

Women in DSO® presents

# Wellness & Innovation Summit

## WOMEN IN DSO® PRESENTS

### A transformative experience.

Join us for a transformative experience focused on wellness, leadership, and innovation in the DSO industry. This exclusive event promises to rejuvenate your mind and body while connecting you with top professionals in the field.

#### Event Details:

October 21-22, 2025 preceding  
ADA SmileCon



**ADA** American  
Dental  
Association®

## WHAT TO EXPECT

### Inspiring Keynote Sessions

Kick off the day with an inspiring keynote session where industry leaders will discuss the critical connection between wellness and effective leadership within DSOs. Gain insights and strategies that you can implement in your own professional journey.

### Interactive Workshops

Participate in engaging workshops designed to provide practical techniques for managing stress, maintaining mental clarity, and creating a wellness culture in your organization. These sessions will offer hands-on experience and actionable takeaways.

### Panel Discussions

Join thought-provoking panel discussions featuring industry experts as they explore innovative strategies for integrating wellness into DSOs. Learn from the experiences of top leaders and discover new approaches to enhance your organization's wellness programs.

### Wellness Activities

Engage in wellness activities designed to rejuvenate your mind and body. From a coffee and run club to mindfulness practices, these activities will help you unwind and recharge, ensuring you leave the event feeling refreshed and inspired. And more!

 [womenindso.org](https://womenindso.org)