



Prime Timers

Mt. Spokane
May 2019

Website: <https://mtspokaneprimetimers.com/>

Email: mtspokaneprimetimers@gmail.com

News

The management team met on May 1 to review last year events and to plan for the upcoming year. The good news is that we felt good about how the club ran and aren't planning on many changes. Dues will remain the same at \$25 per person and price for the after-ski social will also remain the same at \$7 for beer/wine/snacks and \$3 for soda and snacks.

The volunteers who ran the club and organized the events generally haven't changed. Here's who's running the activities:

President: Tom Tauscher

Treasurer: Gail Harris

Secretary: Patti Aspenwall

Membership/Web Site: Anne Irmer

Lunch: Holly Mullen

Social: Debby Allen

Newsletter: Dave Whipple

Calendar:

November 9 – Pre-Season Party - Watch for formal announcements

January 8 – First Prime Timer ski day

January 22 – Prime Timer Lunch

February 2 – 6 – Ski at Whitefish

February 12- Valentines Day and Prime Timer Lunch

March 11 – Mt. Spokane Host for area Prime Timers and St Patty's day

March 18 – Prime Timer Lunch and Last Prime Timer ski day



Our [Website](https://mtspokaneprimetimers.com/) is the best place to find the latest news. It gets updated often, and you can sign up and pay online for club events and membership.

As always, Gail is available on ski days in the garage room at Mt. Spokane.

Volunteers

The Prime Timers only exists through the effort of our volunteer staff. We will solicit volunteers for all of our socials, lunches, and the Prime Timer invitational event, usually on the day of the event. Please step and help the club continue to run as well as it can.



Ready for biking? From Dave Whipple

I've had lots of questions about Prime Timer bike rides this summer. Yes, I plan on organizing these rides but will need some help. As many of you know, Ritchie was MIA from skiing this last winter. This was because her artificial right knee had become loose where the femur attaches.

She had revision surgery Tuesday, May 7, and just came home Thursday. For as long as she is doing PT, she will be on pain meds. For as long as she is on pain meds, she can't drive. So, *you know who* gets to be the chauffeur. PT is currently planned for twice a week, but not always on the same days. I will also be busy as I am the shopper, laundryman, and chef for most of this time.

I will be glad to publicize the rides; I just won't be able to lead many of them. Some of the favorite rides from the last year include the following:

- Centennial Trail in the valley – From the west end of the off road trail near Argonne to Barker and back, often starting in the middle at Mirabeau Park.
- Fish Lake Trail

- Kendall Yards to seven mile – out on the trail, home on Audrey White Parkway
- Children of the Sun Trail
- Green Bluff loop
- Centennial Trail Idaho, Rest stop to C d'A and back
- West Coeur d'Alene/East Post Falls neighborhood ride
- Trail of the Coeur d'Alenes start at the Snake Pit, head toward Harrison for 45 minutes, return
- Trail of the Coeur d'Alenes Plummer to Harrison and back. Optional start at Heyburn State Park, doing the long, gradual uphill first instead of last
- Hiawatha Trail

If you would like to lead a ride, let me know and I will schedule it. It doesn't have to be on this list.

I promise not to set up a ride in weather like this:



At the rest stop heading south from Beauty Bay to Harrison during the Coeur d'Fondo in 2013. Note the temperature on the bike computer

If you are interested in hearing about the bike rides...

I will be using the mailing list from last year about the bike rides. If you want to be included in these mailings, and are not already on my list, you must OPT IN. In other words, send me an email at primersrbikers@gmail.com and ask to be put on the list. This group is separate from the Prime Timers, so feel free to ask friends to join and get on the mailing list. This will be the only mailing about bike riding to the Prime Timers mailing list this year.