

# CFR - Code of Federal Regulations Title 21



- FDA Home
- Medical Devices
- Databases

The information on this page is current as of April 1 2019.

For the most up-to-date version of CFR Title 21, go to the [Electronic Code of Federal Regulations \(eCFR\)](#).

<a href="#">New Search</a>	<a href="#">Help</a>   <a href="#">More About 21CFR</a>
[Code of Federal Regulations] [Title 21, Volume 3] [Revised as of April 1, 2019] [CITE: 21CFR182.20]	
<b>TITLE 21--FOOD AND DRUGS CHAPTER I--FOOD AND DRUG ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES SUBCHAPTER B--FOOD FOR HUMAN CONSUMPTION (CONTINUED)</b>	
<b>PART 182 -- SUBSTANCES GENERALLY RECOGNIZED AS SAFE</b>	
Subpart A--General Provisions	
Sec. 182.20 Essential oils, oleoresins (solvent-free), and natural extractives (including distillates).	
Essential oils, oleoresins (solvent-free), and natural extractives (including distillates) that are generally recognized as safe for their intended use, within the meaning of section 409 of the Act, are as follows:	
<b>Common name</b>	<b>Botanical name of plant source</b>
Alfalfa	Medicago sativa L.
Allspice	Pimenta officinalis Lindl.

Almond, bitter (free from prussic acid)	<i>Prunus amygdalus</i> Batsch, <i>Prunus armeniaca</i> L., or <i>Prunus persica</i> (L.) Batsch.
Ambrette (seed)	<i>Hibiscus moschatus</i> Moench.
Angelica root	<i>Angelica archangelica</i> L.
Angelica seed	Do.
Angelica stem	Do.
Angostura (cusparia bark)	<i>Galipea officinalis</i> Hancock.
Anise	<i>Pimpinella anisum</i> L.
Asafetida	<i>Ferula assa-foetida</i> L. and related spp. of <i>Ferula</i> .
Balm (lemon balm)	<i>Melissa officinalis</i> L.
Balsam of Peru	<i>Myroxylon pereirae</i> Klotzsch.
Basil	<i>Ocimum basilicum</i> L.
Bay leaves	<i>Laurus nobilis</i> L.
Bay (myrcia oil)	<i>Pimenta racemosa</i> (Mill.) J. W. Moore.
Bergamot (bergamot orange)	<i>Citrus aurantium</i> L. subsp. <i>bergamia</i> Wright et Arn.
Bitter almond (free from prussic acid)	<i>Prunus amygdalus</i> Batsch, <i>Prunus armeniaca</i> L., or <i>Prunus persica</i> (L.) Batsch.
Bois de rose	<i>Aniba rosaeodora</i> Ducke.
Cacao	<i>Theobroma cacao</i> L.
Camomile (chamomile) flowers, Hungarian	<i>Matricaria chamomilla</i> L.
Camomile (chamomile) flowers, Roman or English	<i>Anthemis nobilis</i> L.
Cananga	<i>Cananga odorata</i> Hook. f. and Thoms.
Capsicum	<i>Capsicum frutescens</i> L. and <i>Capsicum annum</i> L.
Caraway	<i>Carum carvi</i> L.
Cardamom seed (cardamon)	<i>Elettaria cardamomum</i> Maton.
Carob bean	<i>Ceratonia siliqua</i> L.
Carrot	<i>Daucus carota</i> L.
Cascarilla bark	<i>Croton eluteria</i> Benn.

Cassia bark, Chinese	<i>Cinnamomum cassia</i> Blume.
Cassia bark, Padang or Batavia	<i>Cinnamomum burmanni</i> Blume.
Cassia bark, Saigon	<i>Cinnamomum loureirii</i> Nees.
Celery seed	<i>Apium graveolens</i> L.
Cherry, wild, bark	<i>Prunus serotina</i> Ehrh.
Chervil	<i>Anthriscus cerefolium</i> (L.) Hoffm.
Chicory	<i>Cichorium intybus</i> L.
Cinnamon bark, Ceylon	<i>Cinnamomum zeylanicum</i> Nees.
Cinnamon bark, Chinese	<i>Cinnamomum cassia</i> Blume.
Cinnamon bark, Saigon	<i>Cinnamomum loureirii</i> Nees.
Cinnamon leaf, Ceylon	<i>Cinnamomum zeylanicum</i> Nees.
Cinnamon leaf, Chinese	<i>Cinnamomum cassia</i> Blume.
Cinnamon leaf, Saigon	<i>Cinnamomum loureirii</i> Nees.
Citronella	<i>Cymbopogon nardus</i> Rendle.
Citrus peels	<i>Citrus</i> spp.
Clary (clary sage)	<i>Salvia sclarea</i> L.
Clover	<i>Trifolium</i> spp.
Coca (decocainized)	<i>Erythroxylum coca</i> Lam. and other spp. of <i>Erythroxylum</i> .
Coffee	<i>Coffea</i> spp.
Cola nut	<i>Cola acuminata</i> Schott and Endl., and other spp. of <i>Cola</i> .
Coriander	<i>Coriandrum sativum</i> L.
Cumin (cummin)	<i>Cuminum cyminum</i> L.
Curacao orange peel (orange, bitter peel)	<i>Citrus aurantium</i> L.
Cusparia bark	<i>Galipea officinalis</i> Hancock.
Dandelion	<i>Taraxacum officinale</i> Weber and T. <i>laevigatum</i> DC.
Dandelion root	Do.
Dog grass (quackgrass, triticum)	<i>Agropyron repens</i> (L.) Beauv.
Elder flowers	<i>Sambucus canadensis</i> L. and <i>S. nigra</i> I.

Estragole (esdragol, esdragon, tarragon)	<i>Artemisia dracunculus</i> L.
Estragon (tarragon)	Do.
Fennel, sweet	<i>Foeniculum vulgare</i> Mill.
Fenugreek	<i>Trigonella foenum-graecum</i> L.
Galanga (galangal)	<i>Alpinia officinarum</i> Hance.
Geranium	<i>Pelargonium</i> spp.
Geranium, East Indian	<i>Cymbopogon martini</i> Stapf.
Geranium, rose	<i>Pelargonium graveolens</i> L'Her.
Ginger	<i>Zingiber officinale</i> Rosc.
Grapefruit	<i>Citrus paradisi</i> Macf.
Guava	<i>Psidium</i> spp.
Hickory bark	<i>Carya</i> spp.
Horehound (hoarhound)	<i>Marrubium vulgare</i> L.
Hops	<i>Humulus lupulus</i> L.
Horsemint	<i>Monarda punctata</i> L.
Hyssop	<i>Hyssopus officinalis</i> L.
Immortelle	<i>Helichrysum augustifolium</i> DC.
Jasmine	<i>Jasminum officinale</i> L. and other spp. of <i>Jasminum</i> .
Juniper (berries)	<i>Juniperus communis</i> L.
Kola nut	<i>Cola acuminata</i> Schott and Endl., and other spp. of <i>Cola</i> .
Laurel berries	<i>Laurus nobilis</i> L.
Laurel leaves	<i>Laurus</i> spp.
Lavender	<i>Lavandula officinalis</i> Chaix.
Lavender, spike	<i>Lavandula latifolia</i> Vill.
Lavandin	Hybrids between <i>Lavandula officinalis</i> Chaix and <i>Lavandula latifolia</i> Vill.
Lemon	<i>Citrus limon</i> (L.) Burm. f.
Lemon balm (see balm)	
Lemon grass	<i>Cymbopogon citratus</i> DC. and <i>Cymbopogon lexiuosus</i> Stapf.
Lemon peel	<i>Citrus limon</i> (L.) Burm. f.

Lime	<i>Citrus aurantifolia</i> Swingle.
Linden flowers	<i>Tilia</i> spp.
Locust bean	<i>Ceratonia siliqua</i> L.
Lupulin	<i>Humulus lupulus</i> L.
Mace	<i>Myristica fragrans</i> Houtt.
Mandarin	<i>Citrus reticulata</i> Blanco.
Marjoram, sweet	<i>Majorana hortensis</i> Moench.
Mate	<i>Ilex paraguariensis</i> St. Hil.
Melissa (see balm)	
Menthol	<i>Mentha</i> spp.
Menthyl acetate	Do.
Molasses (extract)	<i>Saccarum officinarum</i> L.
Mustard	<i>Brassica</i> spp.
Naringin	<i>Citrus paradisi</i> Macf.
Neroli, bigarade	<i>Citrus aurantium</i> L.
Nutmeg	<i>Myristica fragrans</i> Houtt.
Onion	<i>Allium cepa</i> L.
Orange, bitter, flowers	<i>Citrus aurantium</i> L.
Orange, bitter, peel	Do.
Orange leaf	<i>Citrus sinensis</i> (L.) Osbeck.
Orange, sweet	Do.
Orange, sweet, flowers	Do.
Orange, sweet, peel	Do.
Origanum	<i>Origanum</i> spp.
Palmarosa	<i>Cymbopogon martini</i> Stapf.
Paprika	<i>Capsicum annuum</i> L.
Parsley	<i>Petroselinum crispum</i> (Mill.) Mansf.
Pepper, black	<i>Piper nigrum</i> L.
Pepper, white	Do.
Peppermint	<i>Mentha piperita</i> L.
Peruvian balsam	<i>Myroxylon pereirae</i> Klotzsch.
Petitgrain	<i>Citrus aurantium</i> L.
Petitgrain lemon	<i>Citrus limon</i> (L.) Burm. f.

Petitgrain mandarin or tangerine	<i>Citrus reticulata</i> Blanco.
Pimenta	<i>Pimenta officinalis</i> Lindl.
Pimenta leaf	<i>Pimenta officinalis</i> Lindl.
Pipsissewa leaves	<i>Chimaphila umbellata</i> Nutt.
Pomegranate	<i>Punica granatum</i> L.
Prickly ash bark	<i>Xanthoxylum</i> (or <i>Zanthoxylum</i> ) <i>Americanum</i> Mill. or <i>Xanthoxylum clava-herculis</i> L.
Rose absolute	<i>Rosa alba</i> L., <i>Rosa centifolia</i> L., <i>Rosa damascena</i> Mill., <i>Rosa gallica</i> L., and vars. of these spp.
Rose (otto of roses, attar of roses)	Do.
Rose buds	Do.
Rose flowers	Do.
Rose fruit (hips)	Do.
Rose geranium	<i>Pelargonium graveolens</i> L'Her.
Rose leaves	<i>Rosa</i> spp.
Rosemary	<i>Rosmarinus officinalis</i> L.
Saffron	<i>Crocus sativus</i> L.
Sage	<i>Salvia officinalis</i> L.
Sage, Greek	<i>Salvia triloba</i> L.
Sage, Spanish	<i>Salvia lavandulaefolia</i> Vahl.
St. John's bread	<i>Ceratonia siliqua</i> L.
Savory, summer	<i>Satureia hortensis</i> L.
Savory, winter	<i>Satureia montana</i> L.
Schinus molle	<i>Schinus molle</i> L.
Sloe berries (blackthorn berries)	<i>Prunus spinosa</i> L.
Spearmint	<i>Mentha spicata</i> L.
Spike lavender	<i>Lavandula latifolia</i> Vill.
Tamarind	<i>Tamarindus indica</i> L.
Tangerine	<i>Citrus reticulata</i> Blanco.
Tarragon	<i>Artemisia dracunculus</i> L.

Tea	<i>Thea sinensis</i> L.
Thyme	<i>Thymus vulgaris</i> L. and <i>Thymus zygis</i> var. <i>gracilis</i> Boiss.
Thyme, white	Do.
Thyme, wild or creeping	<i>Thymus serpyllum</i> L.
Triticum (see dog grass)	
Tuberose	<i>Polianthes tuberosa</i> L.
Turmeric	<i>Curcuma longa</i> L.
Vanilla	<i>Vanilla planifolia</i> Andr. or <i>Vanilla tahitensis</i> J. W. Moore.
Violet flowers	<i>Viola odorata</i> L.
Violet leaves	Do.
Violet leaves absolute	Do.
Wild cherry bark	<i>Prunus serotina</i> Ehrh.
Ylang-ylang	<i>Cananga odorata</i> Hook. f. and Thoms.
Zedoary bark	<i>Curcuma zedoaria</i> Rosc.

[42 FR 14640, Mar. 15, 1977, as amended at 44 FR 3963, Jan. 19, 1979; 47 FR 29953, July 9, 1982; 48 FR 51613, Nov. 10, 1983; 50 FR 21043, 21044, May 22, 1985]

Page Last Updated: 09/19/2019

Note: If you need help accessing information in different file formats, see [Instructions for Downloading Viewers and Players](#).

Language Assistance Available: [Español](#) | [繁體中文](#) | [Tiếng](#)

[Việt](#) | [한국어](#) | [Tagalog](#) | [Русский](#) | [العربية](#) | [Kreyòl](#)

[Ayisyen](#) | [Français](#) | [Polski](#) | [Português](#) | [Italiano](#) | [Deutsch](#) | [日本語](#) | [فارسی](#) | [English](#)

- [Accessibility](#)
- [Contact FDA](#)
- [Careers](#)
- [FDA Basics](#)

- [FOIA](#)
- [No FEAR Act](#)
- [Nondiscrimination](#)
- [Website Policies](#)



## U.S. Food and Drug Administration

10903 New Hampshire Avenue  
Silver Spring, MD 20993  
Ph. 1-888-INFO-FDA (1-888-463-6332)

[Contact FDA](#)



- [For Government](#)
- [For Press](#)
- [Combination Products](#)
- [Advisory Committees](#)
- [Science & Research](#)
- [Regulatory Information](#)
- [Safety](#)
- [Emergency Preparedness](#)
- [International Programs](#)



- **News & Events**
- **Training and Continuing Education**
- **Inspections/Compliance**
- **State & Local Officials**
- **Consumers**
- **Industry**
- **Health Professionals**
- **FDA Archive**



U.S. Department of **Health & Human Services**