

Confessions of a
LIFESTYLE
CONNOISSEUR

WITH DEBRA KENNEDY

What exactly is a Lifestyle Connoisseur and what am I confessing about? Well Darlings, you will be quite entertained by the topics and I totally promise you will be saying, Oh My, DID she just say that?? Yes, this is the kind of article I am stoked to write. Real and Raw conversations that you will want to surround yourself with a group of friends and share your Multipotentialite thoughts on your journey through life.

Topics will range from Hot Flashes, MagnetiLashes, Lip Plumping (PS. The ones on your face are NOT the only set of lips that matter), and all things love and marriage forthcoming. Life is a roller coaster and sometimes you are on the top and other times on the bottom (get your minds out of the gutter, I am not talking about sex yet). The important golden rule is to embrace the trying times as gracefully as you do the good times with a sense of humor and look good doing it! Yes, we have all experienced so many “Bless your Heart” encounters and I will share many of my personal stories.

Hot Topics will include the latest and greatest cosmetic procedures: what worked and what is not worth the



money, Love, Marriage and Relationships, A little Charlotte Gossip and a huge amount of realness. Every person has a story with the power to help others if they are willing to share and I am sharing it all.

Who am I? A former beauty queen, cover girl, actress, journalist, TV Host, Lifestyle Expert, wife, mother, friend,

daughter who was bullied when I was in middle school, had more “Me Too” encounters than I choose to remember who always challenges myself to push boundaries and try something different. My kids say I am “EXTRA” and my friends call me “Celeb Deb” because I talk to everyone I meet.

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