i area code is 808.

U.S. Department of Agriculture	834-3220 834-3240
Airport Visitor Information	836-6413
Ambulance, Fire, Police	911
Camping Permits (County Parks)	
Kaua'i	241-4463
O'ahu	768-3440
Maui	270-7383
Island of Hawai'i	961-8311
Camping & Hiking Permits (State Parks)	
Kaua'i	274-3444
O'ahu	587-0300
Maui	984-8109
Island of Hawai'i	961-9540
Hawai'i Emergency Management Agency	733-4300
Hawai'i Visitors and Convention Bureau	923-1811
Lifeguard Services	
Kaua'i	241-4984
O'ahu	922-3888
Maui	270-6137
Island of Hawai'i	961-8689
State Div. of Forestry & Wildlife	587-0166
TheBus	848-5555
TheHandi-Van	538-0033
U.S. Coast Guard	842-2600
Weather Forecast	
Kaua'i	245-6001
O'ahu	973-4380
Maui	866-944-5025
Island of Hawai'i	961-5582



HERITAGE SITES OF HAWAI'I

Heritage Sites of Hawai'i are special places located throughout the islands. These are the "must see" destinations for your next visit to Hawai'i. For many generations, the people of Hawai'i have been visiting these unique places for their cultural, natural, scenic and historic significance. Enjoy, marvel and be amazed at the long history, culture and beauty of the Hawaiian Islands. For more information, visit www.gohawaii.com.



Kaua'i • O'ahu • Moloka'i • Lāna'i • Maui • Hawai'i

800-GoHawaii
gohawaii.com

Published by the Hawai'i Visitors & Convention Bureau

choose
ADVENTURE
always✈

832.521.4566

caatravelagent@gmail.com

www.chooseadventurealways.com



GET TO HAWAI' IN A BREEZE.

Most nonstops to Hawai'i
from the West Coast.

Alaska
AIRLINES

Based on a full-year schedule as of 9/30/19.

