

October 2025

ones & Tues/Thurs Toddlers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1/2 banana 1/2 ounce cherrios	3	4 1/2 rice cake 1 yogurt pouch	5	6 1/2 ritz crackers 1 tbsp hummus	7
8	9 HOLIDAY	10	11 1/4 cup sliced cucumber 1 tbsp ranch	12	13 apple and veggie pouch 1/2 ounce goldfish	14
15	16 1/2 banana 1/2 ounce cherrios	17	18 1/2 rice cake 1 yogurt pouch	19	20 1/2 ritz crackers 1 tbsp hummus	21
22	23 1/2 ounce animal crackers 1/2 a cheese stick	24	25 1/4 cup sliced cucumber 1 tbsp ranch	26	27 apple and veggie pouch 1/2 ounce goldfish	28
29	30 1/2 banana 1/2 ounce cherrios	31				

October 2025

2s
3s
pre-k

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1/2 ounce animal crackers 1/2 a cheese stick	5 Ants on a log 2 celery sticks and 1 tbsp of peanut butter and a few raisins.	4 1/2 bagel 1 tbsp cream cheese	5 1/2 ounce goldfish 1/4 cup oranges	6 1/2 ritz crackers 1 tbsp hummus	7
8	9 HOLIDAY	10 1/4 cup carrots 1 tbsp ranch	11 1/4 cup sliced cucumber 1 tbsp ranch	12 1/2 rice cake 1 tbsp peanut butter	15 1/2 an apple 1/2 ounce pretzels	14
15	16 1/2 ounce animal crackers 1/2 a cheese stick	17 Ants on a log 2 celery sticks and 1 tbsp of peanut butter and a few raisins.	18 1/2 bagel 1 tbsp cream cheese	19 1/2 ounce goldfish 1/4 cup oranges	20 1/2 ritz crackers 1 tbsp hummus	21
22	25 1/2 banana 1/2 ounce of nilla wafers	24 1/4 cup carrots 1 tbsp ranch	25 1/4 cup sliced cucumber 1 tbsp ranch	26 1/2 rice cake 1 tbsp peanut butter	27 1/2 an apple 1/2 ounce pretzels	28
29	30 1/2 ounce animal crackers 1/2 a cheese stick	31 Ants on a log 2 celery sticks and 1 tbsp of peanut butter and a few raisins.				

October 2025

Older extended care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1/4 cup cheez its 1/2 apples	3 4- peanut butter crackers	4 1/4 cup wheat thins 1/2 cheese stick	5 1/4 cup animal crackers 2 tbsp raisins	6 1/4 cup pretzels 1/2 cheese stick	7
8	9 HOLIDAY	10 1/4 cup popcorn 2 tbsp raisins	11 1 nutrigrain bar	12 1/4 cup goldfish yogurt	13 1 graham cracker 1 tbsp peanut butter	14
15	16 1/4 cup cheez its 1/2 apples	17 4- peanut butter crackers	18 1/4 cup wheat thins 1/2 cheese stick	19 1/4 cup animal crackers 2 tbsp raisins	20 1/4 cup pretzels 1/2 cheese stick	21
22	23 1/4 cup life cereal 1/2 bananas	24 1/4 cup popcorn 2 tbsp raisins	25 1 nutrigrain bar	26 1/4 cup goldfish yogurt	27 1 graham cracker 1 tbsp peanut butter	28
29	30 1/4 cup cheez its 1/2 apples	31 4- peanut butter crackers				

October 2025

younger extended care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1/4 cup cheez its 1 applesauce pouch	3 4- peanut butter crackers	4 1/4 cup wheat thins 1/2 cheese stick	5 1/4 cup animal crackers yogurt	6 1/4 cup pretzels 1/2 cheese stick	7
8	9 HOLIDAY	10 1 apple and fruit pouch 1/4 cup cheez its	11 1 nutrigrain bar	12 1/4 cup goldfish yogurt	13 1 graham cracker 1 tbsp peanut butter	14
15	16 1/4 cup cheez its 1 applesauce pouch	17 4- peanut butter crackers	18 1/4 cup wheat thins 1/2 cheese stick	19 1/4 cup animal crackers yogurt	20 1/4 cup pretzels 1/2 cheese stick	21
22	23 1/4 cup life cereal 1/2 bananas	24 1 apple and fruit pouch 1/4 cup cheez its	25 1 nutrigrain bar	26 1/4 cup goldfish yogurt	27 1 graham cracker 1 tbsp peanut butter	28
29	30 1/4 cup cheez its 1 applesauce pouch	31 4- peanut butter crackers				