

Women in DSO® presents

Wellness & Innovation Summit

Wednesday, October 16th, 2024

7:00 - 8:00AM

Summit Wellness Activities

- Coffee & Run Club, The Westin Lobby, Sponsored by Launch Loyalty
- Yoga, Terrace Room, 12th Floor, Mats Provided

8:00 - 9:00AM

Breakfast • 3rd Floor

General Session • Magnolia Ballroom

9:10 - 9:30AM

Empowering Change: Opening Insights into Wellness & Innovation

Dr. Aman Kaur, Founder & President of Women in DSO

9:30am - 10:00AM

The Power of Deep Connections

Megan Smith, COO & Director of Business Development, The CosMedic Solution

10:00 - 10:15AM

Leading Well: The Wellness <> Innovation Link

Dr. Brett Kessler, President Elect, American Dental Association

10:15 - 10:35AM

Wellness Activity <> Sound Bath

Swan River Yoga

10:35 - 11:00AM Break

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11:00 - 11:45AM

Innovative Wealth: Investing for Financial Freedom Workshop sponsored by Corient

Tenley Desjardins, Wealth Advisor, Corient

Thomas Farmer, Wealth Advisor, Corient

11:45AM - 12:30PM

Managing your Life as a Business

Eric Roman, Founder, 1LifeSystem

12:30 - 1:15PM Lunch Sponsored by Lending Club Patient Solutions

1:15 - 1:30PM

Wellness Activity <> Guided Stretch

1:30 - 2:15PM

Systems to Prioritize your Health

Shauntelle Hunter, Founder, Evergrow Collective

2:15 - 3:15PM -

Safeguarding Wealth: Tax Strategies & Lawsuit Prevention sponsored by Legally Mine, LLC.

Leland McKay, Educator, Continuing Education (CE), Legally Mine, LLC

3:15 - 3:35PM

Wellness Activity <> Guided Meditation

Swan River Yoga

3:35 - 4:00PM Break

4:00 - 4:45PM

Panel Discussion: Wellness Strategies with Impact

Stephanie Moritz, Chief Customer Innovation Officer, American Dental Association

Sarina Clearfield, Functional Lifestyle Management Coach

Laura Nelson, Co-Founder, Sober Life Rocks

Moderator: Brian Colao, Member, Dykema

4:45 - 5:15PM

Power of Community

Dr. Grace Yum, Founder, Mommy Dentists in Business

5:15 - 5:30PM

The Path Forward: Integrating Wellness and Innovation for Future Success

Dr. Aman Kaur, Founder & President, Women in DSO

5:30 - 8:00PM The LEAD Release Party & Networking Mixer

Sponsored by Darby • Grand Ballroom 12th Floor

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