

L.I.V.E. Daily!

Love ~ Invest ~ Victory ~ Encourage

December 2016 Issue



Happy 1 Year Anniversary to 'I Choose to L.I.V.E.'!!!

On December 6, 2015, I became a published author and shared my testimony with the world. This past year has been very rewarding and very difficult at the same time, but I praise God for giving me the courage to be so transparent. Also, I want to thank you for joining my L.I.V.E. Club and for helping to build my community. I will tell you that this journey is not easy and not exempt from encountering trials in your life, but I implore you to try to L.I.V.E. Daily!

The Journey

Victory: Transition from Victim to Victor

Have you ever felt as though you were in a storm that was getting stronger by the minute? Have you ever struggled with giving God praise in the midst of a negative situation? Have you ever tried to convince yourself that a forfeiture was your best option? Have you ever asked God, "Why me?" and felt like you had been abandoned? Have you ever believed that you would never be more than just a victim of your hurtful experience?

I am guilty of all of the above and recall the times when I thought that I was destined for complete failure. For over two decades, I asked myself these questions at various times in my life. I recall the years when my shame made me want to hide from the world, but my anger made me want to fight the world. For a while, the place of being a victim had become a place of complacency for me because I could not see beyond my own despair.

Too often, many of us are guilty of giving permanent status to something or someone that was intended to only be temporary. I had to increase my faith and give control of the status to God. Ultimately, I realized that God had not deserted me and that He was with me the entire time. As I declared in my book, "I fired the victim in me and hired the **victor** in me" to support my triumphant transition.

A defeatist mindset is the work of the enemy to cause you to battle against yourself. Despite the obstacles that may be in your life, you must strengthen your mind and believe that you are a **victor** at all times. Remember, with God as your pilot, you are more than a conqueror because victory abides in you. Even if you feel a sense of depletion because yesterday was over-the-top difficult, you have to give God praise because today is a new day. Wherever you are right now, take a deep breath, stand as a **victor**, and say, "But, God!"

Be Blessed and L.I.V.E.!
Dr. Saunya

Great time at Black Nativity Atlanta 2016!

My mother, who is my greatest supporter, assistant, and spokesperson, joined me at the Southwest Arts Center on December 4. Also, Latrice Pace, from The Anointed Pace Sisters, picked up a t-shirt, and I was able to add a few more people to my L.I.V.E. community! If you are in the area, I highly recommend this powerful musical!



#butGodmoment

Submitted by Trudy Williams

In August 2003, I had a massive stroke at home on a Sunday morning and was found the next day because I failed to show up for work. I laid in the hospital on the verge of entering into a coma. My doctor stated that I needed to have surgery on my brain in order to relieve the significant amount of pressure. At that time, I was against the operation and instructed my doctor to not perform the surgery. A few days later, my doctor reported that I no longer needed to have surgery on my brain. But, God!

While I did survive the stroke, my doctor was confident that I would never walk or talk again. I was forced to take an early retirement from my job and had to move in with my Godparents. I went through several months of therapy at multiple sites because I was determined to regain my independence. My trust was completely in God, and I believed that He was going to turn the situation around for my good.

After two years, I shocked my doctor and was able to move back into my home. But, God! I did not need to be placed in a nursing home, which was my doctor's original recommendation. Since 2005, I have been living alone and taking care of myself. I talk to my Godparents every day and am so thankful for their unconditional love and encouragement.

I give God praise for every morning that I wake up and study the Word before I start my day. I know that my stroke could have killed me, but I had the "twins" also known as Grace and Mercy on my side. I lost the ability to play the piano years ago, but one of my favorite songs is "God Will Take Care of You" by Le'Andria Johnson. Click [here](#) to listen for yourself. In closing, we must all remember to keep God first and to always P.U.S.H. (Pray Until Something Happens)!!