How to Work With a CISO Who Always Says NO

Practical strategies for navigating cybersecurity gatekeeping For CEOs, COOs, CFOs, CIOs, & CLOs

Does your business or organization have these symptoms?

- There is constant friction with security.
- Every meeting with security is a **debate**.
- Security says no before they hear the full proposal.



It always feels like **security** is working against us.

Why doesn't security get it? If we don't build & deploy anything, they won't have anything to protect!

If this feels familiar, you're not alone.

In fact, this behavior is often rewarded in early-stage cybersecurity leadership. But in today's environment, it's a liability for the business.

What You Need to Know | For some cybersecurity professionals, control is their identity

- Some CISOs navigate their careers by saying no to protect the business. That instinct once earned them respect or fear.
- But now, AI, cloud, & businessled technology are shifting the model. Without a new way to lead, their identity may be threatened.

"If I'm not the gate, then what am I?"



What You Need to Know | Many CISOs have IT Infrastructure or GRC* backgrounds

Cybersecurity professionals are typically trained for

- Rigor rather than agility
- Documenting & responding to risk, not designing forward

And in cultures where they've been punished for past mistakes, that caution can calcify into stubbornness.



Innovation can feel like danger instead of opportunity.

"I was trained to prevent loss, not enable innovation." - Fortune 100 CISO, post-transformation interview

What You Need to Know | Some CISOs carry real scars

- Some CISOs have been bypassed, undermined, or pressured to sign off on bad ideas – so, they default to suspicion.
- They're not trying to block progress; they're trying not to get burned again.



I'm the Chief Scapegoat ...the last to know & the first to be blamed.

It's all about trust...and trauma.

You're not stuck with a "No CISO." But you might be reinforcing one.

Some CISOs are wired to say *no* because of their professional training and because they've been burned when they said *yes*.

But their behavior isn't fixed. It's shaped by the system around them. And that means every CXO (CEO, COO, CFO, CIO, CLO) has leverage.

Here's how each CXO can unlock a different response...



Chief Executive Officer (CEO)



Typical tension

Security is **resisting** strategic change.

Why it matters

CISOs take their cues from the top.

If the CEO only shows up during a crisis, a CISO may lead from fear; however, if the CEO signals partnership, the CISO can lead with purpose.

Recommended CEO lens

- Reposition security as a strategic lever instead of a final checkpoint.
- ✓ Tell your CISO: "I'm not asking you to say yes to everything. I'm asking you to help us say yes to the right things.

Chief Operating Officer (COO)



Typical tension

Security **adds friction** to operational workflows or **causes** implementation **delays**.

Why it matters

COOs depend on **speed, scale, & reliability**.

When controls are unclear or inconsistent, operations stall & workarounds start to spread.

Security should **stabilize execution**, not disrupt it.

Recommended COO lens

- Ask your CISO to tie controls to operational flow (not just policy & compliance).
- ✓ Push for resilience that's built in instead of bolted on.

Chief Financial Officer (CFO)



Typical tension

Security spend feels high, with unclear ROI or business value.

Why it matters

If cybersecurity is framed only as "protection," it looks like a sunk cost.

Cybersecurity tied to risk reduction, fraud prevention, or business continuity, becomes a **strategic investment**.

Recommended CFO lens

- ✓ Ask your CISO to frame budgets in terms of exposure avoided instead of tools or personnel.
- Engage in cost-risk tradeoff discussions.

Chief Information Officer (CIO)



Typical tension

Security slows delivery or limits system flexibility.

Why it matters

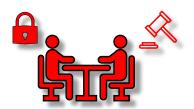
CIOs are accountable for both **uptime & innovation**.

If your CISO defaults to **caution instead of collaboration**, transformation efforts stall & IT becomes the battleground.

Recommended CIO lens

- ✓ Align risk appetite early, before architecture or vendor decisions.
- ✓ Co-create governance so security scales with tech, not against it.

Chief Legal Officer (CLO)



Typical tension

Legal **isn't looped in early** on **risk exposure** or **incident response** plans.

Why it matters

Security missteps can lead to **legal liability, contract breaches, & regulatory fines**.

When legal & security work in sync, risk is shared & better managed.

Recommended CLO lens

- ✓ Ask your CISO to map controls to legal risk (not just compliance).
- ✓ Partner on breach preparedness before the subpoenas arrive.

Every executive has a role in unlocking a better security partnership

When each role leans in, the CISO becomes a partner, not a gate.



COO: Ask your CISO for frictionless controls. The goal is resilience that flows with operations rather than clogging them.

CFO: Work with your CISO to **quantify risk in terms of loss prevention & cost avoidance**.

CIO: Create space for your CISO to shape **risk appetite**. Governance needs to evolve with delivery.

CLO: Ensure the CISO can **map security practices to legal risk**, not just policy & compliance checklists.

Ready to unlock a strategic partnership with your CISO?

Let's have a candid confidential conversation.

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