

Acrobatic Maneuvers within Dance Routine Waiver



Every contestant entering in the Reach Dance Competition is required to provide written consent that they have read and understood the criteria listed in with in the Acrobatic Maneuvers with Dance Routine Waiver.

Those over the age of 18 are required to accept or decline. Those under the age of 18 must have a parent or guardian sign on their behalf.

Reach Dance Competitions does not offer a spring floor, padded floor, or any required safety flooring for Acrobatic Maneuvers. Therefore, Reach Dance Competitions, highly encouraged that Acrobatic maneuvers are not to be used within routines. However, this is at the discretion of the Contestant and or parent/guardian on the terms and conditions outlined below.

Acrobatic or Cheerleading Maneuvers/Tricks includes but is not limited to;

Aerials

Front aerial - aerial with legs in forward split (1 flip)

Side aerial - aerial with legs in side split (1 flip)

Layouts

Layout - single flip in the layout body form. (1 flip)

Half Twist - layout with 180 degree twist (0.5 twists)

Full Twist - layout with 360 degree twist (1 twist)

Full + 1/2 - layout with 540 degree twist (1.5 twists)

Double Full - layout with 720 degree twist (2 twists)

Double Full + 1/2 - layout with 900 degree twist (2.5 twists)

Triple Full - layout with 1080 degree twist (3 twists)

Triple Full + 1/2 - layout with 1260 degree twist (3.5 twists)

Quadruple Full - layout with 1440 degree twist (4 twists)

Double Layout - two flips completed in the layout body form (2 flips)

Double Layout Full In - two flips completed in the layout body form with the first flip having a 360 degree twist (2 flips, 1 twist)

Double Layout Half In, Half Out - two flips completed in the layout body form with the first flip having a 180 degree twist and the second flip also having a 180 degree twist (2 flips, 1 twist)

Double Layout Full Out - two flips completed in the layout body form with the second flip having a 360 degree twist (2 flips, 1 twist)

Double Layout Full In, Full Out - two flips completed in the layout body form with the first flip having a 360 degree twist and the second flip also having a 360 degree twist (2 flips, 2 twists)

Tucks

Tuck - single flip completed in the tuck body form (1 flip)

Double Tuck - Two flips completed in the tuck body form (2 flips)

Triple Tuck - Three flips completed in the tuck body form (3 flips)

Pikes

Pike - Single flip completed in the pike body form

Double Pike - Two flips completed in the pike body form

Triple Pike - Three flips completed in the pike body form

A routine with Acrobatic Maneuvers will not be covered under the Reach Dance Competitions Insurance or Public Liability Insurance.

Acrobatic Maneuvers within Dance Routine Waiver



Reach Dance competitions is not responsible for any injuries, physical or emotion that may arise from a contestant performing them.

- 1.1 By consenting the Contestant and or parent/guardian confirms they acknowledge that required flooring for the above listed acrobatic maneuvers will not be provided, the stage will be as standard to what the venue offers.
- 1.2 The contestant accepts that if Reach Dance Competitions does not obtain consent from the Contestant and or parent/guardian, the routine can and will be pulled from the competition and any monetary payment will not be reimbursed.
- 1.3 Reach Dance Competitions does not accept responsibility for any injuries, physical or emotional of any participants. It is up to the Studio owners, coaches, parents, and guardian to take responsibility for the welfare of the participant on the day of the event and when preparing the routine.
- 1.4 The participant agrees to release and hold harmless the proprietor, its servants, employees, and agents from and against any liability arising out of any physical injury or death arising from or in connection with his/her participation in the event whether such physical injury or death was caused directly or indirectly by negligence, breach of contract or any way whatsoever.
- 1.5 The participant agrees to indemnify and hold harmless the proprietor, its servants, employees and agents from all claims, damages and expenses arising out of or resulting from my participation in the activities. This indemnification extends to all claims made by or on behalf of the participant or any other person against the proprietor, its servants, employees, or agents.
- 1.6 The participant agrees to report all accidents or injuries sustained by the participant to the proprietor, before he/she leaves the event.
- 1.7 By signing consent below the Constant and or Parent/ Guardian acknowledges that they have read and understood the above risks associated to have Acrobatic or Cheerleading Maneuvers within their Routine.