



MANCHESTER BOROUGH – SUPPORT LINKS AND RESOURCES

We understand that these are challenging times. Across Manchester borough there is a network of charities and support groups that work to provide local people with food, clothing and other essentials.

[Food Support](#) – A lifeline for individuals and families facing food insecurity.

[Council Support](#) – Manchester City Council have an array of services to support with cost of living, fuel, travel, council tax, housing payments and much more.

[Wood Street Mission](#) - Help with children's clothes, toys, books, bedding, baby equipment and toiletries.

[Manchester Refugee Support Network](#) – MRSN help asylum seekers and refugees get the basic support they need to live with dignity.

[Local Welfare Assistance - Furniture](#) – Get basic furniture or household goods if you are moving home for urgent reasons.

[Mind Manchester](#) – Mental Health Support

[SENDIASS Manchester](#) - SENDIASS Manchester offer information, advice and support to children, parents and carers about special needs and disabilities.

[Manchester Carers Centre](#) – Free service offering high quality emotional and practical support services for unpaid carers.



[The Bread and Butter Thing](#) - Pay £7.50 for the equivalent of £35 worth of shopping.

[42nd Street](#) - Mental Health Service for people aged 13 to 25 years

[AFRUCA](#) - Working in UK Black and Ethnic communities to protect and safeguard children from abuse, modern slavery and exploitation.