



## Senior Resource Council: Mission and Member Profiles

Senior Resource Council is a collaborative group of professionals who provide a wide spectrum of services, such as educational programming and custom-tailored support solutions for Seniors and their families. These professionals have been chosen based on their integrity, experience, knowledge, and most importantly – their commitment to always doing what is right for the client.

### **Aging Life Care Professional Tracy Valletti**, MS, CDP, Owner of Northeast Care Management and Consultants

With 20 years' experience, Tracy is a member of the Case Management Society of America (CMSA) and a Certified Dementia Practitioner (CDP) who helps the geriatric population and families navigate healthcare transitions, crisis advocacy, and benefits.

### **Assisted Living Diane Robinson**, The Delany at The Vale

Diane Robinson, Community Relations Specialist at The Delaney at The Vale. Diane has been supporting seniors and their families for almost 20 years. She is proud to help seniors achieve their goals and provide great moving experiences.

### **Daily Money Manager Gina Distefano**, Founder of Founder and Owner of The Daily Money Manager

Gina provides on-site Daily Money Management services such as mail retrieval, paying bills, processing medical/insurance claims, eliminating debt, negotiating with creditors, and teaming with other professionals to ensure quality care for all.

### **Estate Planning Attorney Christina Vidoli**, founder of Vidoli Couture, LLP

Christina has extensive experience helping clients with legal issues ranging from estate planning, long-term care planning, asset and wealth protection, preservation and transfer, tax minimization, Medicaid planning, probate and special needs planning.

### **Exercise/PT/Massage Carla Nazzaro**, MBA, Director of Peoplefit At Home, co-founder SRC

Peoplefit At Home is a family-owned business of physical therapists who exercise with clients in the comfort of their own homes. Clients consist of Seniors - plus those with disabilities - who want to stay strong and live independently at home.

### **Financial Services Rich Wallner**, CFP®, CLU®, Financial Advisor, Service Financial Group, co-founder SRC

Rich is a holistic Certified Financial Planner and Advisor with 15 years' experience, specializing in the needs of Seniors and their families. He offers a variety of financial solutions such as financial plans, long term care solutions, and income for life.

### **Home Care Tricia Gordon**, CSA, CDP, DCR at Purple Nurse Home Care Services

Tricia provides private skilled nursing and non-medical needs for people wanting to stay home. Tricia has been advocating for seniors for almost 14 years, being an Ombudsman for many of them. Currently studying to become an End-of-Life Doula

### **Home Organizer/Senior Move Manager Nancy Patsios**, SMM-C, Owner of Sort It Out, LLC

Nancy has over 10 years' experience. With compassion and respect, she helps seniors and others declutter and downsize their belongings creating visually calm spaces and ensures a smooth transition to a new residence.

### **Hospice/Palliative Care TBA**

### **Memory Care AJ McDonald**, MSPT, DCT, CDP, Practice Administrator/Case Manager at Boston Center for Memory.

A.J. has 20+ years' experience in senior care including Skilled Nursing Facilities, Assisted Living Residences and managing her own Alzheimer's consulting company. Her passion is helping individuals and their loved ones navigate their journey through dementia.

### **Psychotherapist/LICSW TBA**

### **Realtor Debbie Aminzadeh**, SRES, J Barrett & Company

Debbie has over 10 years of experience helping seniors and/or their families sell their home and downsize or transition to a new home or assisted living. She also has access to a referral network to assist with moves in the United States or internationally.

### **Skilled Nursing/Long Term Care Jamie Martin**, MBA, LSW

Jamie has more than 10 years of experience helping seniors and/or their families with skilled nursing facility placement. CareOne is a family-owned and operated healthcare organization with more than forty-five years of service.

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