

# FINISH STRONG. DO NOT LOSE FAITH. BE RESILIENT.

This month we will focus on holding on to our faith and develop resilience to finish strong! Be sure to join in for December's YouVersion Bible App Devotional **"Grit Don't Quit"** Developing Resilience and Faith when Giving up isn't an option.

**ARE YOU TIRED, INFLECTED, EXPERIENCING DROUGHT OR GRIEF THIS SEASON?**



**FEELING ATTACKED? READY TO QUIT?**

**Isaiah 40:29-31**

"He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not faint.

**IN YOUR TOUGH TIMES OR STRETCH, REMEMBER YOUR GRIT!**  
**SATAN WANTS TO DISTORT YOUR PERCEPTION.**

Nothing is a coincidence. This is a mandate for your faith. Stand firm to persevere. You will not be able to see with your physical eye the things God has for you. It is only by faith.

## **BIBLE EXAMPLE OF A NARRATIVE**

- Peter walked on water toward Jesus but he began to sink when he focused on the storm instead of the Savior. Jesus immediately rescued him, showing His faithfulness despite Peter's doubt.
- Faith requires focusing on Jesus, not the circumstances or your imagination.
- **READ** 2 Corinthians 10:5-6 KJV
- "Let us hold unswervingly to the hope we profess, for He who promised is faithful." Hebrews 10:23



## **HERE ARE FIVE 5 WAYS TO DEVELOP RESILIENCE.**

**PRAY CONTINUALLY. 1 THESS. 5:17**

**STAY ROOTED IN GOD'S WORD. ROMANS 15:4**

**FOCUS ON ETERNAL PERSPECTIVE. 2 CORINTHIANS 4:17-18**

**REMEMBER GOD'S PROMISES. ISAIAH 41:10**

**COMMUNITY/ACCOUNTABILITY HEBREWS 10:24-25**

