

MS RACE TIMING & MANAGEMENT
RUN FOR A CAUSE SERIES

The MS Race Timing Run for a Cause fall race series will be a chance for all runners of all abilities to compete in a series of events to highlight local charities. There is no cost to enter, just show up and you are automatically in the fall series. Participants will earn points by competing in the series races. The top three runs/walks will be scored. Run all four and receive a special prize at the end of the series!

The races that are currently part of the series are:

- **Fleet Feet *Turkey Day 8K***
- **Northpark Mall *Glow Run***
- **Good Samaritan *12Ks For the Holidays***
- **Southern Ag Credit *Jingle Bell Jog***

These races are also noted on our web site.

The award categories are as follows:

Male & Female

- Top Finisher Male/Female
- Top Master's Finishers Male/Female
- Top Average Time Finisher Male/Female (must participate in at least 3 qualifying races)
– *more details to follow*
- Top Finishers in Age Groups (10 year increments)
- Special Award to those who run/walk all series races

All races and distances will be eligible for points with the top ten finishers, male and female, earning points.

	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
5k Run/Walk	50	45	40	35	30	25	20	15	10	5
8K Run/Walk	60	54	48	42	36	30	24	18	12	6
10K Run	70	63	56	49	42	35	28	21	14	7
12K Run	80	72	64	56	48	40	32	24	16	8
½ Marathon	100	90	80	70	60	50	40	30	20	10