

# NWR Cougar Chase 5K and Fun Run



## Gender Results

MS Race Timing & Management  
www.msracetiming.com

| Place               | Bib | Name                 | Age | AG         | Pace  | Time  |
|---------------------|-----|----------------------|-----|------------|-------|-------|
| <b>5K Trail Run</b> |     |                      |     |            |       |       |
| <b>Male</b>         |     |                      |     |            |       |       |
| 1.                  | 254 | Shields, Christopher | 16  | Male 0-17  | 6:17  | 19:33 |
| 2.                  | 237 | Christian, Aden      | 17  | Male 0-17  | 6:25  | 19:58 |
| 3.                  | 234 | Williams, Zavian     | 16  | Male 0-17  | 6:33  | 20:22 |
| 4.                  | 255 | McLellan, Grant      | 15  | Male 0-17  | 6:33  | 20:22 |
| 5.                  | 242 | Brown, Braden        | 17  | Male 0-17  | 7:14  | 22:31 |
| 6.                  | 253 | Shields, Levi        | 14  | Male 0-17  | 7:15  | 22:33 |
| 7.                  | 197 | Lampton, Noah        | 14  | Male 0-17  | 7:21  | 22:53 |
| 8.                  | 246 | Spiers, Andrew       | 14  | Male 0-17  | 7:24  | 23:03 |
| 9.                  | 200 | Ketchum, Andrew      | 14  | Male 0-17  | 7:24  | 23:03 |
| 10.                 | 219 | Long, Wilson         | 12  | Male 0-17  | 7:33  | 23:28 |
| 11.                 | 265 | Graeber, Austin      | 11  | Male 0-17  | 7:34  | 23:32 |
| 12.                 | 187 | Carruth, Grey        | 14  | Male 0-17  | 7:40  | 23:52 |
| 13.                 | 190 | Van Every, Walker    | 14  | Male 0-17  | 7:49  | 24:20 |
| 14.                 | 182 | Collins, Hayden      | 12  | Male 0-17  | 7:52  | 24:27 |
| 15.                 | 264 | Christopher, Cooper  | 15  | Male 0-17  | 7:53  | 24:32 |
| 16.                 | 186 | Mott, Wyatt          | 14  | Male 0-17  | 8:01  | 24:56 |
| 17.                 | 223 | Reihle, Silas        | 12  | Male 0-17  | 8:14  | 25:38 |
| 18.                 | 194 | Fayard, Noah         | 15  | Male 0-17  | 8:16  | 25:42 |
| 19.                 | 214 | Ketchum, Joseph      | 12  | Male 0-17  | 8:19  | 25:52 |
| 20.                 | 228 | Wood, Zachary        | 16  | Male 0-17  | 8:23  | 26:04 |
| 21.                 | 233 | Gilstrap, Miller     | 12  | Male 0-17  | 8:24  | 26:07 |
| 22.                 | 188 | McCaffrey, Asher     | 11  | Male 0-17  | 8:45  | 27:14 |
| 23.                 | 195 | Stallings, Robbie    | 12  | Male 0-17  | 8:49  | 27:24 |
| 24.                 | 256 | HOENIGES, ANDREW     | 45  | Male 40-49 | 9:17  | 28:52 |
| 25.                 | 220 | Nichols, Reed        | 12  | Male 0-17  | 9:17  | 28:53 |
| 26.                 | 229 | Simon, Brady         | 12  | Male 0-17  | 9:17  | 28:53 |
| 27.                 | 225 | Powell, Carsten      | 12  | Male 0-17  | 9:18  | 28:56 |
| 28.                 | 221 | Grammar, Ainsley     | 10  | Male 0-17  | 9:31  | 29:37 |
| 29.                 | 181 | Self, Robert         | 61  | Male 60+   | 9:38  | 29:58 |
| 30.                 | 257 | Allen, Robert Jude   | 12  | Male 0-17  | 9:38  | 29:58 |
| 31.                 | 268 | McCallum, John       | 52  | Male 50-59 | 9:38  | 29:59 |
| 32.                 | 191 | Allen, Pierce        | 12  | Male 0-17  | 9:43  | 30:12 |
| 33.                 | 267 | Richardson, Parker   | 9   | Male 0-17  | 9:57  | 30:57 |
| 34.                 | 235 | Williams, Rodney     | 45  | Male 40-49 | 10:39 | 33:08 |
| 35.                 | 231 | Gilstrap, Alan       | 51  | Male 50-59 | 10:47 | 33:32 |



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| Place | Bib | Name               | Age | AG         | Pace  | Time  |
|-------|-----|--------------------|-----|------------|-------|-------|
| 36.   | 184 | Robinson, Victor   | 41  | Male 40-49 | 10:53 | 33:52 |
| 37.   | 259 | Curry, Trey        | 55  | Male 50-59 | 10:54 | 33:54 |
| 38.   | 263 | Jones, Bryan       | 46  | Male 40-49 | 11:11 | 34:46 |
| 39.   | 274 | Collier, John      | 57  | Male 50-59 | 12:22 | 38:26 |
| 40.   | 273 | Borth, Brad        | 74  | Male 60+   | 12:28 | 38:45 |
| 41.   | 249 | Letchworth, Dustin | 42  | Male 40-49 | 13:01 | 40:28 |
| 42.   | 243 | Stevens, Daniel    | 37  | Male 30-39 | 13:01 | 40:28 |
| 43.   | 266 | Richardson, Jack   | 11  | Male 0-17  | 13:13 | 41:07 |

## Female

|     |     |                      |    |              |       |       |
|-----|-----|----------------------|----|--------------|-------|-------|
| 1.  | 248 | Hoeniges, Grace      | 14 | Female 0-17  | 6:32  | 20:19 |
| 2.  | 251 | Whitehead, Natalie   | 16 | Female 0-17  | 7:17  | 22:40 |
| 3.  | 241 | Drennan, Kayleigh    | 14 | Female 0-17  | 7:57  | 24:43 |
| 4.  | 216 | Donovan, Anna        | 12 | Female 0-17  | 8:42  | 27:04 |
| 5.  | 261 | Ferguson, Grace      | 15 | Female 0-17  | 9:00  | 27:59 |
| 6.  | 183 | Taylor, Grace        | 16 | Female 0-17  | 9:26  | 29:19 |
| 7.  | 262 | Ferguson, Reagan     | 14 | Female 0-17  | 9:29  | 29:29 |
| 8.  | 269 | Mills, Emiley        | 35 | Female 30-39 | 9:29  | 29:30 |
| 9.  | 245 | Stevens, Melissa     | 38 | Female 30-39 | 9:29  | 29:30 |
| 10. | 270 | Nugent, Claire       | 15 | Female 0-17  | 9:52  | 30:40 |
| 11. | 247 | Spiers, Laela        | 12 | Female 0-17  | 9:53  | 30:43 |
| 12. | 192 | Etheredge, Alleigh   | 12 | Female 0-17  | 9:53  | 30:43 |
| 13. | 236 | Westbrook, Katherine | 19 | Female 18-29 | 9:57  | 30:58 |
| 14. | 272 | Watson, Ruth Ann     | 15 | Female 0-17  | 10:02 | 31:11 |
| 15. | 189 | Alexander, Chris     | 44 | Female 40-49 | 10:35 | 32:54 |
| 16. | 193 | House, Katie         | 39 | Female 30-39 | 11:03 | 34:21 |
| 17. | 199 | Gray, Elizabeth      | 27 | Female 18-29 | 11:12 | 34:50 |
| 18. | 271 | Windham, Cassandra   | 30 | Female 30-39 | 12:01 | 37:23 |
| 19. | 252 | Gary, Carla          | 46 | Female 40-49 | 12:24 | 38:35 |
| 20. | 230 | Gilstrap, Elizabeth  | 51 | Female 50-59 | 14:44 | 45:49 |
| 21. | 224 | Powell, Lauren       | 40 | Female 40-49 | 14:45 | 45:52 |
| DNF | 250 | Whitehead, Kathy     | 53 | Female 50-59 | 6:49  | 21:13 |

Number of records: 65

