

# HOLIDAY CLASS SCHEDULE

## 12/23 - 1/2



**TUESDAY 12/23 - CLOSED**

**WEDNESDAY 12/24**

9:30am-10:30am Gentle Yoga with Danielle Fowler

**THURSDAY 12/25 - CLOSED**

**FRIDAY 12/26**

9:30am-10:30am Gentle Yoga with Danielle Fowler

**SATURDAY 12/27 - SPECIAL CLASS WITH DANIELLE**

9:30am-10:45am *Embodied Release: End-of-Year Energy Reset*

**SUNDAY 12/28**

9:30am-10:30am Active Flow with Danielle Fowler

10:45am-11:45am Gentle Yoga with Danielle Fowler

5:30pm-6:30pm Restorative + Sound with Becky Cervantes

**TUESDAY 12/30 - CLOSED**

**WEDNESDAY 12/31 - CLOSED**

**THURSDAY 1/1 - SPECIAL CLASS WITH KATIE**

8:30am-9:30am *New Year's Day: Movement + Manifestations*

**FRIDAY 1/2**

9:30am-10:30am Gentle Yoga with Danielle Fowler

5:30pm-6:30pm Musical Monthly featuring Pink Floyd with Pawan Johar

