

# Anew Way to Fly



## An Interactive Playful Zine



Series 1 | Volume 2.X | May 2020

By Xtina Duke

# ***First:***



***What's your acronym for LOVE***

***L:***

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***O:***

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***V:***

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***E:***

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*God, grant me the  
serenity to accept  
the things  
I cannot change,  
courage to change  
the things I can,  
and wisdom to  
know the difference.*

**Reinhold Niebuh ~ 1951**

Note: It's ok to find a new way to fly.

You just need to take the leap.



Let them who would move the world  
first move themselves.  
It's the only Good Fight!

# Quotes Worth Remembering

"Something other than me, gets the sun up and down everyday."

~ anonymous

"Time is like a handful of sand- the tighter you grasp it, the faster it runs through your fingers."

~ Henry David Thoreau

"Those who live in the past limit their future."

~ anonymous

"As she has planted, so does she harvest; such is the field of karma."

~ Sri Guru Granth Sahib

"Learn to see. Realize that everything connects to everything else."

~ Leonardo Davinci

# The Question

What is your daily  
balance routine?

**WHAT'S YOUR ANSWER?**

**HOW DOES THIS QUESTION MAKE YOU FEEL?**

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# The Question

How's your  
relationship with  
your Family?

**WHAT'S YOUR ANSWER?**

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HOW DOES THIS QUESTION MAKE YOU FEEL?

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# Think...

What does your dream life look like?

Draw Your  
Answer



# "WANTED A SANE MIND"

2/5/18



## Reward: Top Dollar

We all want sanity; some are even willing to pay top dollar for it. Let me know if you find mine.

# The Question

What are you most grateful for? Try listing five....

*What is your answer? Thoughts?*

1.

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2.

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3.

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4.

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5.

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# The Question

What can you do today to help someone you don't know?

*What is your answer? Thoughts?*

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# The Big Question

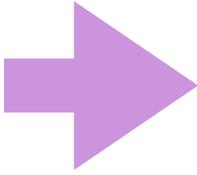
Are your fears under control?

Draw Your  
Answer



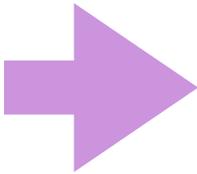
# Bonus Questions!

When was the last time you mailed a thank you card?



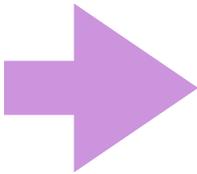
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What's on top of your bucket list?



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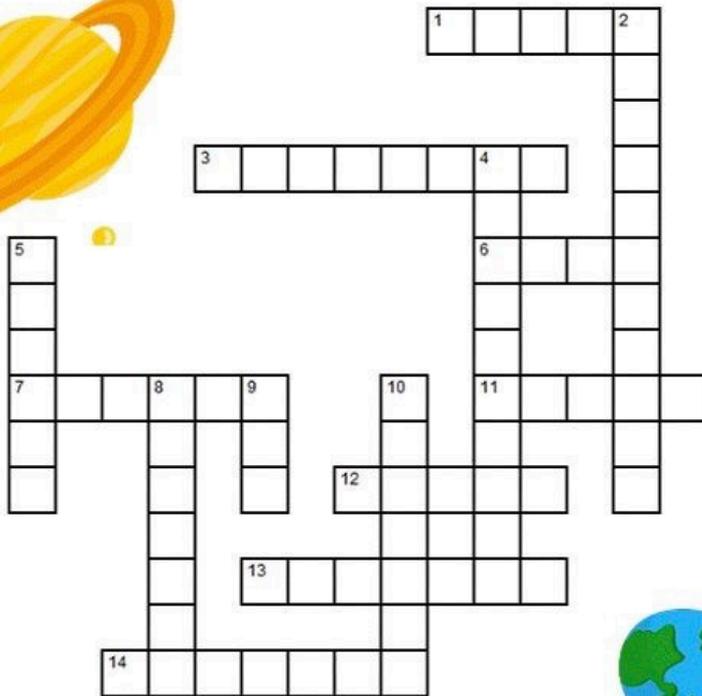
Finish this line: "I am..."



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# Do Anything Different

## Our Solar System



### ACROSS

- Planet named after the Roman goddess of love and beauty
- Our solar system is part of this galaxy
- Nicknamed "the red planet"
- Third largest planet in our solar system
- Now called a dwarf planet
- Covers 70 percent of the Earth's surface
- Largest planet in our solar system
- Planet closest to the sun

### DOWN

- A star and the planets orbiting around it
- Layer of gas that surrounds a planet
- Planet named after the roman god of agriculture
- Planet furthest from the sun
- Closest star to Earth
- Force that keeps a planet moving in orbit

# Numbers Can Stop the Mind

Write each missing number

1		3		5			8
9		11		13			16
17		19		21			24
25		27		29			32
33		35		37			40
41		43		45			48
			49	50			

**When All Else Fails,**

**A KIND WORD  
NEVER BROKE  
ANYONE'S  
MOUTH**



*irish proverb*  


**Please Be Kind**

# One Last Question

◆ What are you doing with your life today?

(Hopefully doing this Zine\*)

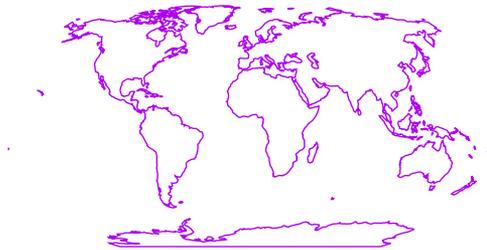
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## What's a Zine?

## I'm glad you asked!

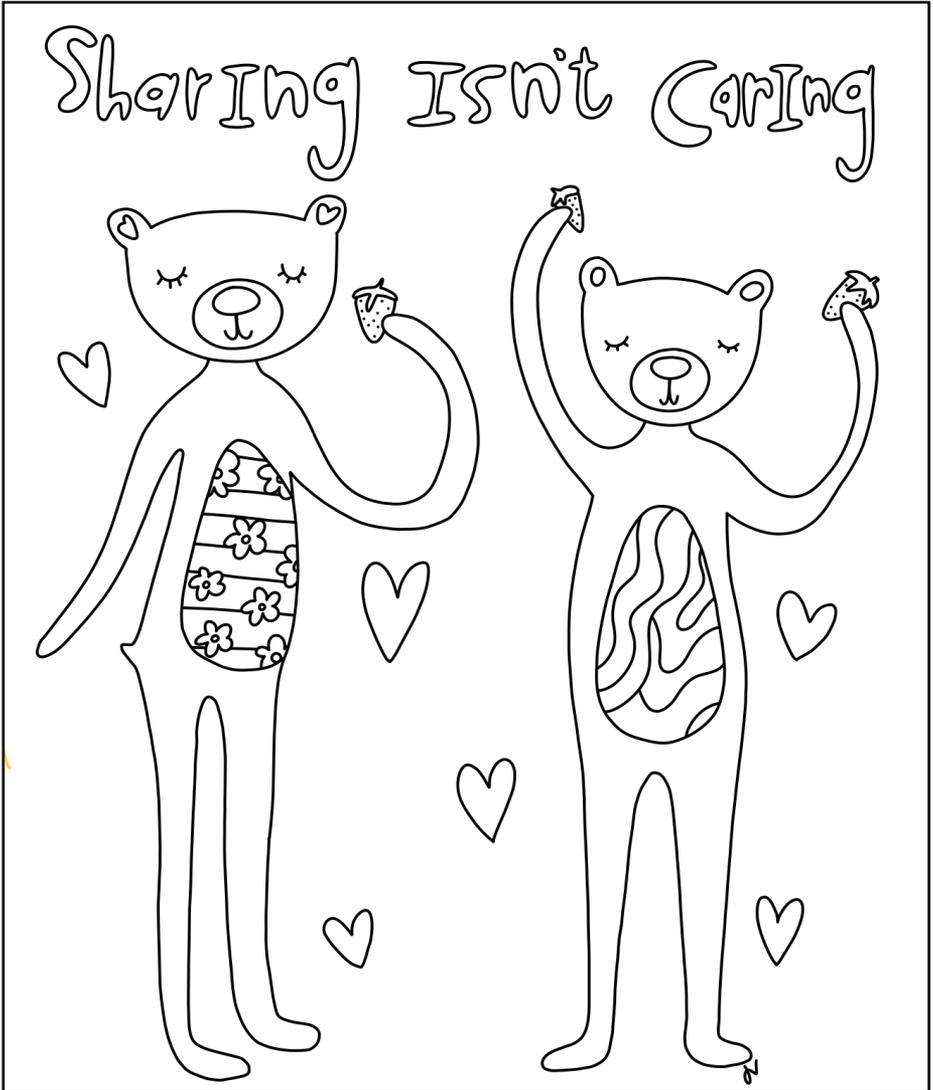
\*"A **zine** (/zi:n/ ZEEN; short for magazine) is a small-circulation self-published work of original or appropriated texts and images, usually reproduced via photocopier.

<https://www.wikipedia.org/>

# Coloring Time!

“Sharing isn’t caring”

Graciously submitted by Jillian V. ~ @yourstrulyjillian

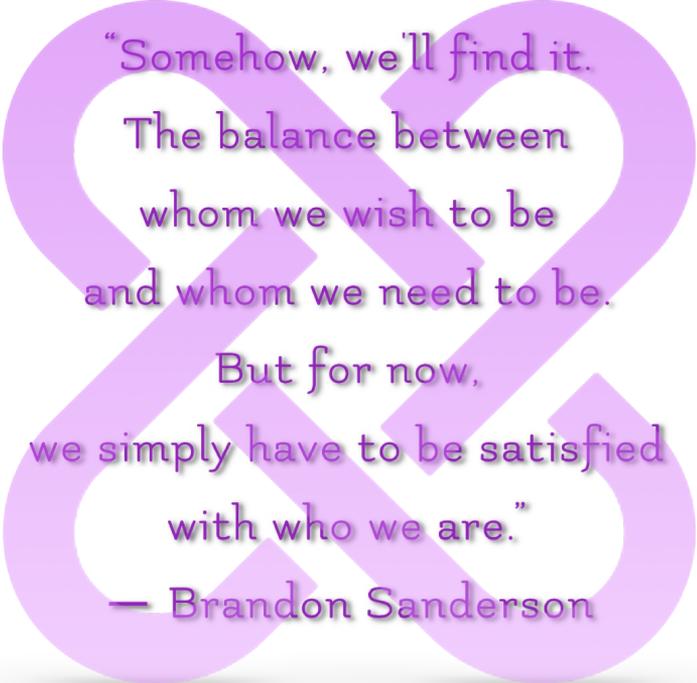


Just a little #quarantina humor

**Say a Prayer**

**Believe it**

**Leave it**



“Somehow, we’ll find it.  
The balance between  
whom we wish to be  
and whom we need to be.

But for now,  
we simply have to be satisfied  
with who we are.”

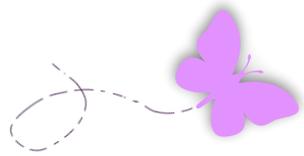
— Brandon Sanderson

**Make a Wish**

**Believe it**

**Leave it**

Hello Friends,



Thank you for taking the time to enjoy this little zine. My goal is simple: bring joy to the world. This is a pure product of love, and I have everyone in my life to thank.

Please let me know if you have any suggestions or questions for the next issue. If you would like to submit drawings, poems or questions for the next issue, that would be amazing!

I would love to hear from you.

You can email me at [iam@xtinaduke.com](mailto:iam@xtinaduke.com)

Or find me on the web [www.xtinaduke.com](http://www.xtinaduke.com)

#xtinaduke #theonlygoodfight #joywrangler

Thank You and Love Always,

Xtina Duke

"Before enlightenment; chop wood,  
carry water. After enlightenment;  
chop wood, carry water."

Zen proverb