

FOOD DRIVE

**Your Donations
=
Massage Savings!**

Bring in 5 items for the Brazos Valley Food Bank
and receive a gift voucher for \$10 to use on
massage or cupping services

(limit 1 voucher per person)

When?

November 9 through December 21, 2025

Where?

3833 S. Texas Ave, Suite 280 - Donation bin set up in the waiting area

Text or email for questions and to coordinate a time to drop off your donation and pick-up your voucher

Phone: (832) 725-3487 / Email: massagebygail@gmail.com

What should I donate?

- o Food and/or personal hygiene items

Donations must be shelf-stable, non-expired, and in original, unopened packaging.

No homemade, refrigerated, or frozen items can be accepted.

- o Per BVFB, most-needed items include foods high in protein (i.e. canned meats, peanut butter, & tuna), canned vegetables, canned fruit, rice, personal hygiene products, and diapers (both adult & baby).

massage
by

gail.

