

Financial Depression

Finding out an answer to a question
Before you even had time to wake up
Now you don't want to get up
It's as gray and gloomy outside my window as it is in my mind
Depression caused by financial emptiness
I thought next month into the new year was going to be like a restart
I just found out I'm going to be broke before the new year even starts
The impending doom
This gray gloom outside my window doesn't even compare to what I feel Inside

I've been poor so many times
So many ways
I could make due with nothing
But it's a little different when you have 6 others depending on you

The tears I am hiding
This silent tears are going to follow me today
I'm trying not to let them fall
I don't have to cry like I used to
My daily life isn't filled with pain, abuse and despair like it was
No I'll try to hold these tears in
As I make my children's breakfast
Of spinach banana pancakes and eggs

Even though my body moves
My mind is still attached and anchored to the idea of the possibility of missing bills and payments
And cancellations - all because of something that came unexpected and I wasn't prepared for
There is so many ways to demean a human
This is one of them

How to make a mother feel less than
When she's already been halved and quartered
Everything hits differently to a single mother
Especially one who refuses to quit
Whose motherly instincts kick in
Her native dna matches it

F*** this capitalistic ideology
That you need money to live
My people were enslaved and this earth ravaged for profit
Times haven't changed

But I will
Change the mindset and my body moves regardless
My worth isn't measured in dollars

No, the systems in place were meant to be broken
They already had cracks in them
This life simulation created from the idea of assimilation is invalid
And I will never succumb to it

This sadness I feel is momentarily
My smile will resume
It mirrors the one of my daughter's
She looks just me
My smile catches a ride along the silliness of my son
My firstborn - the one who ignited this mother's heart
The animals pure energy embodies the natural possibility of life
A life worth fighting for
The is just another detour meant to derail me
But there is nothing stopping me from reaching my goals
To have and build a home for me and my family
I am on a path guided by soul and my ancestry
This man made illness won't break me
I've overcome worse than this
I believe in myself
I am not alone
I'm going to keep going
o matter what