

SR Sports Therapy COVID-19 Risk Assessment – Revision 3 – Active Arena Clinic – 18/07/2021

Activity / Task	What are the hazards?	Who might be harmed & how?	Action taken	Actioned by whom?	Action(ed) by when?
Use of the clinic	Facilities are not ready for Customer use	Customers	*Risk Assessment conducted	SR Sports Therapy	18/07/2021
		SR Sports Therapy staff	*If any problems identified with communal areas (main entrance to building/corridor area), they will be addressed	SR Sports Therapy & Active Arena	18/07/2021
		Active Arena Staff	*Risk Assessment to be made available to both Active Arena and patients via website. Can be sent electronically on request.	SR Sports Therapy	18/07/2021
			*New process (PPE and arrival) for appointments sent to all customers in email once initial booking confirmation received.	SR Sports Therapy	18/07/2021
			*Checks on guidance given by the Society of Sports Therapists, Public Health England and the Government to ensure that risk assessments and processes are adapted when changes in guidance are given.	SR Sports Therapy	18/07/2021
Entrance into clinical room from communal space shared with Active Arena	Customers coming into contact with one-another	Customers	*Customers will be advised to wear a form of face covering on entry the clinic room due to close contact nature. Prior to this, it is the patients choice whether to wear a mask in the communal spaces. Government and governing body guidance will be followed as to the type of face covering.	Customers	18/07/2021
	Customers & Active Arena staff coming into close contact	SR Sports Therapy Staff	*Patients will be advised to use the main entrance, and if early for an appointment, to wait in their vehicle or on the chairs outside of the SR Sports Therapy clinic room. If patients use the Active Arena facilities to wait or other uses, this is at their own risk.	Customers	18/07/2021
		Active Arena Staff & Users	*When customers are not in the room, where possible, clinic room entrance door will be open/ajar to allow for increased ventilation.	SR Sports Therapy	18/07/2021
Working in the clinical room	*Contact with anyone with unknown or developing COVID-19 symptoms	SR Sports Therapy	If any potential COVID cases are identified, the clinic room will be closed and government guidelines will be followed, and cleaning of the facility will be completed. Customers who have been in contact with the facility within this timeframe will be contacted.	Customers to notify SR Sports Therapy of any potential cases. SR Sports Therapy	18/07/2021

Treating customers in the clinical room	*Staff spreading the virus to customers	Customers	*At the start of each working day, staff will check and record their temperature on patient records to ensure under 37.8°C. If staff develop symptoms, all future appointments will be cancelled until further notice, with government guidelines to be followed including testing. Two lateral flow tests will be completed per week by staff.	SR Sports Therapy	18/07/2021
	*Contact with customers while in close contact	SR Sports Therapy Staff	*Bookings must be made 1 day in advance to ensure plenty of time for customers to complete the relevant forms.	SR Sports Therapy	18/07/2021
			*Prior to an initial F2F appointments being confirmed, customers are required to complete a COVID-19 screening form. This form will be completed remotely/online, and kept on the patients individual medical records. Following appointments will begin with a verbal declaration to ensure no changes to previous answers.	*Customers responsibility to answer honestly and accurately. SR to store data appropriately.	18/07/2021
			*If at any point up to the appointment the customer demonstrates any symptoms in line with COVID-19, they will be advised to follow NHS and government guidance. Any appointments will be rearranged for a later date. Cleaning and isolation procedures outlined by government guidance will be followed.	*Customer & staff must advise if unwell.	18/07/2021
			*Customers will be requested to wear a face mask following SST guidelines regarding healthcare settings - those exempt can attend sessions without a face mask. If the requirement is for a type IIR face mask to be worn, these will also be provided to customers at no cost. Customers will be asked to leave the mask/face covering on, and will only be allowed to remove the mask when prone (face down) during treatment/assessment if the patient is finding it difficult to breath. Once that portion of the session has finished, they will be asked to reposition the mask correctly again and asked to keep the mask on until they leave the premises. Customers will be requested to either wash hands, use the hand gel provided or both on entering and exiting the clinic room.	*SR to inform the patient and ensure adherence, Customer to ensure they handle their own belongings.	18/07/2021

		<p>*Toilet facilities: There are no toilet facilities directly associated with the clinic room rented by SR Sports Therapy. There are toilets available on the Active Arena site which are classed as communal facilities. Therefore, as these facilities are not SR Sports Therapy's, we cannot guarantee safety using these as we are not in charge of the risk assessment, checking or cleaning of these facilities. SR will therefore be informing customers prior to appointments that any toilet facilities would be used at their own risk.</p>	SR Sports Therapy	18/07/2021
		<p>Prior to entering the clinic room, the customer will be temperature checked using an infrared non-contact temperature sensor. If 37.8 degrees or above, the patient will be asked to leave the site and follow government guidelines regarding isolation and testing; the appointment will be rearranged.</p>	*SR to perform temperature check and record on customers medical records	18/07/2021
		<p>*Portable sink (with water heater) used for hand washing facilities within the clinic room.</p>	SR Sports Therapy	18/07/2021
		<p>*SR will be wearing full PPR as advised by the SST – face mask (type IIR), disposable apron, disposable gloves and for any aerosol generating procedures (AGPs) a disposable face shield will also be worn. Changed for each client.</p>		18/07/2021
		<p>*Hand hygiene will be regularly performed (pre- & post-donning or doffing of PPE, pre- & post-cleaning).</p>		18/07/2021

Completed by: **STEVEN RANDS**
(SR Sports Therapy Owner & Sports Therapist)

Date: 18/07/2021