





JUNE 2024



National Directors

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Anita Alkire

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Bob & Nan Shrader

<u>District Directors</u> Fred & Karen Kennedy

<u>Assistant District Directors</u> Harry & Lynn Anderson

<u>District Safety/Ride Coordinators</u>
Dominick & Diane Desiato

Ast. District Safety/Ride Coordinators
Ed & Jeanette Carr

<u>District Treasurer</u> Pat Van Lengen



Visit Our Web Site

www.FL1-H.org

Daytona Beach "Race Wings"

Monthly Gathering
Third Wednesday of Each Month
Eat at 6 PM
Meeting at 7 PM

Houligan's 1725 W. International Speedway Blvd. Daytona Beach 386-265-4102

Your Chapter Team From The desk of the Directors

Chapter Directors Jim & Linda McGinnis 386-402-7849 <u>Treasurer</u> **Rosalie Doerflein** 732-233-4533 **Assistant Chapter Director Jerry Wells** 386-451-5853

June Birthday.	
Michael Flenniken	6/02
Paula Maxwell	6/13
Trevor Simpson	6/18
Irene Harrison	6/21

Boy we could use some rain. Not that I enjoy riding in it however my yard and plants sure could use it. We have a some great gatherings and rides for July. Please be sure to RSVP for the breakfast ride to Monkey Morning Café on July 26th. I need to reserve the tables for us.

On June 22nd we will be gathering at Irene Harrison's home for snacks and socializing. We have the history of FL1-H in photo Yearbooks. You are welcome to take any of the photo's or books. This is open to all present and former members. So if you visit or talk to some of the former members, please invite to join us.

We have the Florida District raffle tickets in. Please be sure to get yours to help the chapter sell them.

See everyone soon

June Anniversary Richard & Sue Barden 6/10 Jim & Linda McGinnis 6/14

Jim & Linda





Jim McGinnis

FL1-H Ride of the Month



Had a good time at the Frosty King on Thursday evening. There were 10 FL1-H members in attendance. It was good to see Trevor & Carol Simpson, Richard & Sue Barden, Fred & Rosalie Doerflein, Dwight & Linda Cunningham, Arlene Tillison, and myself.

Regrettably I had to leave early and go back to the NSB hospital to visit Linda McGinnis. She had an issue Thursday morning and they kept her overnight and released her Friday evening. All the tests came back negative or good results. So we are not sure what it was.









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COCONUT DAY
JUNETEENTH
LGBT PRIDE DAY
GO FISHING DAY
VCR DAY
COLOR TV DAY
MARTINI DAY

SELFIE DAY
EYEWEAR DAY
YOYO DAY
REPEAT DAY
UFO DAY
BLOOD DONOR DAY
GIN DAY

FOOD TRUCK DAY
FATHERS DAY
EGG DAY
WIDOWS DAY
CHEESE DAY
OLIVE DAY
SAFE DAY



June, 2024
Florida District Safety/Ride Coordinators
Safety Article
Motorcycle Riding Proficiency

It's like many things in life. "It's better to have it and not need it, rather than need it and not have it". Riding Proficiency is a diminishing skill. If you don't routinely practice the

necessary maneuvers to keep you out of trouble you won't be ready in an emergency.

Braking, Swerving, and Cornering are the three areas a motorcyclist must be proficient in. Practicing these functions can be done on your own on an empty street or parking lot. You could also get with your Chapter and schedule a Parking Lot Practice (PLP) Day. No formal Instructor is required to have a PLP session. Only one or two experienced riders who can read simple instructions can facilitate a Chapter PLP meeting. Instructions and diagrams for PLP Exercises can be found in the EWMA website. The way to find the PLP Exercises is to go to the Member Log-in page and Log-in. Once there click on Member's Resources. In the drop down list go to Documents. Then go to Safety Ride Coordinator. You will find the Parking Lot Practices (PLP) there. As always Diane and I are always willing to meet you and your Chapter in your area for any type of Rider Training.

I have the luxury of being able to practice my riding skills monthly. I teach two MSF riding courses a month in which I have to demonstrate proper Braking, Swerving and Cornering. One of the exercises taught is how to perform emergency braking while leaned over going around a curve. The proper method to handle that situation is not to first instinctively go for the brakes. You rather must first quickly straighten up the bike and then you can apply the brakes. When you are in a lean in a curve the rear tire is taking all the stress it can handle just to keep you in the curve. It cannot take the additional strain of you also applying the rear brake. If you do brake while leaned over you take the chance on initiating the rear tire to slide out from under you which is called a "Low Side". I would like to give you an example of just how maintaining my Riding Proficiency saved Diane, Me and Dackel (our dog) some grief recently: We were traveling around a mountain curve at approximately 45 mph. As we rounded the curve there was a large tree down completely blocking our path in the road. I instinctively first straightened up the motorcycle and then applied the brakes hard stopping just short of hitting the downed tree. The car behind me stopped and two cars coming from the opposite direction also had to stop. We got off the bike and helped removed enough of the tree from the roadway so we could all pass on one side. This was a perfect example of how proper training affects your muscle memory. If you don't program your brain and muscles to properly react they won't when the time comes you need them to. Diane and I sighed a moment of relief. All Dackel knew was that he just got thrown up against the front of his dog carrier mounted on the rear luggage rack.

Take advantage of the resources training EWMA provides for you. Practice your Riding Proficiency Skills and ride safe.

Dominick & Diane

RIDE LOCATIONS

#I— Sonic's Ridgewood Ave., Holly Hill #3 McDonald's US 92 & I 95, Daytona Beach #2—Sonic's Ridgewood Ave., South Daytona #4 RACETRAK Gas Station 2087 LPGA Blvd.

JULY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Fourtherouly	5	6
7	FL1-K 6 pm IHOP 212 Palm Coast Pkwy Palm Coast	9 Freedom Ride McDonald's 105 Inter- change Blvd. Ormond Beach KSU 9am	10	11	<i>12</i>	13 Dinner at Riverside John- ny's 115 Main St. Bridge Day- tona. Meet here 5pm.
14	15	16 Foot- loose Ride McDonald's 5190 Moody Blvd. Palm Coast KSU 9a	17 _{FL1-H} Chapter Meeting Houligan's 1725 w ISB Eat at 6pm meeting at 7pm	18	19	20
21	22	23 Freedom Ride McDon- ald's 105 Inter- change Blvd. Ormond Beach KSU 9am	24	25	26 Break- fast ride to Monkey Morn- ing Café 1728 S. Nova Rd. 8:30 am	27
28	29	30 Foot- loose Ride McDonald's 5190 Moody Blvd. Palm Coast KSU 9a	31			

ACTIVES CALENDAR

June 10th FL1-K chapter meeting IHOP 212 Palm Coast Parkway Palm Coast. Eat at 5:30 meeting at 7pm

June 11th Freedom Ride McDonald's 105 Interchange Blvd. Ormond Beach KSU 9am

June 12th FL1-H Chapter Meeting Houligan's 1725 w International Speedway Blvd. Eat at 6pm meeting at 7pm

June 14th Barry's Ride Race Trac 2451 Beville Rd. Daytona Beach. Near I 95. KSU 9am

June 18th Footloose Ride McDonald's 5190 Moody Blvd. Palm Coast KSU 9am

June 21st Barry's Ride Race Trac 2451 Beville Rd. Daytona Beach. Near I 95. KSU 9am

June 25th Freedom Ride McDonald's 105 Interchange Blvd. Ormond Beach KSU 9am

June 29th An evening at the New Smyrna Speedway. Family night \$5 admission meet here at 5:30pm.

July 4th Hapy Independence Day!!

July 8th FL1-K chapter meeting IHOP 212 Palm Coast Parkway Palm Coast. Eat at 5:30 meeting at 7pm

July 9th Freedom Ride McDonald's 105 Interchange Blvd. Ormond Beach KSU 9am

July 13th Dinner at Riverside Johnny's 115 Main St. Bridge Daytona Beach meet here at 5pm.

July 16th Footloose Ride McDonald's 5190 Moody Blvd. Palm Coast KSU 9am

July 17th FL1-H Chapter Meeting Houligan's 1725 w International Speedway Blvd. Eat at 6pm meeting at 7pm

July 23rd Freedom Ride McDonald's 105 Interchange Blvd. Ormond Beach KSU 9am

July 26th Breakfast ride to Monkey Morning Café 1728 S. Nova Rd. South Daytona. Meet here at 8:30am RSVP in advance so I can get seating reserved.

July 30th Footloose Ride McDonald's 5190 Moody Blvd. Palm Coast KSU 9am



Florida District Calendar of Events

DATE(S) EVENT LOCATION



June 27 - 29, 2024 Alabama District Rally "A 50s Sock Hop" Sheffield, AL

Aug 29 - 31, 2024 2024 Eagle Wings Rendezvous Green Bay, WI

Sep 20-21, 2024 North Carolina District Rally "Wings Over the Smokies" Location TBD

Oct 24 - 26, 2024 Mississippi District Rally "Born To Be Wild" Biloxi, MS