

# Granterio Short "I Am Proof of Fitness Day"

## Overall Results 5K Walk



MS Race Timing & Management  
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| Place | Bib  | Name                    | Age | Gender | Pace  | Gun Time | Chip Time | Time     |
|-------|------|-------------------------|-----|--------|-------|----------|-----------|----------|
| 1.    | 1444 | Roma, Ronald            | 71  | M      | 10:42 | 00:33:22 | 00:33:16  | 00:33:16 |
| 2.    | 1481 | Hope, Neei              | 17  | F      | 12:33 | 00:41:17 | 00:39:01  | 00:39:01 |
| 3.    | 1425 | Humphrey, Kelvin        | 54  | M      | 14:25 | 00:45:20 | 00:44:48  | 00:44:48 |
| 4.    | 1442 | Ford-Stamps, Mrs Nikdra | 51  | F      | 14:29 | 00:45:27 | 00:45:01  | 00:45:01 |
| 5.    | 1432 | Garrett, Shemekia       | 39  | F      | 14:34 | 00:45:43 | 00:45:15  | 00:45:15 |
| 6.    | 1420 | Smith, Larry            | 51  | M      | 14:43 | 00:49:51 | 00:45:44  | 00:45:44 |
| 7.    | 1438 | Gary, Damien            | 39  | M      | 14:49 | 00:46:36 | 00:46:03  | 00:46:03 |
| 8.    | 1437 | Green, Shakina          | 34  | F      | 15:03 | 00:47:20 | 00:46:46  | 00:46:46 |
| 9.    | 1431 | Byrd, Felicia           | 38  | F      | 15:06 | 00:47:24 | 00:46:57  | 00:46:57 |
| 10.   | 1428 | Short, Paul             | 55  | M      | 15:15 | 00:47:24 | 00:47:24  | 00:47:24 |
| 11.   | 1426 | Larry, Kandria          | 19  | F      | 15:25 | 00:48:26 | 00:47:55  | 00:47:55 |
| 12.   | 1401 | Kinser, Debra           | 70  | F      | 15:55 | 00:49:40 | 00:49:30  | 00:49:30 |
| 13.   | 1430 | Minor, Chandra          | 39  | F      | 16:01 | 00:50:14 | 00:49:46  | 00:49:46 |
| 14.   | 1441 | Stewart, Felicia        | 40  | F      | 16:01 | 00:50:14 | 00:49:46  | 00:49:46 |
| 15.   | 1434 | McDonald, Jessica       | 36  | F      | 16:06 | 00:50:34 | 00:50:01  | 00:50:01 |
| 16.   | 1448 | Coleman, Kendra         | 42  | F      | 16:16 | 00:50:33 | 00:50:33  | 00:50:33 |
| 17.   | 1410 | Frelix, Onnie           | 30  | F      | 16:25 | 00:51:27 | 00:51:01  | 00:51:01 |
| 18.   | 1337 | Short, Tyrone           | 57  | M      | 16:25 | 00:51:43 | 00:51:02  | 00:51:02 |
| 19.   | 1404 | Townsend, Chrissy       | 45  | F      | 16:27 | 00:51:34 | 00:51:07  | 00:51:07 |
| 20.   | 1400 | Floyd, Nicolette        | 46  | F      | 16:38 | 00:52:13 | 00:51:42  | 00:51:42 |
| 21.   | 1419 | Vaughn, Lakeia          | 45  | F      | 16:38 | 00:52:13 | 00:51:42  | 00:51:42 |
| 22.   | 1411 | Montgomery, Annie       | 63  | F      | 16:48 | 00:52:41 | 00:52:12  | 00:52:12 |
| 23.   | 1433 | Virgil, Lalesia         | 48  | F      | 17:02 | 00:56:49 | 00:52:57  | 00:52:57 |
| 24.   | 1414 | Jones, Calamity         | 64  | F      | 17:05 | 00:53:34 | 00:53:05  | 00:53:05 |
| 25.   | 1409 | May, Veronica           | 54  | F      | 17:06 | 00:53:36 | 00:53:07  | 00:53:07 |
| 26.   | 1390 | Gary, Passion           | 33  | F      | 17:22 | 00:54:33 | 00:54:00  | 00:54:00 |
| 27.   | 1391 | Grayer, Arick           | 31  | M      | 17:23 | 00:54:34 | 00:54:00  | 00:54:00 |
| 28.   | 1424 | Humphrey, Latrina       | 48  | F      | 18:15 | 00:57:13 | 00:56:44  | 00:56:44 |
| 29.   | 1443 | Sandifer, Meshayla      | 33  | F      | 18:16 | 00:57:14 | 00:56:46  | 00:56:46 |
| 30.   | 1452 | Cain, Derrick           | 60  | M      | 18:18 | 00:57:46 | 00:56:52  | 00:56:52 |
| 31.   | 1421 | Yarn, Kayla             | 36  | F      | 18:28 | 00:57:56 | 00:57:25  | 00:57:25 |
| 32.   | 1423 | Collins, Jatorrian      | 28  | M      | 18:29 | 00:57:56 | 00:57:27  | 00:57:27 |
| 33.   | 1405 | Belton-McGrew, Vonda    | 61  | F      | 18:32 | 00:58:13 | 00:57:36  | 00:57:36 |
| 34.   | 1466 | Hope, Sondvanna         | 35  | F      | 18:44 | 01:00:30 | 00:58:13  | 00:58:13 |
| 35.   | 1408 | Sutton, Chantae         | 46  | F      | 19:15 | 01:00:27 | 00:59:49  | 00:59:49 |



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|-------|------|--------------------|-----|--------|-------|----------|-----------|----------|
| 36.   | 1440 | Pittman, Eboni     | 21  | F      | 20:57 | 01:05:37 | 01:05:06  | 01:05:06 |
| a.k.  | 1398 | Collins, Sharlet   | 61  | F      | 13:29 | 00:41:53 | 00:41:53  | 00:41:53 |
| a.k.  | 1445 | BELTON, MINYARISHA | 44  | F      | 13:29 | 00:41:53 | 00:41:53  | 00:41:53 |

Number of records: 38

